Form 5500-SF		Short Form Annual R	OMB Nos. 1210-0110 1210-0089							
Department of the Treasury Internal Revenue Service		Benefit Plan			_	2010				
Er	Department of Labor mployee Benefits Security Administration	This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the Internal Revenue Code (the Code).				This Form is Open to Public				
Р	Pension Benefit Guaranty Corporation Complete all entries in accordance with the instructions to the Form 55					Inspection				
		Ientification Information								
For	calendar plan year 2010 or fisca	7	0	and ending 1	2/31/2	2010				
Α.	This return/report is for:	single-employer plan	one-participant plan							
B	This return/report is for:									
		an amended return/report short plan year return/report (less than 12 months)								
С	Check box if filing under:									
	special extension (enter description)									
		mation—enter all requested information	ation		41					
	Name of plan	S, INC. 401(K) PROFIT SHARING P			10	Three-digit plan number				
LAFT			(PN) ▶ 001							
			1c	Effective date of plan 01/01/1969						
2a Plan sponsor's name and address (employer, if for single-employer plan) LAFROMBOISE COMMUNICATIONS, INC.						Employer Identification Number (EIN) 91-0822168				
	N PEARL ST	-,			2c	Plan sponsor's telephone number 360-736-3311				
CEN	TRALIA, WA 98531-4323				2d	Business code (see instructions) 511110				
3a Plan administrator's name and address (if same as Plan sponsor, enter "Same") LAFROMBOISE COMMUNICATIONS, INC. 321 N PEARL ST						Administrator's EIN 91-0822168				
CENTRALIA, WA 98531-4323						Administrator's telephone number 360-736-3311				
	If the name and/or EIN of the pla	4b	4b EIN							
I	name, EIN, and the plan numbe	r from the last return/report. Sponso	r's name		4c	PN				
5a	Total number of participants at	the beginning of the plan year			5a	102	2			
b	Total number of participants at	the end of the plan year			5b	81	1			
C		ith account balances as of the end of	the plan y	ear (defined benefit plans do not	5c	68	<u> </u>			
6a	complete this item) 5C						lo			
	Are you claiming a waiver of th	ne annual examination and report of a	 a were all of the plan's assets during the plan year invested in eligible assets? (See instructions.) b Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA) 							
		under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.)								
Do			and conditi	ons.)	·····		0			
Гd	In you answered No to entr	er 6a or 6b, the plan cannot use Fo	and conditi	ons.)	·····	Yes 🗌 N	0			
7		er 6a or 6b, the plan cannot use Fo	and conditi	ons.)	·····	Yes N	0			
	Plan Assets and Liabilities	er 6a or 6b, the plan cannot use Fo	and conditi	ons.) SF and must instead use Form 55	00.					
7	Plan Assets and Liabilities Total plan assets	er 6a or 6b, the plan cannot use Fo ation	and conditi orm 5500	ons.) SF and must instead use Form 55 (a) Beginning of Year	00. 2	(b) End of Year 2818742				
7 a	III Financial Information Plan Assets and Liabilities Total plan assets Total plan liabilities	er 6a or 6b, the plan cannot use Fo ation	and conditi orm 5500- 7a 7b	ons.) SF and must instead use Form 55 (a) Beginning of Year 2529342	00.	(b) End of Year 2818742	2			
7 a b	III Financial Information Plan Assets and Liabilities Total plan assets Total plan liabilities	ner 6a or 6b, the plan cannot use Fo ation 7b from line 7a)	and conditi orm 5500-3	ons.) SF and must instead use Form 55 (a) Beginning of Year 2529342	00.	(b) End of Year 2818742	2			
7 a b c	III Financial Information Plan Assets and Liabilities Total plan assets Total plan liabilities Total plan liabilities Net plan assets (subtract line 7 Income, Expenses, and Transf Contributions received or received	ter 6a or 6b, the plan cannot use For ation 7b from line 7a) fers for this Plan Year ivable from:	and conditi orm 5500- 7a 7b 7c	ons.) SF and must instead use Form 55 (a) Beginning of Year 2529342 (2529342	2 2 2	(b) End of Year 2818742 (2818742	2			
7 a b c 8	Itil Financial Information Plan Assets and Liabilities Total plan assets Total plan assets Total plan liabilities Net plan assets (subtract line 7 Income, Expenses, and Transf Contributions received or received (1)	er 6a or 6b, the plan cannot use Fo ation 7b from line 7a) fers for this Plan Year ivable from:	and conditi orm 5500	ons.) SF and must instead use Form 55 (a) Beginning of Year 2529342 (a) Amount	2 2 2	(b) End of Year 2818742 (2818742	2			
7 a b c 8	Image: system state system state system and sy	er 6a or 6b, the plan cannot use Fo ation 7b from line 7a) fers for this Plan Year ivable from:	and conditi orm 5500- 7a 7b 7c 8a(1) 8a(2)	ons.)SF and must instead use Form 55 (a) Beginning of Year 2529342 (0) 2529342 (a) Amount (0)	00.	(b) End of Year 2818742 (2818742	2			
7 a b c 8 a	Image: Plan Assets and Liabilities Plan Assets and Liabilities Total plan assets Total plan liabilities Net plan assets (subtract line 7 Income, Expenses, and Transf Contributions received or received (1) Employers (2) Participants (3) Others (including rollovers)	er 6a or 6b, the plan cannot use Fo ation 7b from line 7a) fers for this Plan Year ivable from:	and conditi orm 5500- 7a 7b 7c 8a(1) 8a(2) 8a(3)	ons.) SF and must instead use Form 55 (a) Beginning of Year 2529342 (a) Amount (a) Amount (141105)	00. 2 2 2 2 3 3 5 3	(b) End of Year 2818742 (2818742	2			
7 a b c 8	Image: system state state system state s	er 6a or 6b, the plan cannot use Fo ation 7b from line 7a) fers for this Plan Year ivable from:	and conditi orm 5500- 7a 7b 7c 8a(1) 8a(2) 8a(3) 8b	ons.) SF and must instead use Form 55 (a) Beginning of Year 2529342 (a) Amount (a) Amount (b) 141105 (c) 141105	00. 2 2 2 2 3 3 5 3	(b) End of Year 2818742 (2818742	2 0 2			
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7 b c 8 a b c d	Int III Financial Information Plan Assets and Liabilities Total plan assets Total plan assets Total plan liabilities Net plan assets (subtract line 7 Income, Expenses, and Transf Contributions received or received (1) Employers (2) Participants (3) Others (including rollovers) Other income (loss) Total income (add lines 8a(1), Benefits paid (including direct to provide benefits) Including direct to provide benefits)	er 6a or 6b, the plan cannot use For ation 7b from line 7a) fers for this Plan Year ivable from:)	and conditi orm 5500- 7a 7b 7c 8a(1) 8a(2) 8a(3) 8b 8c 8d	ons.) SF and must instead use Form 55 (a) Beginning of Year 2529342 (a) Amount (a) Amount (b) 141105 (c) 282521 118875	00. 2) 2) 5)	(b) End of Year 2818742 (0 2818742 (b) Total	2 0 2			
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7 a b c 8 a b c d e f g	Int III Financial Information Plan Assets and Liabilities Total plan assets Total plan assets Total plan liabilities Net plan assets (subtract line 7 Income, Expenses, and Transf Contributions received or receit (1) Employers (2) Participants (3) Others (including rollovers Other income (loss) Total income (add lines 8a(1), Benefits paid (including direct to provide benefits) Certain deemed and/or correct Administrative service provide Other expenses Total expenses (add lines 8d, 3) Net income (loss) (subtract line	tive distributions (see instructions)	and conditi orm 5500- 7a 7b 7c 8a(1) 8a(2) 8a(3) 8b 8c 8b 8c 8d 8e 8f 8g 8h 8i	SF and must instead use Form 55 (a) Beginning of Year 2529342 (a) Amount (a) Amount (a) Amount (a) 141105 (a) 282521 (a) 1118875 (a) 2904	00. 2) 2) 2) 2)	(b) End of Year 2818742 (c) 2818742 (b) Total 423626 134226	2 0 2 6			

For Paperwork Reduction Act Notice and OMB Control Numbers, see the instructions for Form 5500-SF.

Part IV Plan Characteristics

- **9a** If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions: 2E 2F 2G 2J 2K 2T 3D
 - 2L 2F 2G 2J 2K 2T 3D
- **b** If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

Part	V Compliance Questions							
10	During the plan year:		Yes	No		Amo	ount	
а	(as there a failure to transmit to the plan any participant contributions within the time period described in 10a 9 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)							21613
b	e there any nonexempt transactions with any party-in-interest? (Do not include transactions reported ne 10a.)			x				
С	Was the plan covered by a fidelity bond?	10c	X					500000
d	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by frauc or dishonesty?	10d		X				
е	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See instructions.)	10e		X				
f	Has the plan failed to provide any benefit when due under the plan?			Х				
g	Did the plan have any participant loans? (If "Yes," enter amount as of year end.)		X					96107
h	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)			Х				
i	If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3	10i						
Part	VI Pension Funding Compliance							
11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and co 5500))						Yes	No
lf y b c d	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Co (If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.) If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see insti- granting the waiver	uctions nth t of a	, and e	nter th Day 12b 12c 12d	e date of	f the le Yea	tter rul r	
Part								<u> </u>
	Has a resolution to terminate the plan been adopted during the plan year or any prior year?		г				Yes	X No
	If "Yes," enter the amount of any plan assets that reverted to the employer this year			13a	L			
	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brough of the PBGC? If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify which assets or liabilities were transferred. (See instructions.)						Yes	X No
1	3c(1) Name of plan(s):		13	c(2) El	N(s)		13c(3)	PN(s)

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	04/15/2011	ROSIE OCONNOR
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN	Filed with authorized/valid electronic signature.	04/15/2011	ROSIE OCONNOR
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor