Form 5500-SF Department of the Treasury Internal Revenue Service		Short Form Annual R	OMB Nos. 1210-0110 1210-0089						
		Benefit Plan				2009			
Er	Department of Labor I his form is required to be filed Retirement Income Security Au			ctions 104 and 4065 of the Employe (ERISA), and section 6058(a) of the ode (the Code).	This Form is Open to Public				
-	ension Benefit Guaranty Corporation	n the instructions to the Form 550	Inspection						
Pa	art I Annual Report Id	entification Information							
For calendar plan year 2009 or fiscal plan year beginning 01/01/2009				and ending	12/31/2009				
Α	his return/report is for: xingle-employer plan and multiple-employer plan (not multiemp					one-participant plan			
В	This return/report is for:								
		an amended return/report is short plan year return/report (less than 12 m							
С	Check box if filing under: X Form 5558 automatic extension					DFVC program			
		special extension (enter descriptio	-						
		nation—enter all requested information	ation		41-	—			
1a Name of plan GEM FOOD CORPORATION AGE-WEIGHTED PROFIT SHARING PLAN						Three-digit plan number (PN) ▶ 001			
					1c	Effective date of plan 01/01/1995			
	Plan sponsor's name and addre	ess (employer, if for single-employer	plan)		2b	Employer Identification Number (EIN) 13-3483434			
101 F	FORESTER AVENUE				2c	Plan sponsor's telephone number 914-667-3262			
MOUNT VERNON, NY 10552						Business code (see instructions) 445299			
	Plan administrator's name and FOOD CORPORATION	address (if same as Plan sponsor, er 101 FOREST MOUNT VER	ER AVEN	ÚE .		Administrator's EIN 13-3483434			
				3c Administrator's telephone numb 914-667-3262 4b EIN					
		n sponsor has changed since the las r from the last return/report. Sponso		port filed for this plan, enter the	EIN				
					4c	PN			
	Total number of participants at the beginning of the plan year				5a 5b	30			
b						30			
С	Total number of participants wi complete this item)	ear (defined benefit plans do not	5c	27					
6a	• •		e assets? (See instructions.)		X Yes				
b		e annual examination and report of a							
	under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.)								
Pa	rt III Financial Informa								
7	Plan Assets and Liabilities			(a) Beginning of Year		(b) End of Year			
а	Total plan assets			24953	2	261574			
b	Total plan liabilities)	0			
<u> </u>	Net plan assets (subtract line 7b from line 7a)			24953	2	261574			
8 a	Income, Expenses, and Transfers for this Plan Year Contributions received or receivable from:			(a) Amount	(b) Total				
a			8a(1)		C				
	(2) Participants		8a(2))				
	(3) Others (including rollovers))				
b	()			1204	2				
С Д		Ba(2), 8a(3), and 8b)	8c			12042			
u	d Benefits paid (including direct rollovers and insurance premiums to provide benefits)				C				
е)				
f	Administrative service providers (salaries, fees, commissions)				2				
g	Other expenses		8g		D				
h	Total expenses (add lines 8d, 8	Be, 8f, and 8g)	8h			0			
i		8h from line 8c)			_	12042			
J	I ransfers to (from) the plan (se	e instructions)	8j		C				

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Part IV Plan Characteristics

- **9a** If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions: 2A 2E 3E
- **b** If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

Part	V Compliance Questions							
10	During the plan year:		Yes	No	1	Amour	nt	
а	Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)			х				
b	Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)			Х				
С	Was the plan covered by a fidelity bond?			Х				
d	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?			Х				
е	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See instructions.)	10e		Х				
f	Has the plan failed to provide any benefit when due under the plan?	10f		Х				
g	Did the plan have any participant loans? (If "Yes," enter amount as of year end.)		Х					50000
h	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)			х				
i	If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3							
Part	VI Pension Funding Compliance							
11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500))						X No	
lf	(If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.) a If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiver. Month Day Year If you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13. b Enter the minimum required contribution for this plan year. c Enter the amount contributed by the employer to the plan for this plan year.							ng
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?				Yes	No		N/A
Part	VII Plan Terminations and Transfers of Assets							
13a	a Has a resolution to terminate the plan been adopted during the plan year or any prior year?					Y	/es	X No
	If "Yes," enter the amount of any plan assets that reverted to the employer this year				L			
b	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?							X No
C If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)								
13c(1) Name of plan(s):				13c(2) EIN(s) 13c(3) PN(s)			PN(s)	
						$\left \right $		
Caut	ion. A negative for the late or incomplete filing of this return/report will be assessed unless reasonab		iso is	ostahl	ished			

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	09/13/2010	LEROY CAPERS
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN			
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor