### Form 5500

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

# Annual Return/Report of Employee Benefit Plan

This form is required to be filed for employee benefit plans under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and sections 6047(e), and 6058(a) of the Internal Revenue Code (the Code).

> ▶ Complete all entries in accordance with the instructions to the Form 5500.

OMB Nos. 1210-0110 1210-0089

2009

					Inspection			
Part I	Annual Report Ident							
For cale	ndar plan year 2009 or fiscal pl	an year beginning 01/01/200	9	and ending 1	2/31/2009			
<b>A</b> This	return/report is for:	a multiemployer plan;	a multiemployer plan; a multiple-employer plan; or					
		X a single-employer plan;	a DFE	(specify)				
		_	_					
<b>B</b> This	return/report is:	the first return/report;	the fina	I return/report;				
		an amended return/repo	ort; a short	plan year return/report (	less than 12 months).			
C If the	plan is a collectively-bargained	 I plan, check here						
	k box if filing under:	Form 5558;		tic extension;	the DFVC program;			
<b>D</b> Office	in box ii iiiiiig dildor.	special extension (enter		,				
Part	II Rasio Blan Inform	ation—enter all requested info						
	ne of plan	ation—enter all requested into	ormation		<b>1b</b> Three-digit plan			
	R FREIGHT TRUCKING CO., I	NC. DEFINED BENEFIT PENS	SION PLAN		number (PN) ▶ 001			
	,				1c Effective date of plan			
					04/28/1981			
2a Plan sponsor's name and address (employer, if for a single-employer plan) (Address should include room or suite no.)					<b>2b</b> Employer Identification Number (EIN)			
`	R FREIGHT TRUCKING CO., I	,			11-2493135			
0 00 7 111	tritalian intooninto oo., i				<b>2c</b> Sponsor's telephone			
C/O CO	LEMAN CORP.				number			
P.O. BO	X 1013	P.O. E	3OX 1013		516-364-8414 <b>2d</b> Business code (see			
SYOSSE	ET, NY 11791	SYOS	SYOSSET, NY 11791					
					instructions) 812990			
Caution	: A penalty for the late or inc	omplete filing of this return/re	anort will be assessed	l unless reasonable ca	uso is established			
		· · · · · · · · · · · · · · · · · · ·	•		eport, including accompanying schedules,			
					and belief, it is true, correct, and complete.			
SIGN	Filed with authorized/valid elec	tronic signature.	09/22/2010	RICHARD SARCON	JA			
HERE	Signature of plan administr	ator	Date	Enter name of individ	Enter name of individual signing as plan administrator			
	and an income		2 4.0					
SIGN								
HERE	Signature of employer/plan	snonsor	Date	Enter name of individ	dual signing as employer or plan sponsor			
	Organization of employer/plan	oponiooi .	Date	Enter name of marvi	addi digining do ciripioyor di pidir sporisor			
SIGN								
HERE				+				

Signature of DFE Date Enter name of individual signing as DFE For Paperwork Reduction Act Notice and OMB Control Numbers, see the instructions for Form 5500.

Form 5500 (2009) v.092307.1

	Form 5500 (2009)	Pa	ge <b>2</b>			
J &	Plan administrator's name and address (if same as plan sponsor, enter "Sar J AIR FREIGHT TRUCKING CO., INC.	me")		11-	3b Administrator's EIN 11-2493135	
P.C	D. BOX 1013 OSSET, NY 11791			ทเ	Iministrator's telephone Imber 6-364-8414	
4	If the name and/or EIN of the plan sponsor has changed since the last return the plan number from the last return/report:	n/report filed for	this plan, enter the name, El	IN and	4b EIN	
а	Sponsor's name				4c PN	
5	Total number of participants at the beginning of the plan year			5	3	
6	Number of participants as of the end of the plan year (welfare plans comple	te only lines 6a,	<b>6b, 6c,</b> and <b>6d</b> ).			
а	Active participants			6a	3	
b	Retired or separated participants receiving benefits			6b	(	
С	Other retired or separated participants entitled to future benefits			6c	C	
d	Subtotal. Add lines 6a, 6b, and 6c			6d	3	
е	Deceased participants whose beneficiaries are receiving or are entitled to re	eceive benefits		6e	(	
f	Total. Add lines <b>6d</b> and <b>6e</b>			6f	3	
g	Number of participants with account balances as of the end of the plan year complete this item)			6g		
	Number of participants that terminated employment during the plan year wit less than 100% vested			6h	(	
7	Enter the total number of employers obligated to contribute to the plan (only	y multiemployer	plans complete this item)	···· 7		
	If the plan provides pension benefits, enter the applicable pension feature of the plan provides welfare benefits, enter the applicable welfare feature code.					
9a	Plan funding arrangement (check all that apply)  (1) Insurance (2) Code section 412(e)(3) insurance contracts  (3) X Trust (4) General assets of the sponsor	9b Plan ben (1) (2) (3) (4)	lefit arrangement (check all the line line line line line line line lin	3) insurand		

Check all applicable boxes in 10a and 10b to indicate which schedules are attached, and, where indicated, enter the number attached. (See instructions)

**b** General Schedules

(1)

(2)

(3)

(4)

(5)

(6)

**H** (Financial Information)

A (Insurance Information)C (Service Provider Information)

I (Financial Information – Small Plan)

**D** (DFE/Participating Plan Information)

**G** (Financial Transaction Schedules)

10

(1)

(2)

(3)

a Pension Schedules

R (Retirement Plan Information)

MB (Multiemployer Defined Benefit Plan and Certain Money

Purchase Plan Actuarial Information) - signed by the plan

SB (Single-Employer Defined Benefit Plan Actuarial

Information) - signed by the plan actuary

# **SCHEDULE SB** (Form 5500)

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

# Single-Employer Defined Benefit Plan **Actuarial Information**

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6059 of the Internal Revenue Code (the Code).

OMB No. 1210-0110

2009

This Form is Open to Public Inspection

							an attachm	ent to Form	5500 or	5500-SF.						
For	caler	ndar p	olan year 2009	or fiscal plan y	ea	r beginning 0°	1/01/2009			and e	ndin	g 12/31/2	2009	9		
•	Rour	d off	amounts to r	nearest dollar.												
•	Cauti	on: A	A penalty of \$1	,000 will be as	ses	sed for late filing o	of this repor	t unless reas	onable ca	use is establi	shed					
		of pla		ING CO., INC.	DE	FINED BENEFIT I	PENSION F	PLAN		B Three-	·	(DNI)			001	
										plan n	umbe	er (PN)				
C: F	lan s	nonso	nr's name as s	shown on line 2	a c	of Form 5500 or 55	00-SF			<b>D</b> Employ	er Id	entification	n Ni	ımher (	(FIN)	
			IGHT TRUCKI		<b>u</b>	. 1 01111 0000 01 00	00 01			Limploy	01 14	oriunoanoi			(=+)	
										11-249313	5					
Ет	vpe c	f plan	ı: X Single	Multiple-A		Multiple-B	F	Prior year pla	an size:	100 or fewe	r F	101-500	П	More t	than 500	
						1	1	- 7 1			<u> </u>					
	rt I		asic Inforn		_		2 01		2000							
1			valuation date	9:	Иo	nth <u>12</u> [	Day <u>31</u>	Year <u>1</u>	2009							
2	Ass										ı	_				
	а	Mark	ket value									2a				55813
	b	Actu	arial value									2b				55813
3	Fun	ding 1	target/participa	ant count break	do	wn		<u>-</u>	<b>(1)</b> N	lumber of par	ticipa	ints		(2)	Funding Targe	t
	а	For	retired particip	ants and bene	ici	aries receiving pay	ment	3a				0				0
	b	For	terminated ve	sted participan	s			3b				0				0
	C	For	active particip	ants:												
		(1)	Non-vested b	enefits				3c(1)								0
		(2)	Vested benef	fits				3c(2)	ĺ							55813
		(3)	Total active									3				55813
	d	` '										3				55813
4	If th					omplete items (a) a				П						
•		•	•			ed at-risk assumpt	` '			ш	ĺ	4a				
	a b		0 0	0 0.		imptions, but disre										
	D					re years and disre						4b				
5	Effe	ctive	interest rate									5				5.00 %
6	Tar	get no	ormal cost									6				0
Stat	emer	nt by	Enrolled Actu	ıary												
á	ccorda	ance wit	th applicable law a	nd regulations. In m	op	this schedule and accominion, each other assumence under the plan.										
9	IGN	ı														
	ERI												(	)9/22/2	010	
				Signs	tuu	e of actuary								Date		
CYR	L J.	COLE	MAN, JR.	Olgili	itui	c or doldary								08-023	302	
			· · · · · · · · · · · · · · · · · · ·	Tuna ar n	:	name of actual						Most roo			ent number	
COL	=MAI	N CO	RP	rype or p	IIIL	name of actuary						MOSt rece		6-364-		
	_1717 (1	100	101.													
P.O.	BOX	1013	3		ırr	n name					lele	ephone nu	mbe	er (inclu	uding area code	∋)
			11791													
				Add	res	s of the firm				_						
If the	actu	arv ha	as not fully refl	ected any requ	ati	on or ruling promu	lnated unde	ar the statute	in comple	ating this sch	dule	check th	e ha	ny and	SAA	$\overline{\Box}$
instru		•	as not runy rem	colou ally legu	all	on or running profitio	igaica unut	or the statute	comple	Jung una autit	Jaule	, or look III	o be	M and	300	Ш

Page <b>2-</b>	1	
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Pa	rt II	Begin	ning of year	carryov	er and prefunding ba	lances						
	•			-			(a) (	Carryover balance		(b) l	Prefundi	ng balance
7		_	•		icable adjustments (Item 13	•			0			0
8	Portion u	used to	offset prior year's	funding re	quirement (Item 35 from pric	r year)			0			0
9	Amount	remainir	ng (Item 7 minus i	tem 8)					0			0
10	Interest	on item	9 using prior year	's actual re	eturn of%				0			0
11	Prior yea	ar's exce	ess contributions t	o be adde	d to prefunding balance:							
	<b>a</b> Exce	ss contr	ibutions (Item 38	from prior	year)							0
	<b>b</b> Intere	est on (a	a) using prior year	's effective	e rate of%							0
					year to add to prefunding bala							0
	<b>d</b> Porti	on of (c)	to be added to p	efunding l	palance							0
12 Reduction in balances due to elections or deemed elections									0			
13	Balance	at begir	nning of current ye	ar (item 9	+ item 10 + item 11d – item	12)			0			0
P	art III	Fun	ding percenta	ages					•			
14			<u> </u>								14	99.99 %
15					ge						15	99.99 %
16												
17 If the current value of the assets of the plan is less than 70 percent of the funding target, enter such percentage								17	%			
	Part IV Contributions and liquidity shortfalls											
				•	vear by employer(s) and emp	olovees:						
	(a) Date		(b) Amount p		(c) Amount paid by	(a) [	Date	(b) Amount pa	aid by	(6	<b>c)</b> Amou	nt paid by
(N	IM-DD-YY	YY)	employer	(s)	employees	(MM-DD	-YYYY)	employer(	s)		empl	oyees
											1	
						Totals ►	18(b)			18(c)		
19					structions for small plan with							
	_				nimum required contribution				19a			0
	<b>b</b> Contri	butions	made to avoid res	strictions a	djusted to valuation date				19b			0
	<b>C</b> Contril	outions a	allocated toward mi	nimum req	uired contribution for current y	ear adjusted	l to valuation	n date	19c			0
20	Quarterly	y contrib	outions and liquidit	y shortfall:	S:						_	, <u> </u>
		•	•		the prior year?							Yes X No
	<b>b</b> If 20a	is "Yes,	" were required qu	uarterly ins	stallments for the current yea	ır made in a	timely man	nner?				Yes No
	<b>C</b> If 20a	is "Yes,	" see instructions	and comp	lete the following table as ap							
		(1) 10	**		Liquidity shortfall as of e	nd of Quarte					(A) A+L	<u> </u>
		(1) 1s	ot .		(2) 2nd		(3)	3rd			(4) 4th	I

Pa	rt V Assumptio	ns used to determine f	unding target and targ	et no	rmal cost			
21	Discount rate:							
	<b>a</b> Segment rates:	1st segment: 5.28 %			3rd segment: 6.65 %		N/A, full yield curve used	
	<b>b</b> Applicable month	(enter code)				21b		
22	Weighted average ret	tirement age				22	65	
23	Mortality table(s) (see	e instructions)	escribed - combined	Prescr	ibed - separate	Substitu	te	
Pa	rt VI Miscellane	ous items						
24	•		uarial assumptions for the curr		,		· ·	
25	Has a method change	e been made for the current pla	an year? If "Yes," see instructi	ions re	garding required attac	hment	Yes X No	
26	Is the plan required to	provide a Schedule of Active	Participants? If "Yes," see ins	truction	ns regarding required	attachment	Yes X No	
27	, ,	` ",	nding rules, enter applicable co			27		
Pa	rt VII Reconcilia	ation of unpaid minimu	ım required contributio	ons fo	or prior years			
28	Unpaid minimum requ	uired contribution for all prior ye	ears			28	0	
29						29	0	
30	30 Remaining amount of unpaid minimum required contributions (item 28 minus item 29)					30	0	
Pa	rt VIII Minimum	required contribution f	for current vear					
		•	ructions)			31	0	
	Amortization installme	, , , , , , , , , , , , , , , , , , , ,	,		Outstanding Bala	ince	Installment	
					-	0	0	
	<b>b</b> Waiver amortizatio	on installment				0	0	
33			ter the date of the ruling letter			33		
34			er/prefunding balances (item 3			34	0	
			Carryover balance		Prefunding balar	nce	Total balance	
35	Balances used to offs	et funding requirement		0		0	0	
36	Additional cash requir	rement (item 34 minus item 35	)			36	0	
37			ontribution for current year adju			37	0	
38	Interest-adjusted exce	ess contributions for current ye	ear (see instructions)			38	0	
39	Unpaid minimum requ	uired contribution for current ye	ear (excess, if any, of item 36 of	over ite	m 37)	39	0	
40	Unpaid minimum requ	uired contribution for all years.				40	0	

## SCHEDULE I (Form 5500)

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

## Financial Information—Small Plan

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the Internal Revenue Code (the Code).

File as an attachment to Form 5500.

OMB No. 1210-0110

2009

This Form is Open to Public Inspection

1 Gridion Benefit Guaranty Golporation				inspection
For calendar plan year 2009 or fiscal plan year beginning 01/01/2009	and e	ending 12/	/31/2009	
A Name of plan J & J AIR FREIGHT TRUCKING CO., INC. DEFINED BENEFIT PENSION PLAN		e-digit number (PN)	•	001
C Plan sponsor's name as shown on line 2a of Form 5500 J & J AIR FREIGHT TRUCKING CO., INC.	<b>D</b> Emplo	oyer Identification	on Numbe	er (EIN)

Complete Schedule I if the plan covered fewer than 100 participants as of the beginning of the plan year. You may also complete Schedule I if you are filing as a small plan under the 80-120 participant rule (see instructions). Complete Schedule H if reporting as a large plan or DFE.

#### Part I Small Plan Financial Information

Report below the current value of assets and liabilities, income, expenses, transfers and changes in net assets during the plan year. Combine the value of plan assets held in more than one trust. Do not enter the value of the portion of an insurance contract that guarantees during this plan year to pay a specific dollar benefit at a future date. Include all income and expenses of the plan including any trust(s) or separately maintained fund(s) and any payments/receipts to/from insurance carriers. Round off amounts to the nearest dollar.

1	Plan Assets and Liabilities:		(a) Beginning of Year	(b) End of Year
а	Total plan assets	. 1a	55813	55813
b	Total plan liabilities	. 1b	0	0
С	Net plan assets (subtract line 1b from line 1a)	. 1c	55813	55813
2	Income, Expenses, and Transfers for this Plan Year:		(a) Amount	(b) Total
а	Contributions received or receivable:			
	(1) Employers	. 2a(1)	0	
	(2) Participants	. 2a(2)	0	
	(3) Others (including rollovers)	2a(3)	0	
b	Noncash contributions	. 2b	0	
С	Other income	. 2c	0	
d	Total income (add lines 2a(1), 2a(2), 2a(3), 2b, and 2c)	. 2d		0
е	Benefits paid (including direct rollovers)	. 2e	0	
f	Corrective distributions (see instructions)	. 2f	0	
g	Certain deemed distributions of participant loans (see instructions)	. 2g	0	
h	Administrative service providers (salaries, fees, and commissions).	. 2h	0	
i	Other expenses	. 2i	0	
j	Total expenses (add lines 2e, 2f, 2g, 2h, and 2i)	. 2j		0
k	Net income (loss) (subtract line 2j from line 2d)	. 2k		0
	Transfers to (from) the plan (see instructions)	. 2I		0

3 Specific Assets: If the plan held assets at anytime during the plan year in any of the following categories, check "Yes" and enter the current value of any assets remaining in the plan as of the end of the plan year. Allocate the value of the plan's interest in a commingled trust containing the assets of more than one plan on a line-by-line basis unless the trust meets one of the specific exceptions described in the instructions.

			Yes	No	Amount
а	Partnership/joint venture interests	3a		X	
b	Employer real property	3b		X	
	Real estate (other than employer real property)			X	
d	Employer securities	3d		X	
	Participant loans			X	

Schedule I (Form 5500) 2009	Page <b>2-</b> 1

Schedule I	(Form 5500)	2000
Scriedule i	(FUIII 3300	<i> </i> 2008

			Yes	No	Amoun	t
3f	Loans (other than to participants)	3f		X		
g	Tangible personal property	3g		X		
	•		,			
Pa	art II Compliance Questions					_
4	During the plan year:		Yes	No	Amoun	nt
а	Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? Continue to answer "Yes" for any prior year failures until fully corrected. (See instructions and DOL's Voluntary Fiduciary Correction Program.)	4a		X		
b	Were any loans by the plan or fixed income obligations due the plan in default as of the close of plan year or classified during the year as uncollectible? Disregard participant loans secured by the participant's account balance.	4b		X		
С	Were any leases to which the plan was a party in default or classified during the year as uncollectible?	4c		X		
d	Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 4a.)	4d		X		
е	Was the plan covered by a fidelity bond?	4e	X			50000
f	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?	4f		X		
g	Did the plan hold any assets whose current value was neither readily determinable on an established market nor set by an independent third party appraiser?	4g		X		
h	Did the plan receive any noncash contributions whose value was neither readily determinable on an established market nor set by an independent third party appraiser?	4h		X		
i	Did the plan at any time hold 20% or more of its assets in any single security, debt, mortgage, parcel of real estate, or partnership/joint venture interest?	4i		X		
j	Were all the plan assets either distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?	4j		X		
k	Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA) under 29 CFR 2520.104-46? If "No," attach an IQPA's report or 2520.104-50 statement. (See instructions on waiver eligibility and conditions.)	4k	X			
ı	Has the plan failed to provide any benefit when due under the plan?	41		X		
m	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)	4m		Х		
n	If 4m was answered "Yes," check the "Yes" box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3	4n				
5a	Has a resolution to terminate the plan been adopted during the plan year or any prior plan year? If "Yes," enter the amount of any plan assets that reverted to the employer this year	Ye	es 🔀 l	No A	Amount:	
5b	If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), ide transferred. (See instructions.)	entify the	he plan	(s) to w	hich assets or liabiliti	es were
	5b(1) Name of plan(s)			5b(2)	EIN(s)	<b>5b(3)</b> PN(s)

# SCHEDULE R (Form 5500)

Department of the Treasury Internal Revenue Service

Employee Benefits Security Administration

Department of Labor

**Retirement Plan Information** 

This schedule is required to be filed under section 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6058(a) of the Internal Revenue Code (the Code).

File as an attachment to Form 5500.

OMB No. 1210-0110

2009

This Form is Open to Public Inspection.

	Pension Be	enefit Guaranty Corporation									iiispec	tioii.		
For		plan year 2009 or fiscal p	lan year beginning	01/01/2009		and en	ding	12/	31/20	09				
	Name of p	olan EIGHT TRUCKING CO., IN	NC. DEFINED BENEF	TT PENSION PLAN			В	Three-d plan nu (PN)	0		00	1		
CF	Plan spon	sor's name as shown on li	ne 2a of Form 5500				D	Employe	er Ide	ntificati	on Num	ber (EIN	1)	
J&J	I AIR FRE	EIGHT TRUCKING CO., IN	NC.					11-24	9313	5				
Pa	art I	Distributions												
All	referenc	es to distributions relate	only to payments o	f benefits during the	e plan year.									
1		alue of distributions paid in ions							1					0
2		ne EIN(s) of payor(s) who p who paid the greatest dolla			ipants or benefic	iaries durin	g the	e year (if	more	than tv	vo, ente	r EINs o	of the	two
	EIN(s)	):												
		sharing plans, ESOPs, ar	nd stock honus plan	e ekin lina 2					•					
_			•	•					1					
3		r of participants (living or d	,											0
_	,								3					
Р	art II	Funding Informati ERISA section 302, skip		subject to the minimu	um funding requi	rements of	sect	tion of 41	2 of t	he Inte	rnal Rev	enue C	ode o	r
4	le the ni	lan administrator making an	,	ection /12(d)(2) or EP	ISA section 302/	4)(3)3			П	Yes	X	No	П	N/A
7		lan is a defined benefit p		500011 412(u)(2) 01 LIN	10A 3ection 302(t	<i>1)</i> (∠):			Ш				Ш	,,
_	-	_	_											
5	plan ye	ver of the minimum funding ar, see instructions and en	ter the date of the rul	ing letter granting the	waiver. Da	te: Month			,	<i>'</i>		Year		
		completed line 5, comple							s sch	edule.				
6		er the minimum required c							ба					
	<b>b</b> Ent	er the amount contributed	by the employer to th	e plan for this plan ye	ear				6b					
		otract the amount in line 6b ter a minus sign to the left							6 <b>c</b>					
	If you o	completed line 6c, skip li	nes 8 and 9.											
7	Will the	minimum funding amount	reported on line 6c b	e met by the funding	deadline?					Yes		No		N/A
8		nge in actuarial cost metho									_			
		change?								Yes		No	X	N/A
Pa	art III	Amendments												
9														
3	If this is	a dofinad hanafit nancian	nian word any amor	dmonte adopted duri	na thic plan									do.
	year tha	s a defined benefit pension at increased or decreased I. If no, check the "No" box	the value of benefits?	If yes, check the app	oropriate	Increas	se		ecrea	ise	Во	th	X	NO
Pa	year tha	at increased or decreased In If no, check the "No" box	the value of benefits?	If yes, check the app	propriate	Ш		ш			ш		X	<b>10</b>
Pa 10	year that box(es)	at increased or decreased b. If no, check the "No" box ESOPs (see instru	the value of benefits?	P If yes, check the app	propriate er Section 409(a	ப ) or 4975(e)	(7)	of the Int	ernal	Reveni	ue Code		X	No
	year that box(es) rt IV Were u	at increased or decreased If no, check the "No" box  ESOPs (see instruskip this Part.	the value of benefits?  uctions). If this is not a	P If yes, check the app	oropriate er Section 409(a	or 4975(e)	(7) ( any	of the Int	ernal loan?	Reveni	ue Code	,	× r	
10	year that box(es)  rt IV  Were u  a Do  b If the	at increased or decreased If no, check the "No" box  ESOPs (see instruskip this Part. Inallocated employer securing the control of the contro	uctions). If this is not a rities or proceeds from eferred stock?	a plan described under the sale of unallocate the employer as lend	er Section 409(a	or 4975(e) ed to repay part of a "ba	any	of the Into	ernal loan? loan?	Revenu	[	Yes	× r	No

Pa	rt V		Additional Information for Multiemployer Defined Benefit Pension Plans						
13		er the following information for each employer that contributed more than 5% of total contributions to the plan during the plan year (measured in llars). See instructions. Complete as many entries as needed to report all applicable employers.							
	а	Name of contributing employer							
	b	EIN C Dollar amount contributed by employer							
	d		Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month Day Year						
	е	Contribution rate information (If more than one rate applies, check this box and see instructions regarding required attachment. Otherwise, complete items 13e(1) and 13e(2).)  (1) Contribution rate (in dollars and cents)  (2) Base unit measure: Hourly Weekly Unit of production Other (specify):							
	а	Name	of contributing employer						
	b	EIN	C Dollar amount contributed by employer						
	d	Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month Day Year							
	е	comp (1)	ibution rate information (If more than one rate applies, check this box and see instructions regarding required attachment. Otherwise, lete items 13e(1) and 13e(2).)  Contribution rate (in dollars and cents)  Base unit measure: Hourly Weekly Unit of production Other (specify):						
	а	Name	e of contributing employer						
	b	EIN	C Dollar amount contributed by employer						
	d		collective bargaining agreement expires ( <i>If employer contributes under more than one collective bargaining agreement, check box</i>						
	е	Contribution rate information (If more than one rate applies, check this box and see instructions regarding required attachment. Otherwise, complete items 13e(1) and 13e(2).)  (1) Contribution rate (in dollars and cents)  (2) Base unit measure: Hourly Weekly Unit of production Other (specify):							
	а	Name	of contributing employer						
	b	EIN	C Dollar amount contributed by employer						
	d		collective bargaining agreement expires ( <i>If employer contributes under more than one collective bargaining agreement, check box</i>						
	е	comp (1)	ibution rate information (If more than one rate applies, check this box and see instructions regarding required attachment. Otherwise, lete items 13e(1) and 13e(2).)  Contribution rate (in dollars and cents)  Base unit measure: Hourly Weekly Unit of production Other (specify):						
	а	Name	of contributing amployer						
	b b	<u> </u>							
	d								
	е	Contribution rate information (If more than one rate applies, check this box and see instructions regarding required attachment. Otherwise, complete items 13e(1) and 13e(2).)  (1) Contribution rate (in dollars and cents)  (2) Base unit measure: Hourly Weekly Unit of production Other (specify):							
	а	Name of contributing employer							
	b	EIN	C Dollar amount contributed by employer						
	d	Date	collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box ee instructions regarding required attachment. Otherwise, enter the applicable date.) Month Day Year						
	е								

Pac	ae	3
	,~	•

14	Enter the number of participants on whose behalf no contributions were made by an employer as an employer of participant for:							
	a The current year	14a						
	<b>b</b> The plan year immediately preceding the current plan year	14b						
	C The second preceding plan year	14c						
15	Enter the ratio of the number of participants under the plan on whose behalf no employer had an obligation to make an employer contribution during the current plan year to:							
	a The corresponding number for the plan year immediately preceding the current plan year	15a						
	<b>b</b> The corresponding number for the second preceding plan year	15b						
16	Information with respect to any employers who withdrew from the plan during the preceding plan year:							
	a Enter the number of employers who withdrew during the preceding plan year	16a						
	<b>b</b> If item 16a is greater than 0, enter the aggregate amount of withdrawal liability assessed or estimated to be assessed against such withdrawn employers	16b						
17	If assets and liabilities from another plan have been transferred to or merged with this plan during the plan year, check box and see instructions regarding supplemental information to be included as an attachment.							
Pa	art VI Additional Information for Single-Employer and Multiemployer Defined Benefi	it Pension Plans						
18	If any liabilities to participants or their beneficiaries under the plan as of the end of the plan year consist (in whole or in part) of liabilities to such participants and beneficiaries under two or more pension plans as of immediately before such plan year, check box and see instructions regarding supplemental information to be included as an attachment							
19	If the total number of participants is 1,000 or more, complete items (a) through (c)							
	a Enter the percentage of plan assets held as:							
	Stock:% Investment-Grade Debt:% High-Yield Debt:% Real Estate:% Other:%							
	b Provide the average duration of the combined investment-grade and high-yield debt:  ☐ 0-3 years ☐ 3-6 years ☐ 6-9 years ☐ 9-12 years ☐ 12-15 years ☐ 15-18 years ☐ 18-2	21 years 21 years or mo	re					
	C What duration measure was used to calculate item 19(b)?	, U , 11 1						
	☐ Effective duration ☐ Macaulay duration ☐ Modified duration ☐ Other (specify):							

### SUMMARY OF PLAN PROVISIONS

ELIGIBILITY : Minimum Age 21

Minimum Service 1 year

NORMAL RETIREMENT : Attainment Of Age 65

and 5 years of Participation.

BENEFIT FORMULA : For SSRA of 65 : 33% of total salary

plus 8.25% of comp in excess of integration level.

For SSRA of 66 : 33% of total salary

plus 7.7% of comp in excess of integration level.

For SSRA of 67 : 33% of total salary

plus 7.15% of comp in excess of integration level.

Integration level based on 100% of 1990 (51300) Cov Comp.

The entire base portion of the benefit is reduced

for less than 11 years of Service.

The excess portion of the benefit is reduced

for less than 11 years of Service.

TEFRA minimum of 2% per yr of part up to 10 yrs applies.

Maximum monthly pension is Section 415 limits.

The number of years considered for averaging salary is 5.

NORMAL FORM : Life Annuity only.

VESTING : - - - Vesting Schedule - - -

Accrued Benefit is based on years of Participation.

DEATH BENEFIT : Present value of total accrued benefit upon death.

### ACTUARIAL ASSUMPTIONS

#### FUNDING ASSUMPTIONS -

Cost Method : Individual Aggregate

Pre Retirement : Interest @ 5 % per annum

Withdrawal Rates - None assumed

Mortality Table : Male : None assumed

Female: None assumed

Post Retirement : Interest @ 5 % per annum

Loading For Expenses - None assumed.

Mortality Table : Male : 71 IAM (male) with 0 years adjustment

Female: 71 IAM (male) with -6 years adjustment

PV OF AB ASSUMPTIONS AS OF 12/31/09

Pre Retirement : Interest @ 5 % per annum

Withdrawal Rates - None assumed

Mortality Table : Male : None assumed

Female: None assumed

Post Retirement : Interest @ 5 % per annum

Loading For Expenses - None assumed.

Mortality Table : Male : 71 IAM (male) with 0 years adjustment

Female: 71 IAM (male) with -6 years adjustment

PBGC Interest : 6.25% for Immediate Annuities

5.5% for the first 7 years 4.25% for the next 8 years 4% for the remaining years

Pre-Ret Mortality : Male : None assumed

Female: None assumed

Post-Ret Mortality: Male: 71 IAM (male) with 0 years adjustment

Female: 71 IAM (male) with -6 years adjustment

PBGC Premium Rate: 6.16% per annum

PREPARED BY : COLEMAN CONSULTING CORPORATION

### SUMMARY OF PLAN PROVISIONS

ELIGIBILITY : Minimum Age 21

Minimum Service 1 year

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and 5 years of Participation.

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plus 7.15% of comp in excess of integration level.

Integration level based on 100% of 1990 (51300) Cov Comp.

The entire base portion of the benefit is reduced

for less than 11 years of Service.

The excess portion of the benefit is reduced

for less than 11 years of Service.

TEFRA minimum of 2% per yr of part up to 10 yrs applies.

Maximum monthly pension is Section 415 limits.

The number of years considered for averaging salary is 5.

NORMAL FORM : Life Annuity only.

VESTING : - - - Vesting Schedule - - -

Accrued Benefit is based on years of Participation.

DEATH BENEFIT : Present value of total accrued benefit upon death.

### ACTUARIAL ASSUMPTIONS

#### FUNDING ASSUMPTIONS -

Cost Method : Individual Aggregate

Pre Retirement : Interest @ 5 % per annum

Withdrawal Rates - None assumed

Mortality Table : Male : None assumed

Female: None assumed

Post Retirement : Interest @ 5 % per annum

Loading For Expenses - None assumed.

Mortality Table : Male : 71 IAM (male) with 0 years adjustment

Female: 71 IAM (male) with -6 years adjustment

PV OF AB ASSUMPTIONS AS OF 12/31/09

Pre Retirement : Interest @ 5 % per annum

Withdrawal Rates - None assumed

Mortality Table : Male : None assumed

Female: None assumed

Post Retirement : Interest @ 5 % per annum

Loading For Expenses - None assumed.

Mortality Table : Male : 71 IAM (male) with 0 years adjustment

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5.5% for the first 7 years 4.25% for the next 8 years 4% for the remaining years

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Post-Ret Mortality: Male: 71 IAM (male) with 0 years adjustment

Female: 71 IAM (male) with -6 years adjustment

PBGC Premium Rate: 6.16% per annum

PREPARED BY : COLEMAN CONSULTING CORPORATION

# Schedule SB Attachment

# Line 22 Weighted Average Retirement Age

Retirement Age	Expected %	Weighted Age
55	0.00%	0.00
56	0.00%	0.00
57	0.00%	0.00
58	0.00%	0.00
59	0.00%	0.00
60	0.00%	0.00
61	0.00%	0.00
62	0.00%	0.00
63	0.00%	0.00
64	0.00%	0.00
65	100.00%	65.00

## SCHEDULE SB (Form 5500)

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Single-Employer Defined Benefit Plan Actuarial Information

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6059 of the Internal Revenue Code (the Code).

OMB No. 1210-0110

2009

This Form is Open to Public Inspection

Fo	r calendar plan year 2009 or fiscal plan year beginning 01/01/2009	ent to Form	5500 or	and endi	na 12/31	/2009	
	Round off amounts to nearest dollar.			and end	ng 12/31	72009	
	Caution: A penalty of \$1,000 will be assessed for late filing of this report	uniess reaso	nable ca	use is establishe	vd ·		
A	Name of plan J AIR FREIGHT TRUCKING CO., INC. DEFINED BENEFIT PENSION PI			B Three-dig	it	<b>&gt;</b>	001
С	Plan sponsor's name as shown on line 2a of Form 5500 or 5500-SF			D Employer I			r (EIN)
	J AIR FREIGHT TRUCKING CO., INC.	a.		11-2493135	aominoum	on Humbe	
E	Type of plan: Single Multiple-A Multiple-B	Prior year pla	n size: 🛚	100 or fewer	101-50	о П мог	e than 500
P	art I Basic Information	<u>, , , , , , , , , , , , , , , , , , , </u>		J			
1		Year 2	000				
<u>.</u>	Enter the valuation date: Month 12 Day 31  Assets:	real <u>z</u>	009				72 X 2000 ( ) 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2
_	a Market value				. 2a		EE012
	b Actuarial value		************	•••••	2b		55813
3	Funding target/participant count breakdown		/4\ NI		1		55813
•	a For retired participants and beneficiaries receiving payment	. 3a	(1) 14	umber of particip	oants 0	(2	2) Funding Target
	b For terminated vested participants		,		0		0
	C For active participants:	. 00		The state of the section of	Ť		
	(1) Non-vested benefits	3c(1)					0
	(2) Vested benefits	-			2.50		55813
	(3) Total active				3		55813
	d Total	` '			3		55813
4	If the plan is at-risk, check the box and complete items (a) and (b)	1 1		П			93013
	Funding target disregarding prescribed at-risk assumptions						
	b Funding target reflecting at-risk assumptions, but disregarding trans					***************************************	
	at-risk for fewer than five consecutive years and disregarding loadi	ng factor	piaris in	at nave been	4b		
5	Effective interest rate				. 5		5.00 %
6	Target normal cost				. 6		0
	tement by Enrolled Actuary						
	To the best of my knowledge, the information supplied in this schedule and accompanying schedu accordance with applicable law and regulations. In my opinion, each other assumption is reasonal combination, offer my best estimate of anticipated experience, under the man.	iles, statements a ole (taking into ac	nd attachm count the e	ents, if any, is comple xperience of the plan	te and accura and reasonab	te. Each pres le expectation	scribed assumption was applied in ns) and such other assumptions, in
	SIĞN JERE	//,				09/22	2/2010
CYF	Signature of actuary					Date 08-0	2302
COL	Type or print name of actuary EMAN CORP.			-	Most re		lment number 4-8414
	Firm name BQX 1013 SSET, NY 11791			Te	lephone n	umber (in	cluding area code)
	Address of the firm			-			
If the	actuary has not fully reflected any regulation or ruling promulgated under	the statute i	n comple	ting this schedu	e check t	he hov an	d see
instr	ections			5 50010000	o, or look t	DUX dil	~ 30G