Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the Internal Revenue Code (the Code).

Short Form Annual Return/Report of Small Employee

1210-0089

OMB Nos. 1210-0110

2010

This Form is Open to Public Inspection

Р	ension Benefit Guaranty Corporation	▶ Complete all entries in accord	dance witl	h the instructions to the Form 5500	0-SF.					
Pa	art I Annual Report Id	lentification Information								
For	calendar plan year 2010 or fisca	al plan year beginning 01/01/2010	0	and ending 1	2/31/2	2010				
A	This return/report is for:	single-employer plan	multiple-e	employer plan (not multiemployer)		one-participa	ant plan			
В	This return/report is for:	first return/report	final retur	n/report		_				
		an amended return/report	short plan	n year return/report (less than 12 mor	nths)					
C	Check box if filing under:	☐ Form 5558 ☐	automatic	extension	DFVC program					
		special extension (enter description								
Do	rt II Pacia Plan Inform	nation—enter all requested information	,							
	Irt II Basic Plan Inform	ination—enter all requested informa	ation		1h	Three-digit				
	NTAIN HEALTH SERVICES, P	C 401K PLAN			10	plan number	004			
	,	0 101111 2111				(PN) •	001			
					1c	Effective date of				
						01/01/	1994			
	Plan sponsor's name and addre NTAIN HEALTH SERVICES, P	ess (employer, if for single-employer	plan)		2b	00.040	ification Number			
IVIOU	NTAIN REALTH SERVICES, P	C			20	(CIIV)				
	MCKINLEY AVENUE				2c Plan sponsor's telephone num 208-783-1267					
KELL	.OGG, ID 83837				2d		(see instructions)			
						621111 Administrator's				
3a MOU	Plan administrator's name and NTAIN HEALTH SERVICES, P	address (if same as Plan sponsor, et 740 MCKINL			36	EIN 88009				
		KELLOGG, II			3c	3c Administrator's telephone num				
						208-783-1267				
4 If the name and/or EIN of the plan sponsor has changed since the last return/report filed for this plan, enter the						4b EIN				
- 1	name, EIN, and the plan numbe	r from the last return/report. Sponso	r's name		10	PN				
5a	Total number of participants at	the beginning of the plan year			5a					
	·	the end of the plan year		}		, a				
				ł	5b		23			
С		ith account balances as of the end of		` .	5с		14			
6a	•	luring the plan year invested in eligible					X Yes No			
		ne annual examination and report of a		,						
	,	See instructions on waiver eligibility a		, , , , , , , , , , , , , , , , , , ,			Yes No			
D-		er 6a or 6b, the plan cannot use Fo	orm 5500-	SF and must instead use Form 550	00.					
	rt III Financial Informa	ation		I						
7	Plan Assets and Liabilities			(a) Beginning of Year 905021		1 of Year 1046909				
	Total plan assets		. 7a							
b	•	otal plan liabilities		889480						
<u>C</u>		7b from line 7a)	7c		,					
8	Income, Expenses, and Transf			(a) Amount		(b) Total				
а	Contributions received or received	vable from:	8a(1)							
) Participants)							
	· · · · · · · · · · · · · · · · · · ·)	1					
b	ther income (loss)			2						
C	` ,	8a(2), 8a(3), and 8b)	8c				176082			
d	, , ,	rollovers and insurance premiums	. 00							
-			. 8d	34000)					
е	Certain deemed and/or correct	tive distributions (see instructions)	. 8e	0						
f	Administrative service provider	rs (salaries, fees, commissions)	8f	0						
g	Other expenses		. 8g	0)					
h	Total expenses (add lines 8d,	8e, 8f, and 8g)	8h				34000			
i	Net income (loss) (subtract line	e 8h from line 8c)	. 8i				142082			
i		ee instructions)		0)					

	Fo	orm 5500-SF 2010 Page 2-							
Par	t IV	Plan Characteristics							
)a		plan provides pension benefits, enter the applicable pension feature codes from the List of Plan C	haracteri	stic Co	des in	the instru	ctions:		
L		2F 2G 2J 2K 3D	orootorio	tio Co.	ماده الماد	tha inatuu	tiono.		
b	ii trie į	plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Cl	iaracteris	stic Co	ues in t	ne instruc	cuons.		
art	t V	Compliance Questions							
0	Durin	ng the plan year:		Yes	No		Amoun	t	
а		there a failure to transmit to the plan any participant contributions within the time period described CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)	in 10a		X				
b		e there any nonexempt transactions with any party-in-interest? (Do not include transactions reported to the 10a.)	ed 10b		Х				
С	Was	the plan covered by a fidelity bond?	10c	X				10	00000
d		he plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by franshonesty?	ıd 10d		X				
е	insura	e any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, ance service or other organization that provides some or all of the benefits under the plan? (See actions.)	10e	X					2487
f		the plan failed to provide any benefit when due under the plan?			X				
			10f	X		—			120
g		he plan have any participant loans? (If "Yes," enter amount as of year end.)s is an individual account plan, was there a blackout period? (See instructions and 29 CFR	10g						120
"		1.101-3.)	10h		X				
i		n was answered "Yes," check the box if you either provided the required notice or one of the ptions to providing the notice applied under 29 CFR 2520.101-3	10i						
art	VI I	Pension Funding Compliance							
11		s a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and	•			•	Y	es X	No
2	Is thi	is a defined contribution plan subject to the minimum funding requirements of section 412 of the C	ode or se	ection 3	302 of I	ERISA?	Y	es X	No
		es," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.)							
а	If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiverMonth Day Year								
lf	-	ompleted line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line		_	, .				
b	Enter	the minimum required contribution for this plan year		L	12b				
С	Enter	the amount contributed by the employer to the plan for this plan year			12c				
d		ract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the tive amount)			12d		_		
е	Will th	he minimum funding amount reported on line 12d be met by the funding deadline?				Yes	No		N/A
art	VII	Plan Terminations and Transfers of Assets							
3а	Has a	a resolution to terminate the plan been adopted during the plan year or any prior year?		<u>-</u>			Y	es X	No
	If "Ye	s," enter the amount of any plan assets that reverted to the employer this year			13a				
b		all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brough	ght under	the co	ontrol		Пу	es X	No

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

c If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to

which assets or liabilities were transferred. (See instructions.)

13c(1) Name of plan(s):

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

13c(2) EIN(s)

13c(3) PN(s)

SIGN	Filed with authorized/valid electronic signature.	05/04/2011	FREDERICK HALLER
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN			
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor