Form 5500

Department of the Treasury
Internal Revenue Service

Department of Labor
Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Annual Return/Report of Employee Benefit Plan

This form is required to be filed for employee benefit plans under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and sections 6047(e), and 6058(a) of the Internal Revenue Code (the Code).

▶ **Complete all entries in accordance with the instructions to the Form 5500.**

OMB Nos. 1210-0110
1210-0089

2009

This Form is Open to Public Inspection

Part I Annual Report Identification Information

For calendar plan year 2009 or fiscal plan year beginning 01/01/2009 and ending 12/31/2009

A This return/report is for:
- [ ] a multiemployer plan;
- [ ] a multiple-employer plan; or
- [X] a single-employer plan;
- [ ] a DFE (specify) ____

B This return/report is:
- [ ] the first return/report;
- [ ] the final return/report;
- [ ] an amended return/report;
- [ ] a short plan year return/report (less than 12 months).

C If the plan is a collectively-bargained plan, check here. . . . . ▶ [ ]

D Check box if filing under:
- [X] Form 5558;
- [ ] automatic extension;
- [ ] the DFVC program;
- [ ] special extension (enter description)

Part II Basic Plan Information—enter all requested information

1a Name of plan
ADVANCED MANUFACTURING AND DEVELOPMENT, INC. RETIREMENT SAVINGS PLAN

1b Three-digit plan number (PN) ▶ 001

1c Effective date of plan 01/01/1994

2a Plan sponsor's name and address (employer, if for a single-employer plan)
(Address should include room or suite no.)
ADVANCED MANUFACTURING AND DEVELOPMENT, INC. DBA M

200 N. LENORE AVE
WILLITS, CA 95490

200 N. LENORE AVE
WILLITS, CA 95490

2b Employer Identification Number (EIN)
94-2378705

2c Sponsor's telephone number
707-456-2175

2d Business code (see instructions)
332900

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including accompanying schedules, statements and attachments, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN HERE	Filed with authorized/valid electronic signature.	10/15/2010	DEBBIE WESTBROOK
	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN HERE			
	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor
SIGN HERE			
	Signature of DFE	Date	Enter name of individual signing as DFE

3a Plan administrator's name and address (if same as plan sponsor, enter "Same")
ADVANCED MANUFACTURING AND DEVELOPMENT, INC. DBA M

200 N. LENORE AVE
WILLITS, CA 95490

3b Administrator's EIN
94-2378705

3c Administrator's telephone number
707-456-2175

4 If the name and/or EIN of the plan sponsor has changed since the last return/report filed for this plan, enter the name, EIN and the plan number from the last return/report:

a Sponsor's name

4b EIN

4c PN

5	Total number of participants at the beginning of the plan year	**5**	162
6	Number of participants as of the end of the plan year (welfare plans complete only lines **6a, 6b, 6c,** and **6d**).		
a	Active participants	**6a**	110
b	Retired or separated participants receiving benefits	**6b**	0
c	Other retired or separated participants entitled to future benefits	**6c**	25
d	Subtotal. Add lines **6a**, **6b**, and **6c**	**6d**	135
e	Deceased participants whose beneficiaries are receiving or are entitled to receive benefits	**6e**	0
f	Total. Add lines **6d** and **6e**	**6f**	135
g	Number of participants with account balances as of the end of the plan year (only defined contribution plans complete this item)	**6g**	108
h	Number of participants that terminated employment during the plan year with accrued benefits that were less than 100% vested	**6h**	0
7	Enter the total number of employers obligated to contribute to the plan (only multiemployer plans complete this item)	**7**	

8a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions:
2F 2G 2J 2K 2S 2T 3D

b If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

9a Plan funding arrangement (check all that apply)

(1)		Insurance
(2)		Code section 412(e)(3) insurance contracts
(3)	X	Trust
(4)		General assets of the sponsor

9b Plan benefit arrangement (check all that apply)

(1)		Insurance
(2)		Code section 412(e)(3) insurance contracts
(3)	X	Trust
(4)		General assets of the sponsor

10 Check all applicable boxes in 10a and 10b to indicate which schedules are attached, and, where indicated, enter the number attached. (See instructions)

a Pension Schedules

(1)	X	**R** (Retirement Plan Information)
(2)		**MB** (Multiemployer Defined Benefit Plan and Certain Money Purchase Plan Actuarial Information) - signed by the plan actuary
(3)		**SB** (Single-Employer Defined Benefit Plan Actuarial Information) - signed by the plan actuary

b General Schedules

(1)	X	**H** (Financial Information)
(2)		**I** (Financial Information – Small Plan)
(3)		___ **A** (Insurance Information)
(4)	X	**C** (Service Provider Information)
(5)		**D** (DFE/Participating Plan Information)
(6)		**G** (Financial Transaction Schedules)

SCHEDULE C (Form 5500)	Service Provider Information	OMB No. 1210-0110
Department of the Treasury Internal Revenue Service Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation	This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA). ▶ **File as an attachment to Form 5500.**	**2009** **This Form is Open to Public Inspection.**

For calendar plan year 2009 or fiscal plan year beginning 01/01/2009 and ending 12/31/2009

A Name of plan
ADVANCED MANUFACTURING AND DEVELOPMENT, INC. RETIREMENT SAVINGS PLAN

B Three-digit plan number (PN) ▶ 001

C Plan sponsor's name as shown on line 2a of Form 5500
ADVANCED MANUFACTURING AND DEVELOPMENT, INC. DBA M

D Employer Identification Number (EIN)
94-2378705

Part I Service Provider Information (see instructions)

You must complete this Part, in accordance with the instructions, to report the information required for **each person** who received, directly or indirectly, $5,000 or more in total compensation (i.e., money or anything else of monetary value) in connection with services rendered to the plan or the person's position with the plan during the plan year. If a person received **only** eligible indirect compensation for which the plan received the required disclosures, you are required to answer line 1 but are not required to include that person when completing the remainder of this Part.

1 Information on Persons Receiving Only Eligible Indirect Compensation

a Check "Yes" or "No" to indicate whether you are excluding a person from the remainder of this Part because they received only eligible indirect compensation for which the plan received the required disclosures (see instructions for definitions and conditions).. . . . . [X] Yes [ ] No

b If you answered line 1a "Yes," enter the name and EIN or address of each person providing the required disclosures for the service providers who received only eligible indirect compensation. Complete as many entries as needed (see instructions).

(b) Enter name and EIN or address of person who provided you disclosures on eligible indirect compensation

FID.INV.INST.OPS.CO.

04-2647786

(b) Enter name and EIN or address of person who provided you disclosure on eligible indirect compensation

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2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, $5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

FIDELITY INVESTMENTS INSTITUTIONAL

04-2647786

(b) Service Code(s)	**(c)** Relationship to employer, employee organization, or person known to be a party-in-interest	**(d)** Enter direct compensation paid by the plan. If none, enter -0-.	**(e)** Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	**(f)** Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	**(g)** Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	**(h)** Did the service provider give you a formula instead of an amount or estimated amount?
64 37 65 60	RECORDKEEPER	2675	Yes [X] No [ ]	Yes [X] No [ ]	0	Yes [X] No [ ]

(a) Enter name and EIN or address (see instructions)

(b) Service Code(s)	**(c)** Relationship to employer, employee organization, or person known to be a party-in-interest	**(d)** Enter direct compensation paid by the plan. If none, enter -0-.	**(e)** Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	**(f)** Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	**(g)** Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	**(h)** Did the service provider give you a formula instead of an amount or estimated amount?
			Yes [ ] No [ ]	Yes [ ] No [ ]		Yes [ ] No [ ]

(a) Enter name and EIN or address (see instructions)

(b) Service Code(s)	**(c)** Relationship to employer, employee organization, or person known to be a party-in-interest	**(d)** Enter direct compensation paid by the plan. If none, enter -0-.	**(e)** Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	**(f)** Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	**(g)** Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	**(h)** Did the service provider give you a formula instead of an amount or estimated amount?
			Yes [ ] No [ ]	Yes [ ] No [ ]		Yes [ ] No [ ]

(a) Enter name and EIN or address (see instructions)

(b) Service Code(s)	**(c)** Relationship to employer, employee organization, or person known to be a party-in-interest	**(d)** Enter direct compensation paid by the plan. If none, enter -0-.	**(e)** Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	**(f)** Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	**(g)** Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	**(h)** Did the service provider give you a formula instead of an amount or estimated amount?
			Yes ☐ No ☐	Yes ☐ No ☐		Yes ☐ No ☐

(a) Enter name and EIN or address (see instructions)

(b) Service Code(s)	**(c)** Relationship to employer, employee organization, or person known to be a party-in-interest	**(d)** Enter direct compensation paid by the plan. If none, enter -0-.	**(e)** Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	**(f)** Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	**(g)** Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	**(h)** Did the service provider give you a formula instead of an amount or estimated amount?
			Yes ☐ No ☐	Yes ☐ No ☐		Yes ☐ No ☐

(a) Enter name and EIN or address (see instructions)

(b) Service Code(s)	**(c)** Relationship to employer, employee organization, or person known to be a party-in-interest	**(d)** Enter direct compensation paid by the plan. If none, enter -0-.	**(e)** Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	**(f)** Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	**(g)** Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	**(h)** Did the service provider give you a formula instead of an amount or estimated amount?
			Yes ☐ No ☐	Yes ☐ No ☐		Yes ☐ No ☐

Part I Service Provider Information (continued)

3 If you reported on line 2 receipt of indirect compensation, other than eligible indirect compensation, by a service provider, and the service provider is a fiduciary or provides contract administrator, consulting, custodial, investment advisory, investment management, broker, or recordkeeping services, answer the following questions for (a) each source from whom the service provider received $1,000 or more in indirect compensation and (b) each source for whom the service provider gave you a formula used to determine the indirect compensation instead of an amount or estimated amount of the indirect compensation. Complete as many entries as needed to report the required information for each source.

(a) Enter service provider name as it appears on line 2	**(b)** Service Codes (see instructions)	**(c)** Enter amount of indirect compensation
FIDELITY INVESTMENTS INSTITUTIONAL	60	0

(d) Enter name and EIN (address) of source of indirect compensation	**(e)** Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.
ALLNZ NFJ DIV VAL AD - BOSTON FINAN 04-2526037	0.35%

(a) Enter service provider name as it appears on line 2	**(b)** Service Codes (see instructions)	**(c)** Enter amount of indirect compensation
FIDELITY INVESTMENTS INSTITUTIONAL	60	0

(d) Enter name and EIN (address) of source of indirect compensation	**(e)** Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.
ARTISAN MID CAP VAL - BOSTON FINANC 04-2526037	0.40%

(a) Enter service provider name as it appears on line 2	**(b)** Service Codes (see instructions)	**(c)** Enter amount of indirect compensation
FIDELITY INVESTMENTS INSTITUTIONAL	60	0

(d) Enter name and EIN (address) of source of indirect compensation	**(e)** Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.
COL ACORN SELECT Z - COLUMBIA MANAG 04-2838628	0.35%

Part I Service Provider Information (continued)

3 If you reported on line 2 receipt of indirect compensation, other than eligible indirect compensation, by a service provider, and the service provider is a fiduciary or provides contract administrator, consulting, custodial, investment advisory, investment management, broker, or recordkeeping services, answer the following questions for (a) each source from whom the service provider received $1,000 or more in indirect compensation and (b) each source for whom the service provider gave you a formula used to determine the indirect compensation instead of an amount or estimated amount of the indirect compensation. Complete as many entries as needed to report the required information for each source.

(a) Enter service provider name as it appears on line 2	**(b)** Service Codes (see instructions)	**(c)** Enter amount of indirect compensation
FIDELITY INVESTMENTS INSTITUTIONAL	60	0

(d) Enter name and EIN (address) of source of indirect compensation	**(e)** Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.
LOOMIS SM CAP VAL R - BOSTON FINANC 04-2526037	0.40%

(a) Enter service provider name as it appears on line 2	**(b)** Service Codes (see instructions)	**(c)** Enter amount of indirect compensation
FIDELITY INVESTMENTS INSTITUTIONAL	60	0

(d) Enter name and EIN (address) of source of indirect compensation	**(e)** Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.
ROYCE VALUE PLUS SER - BOSTON FINAN 04-2526037	0.45%

(a) Enter service provider name as it appears on line 2	**(b)** Service Codes (see instructions)	**(c)** Enter amount of indirect compensation

(d) Enter name and EIN (address) of source of indirect compensation	**(e)** Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.

Part II Service Providers Who Fail or Refuse to Provide Information

4 Provide, to the extent possible, the following information for each service provider who failed or refused to provide the information necessary to complete this Schedule.

(a) Enter name and EIN or address of service provider (see instructions)	**(b)** Nature of Service Code(s)	**(c)** Describe the information that the service provider failed or refused to provide

(a) Enter name and EIN or address of service provider (see instructions)	**(b)** Nature of Service Code(s)	**(c)** Describe the information that the service provider failed or refused to provide

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Part III Termination Information on Accountants and Enrolled Actuaries (see instructions)

(complete as many entries as needed)

a Name:	**b** EIN:
c Position:	
d Address:	**e** Telephone:

Explanation:

a Name:	**b** EIN:
c Position:	
d Address:	**e** Telephone:

Explanation:

a Name:	**b** EIN:
c Position:	
d Address:	**e** Telephone:

Explanation:

a Name:	**b** EIN;
c Position:	
d Address:	**e** Telephone:

Explanation:

a Name:	**b** EIN;
c Position:	
d Address:	**e** Telephone:

Explanation:

SCHEDULE H (Form 5500)

Department of the Treasury
Internal Revenue Service

Department of Labor
Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Financial Information

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the Internal Revenue Code (the Code).

▶ **File as an attachment to Form 5500.**

OMB No. 1210-0110

2009

This Form is Open to Public Inspection

For calendar plan year 2009 or fiscal plan year beginning 01/01/2009 and ending 12/31/2009

A Name of plan
ADVANCED MANUFACTURING AND DEVELOPMENT, INC. RETIREMENT SAVINGS PLAN

B Three-digit plan number (PN) ▶ 001

C Plan sponsor's name as shown on line 2a of Form 5500
ADVANCED MANUFACTURING AND DEVELOPMENT, INC. DBA M

D Employer Identification Number (EIN)
94-2378705

Part I Asset and Liability Statement

1 Current value of plan assets and liabilities at the beginning and end of the plan year. Combine the value of plan assets held in more than one trust. Report the value of the plan's interest in a commingled fund containing the assets of more than one plan on a line-by-line basis unless the value is reportable on lines 1c(9) through 1c(14). Do not enter the value of that portion of an insurance contract which guarantees, during this plan year, to pay a specific dollar benefit at a future date. **Round off amounts to the nearest dollar.** MTIAs, CCTs, PSAs, and 103-12 IEs do not complete lines 1b(1), 1b(2), 1c(8), 1g, 1h, and 1i. CCTs, PSAs, and 103-12 IEs also do not complete lines 1d and 1e. See instructions.

Assets		(a) Beginning of Year	(b) End of Year
a Total noninterest-bearing cash	1a		
b Receivables (less allowance for doubtful accounts):			
(1) Employer contributions	1b(1)	0	3956
(2) Participant contributions	1b(2)	0	6783
(3) Other	1b(3)		
c General investments:			
(1) Interest-bearing cash (include money market accounts & certificates of deposit)	1c(1)	404470	276014
(2) U.S. Government securities	1c(2)		
(3) Corporate debt instruments (other than employer securities):			
(A) Preferred	1c(3)(A)		
(B) All other	1c(3)(B)		
(4) Corporate stocks (other than employer securities):			
(A) Preferred	1c(4)(A)		
(B) Common	1c(4)(B)		
(5) Partnership/joint venture interests	1c(5)		
(6) Real estate (other than employer real property)	1c(6)		
(7) Loans (other than to participants)	1c(7)		
(8) Participant loans	1c(8)	190809	147254
(9) Value of interest in common/collective trusts	1c(9)		
(10) Value of interest in pooled separate accounts	1c(10)		
(11) Value of interest in master trust investment accounts	1c(11)		
(12) Value of interest in 103-12 investment entities	1c(12)		
(13) Value of interest in registered investment companies (e.g., mutual funds)	1c(13)	2198897	3149477
(14) Value of funds held in insurance company general account (unallocated contracts)	1c(14)		
(15) Other	1c(15)		

		(a) Beginning of Year	(b) End of Year
1d Employer-related investments:			
(1) Employer securities	1d(1)		
(2) Employer real property	1d(2)		
e Buildings and other property used in plan operation	1e		
f Total assets (add all amounts in lines 1a through 1e)	1f	2794176	3583484
Liabilities			
g Benefit claims payable	1g		
h Operating payables	1h		
i Acquisition indebtedness	1i		
j Other liabilities	1j		
k Total liabilities (add all amounts in lines 1g through1j)	1k	0	0
Net Assets			
l Net assets (subtract line 1k from line 1f)	1l	2794176	3583484

Part II Income and Expense Statement

2 Plan income, expenses, and changes in net assets for the year. Include all income and expenses of the plan, including any trust(s) or separately maintained fund(s) and any payments/receipts to/from insurance carriers. Round off amounts to the nearest dollar. MTIAs, CCTs, PSAs, and 103-12 IEs do not complete lines 2a, 2b(1)(E), 2e, 2f, and 2g.

Income		(a) Amount	(b) Total
a Contributions:			
(1) Received or receivable in cash from: **(A)** Employers	2a(1)(A)	114546	
(B) Participants	2a(1)(B)	182203	
(C) Others (including rollovers)	2a(1)(C)	40581	
(2) Noncash contributions	2a(2)		
(3) Total contributions. Add lines **2a(1)(A), (B), (C),** and line **2a(2)**	2a(3)		337330
b Earnings on investments:			
(1) Interest:			
(A) Interest-bearing cash (including money market accounts and certificates of deposit)	2b(1)(A)	2075	
(B) U.S. Government securities	2b(1)(B)		
(C) Corporate debt instruments	2b(1)(C)		
(D) Loans (other than to participants)	2b(1)(D)		
(E) Participant loans	2b(1)(E)	15029	
(F) Other	2b(1)(F)		
(G) Total interest. Add lines **2b(1)(A)** through **(F)**	2b(1)(G)		17104
(2) Dividends: **(A)** Preferred stock	2b(2)(A)		
(B) Common stock	2b(2)(B)		
(C) Registered investment company shares (e.g. mutual funds)	2b(2)(C)	68671	
(D) Total dividends. Add lines **2b(2)(A)**, **(B)**, and **(C)**	2b(2)(D)		68671
(3) Rents	2b(3)		
(4) Net gain (loss) on sale of assets: **(A)** Aggregate proceeds	2b(4)(A)		
(B) Aggregate carrying amount (see instructions)	2b(4)(B)		
(C) Subtract line **2b(4)(B)** from line **2b(4)(A)** and enter result	2b(4)(C)		

		(a) Amount	(b) Total
2b (5) Unrealized appreciation (depreciation) of assets: (A) Real estate	2b(5)(A)		
(B) Other	2b(5)(B)		
(C) Total unrealized appreciation of assets. Add lines 2b(5)(A) and (B)	2b(5)(C)		
(6) Net investment gain (loss) from common/collective trusts	2b(6)		
(7) Net investment gain (loss) from pooled separate accounts	2b(7)		
(8) Net investment gain (loss) from master trust investment accounts	2b(8)		
(9) Net investment gain (loss) from 103-12 investment entities	2b(9)		
(10) Net investment gain (loss) from registered investment companies (e.g., mutual funds)	2b(10)		661907
c Other income	2c		
d Total income. Add all **income** amounts in column (b) and enter total	2d		1085012
Expenses			
e Benefit payment and payments to provide benefits:			
(1) Directly to participants or beneficiaries, including direct rollovers	2e(1)	293029	
(2) To insurance carriers for the provision of benefits	2e(2)		
(3) Other	2e(3)		
(4) Total benefit payments. Add lines 2e(1) through (3)	2e(4)		293029
f Corrective distributions (see instructions)	2f		
g Certain deemed distributions of participant loans (see instructions)	2g		
h Interest expense	2h		
i Administrative expenses: (1) Professional fees	2i(1)		
(2) Contract administrator fees	2i(2)		
(3) Investment advisory and management fees	2i(3)		
(4) Other	2i(4)	2675	
(5) Total administrative expenses. Add lines 2i(1) through (4)	2i(5)		2675
j Total expenses. Add all **expense** amounts in column (b) and enter total	2j		295704
Net Income and Reconciliation			
k Net income (loss). Subtract line 2j from line 2d	2k		789308
l Transfers of assets:			
(1) To this plan	2l(1)		
(2) From this plan	2l(2)		

Part III Accountant's Opinion

3 Complete lines 3a through 3c if the opinion of an independent qualified public accountant is attached to this Form 5500. Complete line 3d if an opinion is not attached.

a The attached opinion of an independent qualified public accountant for this plan is (see instructions):

(1) [ ] Unqualified (2) [ ] Qualified (3) [X] Disclaimer (4) [ ] Adverse

b Did the accountant perform a limited scope audit pursuant to 29 CFR 2520.103-8 and/or 103-12(d)? [X] Yes [ ] No

c Enter the name and EIN of the accountant (or accounting firm) below:

(1) Name: ROBERT P. HUBIK CPA (2) EIN: 68-0318390

d The opinion of an independent qualified public accountant is **not attached** because:

(1) [ ] This form is filed for a CCT, PSA, or MTIA. (2) [ ] It will be attached to the next Form 5500 pursuant to 29 CFR 2520.104-50.

Part IV Compliance Questions

4 CCTs and PSAs do not complete Part IV. MTIAs, 103-12 IEs, and GIAs do not complete 4a, 4e, 4f, 4g, 4h, 4k, 4m, 4n, or 5. 103-12 IEs also do not complete 4j and 4l. MTIAs also do not complete 4l.

During the plan year:		Yes	No	Amount
a Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? Continue to answer "Yes" for any prior year failures until fully corrected. (See instructions and DOL's Voluntary Fiduciary Correction Program.)	4a		X	
b Were any loans by the plan or fixed income obligations due the plan in default as of the close of the plan year or classified during the year as uncollectible? Disregard participant loans secured by participant's account balance. (Attach Schedule G (Form 5500) Part I if "Yes" is checked.)	4b		X	
c Were any leases to which the plan was a party in default or classified during the year as uncollectible? (Attach Schedule G (Form 5500) Part II if "Yes" is checked.)	4c		X	
d Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 4a. Attach Schedule G (Form 5500) Part III if "Yes" is checked.)	4d		X	
e Was this plan covered by a fidelity bond?	4e		X	
f Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?	4f		X	
g Did the plan hold any assets whose current value was neither readily determinable on an established market nor set by an independent third party appraiser?	4g		X	
h Did the plan receive any noncash contributions whose value was neither readily determinable on an established market nor set by an independent third party appraiser?	4h		X	
i Did the plan have assets held for investment? (Attach schedule(s) of assets if "Yes" is checked, and see instructions for format requirements.)	4i	X		
j Were any plan transactions or series of transactions in excess of 5% of the current value of plan assets? (Attach schedule of transactions if "Yes" is checked, and see instructions for format requirements.)	4j		X	
k Were all the plan assets either distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?	4k		X	
l Has the plan failed to provide any benefit when due under the plan?	4l		X	
m If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)	4m		X	
n If 4m was answered "Yes," check the "Yes" box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3.	4n		X	

5a Has a resolution to terminate the plan been adopted during the plan year or any prior plan year? If yes, enter the amount of any plan assets that reverted to the employer this year ☐ **Yes** ☒ **No** **Amount:**

5b If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)

5b(1) Name of plan(s)	**5b(2)** EIN(s)	**5b(3)** PN(s)

SCHEDULE R (Form 5500)

Department of the Treasury
Internal Revenue Service

Department of Labor
Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Retirement Plan Information

This schedule is required to be filed under section 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6058(a) of the Internal Revenue Code (the Code).

▶ **File as an attachment to Form 5500.**

OMB No. 1210-0110

2009

This Form is Open to Public Inspection.

For calendar plan year 2009 or fiscal plan year beginning 01/01/2009 and ending 12/31/2009

A Name of plan
ADVANCED MANUFACTURING AND DEVELOPMENT, INC. RETIREMENT SAVINGS PLAN

B Three-digit plan number (PN) ▶ 001

C Plan sponsor's name as shown on line 2a of Form 5500
ADVANCED MANUFACTURING AND DEVELOPMENT, INC. DBA M

D Employer Identification Number (EIN)
94-2378705

Part I Distributions

All references to distributions relate only to payments of benefits during the plan year.

1 Total value of distributions paid in property other than in cash or the forms of property specified in the instructions **1** 0

2 Enter the EIN(s) of payor(s) who paid benefits on behalf of the plan to participants or beneficiaries during the year (if more than two, enter EINs of the two payors who paid the greatest dollar amounts of benefits):

EIN(s): 04-6568107

Profit-sharing plans, ESOPs, and stock bonus plans, skip line 3.

3 Number of participants (living or deceased) whose benefits were distributed in a single sum, during the plan year. **3**

Part II Funding Information (If the plan is not subject to the minimum funding requirements of section of 412 of the Internal Revenue Code or ERISA section 302, skip this Part)

4 Is the plan administrator making an election under Code section 412(d)(2) or ERISA section 302(d)(2)? ..... ☐ **Yes** ☐ **No** ☐ **N/A**

If the plan is a defined benefit plan, go to line 8.

5 If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions and enter the date of the ruling letter granting the waiver. **Date:** Month _____ Day _____ Year _____

If you completed line 5, complete lines 3, 9, and 10 of Schedule MB and do not complete the remainder of this schedule.

6 **a** Enter the minimum required contribution for this plan year **6a**

b Enter the amount contributed by the employer to the plan for this plan year **6b**

c Subtract the amount in line 6b from the amount in line 6a. Enter the result (enter a minus sign to the left of a negative amount) **6c**

If you completed line 6c, skip lines 8 and 9.

7 Will the minimum funding amount reported on line 6c be met by the funding deadline? ..... ☐ **Yes** ☐ **No** ☐ **N/A**

8 If a change in actuarial cost method was made for this plan year pursuant to a revenue procedure providing automatic approval for the change or a class ruling letter, does the plan sponsor or plan administrator agree with the change? ..... ☐ **Yes** ☐ **No** ☐ **N/A**

Part III Amendments

9 If this is a defined benefit pension plan, were any amendments adopted during this plan year that increased or decreased the value of benefits? If yes, check the appropriate box(es). If no, check the "No" box. ..... ☐ **Increase** ☐ **Decrease** ☐ **Both** ☐ **No**

Part IV ESOPs (see instructions). If this is not a plan described under Section 409(a) or 4975(e)(7) of the Internal Revenue Code, skip this Part.

10 Were unallocated employer securities or proceeds from the sale of unallocated securities used to repay any exempt loan? ..... ☐ **Yes** ☐ **No**

11 **a** Does the ESOP hold any preferred stock? ..... ☐ **Yes** ☐ **No**

b If the ESOP has an outstanding exempt loan with the employer as lender, is such loan part of a "back-to-back" loan? (See instructions for definition of "back-to-back" loan.) ..... ☐ **Yes** ☐ **No**

12 Does the ESOP hold any stock that is not readily tradable on an established securities market? ..... ☐ **Yes** ☐ **No**

Part V Additional Information for Multiemployer Defined Benefit Pension Plans

13 Enter the following information for each employer that contributed more than 5% of total contributions to the plan during the plan year (measured in dollars). See instructions. *Complete as many entries as needed to report all applicable employers.*

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete items 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify):

---

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete items 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify):

---

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete items 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify):

---

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete items 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify):

---

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete items 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify):

---

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete items 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify):

---

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete items 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify):

14 Enter the number of participants on whose behalf no contributions were made by an employer as an employer of the participant for:

a The current year	**14a**	
b The plan year immediately preceding the current plan year	**14b**	
c The second preceding plan year	**14c**	

15 Enter the ratio of the number of participants under the plan on whose behalf no employer had an obligation to make an employer contribution during the current plan year to:

a The corresponding number for the plan year immediately preceding the current plan year	**15a**	
b The corresponding number for the second preceding plan year	**15b**	

16 Information with respect to any employers who withdrew from the plan during the preceding plan year:

a Enter the number of employers who withdrew during the preceding plan year	**16a**	
b If item 16a is greater than 0, enter the aggregate amount of withdrawal liability assessed or estimated to be assessed against such withdrawn employers	**16b**	

17 If assets and liabilities from another plan have been transferred to or merged with this plan during the plan year, check box and see instructions regarding supplemental information to be included as an attachment. ☐

Part VI Additional Information for Single-Employer and Multiemployer Defined Benefit Pension Plans

18 If any liabilities to participants or their beneficiaries under the plan as of the end of the plan year consist (in whole or in part) of liabilities to such participants and beneficiaries under two or more pension plans as of immediately before such plan year, check box and see instructions regarding supplemental information to be included as an attachment ☐

19 If the total number of participants is 1,000 or more, complete items (a) through (c)

a Enter the percentage of plan assets held as:
Stock: _____% Investment-Grade Debt: _____% High-Yield Debt: _____% Real Estate: _____% Other: _____%

b Provide the average duration of the combined investment-grade and high-yield debt:
☐ 0-3 years ☐ 3-6 years ☐ 6-9 years ☐ 9-12 years ☐ 12-15 years ☐ 15-18 years ☐ 18-21 years ☐ 21 years or more

c What duration measure was used to calculate item 19(b)?
☐ Effective duration ☐ Macaulay duration ☐ Modified duration ☐ Other (specify):

ADVANCED MANUFACTURING AND DEVELOPMENT, INC.
RETIREMENT SAVINGS PLAN
FINANCIAL STATEMENTS
DECEMBER 31, 2009 and 2008

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ROBERT P. HUBIK
CERTIFIED
PUBLIC
ACCOUNTANT

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POST OFFICE BOX 2344
FORT BRAGG, CALIFORNIA 95437
TELEPHONE: 707 964-8283

INDEPENDENT AUDITOR'S REPORT

To the Plan Administrator
Advanced Manufacturing and Development, Inc.
Retirement Savings Plan
Willits, California

I was engaged to audit the financial statements and supplemental schedules of Advanced Manufacturing and Development, Inc. Retirement Savings Plan as of December 31, 2009 and 2008, and for the years then ended as listed in the accompanying index. These financial statements and schedules are the responsibility of the Plan's management.

As permitted by 29 CFR 2520.103-8 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974, the plan administrator instructed me not to perform, and I did not perform, any auditing procedures with respect to the information summarized in Note 6, which was certified by Fidelity Management Trust Company, the trustee of the plan, except for comparing such information with the related information included in the financial statements and supplemental schedules. I have been informed by the plan administrator that the trustee holds the Plan's investment assets and executes investment transactions. The Plan administrator has obtained a certification from the trustee as of and for the years ended December 31, 2009 and 2008, that the information provided to the plan administrator by the trustee is complete and accurate.

Because of the significance of the information that I did not audit, I am unable to, and do not, express an opinion on the accompanying financial statements and supplemental schedules taken as a whole. The form and content of the information included in the financial statements and schedules, other than that derived from the information certified by the trustee, have been audited by me in accordance with auditing standards generally accepted in the United States of America and, in my opinion, are presented in compliance with the Department of Labor's Rules and Regulations for Reporting and Disclosure under Employee Retirement Income Security Act of 1974.

Robert P. Hubik

Fort Bragg, California
October 14, 2010

Advanced Manufacturing and Development, Inc.
Retirement Savings Plan

Statement of Net Assets Available for Benefits
as of December 31, 2009 and 2008

	December 31,	
	2009	2008
Assets		
Participants' directed investments	$ 3,425,491	$ 2,603,366
Loans to participants	147,254	190,809
Receivables:		
Employer's contribution	3,956	-
Participant's contributions	6,783	-
	10,739	-
Net Assets Available For Plan Benefits	$ 3,583,484	$ 2,794,175

The accompanying notes and accountant's report are an integral part of this statement.

Advanced Manufacturing and Development, Inc.
Retirement Savings Plan

Statement of Changes in Net Assets Available for Benefits
for the Years Ended December 31, 2009 and 2008

	December 31, 2009	December 31, 2008
Additions To Net Assets Attributed To		
Net appreciation in fair value of participants' directed investments	$ 661,907	
Interest & dividends	85,775	$ 27,225
Participants' contributions, regular	182,204	235,815
Participants' contributions, rollovers	40,581	
Employer contributions	114,546	136,231
Total Additions	1,085,013	399,271
Deductions From Net Assets Attributed To		
Net depreciation in fair value of participants' directed investments		1,219,078
Benefits paid	293,029	513,264
Administrative costs	2,675	4,532
Total Deductions	295,704	1,736,874
Increase (Decrease) In Net Assets	789,309	(1,337,603)
Net Assets Available For Benefits, Beginning of the year	2,794,175	4,131,778
Net Assets Available For Benefits, End of the year	$ 3,583,484	$ 2,794,175

The accompanying notes and accountant's report are an integral part of this statement.

Advanced Manufacturing and Development, Inc.
Retirement Savings Plan
Notes to Financial Statements
December 31, 2009 and 2008

1. DESCRIPTION OF PLAN

The following description of the Advanced Manufacturing and Development, Inc. Retirement Savings Plan (the "Plan") provides only general information. Participants should refer to the Plan agreement for a more complete description of the Plan's provisions.

General

The Plan is a defined contribution plan created under a Trust Agreement dated January 1, 1994 that covers all employees of Advanced Manufacturing and Development, Inc. Employees are eligible to participate in the Plan beginning on the first day of the month after completing three months of employment.

The Plan is commonly known as a Internal Revenue Code 401(k) salary deferral plan. The Plan is subject to provisions of the Employee Retirement Income Security Act of 1974 (ERISA). Advanced Manufacturing and Development, Inc. is the Plan sponsor and serves as the Plan Administrator. Expenses of the Plan, to the extent not directly paid by the Plan sponsor, may be paid by the Plan. Expenses paid by the Plan totaled $2,675 and $4,532 for the years ended December 31, 2009 and 2008, respectively. Other expenses of the Plan are paid directly by the Plan sponsor and are not included in these financial statements.

Contributions

Each year, participants may contribute up to the lesser of 90% of pretax compensation or the annual limit for 401(k) contributions ($16,500 in 2009 and $15,500 in 2008); subject to limitations imposed by Federal tax law. Participants whom have attained age 50 before the end of the Plan year are eligible to make "catch-up contributions" also subject to limitations imposed by Federal tax law. Participants may also contribute amounts representing distributions from other qualified defined contribution plans. Participants direct the investment of their contributions into various investment options offered by the Plan.

Discretionary matching contributions equal to a percentage of the deferrals may be made by the Company in the amount that is determined by the Plan's sponsor. Starting January 1, 2008 the Company is making safe harbor matching contributions to all participants in an amount equal to 100% of the first 4% of your eligible compensation, contributed to the Plan as deferred contributions

The Plan allows rollover contributions into the plan from participants other eligible retirement plans.

1. DESCRIPTION OF PLAN, continued...

Vesting

Participants are immediately vested in their contributions plus earnings thereon. Participants are also fully vested in the Company's contribution portion of their accounts at the date of participation.

Participant Accounts

Each participant's account is credited with the participant's contribution and allocations of (a) the Company's contribution and, (b) Plan earnings, and charged with an allocation of administrative expenses. Allocations are based on participant earnings or account balances, as defined. The benefit to which a participant is entitled is the benefit that can be provided from the participant's vested account.

Payment of Benefits

Upon retirement, termination of employment, death or disability, a participant's vested account balance will be distributed in a lump sum or in a variety of optional installment methods, as further described in the Plan Agreement.

Termination of Plan

Although it has not expressed any intension to do so, the Company has the right to terminate the Plan and discontinue contributions at any time. If the Plan is terminated, the net assets will be distributed to the participants and beneficiaries of the Plan in accordance with the amount allocated to the accounts of each participant.

Participant Loans

Participants may borrow from their fund accounts a minimum of $1,000 up to a maximum equal to the lesser of $50,000 or 50% of their account balance. The loans are secured by the balance in the participant's account and bear interest at reasonable fixed rates as determined by the Plan Administrator based on prevailing interest rates charged by persons in the business of lending money for loans which would be made under similar circumstances. Principal and interest are paid through monthly payroll deductions.

Investments

The Plan is intended to qualify as a Participant-directed plan under Section 404(c) of ERISA. Participants direct the investment of their account through investment options offered by Fidelity Investments Company. The Plan participants are responsible for investment decisions under the plan and any resulting investment activity.

Employer Contributions

The Company contributes 4% of qualified wages into the Plan. The Company contributed $114,546 for 2009 and $136,231 for 2008.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Basis of Accounting

The financial statements of the Plan are prepared under the accrual basis of accounting.

Use of Estimates

The preparation of financial statements in conformity with generally accepted accounting principles requires the Plan administrator to make estimates and assumptions that affect certain reported amounts of assets and liabilities and changes therein, and disclosures of contingent assets and liabilities. Accordingly, actual results may differ from those estimates.

Payment of Benefits

Benefits are recorded when paid

Investment Valuation and Income Recognition

The Plan's investments are stated at fair value as determined by Fidelity Management Trust Company. Shares of registered investment companies are valued at quoted market prices which represent the net asset value of shares held by the Plan at year-end. Participant loan receivables are valued at cost which approximates market value.

Purchases and sales of securities are recorded on trade-date basis. Dividends are recorded on the ex-dividend date. Capital gain distributions are included in dividend income.

3. INVESTMENTS

The following table presents the fair value of investments. During 2009 and 2008, the Plan's principal investments consisted of mutual funds (including gains and losses on investments bought and sold, as well as held during the year). All investments are level 1 type investments with fair values readily determined by quoted market prices.

3. INVESTMENTS, continued...

As of December 31, 2009 these funds appreciated in value by $661,907; and as of December 31, 2008 these funds depreciated in value by $1,219,078.

TOTAL INVESTMENTS

		December 31,		
Fund Identity:		2009		2008
** Loomis, Small Cap Value R	*	$226,601	*	$182,565
** Northern Small Cap Value		14,318		17,699
** Allnz NFJ Div Value AD		745		610
** Artisan Mid Cap Value		70,024		58,363
** Col/Acorn Select Z		8,148		4,904
** Royce Value Plus Ser		17,024		9,940
** Fidelity Ginnie Mae		75,581		54,375
** Fidelity Leveraged Co Stk	*	309,626	*	202,222
** Fidelity Real Estate Invs		114,867		85,495
** Fidelity Balanced		51,476		37,335
** Fidelity Intl Discovery	*	550,814	*	432,107
** Fidelity Cap Appreciation		80,991		62,281
** Fidelity Disciplined Equity		15,436		11,432
** Fidelity Freedom Income		1		1
** Fidelity Freedom 2000		15,789		10,256
** Fidelity Freedom 2010		77,670		37,529
** Fidelity Freedom 2015	*	204,010		124,234
** Fidelity Freedom 2020	*	218,261		78,800
** Fidelity Freedom 2025		178,616		93,878
** Fidelity Freedom 2030		176,003		79,069
** Fidelity Freedom 2035		87,365		52,692
** Fidelity Freedom 2040		26,744		16,794
** Fidelity Freedom 2045		30,770		15,766
** Fidelity Freedom 2050		3,724		1,784
** Fidelity Total Bond	*	325,698	*	310,441
** Spartan Intl Index		21,866		13,561
** Spartan US Equity Index	*	247,309	*	204,764
** Fidelity Retirement Money Market	*	276,014	*	404,469
Total Investments		$3,425,491		$2,603,366

(*) Indicates investments that represent 5% or more of the Plan's net assets.
(**) Represents a party-in-interest (see Note 5).

4. TAX STATUS

The Plan is designed to operate as a standardized plan based on a favorable opinion letter issued to the prototype sponsor that provided tax-exempt status under appropriate sections of the Internal Revenue Code. The Plan has been amended since receiving the determination letter, however, the Plan administrator and the Plan's tax counsel believe the Plan, as currently operated is in compliance with the applicable requirements of the Internal Revenue Code. Therefore, no provision for income taxes has been included in the Plan's financial statements.

5. RELATED PARTY TRANSACTIONS

Plan investments include shares of pooled separate accounts ultimately managed by the Plan's custodian, Fidelity Management Company. Accordingly, transactions between the Plan and Fidelity Management Company are party-in-interest transactions.

6. CERTIFICATION

The following information included in the accompanying financial statements and supplementary schedules was obtained from data that has been prepared and certified as complete and accurate by Fidelity Management Trust Company

	As of December 31,	
	2009	2008
Participants' directed investments	$3,425,491	$2,603,366
Participants' loans	147,254	190,809
Net appreciation (depreciation) in fair value of participants' directed investments	661,907	(1,219,078)
Interest & dividends	85,775	27,225

7. RISK AND UNCERTAINTIES

The Plan invests in various investment securities. Investments securities are exposed to various risks, such as interest rate, market and credit risk. It is at least reasonable possible that changes in the values of investment securities will occur in the near term and that such changes could materially affect participants' account balance and amounts reported in the statement of net assets available for benefits.

8. RECONCILIATION TO FORM 5500

The following is a reconciliation of the financial statements to the Internal Revenue Service Form 5500 for the 2009 and 2008 years:

	As of December 31,	
	2008	2007
Net assets as reported on From 5500	$3,572,745	$2,794,175
Net assets as reported on the Statement of Net Assets Available for Benefits	3,583,484	2,794,175
Difference	$10,739	$0

The difference is due to the accrual of employee and employer contributions as of the end of the December 31, 2009 year reported on the Statement of Net Assets Available for Benefits.

9. PLAN CHANGES

The Plan was amended effective January 1, 2008 to add a safe harbor employer matching contribution.

10. PLAN PARTICIPANTS

The following table shows the number of plan participants' in various categories for the years ended December 31, 2009 and 2008:

	As of December 31,	
	2009	2008
Total number of participants at the beginning of the year	162	117
Active participants	110	124
Separated participants entitled to future benefits	25	38
Total participants at the end of year	135	162
Number of participants' with account balances as of the end of the year	108	117

Advanced Manufacturing and Development, Inc.
Retirement Savings Plan
Schedule of Assets (Held At End of Year)
as of December 31, 2009
Schedule H, line 4i - EIN 94-2378705 - Plan Number 001

(A)	(B) Identity of Issue, borrower, lessor, or similar party	(C) Description of investment including maturity date, rate of interest, collateral, par, or maturity date	(D) Cost	(E) Current Value
*	Fidelity Management Trust Company	Loomis, Small Cap Value R	$ 293,929	$ 226,601
*	Fidelity Management Trust Company	Northern Small Cap Value	18,370	14,318
*	Fidelity Management Trust Company	Allnz NFJ Div Value AD	729	745
*	Fidelity Management Trust Company	Artisan Mid Cap Value	81,676	70,024
*	Fidelity Management Trust Company	Col/Acorn Select Z	10,383	8,148
*	Fidelity Management Trust Company	Royce Value Plus Ser	18,795	17,024
*	Fidelity Management Trust Company	Fidelity Ginnie Mae	73,047	75,581
*	Fidelity Management Trust Company	Fidelity Leveraged Co Stk	434,158	309,626
*	Fidelity Management Trust Company	Fidelity Real Estate Invs	169,142	114,867
*	Fidelity Management Trust Company	Fidelity Balanced	62,280	51,476
*	Fidelity Management Trust Company	Fidelity Intl Discovery	727,282	550,814
*	Fidelity Management Trust Company	Fidelity Cap Appreciation	110,165	80,991
*	Fidelity Management Trust Company	Fidelity Disciplined Equity	20,009	15,436
*	Fidelity Management Trust Company	Fidelity Freedom Income	1	1
*	Fidelity Management Trust Company	Fidelity Freedom 2000	15,582	15,789
*	Fidelity Management Trust Company	Fidelity Freedom 2010	78,028	77,670
*	Fidelity Management Trust Company	Fidelity Freedom 2015	211,533	204,010
*	Fidelity Management Trust Company	Fidelity Freedom 2020	209,902	218,261
*	Fidelity Management Trust Company	Fidelity Freedom 2025	180,267	178,616
*	Fidelity Management Trust Company	Fidelity Freedom 2030	182,047	176,003
*	Fidelity Management Trust Company	Fidelity Freedom 2035	102,117	87,365
*	Fidelity Management Trust Company	Fidelity Freedom 2040	27,617	26,744
*	Fidelity Management Trust Company	Fidelity Freedom 2045	33,165	30,770
*	Fidelity Management Trust Company	Fidelity Freedom 2050	3,577	3,724
*	Fidelity Management Trust Company	Fidelity Total Bond	316,692	325,698
*	Fidelity Management Trust Company	Spartan Intl Index	26,548	21,866
*	Fidelity Management Trust Company	Spartan US Equity Index	321,248	247,309
*	Fidelity Management Trust Company	Fidelity Retirement Money Market	276,014	276,014
*	Fidelity Management Trust Company	Participant loans, 6.5% to 10.25%	-	147,254
		Total Net Assets as of December 31, 2009		$ 3,572,745

* indicates party-in-interest

The accompanying notes and accountant's report are an integral part of this statement.

Advanced Manufacturing and Development, Inc.
Retirement Savings Plan
Schedule of Assets (Held At End of Year)
as of December 31, 2008
Schedule H, line 4i - EIN 94-2378705 - Plan Number 001

(A)	(B) Identity of Issue, borrower, lessor, or similar party	(C) Description of investment including maturity date, rate of interest, collateral, par, or maturity date	(D) Cost	(E) Current Value
*	Fidelity Management Trust Company	Loomis, Small Cap Value R	$ 304,088	$ 182,565
*	Fidelity Management Trust Company	Northern Small Cap Value	26,577	17,699
*	Fidelity Management Trust Company	Allnz NFJ Div Value AD	698	610
*	Fidelity Management Trust Company	Artisan Mid Cap Value	94,477	58,363
*	Fidelity Management Trust Company	Col/Acorn Select Z	10,383	4,904
*	Fidelity Management Trust Company	Royce Value Plus Ser	16,668	9,940
*	Fidelity Management Trust Company	Fidelity Ginnie Mae	52,451	54,375
*	Fidelity Management Trust Company	Fidelity Leveraged Co Stk	456,601	202,222
*	Fidelity Management Trust Company	Fidelity Real Estate Invs	170,414	85,495
*	Fidelity Management Trust Company	Fidelity Balanced	57,903	37,335
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*	Fidelity Management Trust Company	Fidelity Cap Appreciation	117,210	62,281
*	Fidelity Management Trust Company	Fidelity Disciplined Equity	19,157	11,432
*	Fidelity Management Trust Company	Fidelity Freedom Income	1	1
*	Fidelity Management Trust Company	Fidelity Freedom 2000	11,814	10,256
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*	Fidelity Management Trust Company	Spartan Intl Index	22,350	13,561
*	Fidelity Management Trust Company	Spartan US Equity Index	333,015	204,764
*	Fidelity Management Trust Company	Fidelity Retirement Money Market	404,469	404,469
*	Fidelity Management Trust Company	Participant loans, 6.5% to 10.25%	-	190,809
		Total Net Assets as of December 31, 2008		$ 2,794,175

* indicates party-in-interest

The accompanying notes and accountant's report are an integral part of this statement.

ADVANCED MANUFACTURING AND DEVELOPMENT, INC.
RETIREMENT SAVINGS PLAN
FINANCIAL STATEMENTS
DECEMBER 31, 2009 and 2008

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ROBERT P. HUBIK
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INDEPENDENT AUDITOR'S REPORT

To the Plan Administrator
Advanced Manufacturing and Development, Inc.
Retirement Savings Plan
Willits, California

I was engaged to audit the financial statements and supplemental schedules of Advanced Manufacturing and Development, Inc. Retirement Savings Plan as of December 31, 2009 and 2008, and for the years then ended as listed in the accompanying index. These financial statements and schedules are the responsibility of the Plan's management.

As permitted by 29 CFR 2520.103-8 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974, the plan administrator instructed me not to perform, and I did not perform, any auditing procedures with respect to the information summarized in Note 6, which was certified by Fidelity Management Trust Company, the trustee of the plan, except for comparing such information with the related information included in the financial statements and supplemental schedules. I have been informed by the plan administrator that the trustee holds the Plan's investment assets and executes investment transactions. The Plan administrator has obtained a certification from the trustee as of and for the years ended December 31, 2009 and 2008, that the information provided to the plan administrator by the trustee is complete and accurate.

Because of the significance of the information that I did not audit, I am unable to, and do not, express an opinion on the accompanying financial statements and supplemental schedules taken as a whole. The form and content of the information included in the financial statements and schedules, other than that derived from the information certified by the trustee, have been audited by me in accordance with auditing standards generally accepted in the United States of America and, in my opinion, are presented in compliance with the Department of Labor's Rules and Regulations for Reporting and Disclosure under Employee Retirement Income Security Act of 1974.

Robert P. Hubik

Fort Bragg, California
October 14, 2010

Advanced Manufacturing and Development, Inc.
Retirement Savings Plan

Statement of Net Assets Available for Benefits
as of December 31, 2009 and 2008

	December 31,	
	2009	2008
Assets		
Participants' directed investments	$ 3,425,491	$ 2,603,366
Loans to participants	147,254	190,809
Receivables:		
Employer's contribution	3,956	-
Participant's contributions	6,783	-
	10,739	-
Net Assets Available For Plan Benefits	$ 3,583,484	$ 2,794,175

The accompanying notes and accountant's report are an integral part of this statement.

Advanced Manufacturing and Development, Inc.
Retirement Savings Plan

Statement of Changes in Net Assets Available for Benefits
for the Years Ended December 31, 2009 and 2008

	December 31, 2009	December 31, 2008
Additions To Net Assets Attributed To		
Net appreciation in fair value of participants' directed investments	$ 661,907	
Interest & dividends	85,775	$ 27,225
Participants' contributions, regular	182,204	235,815
Participants' contributions, rollovers	40,581	
Employer contributions	114,546	136,231
Total Additions	1,085,013	399,271
Deductions From Net Assets Attributed To		
Net depreciation in fair value of participants' directed investments		1,219,078
Benefits paid	293,029	513,264
Administrative costs	2,675	4,532
Total Deductions	295,704	1,736,874
Increase (Decrease) In Net Assets	789,309	(1,337,603)
Net Assets Available For Benefits, Beginning of the year	2,794,175	4,131,778
Net Assets Available For Benefits, End of the year	$ 3,583,484	$ 2,794,175

The accompanying notes and accountant's report are an integral part of this statement.

Advanced Manufacturing and Development, Inc.
Retirement Savings Plan
Notes to Financial Statements
December 31, 2009 and 2008

1. DESCRIPTION OF PLAN

The following description of the Advanced Manufacturing and Development, Inc. Retirement Savings Plan (the "Plan") provides only general information. Participants should refer to the Plan agreement for a more complete description of the Plan's provisions.

General

The Plan is a defined contribution plan created under a Trust Agreement dated January 1, 1994 that covers all employees of Advanced Manufacturing and Development, Inc. Employees are eligible to participate in the Plan beginning on the first day of the month after completing three months of employment.

The Plan is commonly known as a Internal Revenue Code 401(k) salary deferral plan. The Plan is subject to provisions of the Employee Retirement Income Security Act of 1974 (ERISA). Advanced Manufacturing and Development, Inc. is the Plan sponsor and serves as the Plan Administrator. Expenses of the Plan, to the extent not directly paid by the Plan sponsor, may be paid by the Plan. Expenses paid by the Plan totaled $2,675 and $4,532 for the years ended December 31, 2009 and 2008, respectively. Other expenses of the Plan are paid directly by the Plan sponsor and are not included in these financial statements.

Contributions

Each year, participants may contribute up to the lesser of 90% of pretax compensation or the annual limit for 401(k) contributions ($16,500 in 2009 and $15,500 in 2008); subject to limitations imposed by Federal tax law. Participants whom have attained age 50 before the end of the Plan year are eligible to make "catch-up contributions" also subject to limitations imposed by Federal tax law. Participants may also contribute amounts representing distributions from other qualified defined contribution plans. Participants direct the investment of their contributions into various investment options offered by the Plan.

Discretionary matching contributions equal to a percentage of the deferrals may be made by the Company in the amount that is determined by the Plan's sponsor. Starting January 1, 2008 the Company is making safe harbor matching contributions to all participants in an amount equal to 100% of the first 4% of your eligible compensation, contributed to the Plan as deferred contributions

The Plan allows rollover contributions into the plan from participants other eligible retirement plans.

1. DESCRIPTION OF PLAN, continued...

Vesting

Participants are immediately vested in their contributions plus earnings thereon. Participants are also fully vested in the Company's contribution portion of their accounts at the date of participation.

Participant Accounts

Each participant's account is credited with the participant's contribution and allocations of (a) the Company's contribution and, (b) Plan earnings, and charged with an allocation of administrative expenses. Allocations are based on participant earnings or account balances, as defined. The benefit to which a participant is entitled is the benefit that can be provided from the participant's vested account.

Payment of Benefits

Upon retirement, termination of employment, death or disability, a participant's vested account balance will be distributed in a lump sum or in a variety of optional installment methods, as further described in the Plan Agreement.

Termination of Plan

Although it has not expressed any intension to do so, the Company has the right to terminate the Plan and discontinue contributions at any time. If the Plan is terminated, the net assets will be distributed to the participants and beneficiaries of the Plan in accordance with the amount allocated to the accounts of each participant.

Participant Loans

Participants may borrow from their fund accounts a minimum of $1,000 up to a maximum equal to the lesser of $50,000 or 50% of their account balance. The loans are secured by the balance in the participant's account and bear interest at reasonable fixed rates as determined by the Plan Administrator based on prevailing interest rates charged by persons in the business of lending money for loans which would be made under similar circumstances. Principal and interest are paid through monthly payroll deductions.

Investments

The Plan is intended to qualify as a Participant-directed plan under Section 404(c) of ERISA. Participants direct the investment of their account through investment options offered by Fidelity Investments Company. The Plan participants are responsible for investment decisions under the plan and any resulting investment activity.

Employer Contributions

The Company contributes 4% of qualified wages into the Plan. The Company contributed $114,546 for 2009 and $136,231 for 2008.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Basis of Accounting

The financial statements of the Plan are prepared under the accrual basis of accounting.

Use of Estimates

The preparation of financial statements in conformity with generally accepted accounting principles requires the Plan administrator to make estimates and assumptions that affect certain reported amounts of assets and liabilities and changes therein, and disclosures of contingent assets and liabilities. Accordingly, actual results may differ from those estimates.

Payment of Benefits

Benefits are recorded when paid

Investment Valuation and Income Recognition

The Plan's investments are stated at fair value as determined by Fidelity Management Trust Company. Shares of registered investment companies are valued at quoted market prices which represent the net asset value of shares held by the Plan at year-end. Participant loan receivables are valued at cost which approximates market value.

Purchases and sales of securities are recorded on trade-date basis. Dividends are recorded on the ex-dividend date. Capital gain distributions are included in dividend income.

3. INVESTMENTS

The following table presents the fair value of investments. During 2009 and 2008, the Plan's principal investments consisted of mutual funds (including gains and losses on investments bought and sold, as well as held during the year). All investments are level 1 type investments with fair values readily determined by quoted market prices.

3. INVESTMENTS, continued...

As of December 31, 2009 these funds appreciated in value by $661,907; and as of December 31, 2008 these funds depreciated in value by $1,219,078.

TOTAL INVESTMENTS

		December 31,		
Fund Identity:		2009		2008
** Loomis, Small Cap Value R	*	$226,601	*	$182,565
** Northern Small Cap Value		14,318		17,699
** Allnz NFJ Div Value AD		745		610
** Artisan Mid Cap Value		70,024		58,363
** Col/Acorn Select Z		8,148		4,904
** Royce Value Plus Ser		17,024		9,940
** Fidelity Ginnie Mae		75,581		54,375
** Fidelity Leveraged Co Stk	*	309,626	*	202,222
** Fidelity Real Estate Invs		114,867		85,495
** Fidelity Balanced		51,476		37,335
** Fidelity Intl Discovery	*	550,814	*	432,107
** Fidelity Cap Appreciation		80,991		62,281
** Fidelity Disciplined Equity		15,436		11,432
** Fidelity Freedom Income		1		1
** Fidelity Freedom 2000		15,789		10,256
** Fidelity Freedom 2010		77,670		37,529
** Fidelity Freedom 2015	*	204,010		124,234
** Fidelity Freedom 2020	*	218,261		78,800
** Fidelity Freedom 2025		178,616		93,878
** Fidelity Freedom 2030		176,003		79,069
** Fidelity Freedom 2035		87,365		52,692
** Fidelity Freedom 2040		26,744		16,794
** Fidelity Freedom 2045		30,770		15,766
** Fidelity Freedom 2050		3,724		1,784
** Fidelity Total Bond	*	325,698	*	310,441
** Spartan Intl Index		21,866		13,561
** Spartan US Equity Index	*	247,309	*	204,764
** Fidelity Retirement Money Market	*	276,014	*	404,469
Total Investments		$3,425,491		$2,603,366

(*) Indicates investments that represent 5% or more of the Plan's net assets.
(**) Represents a party-in-interest (see Note 5).

4. TAX STATUS

The Plan is designed to operate as a standardized plan based on a favorable opinion letter issued to the prototype sponsor that provided tax-exempt status under appropriate sections of the Internal Revenue Code. The Plan has been amended since receiving the determination letter, however, the Plan administrator and the Plan's tax counsel believe the Plan, as currently operated is in compliance with the applicable requirements of the Internal Revenue Code. Therefore, no provision for income taxes has been included in the Plan's financial statements.

5. RELATED PARTY TRANSACTIONS

Plan investments include shares of pooled separate accounts ultimately managed by the Plan's custodian, Fidelity Management Company. Accordingly, transactions between the Plan and Fidelity Management Company are party-in-interest transactions.

6. CERTIFICATION

The following information included in the accompanying financial statements and supplementary schedules was obtained from data that has been prepared and certified as complete and accurate by Fidelity Management Trust Company

	As of December 31,	
	2009	2008
Participants' directed investments	$3,425,491	$2,603,366
Participants' loans	147,254	190,809
Net appreciation (depreciation) in fair value of participants' directed investments	661,907	(1,219,078)
Interest & dividends	85,775	27,225

7. RISK AND UNCERTAINTIES

The Plan invests in various investment securities. Investments securities are exposed to various risks, such as interest rate, market and credit risk. It is at least reasonable possible that changes in the values of investment securities will occur in the near term and that such changes could materially affect participants' account balance and amounts reported in the statement of net assets available for benefits.

8. RECONCILIATION TO FORM 5500

The following is a reconciliation of the financial statements to the Internal Revenue Service Form 5500 for the 2009 and 2008 years:

	As of December 31,	
	2008	2007
Net assets as reported on From 5500	$3,572,745	$2,794,175
Net assets as reported on the Statement of Net Assets Available for Benefits	3,583,484	2,794,175
Difference	$10,739	$0

The difference is due to the accrual of employee and employer contributions as of the end of the December 31, 2009 year reported on the Statement of Net Assets Available for Benefits.

9. PLAN CHANGES

The Plan was amended effective January 1, 2008 to add a safe harbor employer matching contribution.

10. PLAN PARTICIPANTS

The following table shows the number of plan participants' in various categories for the years ended December 31, 2009 and 2008:

	As of December 31,	
	2009	2008
Total number of participants at the beginning of the year	162	117
Active participants	110	124
Separated participants entitled to future benefits	25	38
Total participants at the end of year	135	162
Number of participants' with account balances as of the end of the year	108	117

Advanced Manufacturing and Development, Inc.
Retirement Savings Plan
Schedule of Assets (Held At End of Year)
as of December 31, 2009
Schedule H, line 4i - EIN 94-2378705 - Plan Number 001

(A)	(B) Identity of Issue, borrower, lessor, or similar party	(C) Description of investment including maturity date, rate of interest, collateral, par, or maturity date	(D) Cost	(E) Current Value
*	Fidelity Management Trust Company	Loomis, Small Cap Value R	$ 293,929	$ 226,601
*	Fidelity Management Trust Company	Northern Small Cap Value	18,370	14,318
*	Fidelity Management Trust Company	Allnz NFJ Div Value AD	729	745
*	Fidelity Management Trust Company	Artisan Mid Cap Value	81,676	70,024
*	Fidelity Management Trust Company	Col/Acorn Select Z	10,383	8,148
*	Fidelity Management Trust Company	Royce Value Plus Ser	18,795	17,024
*	Fidelity Management Trust Company	Fidelity Ginnie Mae	73,047	75,581
*	Fidelity Management Trust Company	Fidelity Leveraged Co Stk	434,158	309,626
*	Fidelity Management Trust Company	Fidelity Real Estate Invs	169,142	114,867
*	Fidelity Management Trust Company	Fidelity Balanced	62,280	51,476
*	Fidelity Management Trust Company	Fidelity Intl Discovery	727,282	550,814
*	Fidelity Management Trust Company	Fidelity Cap Appreciation	110,165	80,991
*	Fidelity Management Trust Company	Fidelity Disciplined Equity	20,009	15,436
*	Fidelity Management Trust Company	Fidelity Freedom Income	1	1
*	Fidelity Management Trust Company	Fidelity Freedom 2000	15,582	15,789
*	Fidelity Management Trust Company	Fidelity Freedom 2010	78,028	77,670
*	Fidelity Management Trust Company	Fidelity Freedom 2015	211,533	204,010
*	Fidelity Management Trust Company	Fidelity Freedom 2020	209,902	218,261
*	Fidelity Management Trust Company	Fidelity Freedom 2025	180,267	178,616
*	Fidelity Management Trust Company	Fidelity Freedom 2030	182,047	176,003
*	Fidelity Management Trust Company	Fidelity Freedom 2035	102,117	87,365
*	Fidelity Management Trust Company	Fidelity Freedom 2040	27,617	26,744
*	Fidelity Management Trust Company	Fidelity Freedom 2045	33,165	30,770
*	Fidelity Management Trust Company	Fidelity Freedom 2050	3,577	3,724
*	Fidelity Management Trust Company	Fidelity Total Bond	316,692	325,698
*	Fidelity Management Trust Company	Spartan Intl Index	26,548	21,866
*	Fidelity Management Trust Company	Spartan US Equity Index	321,248	247,309
*	Fidelity Management Trust Company	Fidelity Retirement Money Market	276,014	276,014
*	Fidelity Management Trust Company	Participant loans, 6.5% to 10.25%	-	147,254
		Total Net Assets as of December 31, 2009		$ 3,572,745

* indicates party-in-interest

The accompanying notes and accountant's report are an integral part of this statement.

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Retirement Savings Plan
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