	Form 5500-SF Short Form Annual Return/Report of Small Employee					OMB Nos. 1210-0110 1210-0089			
	Department of the Treasury Internal Revenue Service	pol Revenue Service							
Er	Department of Labor nployee Benefits Security Administration								
P	Pension Benefit Guaranty Corporation Complete all entries in accordance with the instructions to the Form 5500-SF.								
		entification Information			0/04/4				
	calendar plan year 2009 or fisca				2/31/2				
	This return/report is for:	single-employer plan		mployer plan (not multiemployer)		one-participant plan			
B	This return/report is for:	first return/report	final retur	·					
•		an amended return/report		year return/report (less than 12 mc	nths)				
C	Check box if filing under:	Form 5558		extension		DFVC program			
D		special extension (enter descriptio							
	art II Basic Plan Inform	nation—enter all requested informa	ation		1b	Three-digit			
	ICK SHADEL 401(K) PLAN & TH	RUST				plan number			
					Ļ	(PN) ▶ 001			
					10	Effective date of plan 01/01/2009			
	Plan sponsor's name and addre	ess (employer, if for single-employer	plan)		2b	Employer Identification Number (EIN) 52-2376637			
1210	1 AMBAUM BLVD SW				2c	Plan sponsor's telephone number 206-244-8100			
	TTLE, WA 98146				2d	Business code (see instructions) 624100			
	Plan administrator's name and FY, LLP	address (if same as Plan sponsor, er 12101 AMBA			3b	Administrator's EIN 52-2376637			
	,		3c	Administrator's telephone number 206-244-8100					
		n sponsor has changed since the las	port filed for this plan, enter the	4b	EIN				
I	name, EIN, and the plan numbe	r from the last return/report. Sponso	r's name		4c	PN			
5a	Total number of participants at	the beginning of the plan year				89			
b		the end of the plan year			5b	90			
C	Total number of participants wi	th account balances as of the end of	the plan y	ear (defined benefit plans do not	5c	11			
6a	· · · · ·	uring the plan year invested in eligibl							
-	Are you claiming a waiver of th	e annual examination and report of a	dent qualified public accountant (IQ	PA)					
	under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.)								
Pa	rt III Financial Informa		Jiii 3300-	or and must instead use form 55	00.				
7	Plan Assets and Liabilities			(a) Beginning of Year		(b) End of Year			
а	Total plan assets		7a			221708			
b	Total plan liabilities		7b						
C	Net plan assets (subtract line 7	b from line 7a)	7c)	221708			
8	Income, Expenses, and Transf			(a) Amount		(b) Total			
а	(1) Employers	vable from:	8a(1)						
	(2) Participants		8a(2)	6947	7				
	(3) Others (including rollovers)		8a(3)	12828	3				
b	()		8b	2394	3				
ר ה		8a(2), 8a(3), and 8b)	8c			221708			
d		ollovers and insurance premiums	8d						
е	· ,	ive distributions (see instructions)	8e						
f	Administrative service provider	s (salaries, fees, commissions)	8f						
g	Other expenses		8g						
h	Total expenses (add lines 8d, 8	Be, 8f, and 8g)	8h						
i		8h from line 8c)	8i		_	221708			
J	I ransfers to (from) the plan (se	e instructions)	8j						

Page 2-1

Part IV Plan Characteristics

- **9a** If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions: 2E 2F 2J
- **b** If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

Part	V Compliance Questions							
10	During the plan year:		Yes	No		Amo	unt	
а	Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)	10a		x				
b	Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)							
С	Was the plan covered by a fidelity bond?	10c		Х				
d	• · · · · · · · · · · · · · · · · ·							
е	 Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See instructions.) 							2757
f	Has the plan failed to provide any benefit when due under the plan?	10f		Х				
g	Did the plan have any participant loans? (If "Yes," enter amount as of year end.)	10g		Х				
h	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)	10h		х				
i	If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3	10i						
Part	VI Pension Funding Compliance							
11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and com 5500))					Π	Yes	X No
lf y	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code (If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.) If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instruction granting the waiver	ctions, th	and e	enter th Day 12b	e date of	the let	Yes ter rul	-
כ ה	Enter the amount contributed by the employer to the plan for this plan year			12c				
a	d Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)							
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?				Yes	N	0	N/A
Part	VII Plan Terminations and Transfers of Assets							
13a	Has a resolution to terminate the plan been adopted during the plan year or any prior year?		<u></u>				Yes	X No
	If "Yes," enter the amount of any plan assets that reverted to the employer this year			13a				
b	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought						Yes	X No
С	of the PBGC? If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the which assets or liabilities were transferred. (See instructions.)						103	
1	3c(1) Name of plan(s):		130	c (2) El	N(s)	1	3c(3)	PN(s)
•								

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	07/27/2010	RICHARD ST. PETER				
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator				
SIGN	Filed with authorized/valid electronic signature.	07/27/2010	RICHARD ST. PETER				
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor				

	Form 5500-SF		eturn/l Benefit	Report of Small Employ Plan	/ee	CMB Nos. 12 121			
			ed under sections 104 and 4065 of the Employee			2009			
Department of Labor Retirement Income Security				Act of 1974 (ERISA), and section 6058(a) of the			s Open to Public		
Densing Regardly Comparation				ode (the Code).		1	spection.		
		Complete all entries in accor ientification information	dance wit	h the instructions to the Form 550	0-SF.	L	-		
	the calendar plan year 2009 or		2009	-01-01 and ending	20	09-12-31			
	This return/report is for:		1	mployer plan (not multiemployer)	<u> </u>	7	-		
	This return/report is for:	first return/report	, ·		L	one-participa	nt plan		
			final retur						
				year return/report (less than 12 month	s than 12 months)				
U.	Check box if filing under:	Form 5558	1	extension	m				
		special extension (enter description)							
	art II Basic Plan Inform Name of plan	mation enter all requested infor	mation.						
Ia	Name of plan					Three-digit plan number			
	Schick Shadel 401(k)	Plan & Trust			(PN) 🕨	001		
						Effective date of	plan		
2a	Plan sponsor's name and addres	ss (employer, if for single-employer pla	un)			2009-01-01	ication Number		
	DUFFY, LLP	() , , ,				EIN) 52-23			
	12101 Ambaum Blvd SW						elephone number		
	TTTOT MEDICAL DEVIL ON					(206) 244-			
	Seattle	WA 98146			2 0 6	624100	see instructions)		
Ja	Plan administrator's name and a Same	ddress (If same as plan employer, ente	er "Same")		3b Administrator's EIN				
					3c Administrator's telephone number				
4	If the name and/or EIN of the pla	in sponsor has changed since the last	return/repo	rt filed for this plan, enter the	4b E	IN			
	name, EIN and the plan number	from the last return. Sponsor's Name			4c F	·····			
<u>5a</u>	Total number of participants at th	ne beginning of the plan year				'N T			
b		e end of the plan year			<u>5a</u> 5b		89 90		
C	Total number of participants with	account balances as of the end of the	plan year	defined benefit plans do not	<u>50</u>				
	Were all of the plan's assets duri	ng the plan year invested in eligible as	sets? (See	instructions.)	• •	• • • •	X Yes No		
b	Are you claiming a waiver of the : under 29 CER 2520 104-462 (Se	annual examination and report of an ir e instructions on waiver eligibility and	ndependent	qualified public accountant (IQPA)			, <u> </u>		
		6a or 6b, the plan cannot use Form			••	• • • •	X Yes No		
Pa	rt III Financial Informa						······		
7	Plan Assets and Liabilities			(a) Beginning of Year	Τ	(b) End	of Year		
a	Total plan assets		. 7a		+	(5) cha	221,708		
b	Total plan liabilities		. 7b		-		221,700		
С	Net plan assets (subtract line 7b	from line 7a)	. 7c	0	1		221,708		
8	Income, Expenses, and Transfer			(a) Amount		(b) T			
а	Contributions received or receival					(u)			
	(1) Employers	••••••	. <u>8a(1)</u>		420				
	(2) Participants	· · · · · · · · · · · · ·	. <u>8a(2)</u>	69,477					
h	(3) Others (including rollovers).	• • • • • • • • • • • •	8a(3)	128,283					
b	Other income (loss)	• * • • * • • * • • • • •	85	23,948					
c d	Total income(add lines 8a(1), 8a(Benefits paid (including direct roll to provide benefits)	2), 8a(3), and 8b)	80		ž V represi v r		221,708		
е	Certain deemed and/or corrective	distributions (can instructions)	8d		- New I				
f	Administrative service providers (8e						
g	Other expenses	Summes, rees, commissions)	8f				また 教会		
-	Total expenses (add lines 8d, 8e,	Of and On	8g		ingen and a	લું હુર દેવલું :	an a		
	Net income (loss) (subject line 8h		<u>8h</u>		-		0		
	Transfers to (from) the plan (see i		<u>8i</u>		1 1		221,708		
		ce and OMB Control Numbers, see	8j	None for Frank 5500 OF	12				

ons for Form 5500-SF.

Form 5500-SF (2009)

Form 5500-SF (2009)

Part IV Plan Characteristics

9a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions:

Page 2-

2E 2F 2J

b If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

Par	t V Compliance Questions						
10	During the plan year:		Yes	No	1	Amount	10
а	Was there a failure to transmit to the plan any participant contribution within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)	10a		x			
b	Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)	10b		x			
с	Was the plan covered by a fidelity bond?	10c		x			
d	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?	 		x			
e	Were any fees or commisions paid to any brokers, agents, or other persons by an insurance carrier, insurance services or other organization that provides some or all of the benefits under the plan? (See instructions.)	10d 10e					2,757
f	Has the plan failed to provide any benefit when due under the plan?	10f		x	1		
g	Did the plan have any participant loans? (If "Yes," enter amount as of year end.)			x	 		
h	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)	10g		x			
i	If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3					No.	
Part	VI Pension Funding Compliance	1	L	L			
11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complet 5500))	e Schi	edule (SB (Fo	rm	Ye	s XNo
12	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section 302 of ERISA? Yes X No (If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.)						
	If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instruction granting the waiver	s, and hth	enter	the da Day		tter ruling Year	
b	Enter the minimum required contribution for this plan year		. Г	12b			
c	Enter the amount contributed by the employer to the plan for this plan year			12c			·····
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)		F	12d			
e	Will the minimum funding amount reported on line 12d be met by the funding deadline?		۰. ۱	••••••	Yes	No	N/A
Part	VII Plan Terminations and Transfers of Assets			<u></u>			
13a	Has a resolution to terminate the plan been adopted during the plan year or any prior year?					. Yes	x No
	If "Yes," enter the amount of any plan assets that reverted to the employer this year	. ,		13a			
b c	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under of the PBGC? If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the play which assets or liabilities were transferred. (See instructions.)				• • •	. []Yee	s XNo
1	3c(1) Name of plan(s):		13	c(2) El	N(s)	13c(3	I) PN(s)
							<u></u>
Cautio	on: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable c		e aeta	blicha	d	I	
Under SB or S	penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/rep Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, it is true, correct, and complete.	ort. inc	luding	ifan	licable a	Schedule dge and	
SIGN		l St	Pete	>r			

	SIGN	jaysing Killin		Richard St. Peter
L	HERE	Signature of plan administrator	Date 7-27-10	Enter name of individual signing as plan administrator
	SIGN	Ribod ft. P. tim		Richard St. Peter
L	HERE	Signature of employer/plan sponsor	Date 7-27-10	Enter name of individual signing as employer or plan sponsor