## Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

**Benefit Plan** 

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the Internal Revenue Code (the Code).

▶ Complete all entries in accordance with the instructions to the Form 5500-SF.

Short Form Annual Return/Report of Small Employee

2009

OMB Nos. 1210-0110 1210-0089

This Form is Open to Public Inspection

Р	art I	Annual Report I	dentification Informa	ation							
For	calenda	calendar plan year 2009 or fiscal plan year beginning 01/01/2009 and ending 12/31/2009									
Α	This retu	urn/report is for:	x single-employer plan		multiple-e	employer plan (not multiemployer)		one-participant plan			
		urn/report is for:	first return/report		final retur	n/report					
			an amended return/rep	ort	short plar	n year return/report (less than 12 m	onths)				
_	Chook h	oox if filing under:	☐ Form 5558			extension	,	X DFVC program			
C	CHECK D	oox ii iiiirig urider.	special extension (ente	r doscripti	1	CALCITISION		Proprogram			
-		Dania Dian Infan	<u> </u>		<i>'</i>						
	art II		mation—enter all reques	sted inform	nation		1h	Throo digit			
	Name o		MENT PLAN & TRUST				ID	Three-digit plan number			
IVIICI	IALL IVI	ARRIDES IND RETIRE	WENT LANG TROOT					(PN) • 001			
							1c	Effective date of plan			
								10/03/1977			
			ress (employer, if for single	e-employer	r plan)		2b	Employer Identification Number			
MICI	HAEL MA	AKRIDES, MD PC					20	(EIN) 11-2434875 Plan sponsor's telephone number			
3400	NESCO	DNSET HIGHWAY					20	631-751-5700			
		UKET, NY 11733					2d	Business code (see instructions)			
							<b>—</b>	621111			
		dministrator's name and AKRIDES MD PC	d address (if same as Plan		nter "Same") DNSET HIGHWAY		3b	Administrator's EIN 11-2434875			
IVIIOI	IALL IVII	AITH DECIMETO			UKET, NY		3c	Administrator's telephone number			
								631-751-5700			
						port filed for this plan, enter the	4b	EIN			
	name, E	:IN, and the plan numb	er from the last return/repo	ort. Sponso	or's name		4c	PN			
5a	Total n	number of participants a	at the beginning of the plan	vear				1			
b	<ul><li>Total number of participants at the beginning of the plan year</li><li>Total number of participants at the end of the plan year</li></ul>					5b	4				
C						vear (defined benefit plans do not	35	-			
					, , (			4			
6a	Were	all of the plan's assets	during the plan year invest	ed in eligib	ole assets?	(See instructions.)		X Yes No			
b						ndent qualified public accountant (I		V vaa D na			
						ions.)SF and must instead use Form !		X Yes No			
Pa	art III	Financial Inform		inot use i	01111 3300-	or and must instead use roini.	<i>5</i> 00.				
7		ssets and Liabilities				(a) Beginning of Year		(b) End of Year			
a					. 7a	16890	90	2282963			
	•	lan liabilities			. 7b						
С	Net pla	an assets (subtract line	7b from line 7a)			16890	90	2282963			
8	-	ome, Expenses, and Transfers for this Plan Year			(a) Amount		(b) Total				
а		Contributions received or receivable from:			(4)		<u> </u>				
	<b>(1)</b> En	nployers			. 8a(1)	193	28				
	<b>(2)</b> Pa	articipants			. 8a(2)						
	(3) Oth	hers (including rollover	s)		. 8a(3)						
b		Other income (loss)			5840	66					
C		, , ,	, 8a(2), 8a(3), and 8b)		. 8с			603394			
d			rollovers and insurance pr		8d						
е	Certair	n deemed and/or correct	eemed and/or corrective distributions (see instructions) 8e								
f	Admini	istrative service provide	ers (salaries, fees, commis	sions)							
g	Other 6	expenses		···········		95	21				
h		•	, 8e, 8f, and 8g)					9521			
i			ne 8h from line 8c)					593873			
i		` , `	see instructions)								
,											

D ( IV/	DI	<b>O</b> L	
Part IV	Plan	Characi	reristics

SIGN HERE

Signature of employer/plan sponsor

9a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions:

**b** If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

	· · · · · · · · · · · · · · · · · · ·								
art	V Compliance Questions								
0	During the plan year:		Yes	No	O Amount				
а	Was there a failure to transmit to the plan any participant contributions within the time period des			X					
b	29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)								
D									
С	Was the plan covered by a fidelity bond?	10c		Χ					
d	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by or dishonesty?	-		X					
е	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance car insurance service or other organization that provides some or all of the benefits under the plan? (instructions.)	See		X					
f	Has the plan failed to provide any benefit when due under the plan?	10f		X					
g	Did the plan have any participant loans? (If "Yes," enter amount as of year end.)	10q		Χ					
h	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)			X					
i	If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3								
art	VI Pension Funding Compliance								
11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions 5500))						Yes	X No	
12	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of							X No	
-	(If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.)	ine dode or se	CHOITC	02 01 1	_1(10/4:	Ш		□	
а	If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, s	ee instructions,	and e	nter th	e date of	the let	ter rul	ing	
	granting the waiver.			Day		Yea	r		
-	you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to		Г	40h					
	Enter the minimum required contribution for this plan year			12b					
	Enter the amount contributed by the employer to the plan for this plan year			12c					
a	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign t negative amount)			12d				_	
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?				Yes	N	Ю	N/A	
art	VII Plan Terminations and Transfers of Assets								
3а	Has a resolution to terminate the plan been adopted during the plan year or any prior year?		<u></u>				Yes	X No	
	If "Yes," enter the amount of any plan assets that reverted to the employer this year			13a					
b	ere all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the control the PBGC?								
С	C If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)								
13c(1) Name of plan(s):					<b>13c(2)</b> EIN(s)				
Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.									
Jnde SB o	er penalties of perjury and other penalties set forth in the instructions, I declare that I have examine r Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of the f, it is true, correct, and complete.	d this return/rep	ort, in	cludin	g, if applic				
SIGI	Filed with authorized/valid electronic signature.  07/09/2010  MICHAEL MAKRII			DES MD					
HER	_	name of individu	individual signing as plan administrator						
_									

Date

Enter name of individual signing as employer or plan sponsor