## Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

## Short Form Annual Return/Report of Small Employee **Benefit Plan**

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the Internal Revenue Code (the Code).

OMB Nos. 1210-0110 1210-0089

2010

This Form is Open to Public Inspection

P	ension Benefit Guaranty Corporation	▶ Complete all entries in accord	rdance wit	h the instructions to the Form 550	0-SF.				
		lentification Information							
For	calendar plan year 2010 or fisca	al plan year beginning 01/01/20	10	and ending 1	2/31/2	2010			
Α -	This return/report is for:	single-employer plan	multiple-e	employer plan (not multiemployer)		one-participa	ant plan		
В -	This return/report is for:	first return/report	final retur	n/report		_			
		an amended return/report	short plar	n year return/report (less than 12 mo	nths)				
C	Check box if filing under:	Form 5558	automatio	extension		DFVC progr	am		
		special extension (enter descripti	on)						
Pa	rt II Basic Plan Inforn	nation—enter all requested inform	nation						
1a	Name of plan				1b	Three-digit			
MVP	401(K) PLAN					plan number	001		
					10	(PN)	of plan		
					10	Effective date of 01/01/2			
		ess (employer, if for single-employe	r plan)		<b>2b</b> Employer Identification Number				
MVP	PHYSICAL THERAPY, INC.				20	(EIIV)	telephone number		
	ORCHARD ST. W., STE 100				20	253-56	64-1560		
FIRC	REST, WA 98466				2d	Business code	(see instructions)		
32	Plan administrator's name and	address (if same as Plan sponsor, e	antar "Came	>"\	3h	62134 Administrator's			
MVP	PHYSICAL THERAPY, INC.	4040 ORCH	IARD ST. W	/., STE 100	30	91-173	B0248		
		FIRCREST,	WA 98466		3с	<b>3c</b> Administrator's telephone numbe 253-564-1560			
	•	ın sponsor has changed since the la		port filed for this plan, enter the	4b EIN				
1	name, EIN, and the plan numbe	r from the last return/report. Spons	or's name		4c	PN			
5a	Total number of participants at	the beginning of the plan year			5a				
_	·	the end of the plan year			5b	μ			
	• •	th account balances as of the end of			30				
				•	5c		61		
	•			(See instructions.)			Yes No		
b				ndent qualified public accountant (IQiions.)			X Yes ☐ No		
				SF and must instead use Form 55		•••••			
Pa	rt III Financial Informa								
7	Plan Assets and Liabilities			(a) Beginning of Year		(b) End of Year			
а	Total plan assets		7a	1580245	5 189				
b	Total plan liabilities		7b	10633	3 69				
С	Net plan assets (subtract line 7	'b from line 7a)	7с	1569612	2 18919				
8	Income, Expenses, and Transf	ers for this Plan Year		(a) Amount	(b) Total				
а	Contributions received or recei		0-(4)	15602	602				
			•	143802	_				
	, ,		•	10479					
h	, ,	)	` '	219329		29			
_	` ,						389212		
c d		lines 8a(1), 8a(2), 8a(3), and 8b)							
	to provide benefits)			59609	_				
е		ive distributions (see instructions)		7200	_				
f	Administrative service provider	s (salaries, fees, commissions)		7284	_				
g	·			(	J		00000		
h		Be, 8f, and 8g)					66893		
į		e 8h from line 8c)					322319		
J	ransters to (from) the plan (se	ee instructions)	8i						

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Par	t IV	Plan Characteristics							
a		plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Ch $_{ m 2F}$ $_{ m 2F}$ $_{ m 2J}$ $_{ m 2K}$ $_{ m 2G}$	aracteri	stic Co	des in	the instru	ctions:		
b		plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Ch	aracteris	tic Co	des in t	the instruc	ctions:		
art	· V	Compliance Questions							
0		ng the plan year:		Yes	No		Amou	ınt	
•	Was	there a failure to transmit to the plan any participant contributions within the time period described CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)	n <b>10a</b>		X		Amou		
b		ere there any nonexempt transactions with any party-in-interest? (Do not include transactions reported line 10a.)			Х				
С	Was	the plan covered by a fidelity bond?	10c	X				2	200000
d		he plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by frau shonesty?	10d		X				
е	insur	e any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, rance service or other organization that provides some or all of the benefits under the plan? (See actions.)	10e	X		643			6431
f	Has	the plan failed to provide any benefit when due under the plan?	10f		X				
g	Did t	he plan have any participant loans? (If "Yes," enter amount as of year end.)	10g	X					58316
h		s is an individual account plan, was there a blackout period? (See instructions and 29 CFR 0.101-3.)	10h		X				
i		h was answered "Yes," check the box if you either provided the required notice or one of the ptions to providing the notice applied under 29 CFR 2520.101-3	10i						
art	VI	Pension Funding Compliance							
1	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500)) Yes No							X No	
2	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section 302 of ERISA?						X No		
	(If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.)  If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiver								
	-	ompleted line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 1		г					
b	Ente	Enter the minimum required contribution for this plan year			12b				
		the amount contributed by the employer to the plan for this plan year			12c				
	nega	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the le negative amount)			12d		П		1
е	Will t	he minimum funding amount reported on line 12d be met by the funding deadline?				Yes	No	)	N/A

## Part VII Plan Terminations and Transfers of Assets

Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?

If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)

which assets of ilabilities were transferred. (See instructions.)

13c(1) Name of plan(s):

13c(2) EIN(s)

13c(3) PN(s)

Yes X

Yes X No

## Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	02/11/2011	TODD HUGHES
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN			
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor

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Par	t IV Plan Characteristics		uto C	ala = 1:-	Ano instant	iono:			
9a	If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Ch 3D 2E 2F 2J 2K 2G	aracteri	Stic Co	aes in	tne instruct	ions:			
b	If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Cha	aracteris	tic Co	des in t	the instruction	ons:			
Par	t V Compliance Questions								
10	During the plan year:		Yes	No		Amount			
а	Was there a failure to transmit to the plan any participant contributions within the time period described 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)	in 10a		х					
b	Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reporte on line 10a.)	d 10b		х					
C	Was the plan covered by a fidelity bond?	10c	х			200,00			
d	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by frau or dishonesty?	10d		х					
е	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See instructions.)	10e	х			6,431			
f	Has the plan failed to provide any benefit when due under the plan?	10f		х					
g	Did the plan have any participant loans? (If "Yes," enter amount as of year end.)	10g	Х			5	8,316		
h	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)	10h		х					
i	If 10h was answered "Yes," check the box if you either provided the required notice or one of the	101							
esky sie e	exceptions to providing the notice applied under 29 CFR 2520.101-3	1 101	l		1688120111111111111111111111111111111111	raddywykestarete	action the course		
art	VI Pension Funding Compliance								
11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and c 5500))	omplete	Sched	lule SE	(Form		X No		
12	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Co	de or se	ection 3	302 of	ERISA?	Yes	X No		
	(If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.)					1			
	If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see inst granting the waiver	onth	, and e	Day	e date of th	Year	<u>.</u>		
	you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 1				<del>r</del>				
	Enter the minimum required contribution for this plan year			12b					
	Enter the amount contributed by the employer to the plan for this plan year			12¢	<u> </u>				
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the length amount)	eft of a	L	12d			3		
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?				Yes	No	N/A		
art	VII Plan Terminations and Transfers of Assets								
I3a	Has a resolution to terminate the plan been adopted during the plan year or any prior year?		F		Γ	Yes	X No		
	If "Yes," enter the amount of any plan assets that reverted to the employer this year			13a					
	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or broug of the PBGC?					Yes	X No		
C	If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify which assets or liabilities were transferred. (See instructions.)	the pla	n(s) to	1		****			
13c(1) Name of plan(s):			13	c(2) El	N(s)	13c(3)	PN(s)		
	ion: A penalty for the late or incomplete filing of this return/report will be assessed unless reason								
Unde SB o	er penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this rescribed with the completed and signed by an enrolled actuary, as well as the electronic version of this return, the correct, and complete.	eturn/re	port, ir	cludin	g, if applical	ble, a Sche inowledge	edule and		
MARK.	V 2011 Source V 02/N/II Kelly Let	nard			<u> </u>				
SIG	N S S S S S S S S S S S S S S S S S S S		ual sin	nina se	s plan admi	nistrator			

SIGN HERE

Signature of employer/plan sponsor

Patrick Garlock

Enter name of individual signing as employer or plan sponsor