	Form 5500-SF			Report of Small Emplo	OMB Nos. 1210-0110 1210-0089				
	Department of the Treasury Internal Revenue Service This form is required to be filed			Plan ctions 104 and 4065 of the Employe	2009				
Department of Labor Retirement Income Security A			Act of 1974 (ERISA), and section 6058(a) of the Revenue Code (the Code).			This Form is Open to Public			
Pension Benefit Guaranty Corporation Complete all entries in accordance with the instructions to the Form 5500-SF.						Inspection			
		entification Information	0		10/04/	2000			
_	calendar plan year 2009 or fisca			g	12/31/2				
	This return/report is for:	single-employer plan		mployer plan (not multiemployer)		one-participant plan			
Β.	This return/report is for:	first return/report	final retur	•	- (1)				
•		an amended return/report		year return/report (less than 12 mo	onths)				
C	C Check box if filing under:								
De	rt II Decio Dien Inform	special extension (enter descriptio	,						
	Int II Basic Plan Inform	nation—enter all requested information	ation		1b	Three-digit			
		GROUP 401(K) PROFIT SHARING	PLAN			plan number			
						(PN) ▶ 001			
					1c	Effective date of plan 01/01/2001			
		ess (employer, if for single-employer	plan)		2b	Employer Identification Number			
CAP	SA SOLUTIONS, LLC				2c	(EIN) 94-3381518 Plan sponsor's telephone number			
1223 SUIT	0 NE WOODINVILLE DRIVE					425-398-1875			
	DINVILLE, WA 98072				2d	Business code (see instructions) 454390			
	Plan administrator's name and a SOLUTIONS, LLC	address (if same as Plan sponsor, er 12230 NF W(nter "Same") DODINVILLE DRIVE			Administrator's EIN 94-3381518			
0/11/0	5/10020110110, 220	SUITE A WOODINVILI		3c Administrator's telephone number					
4 If the name and/or EIN of the plan sponsor has changed since the last re				port filed for this plan, enter the	4b	425-398-1875 EIN 94-3381518			
I	name, EIN, and the plan numbe	r from the last return/report. Sponso			10				
	RNATIONAL RETAIL SERVICE				_	PN 001 82			
b	5a Total number of participants at the beginning of the plan yearb Total number of participants at the end of the plan year				5a 5b	71			
 C Total number of participants with account balances as of the end of the plan yea 				50					
				· ·	5c	47			
-		uring the plan year invested in eligibl				X Yes No			
D		e annual examination and report of a See instructions on waiver eligibility a				X Yes No			
	If you answered "No" to either 6a or 6b, the plan cannot use Form 5500-SF and must instead use Form 5500.								
	rt III Financial Informa	ation							
7	Plan Assets and Liabilities			(a) Beginning of Year	-	(b) End of Year			
a b			7a 7b	73236	772452				
C D		b from line 7a)		73236	0	772452			
8	Income, Expenses, and Transf	·		(a) Amount		(b) Total			
a	Contributions received or recei			u Anvan		(3) 1000			
	(1) Employers		8a(1)	5973	0				
	(2) Participants		8a(2)	12963	2				
	., ,				0				
b	· · · ·			13902	7	000000			
c d		Ba(2), 8a(3), and 8b) ollovers and insurance premiums	8c			328389			
u			8d	28758	4				
е	Certain deemed and/or correct	ve distributions (see instructions)	8e						
f	Administrative service provider	s (salaries, fees, commissions)	8f						
g	Other expenses		8g	72	0				
h	Total expenses (add lines 8d, 8	3e, 8f, and 8g)	8h			288304			
i	() (8h from line 8c)				40085			
j	Transfers to (from) the plan (se	e instructions)	8j						

For Paperwork Reduction Act Notice and OMB Control Numbers, see the instructions for Form 5500-SF.

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Part IV Plan Characteristics

- **9a** If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions: 2E 2F 2J 2K 2G
- **b** If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

d Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesity? Image: construction of the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesity? Image: construction of the plan have and participant loans plaid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? Image: construction of the plan have any participant loans? (If "Yes," enter amount as of year end.)	Part	V Compliance Questions							
29 CFR 2510.3-1027 (See instructions and DOL's Voluntary Fiduciary Correction Program) 10a X b Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a) 10b X c Was the plan covered by a fidelity bond?	10	During the plan year:		Yes	No		Amo	ount	
on line 10a.) 10b X C Was the plan covered by a fidelity bond? 10c X d Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishnerst? 10c X e Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See instructions.) 10c X f Has the plan failed to provide any benefit when due under the plan? 10c X g Did the plan have any participant loans? (If "Yes," enter amount as of year end.) 10g X 10d X 10d X If this is a individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3). If the plan bave any participant loans? (If "Yes," enter amount as of year end.) If the sis a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500). If yes or right to 22, right and the plan subject to the minimum funding requirements? (If "Yes," see instructions, and enter the date of the letter ruling ranning the waiver. Mont Day or the plan subject to the amount in this plan year. If you completed line 12a, complete lines 3, 9, and 10 of Schedule BB (Form 5500), and skip to line 13. Denter the amount contributed by the employer to the plan year. If we will the minimum funding amount reported on line 12b be met by the funding deadline? Mont Day or year in the plan sates distributed to ruling the plan year or any prior year? If we will the plan assets distributed to plan assets that reverted to the emeficaries, transferred to another plan,	а				x				
 d) Did the plan have a los, whether or not reimbursed by the plan's fidelity bond, that was caused by frad d) did ke plan have a los, whether or not reimbursed by the plan's fidelity bond, that was caused by frad e) Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See instructions). f) Has the plan have any participant loans? (If "Yes," enter amount as of year end.)	b	Nere there any nonexempt transactions with any party-in-interest? (Do not include transactions reported			x				
or dishonesty? 10d e Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See instructions). f Has the plan failed to provide any benefit when due under the plan? g Did the plan have any participant loans? (If "Yes," enter amount as of year end.). 10g X 11 Is this a defined contribution plan subject to minimum funding requirements? (If "Yes," see instructions, and enter the date of the letter ruling granting the waiver. 11 Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section 302 of ERISA? 12 Is this a defined contribution plan subject to the minimum funding requirements? (If "Yes," see instructions, and enter the date of the letter ruling granting the waiver. <t< th=""><th>С</th><th>Was the plan covered by a fidelity bond?</th><th>10c</th><th>Х</th><th></th><th></th><th></th><th></th><th>73237</th></t<>	С	Was the plan covered by a fidelity bond?	10c	Х					73237
insurance service or other organization that provides some or all of the benefits under the plan? (See instructions.)	d				X				
Image the plan have any participant loans? (If "Yes," enter amount as of year end.)	е	insurance service or other organization that provides some or all of the benefits under the plan? (See				4640			
bit displantique any participant backs (if res, enter almound as 0 year end),	f	Has the plan failed to provide any benefit when due under the plan?	10f		Х				
2520.101-3.) 10h X i If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3	g	Did the plan have any participant loans? (If "Yes," enter amount as of year end.)	10g	Х					1069
exceptions to providing the notice applied under 29 CFR 2520.101-3	h		10h		x				
11 Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500)). Yes X 12 Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section 302 of ERISA? Yes X 13 If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiver. Month Day Yea 14 yea completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13. Day Yea Yea 15 Enter the minimum required contribution for this plan year	i		10i						
11 Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500)). Yes X 12 Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section 302 of ERISA? Yes X 13 If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiver. Month Day Yea 14 yea completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13. Day Yea Yea 15 Enter the minimum required contribution for this plan year	Part	VI Pension Funding Compliance							
(If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.) a If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiver. Month Day Year If you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13. Day Year b Enter the minimum required contribution for this plan year. 12b 12c c Enter the amount contributed by the employer to the plan for this plan year. 12c 12d d Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount) Yes No N/ Part VII Plan Terminations and Transfers of Assets Yes Yes I I 13a How as a resolution to terminate the plan been adopted during the plan year or any prior year? 13a I Yes I Yes I I c If "Yes," enter the amount of any plan assets that reverted to the employer this year. I I I Yes I I Yes I I Yes I I I I I I I I I I I I I	11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form							
 e Will the minimum funding amount reported on line 12d be met by the funding deadline?	a lf y b c	(If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.) If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instruc granting the waiver	tions, h	and e	nter th Day 12b 12c	e date of t		tter rul	-
Part VII Plan Terminations and Transfers of Assets 13a Has a resolution to terminate the plan been adopted during the plan year or any prior year? If "Yes," enter the amount of any plan assets that reverted to the employer this year. 13a b Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC? If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)	-				ן ר			la [NI/A
13a Has a resolution to terminate the plan been adopted during the plan year or any prior year? Yes X r If "Yes," enter the amount of any plan assets that reverted to the employer this year						res		NO	N/A
If "Yes," enter the amount of any plan assets that reverted to the employer this year									V
 b Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?	13a							Yes	× No
of the PBGC?									
13c(1) Name of plan(s): 13c(2) EIN(s) 13c(3) PN(s)	of the PBGC?								
	1	3c(1) Name of plan(s):		130	:(2) Ell	N(s)		13c(3)	PN(s)

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	08/09/2010	MELVIN JACKSON
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN	Filed with authorized/valid electronic signature.	08/09/2010	MELVIN JACKSON
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor