	Form 5500-SF			Report of Small Emplo	OMB Nos. 1210-0110 1210-0089					
Internal Revenue Sanita		<b>Benefit Plan</b> d under sections 104 and 4065 of the Employee act of 1974 (ERISA), and section 6058(a) of the Revenue Code (the Code).			2009					
Department of Labor Retirement Income Security Ac					This Form is Open to Public					
P	ension Benefit Guaranty Corporation	Complete all entries in accord	dance with	n the instructions to the Form 550	0-SF.	Inspection				
-	Part I Annual Report Identification Information   For calendar plan year 2009 or fiscal plan year beginning 01/01/2009 and ending 12/31/2009									
_	calendar plan year 2009 or fisca	single-employer plan		g	12/31/					
	This return/report is for:	first return/report	final retur	mployer plan (not multiemployer)		one-participant plan				
Б	This return/report is for:	an amended return/report		a year return/report (less than 12 mc	nthe)					
<b>C</b>		Form 5558			11113)	DFVC program				
0	C Check box if filing under:									
Pa	Part II Basic Plan Information—enter all requested information									
	Name of plan				1b	Three-digit				
SOU	ND CITY FOODS 401(K) PLAN					plan number (PN) ▶ 001				
		1c	Effective date of plan							
						01/01/1996				
	Plan sponsor's name and addre	ess (employer, if for single-employer	plan)		2b	Employer Identification Number (EIN) 68-0127583				
	GER KING 3358				2c	Plan sponsor's telephone number				
	SILVERDALE WAY ERDALE, WA 98383				2d	360-373-1271 Business code (see instructions)				
3a	Plan administrator's name and	address (if same as Plan sponsor, er	nter "Same	21)	3h	722210 Administrator's EIN				
	ND CITY FOODS, INC	9770 SILVER	RDALE WA	Ý	0.0	68-0127583				
		SILVERDALE	=, VVA 983	83	3c	Administrator's telephone number 360-373-1271				
		n sponsor has changed since the las		port filed for this plan, enter the	4b	EIN				
	name, EIN, and the plan numbe	from the last return/report. Sponso	r's name		4c	PN				
5a	Total number of participants at	the beginning of the plan year				50				
b	Total number of participants at	the end of the plan year		5b	66					
<b>C</b> Total number of participants with account balances as of the end of t				· ·	5c	48				
6a	complete this item)									
	<b>b</b> Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA)									
	under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.)									
Pa	rt III Financial Informa									
7	Plan Assets and Liabilities			(a) Beginning of Year		(b) End of Year				
a	·		7a	25824	2	363552				
b	1				_					
<u> </u>		b from line 7a)	7c	25824	2	363552				
8 a	Income, Expenses, and Transf Contributions received or received			(a) Amount		(b) Total				
ŭ			8a(1)	143	5					
	(2) Participants		8a(2)	2870	7					
	., ,									
b		(0) = (0) = (0)		7516	8	105210				
c d		3a(2), 8a(3), and 8b) ollovers and insurance premiums	8c			105310				
			8d							
е	Certain deemed and/or correct	ve distributions (see instructions)	8e							
f	•	s (salaries, fees, commissions)								
g	•	·····								
h i		8e, 8f, and 8g)				00				
i	( ) (	8h from line 8c) e instructions)				100010				
,	· ( · , ···· ··· ( • •	/	8j							

For Paperwork Reduction Act Notice and OMB Control Numbers, see the instructions for Form 5500-SF.

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## Part IV Plan Characteristics

9a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions:

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2E 2F 2G 2J 2K 2T 3D
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**b** If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

Part	V Compliance Questions							
10	During the plan year:		Yes	No		Amou	unt	
а	Nas there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)			x				
b	/ere there any nonexempt transactions with any party-in-interest? (Do not include transactions reporte n line 10a.)			x				
С	Was the plan covered by a fidelity bond?	10c	X				;	250000
d	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?	10d		Х				
e	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See instructions.)	10e		x				
f	Has the plan failed to provide any benefit when due under the plan?	10f		Х	1			
g	Did the plan have any participant loans? (If "Yes," enter amount as of year end.)	10g	Х					8401
h	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)	10h		х				
i	If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3	10i						
Part	VI Pension Funding Compliance							
11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and com 5500))						Yes	X No
lf y b	(If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.) If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instruction granting the waiver. <b>Non completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.</b> Enter the minimum required contribution for this plan year. Enter the amount contributed by the employer to the plan for this plan year.	th	 [					-
d	d Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)							
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?				Yes	No	5	N/A
Part	VII Plan Terminations and Transfers of Assets							
13a	Has a resolution to terminate the plan been adopted during the plan year or any prior year?						Yes	× No
	If "Yes," enter the amount of any plan assets that reverted to the employer this year			13a				
b	b Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?							X No
C	If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the which assets or liabilities were transferred. (See instructions.)							
13c(1) Name of plan(s):				<b>13c(2)</b> EIN(s) <b>13c(3)</b> P			PN(s)	
_						i		

## Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	06/16/2010	JEFFREY D ROSE
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN	Filed with authorized/valid electronic signature.	06/16/2010	JEFFREY D ROSE
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor