Form 5500-SF Short Form Annual Re					OMB Nos. 1210-0110 1210-0089				
			Benefit Plan ed under sections 104 and 4065 of the Employee			2009			
Department of Labor Retirement Income Security Ad			ct of 1974 (ERISA), and section 6058(a) of the employee evenue Code (the Code).			This Form is Open to Public			
Pension Benefit Guaranty Corporation Complete all entries in accordance with the instructions to the Form 550					Inspection 00-SF.				
		entification Information							
For	calendar plan year 2009 or fisca		9	and ending	12/31/2	2009			
Α	This return/report is for:	single-employer plan		mployer plan (not multiemployer)		one-participant plan			
B	This return/report is for:	first return/report	final retur	•					
		an amended return/report	short plan	year return/report (less than 12 mo	onths)	-			
С	C Check box if filing under:								
		special extension (enter description							
	-	nation—enter all requested information	ation		46	<u></u>			
	Name of plan	LONG ISLAND, PC 401(K) PLAN				Three-digit plan number			
UNI						(PN) ▶ 001			
					1c	Effective date of plan 01/01/2002			
	Plan sponsor's name and addre	ess (employer, if for single-employer	plan)		2b	Employer Identification Number (EIN) 11-2330143			
	NORTH VILLAGE AVE SUIT			2c	Plan sponsor's telephone number 516-678-2232				
ROC	KVILLE CENTRE, NY 11570				2d	Business code (see instructions) 621111			
	Plan administrator's name and HOPAEDIC EXCELLENCE OF		I VILLAGE	AVE SUITE 306	3b	Administrator's EIN 11-2330143			
ROCKVILLE CENTRE, NY 11570					3c	Administrator's telephone number 516-678-2232			
	4 If the name and/or EIN of the plan sponsor has changed since the last return/report filed for this plan, enter the 4b EIN								
I	name, EIN, and the plan numbe	PN							
5a	Total number of participants at	the beginning of the plan year			5a	17			
b	b Total number of participants at the end of the plan year								
					5c	9			
6a	6a Were all of the plan's assets during the plan year invested in eligible assets? (See instructions.)								
b	b Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA)								
	under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.)								
Pa	rt III Financial Informa								
7	Plan Assets and Liabilities			(a) Beginning of Year		(b) End of Year			
а	Total plan assets	Total plan assets		17580	5	276438			
b	Total plan liabilities		. 7b		0	0			
C	Net plan assets (subtract line 7	b from line 7a)	7c	17580	5	276438			
8	Income, Expenses, and Transf	ers for this Plan Year		(a) Amount		(b) Total			
а	Contributions received or recei	vable from:	8a(1)		0				
				3729	-				
				1492					
b				4840					
С		8a(2), 8a(3), and 8b)				100633			
d	Benefits paid (including direct r	ollovers and insurance premiums							
	, ,				0				
e		ive distributions (see instructions)			0				
t	•	s (salaries, fees, commissions)			0				
g b	•) - 0f 0 - \	Ŭ		0	0			
h i		Se, 8f, and 8g)				100633			
i		e 8h from line 8c) e instructions)			0	10000			
,			I ÖI		0				

For Paperwork Reduction Act Notice and OMB Control Numbers, see the instructions for Form 5500-SF.

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Part IV Plan Characteristics

- **9a** If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions: 2E 2G 2J 3D
- **b** If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

Part	V Compliance Questions							
10	During the plan year:		Yes	No		Amo	unt	
а	Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)			х				
b	Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)			Х				
С	Was the plan covered by a fidelity bond?	10c		Х				
d	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?			Х				
е	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See instructions.)				1119			
f	Has the plan failed to provide any benefit when due under the plan?			Х				
g	Did the plan have any participant loans? (If "Yes," enter amount as of year end.)			Х				
h	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)			Х				
i	If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3							
Part	VI Pension Funding Compliance							
11								
lf y b c d e Part	(If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.) a If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiver. Month Day Year Year If you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13. b Enter the minimum required contribution for this plan year. C Enter the amount contributed by the employer to the plan for this plan year.							
13a	Has a resolution to terminate the plan been adopted during the plan year or any prior year?			 13a			Yes	× No
h	If "Yes," enter the amount of any plan assets that reverted to the employer this year b Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under							
	 Were all the plan assets distributed to participants of beneficialities, transferred to another plan, or brought under the control Yes No C If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.) 							
13c(1) Name of plan(s):					13c(2) EIN(s) 13c(3) PI			PN(s)
0	on. A nonalty for the late or incomplete filing of this return/report will be accessed uplace recomplete							

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	08/25/2010	JAN KOENIG
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN			
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor