	Form 5500-SF		eturn/l Benefit	Report of Small Employ	OMB Nos. 1210-0110 1210-0089				
				ctions 104 and 4065 of the Employe	2010				
Department of Labor Employee Benefits Security Administration Internal			ct of 1974 (ERISA), and section 6058(a) of the Revenue Code (the Code).			This Form is Open to Public			
P	Pension Benefit Guaranty Corporation Complete all entries in accordance with the instructions to the Form 5500-SF.								
	Part I         Annual Report Identification Information           For calendar plan year 2010 or fiscal plan year beginning         01/01/2010         and ending         12/31/2010								
	This return/report is for:	single-employer plan		mployer plan (not multiemployer)	_,	one-participant plan			
	This return/report is for:	first return/report	final retur						
Inis return/report is for:     Inis return/report     an amended return/report     short plan year return/report (less than 12 month)									
C	C Check box if filing under:								
	special extension (enter description)								
Part II Basic Plan Information—enter all requested information									
	Name of plan	50 (0////) DLAN			1b	Three-digit			
TECH	HNOGYM RELATED COMPANI	ES 401(K) PLAN				plan number (PN) ▶ 001			
					1c	Effective date of plan 03/23/2000			
	Plan sponsor's name and addre	ess (employer, if for single-employer	plan)		2b	Employer Identification Number (EIN) 91-2031278			
	TH AVENUE SOUTH				2c	Plan sponsor's telephone number 206-623-1488			
SUITE 300 SEATTLE, WA 98134						Business code (see instructions) 423910			
	Plan administrator's name and HNOGYM USA CORP.	3b	Administrator's EIN 91-2031278						
		3c	Administrator's telephone number 206-623-1488						
4 If the name and/or EIN of the plan sponsor has changed since the last return/report filed for this plan, enter the name, EIN, and the plan number from the last return/report. Sponsor's name       4b EIN									
ſ	name, EIN, and the plan humbe		4c	C PN					
5a	Total number of participants at	5a	100						
b	Total number of participants at	5b	87						
C Total number of participants with account balances as of the end of the plan year (defined benefit plans do not complete this item)						56			
	complete this item)       5c         6a       Were all of the plan's assets during the plan year invested in eligible assets? (See instructions.)								
b	<b>b</b> Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA)								
	under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.)								
Pa	rt III Financial Informa	ation		I					
7	Plan Assets and Liabilities			(a) Beginning of Year 704317	7	(b) End of Year 918066			
a b	•		7a 7b	704011		010000			
c	•	b from line 7a)		704317	7	918066			
8	Income, Expenses, and Transf			(a) Amount		(b) Total			
а	Contributions received or recei	vable from:	0.00	44367	7	· ·			
				196332					
b				114754	1				
С	Total income (add lines 8a(1),	8a(2), 8a(3), and 8b)	8c			355453			
d		ollovers and insurance premiums	8d	141704	1				
е	Certain deemed and/or correct	ive distributions (see instructions)	8e						
f		s (salaries, fees, commissions)							
g	•					141704			
h :		3e, 8f, and 8g)				213749			
i		e 8h from line 8c) e instructions)				2.0.10			
	· · · · · · · · · · · · · · · · · · ·	/	oj						

For Paperwork Reduction Act Notice and OMB Control Numbers, see the instructions for Form 5500-SF.

## Part IV Plan Characteristics

- **9a** If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions: 2E 2F 2G 2J 2K 3D 3H
- **b** If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

Part	V Compliar	nce Questions						
10	During the plan y	ear:		Yes	No	Amou	nt	
а	Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)		10a		Х			
b	Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)				х			
С	Was the plan co	vered by a fidelity bond?	10c	Х			71000	
d	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?				Х			
е	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See instructions.)				x			
f	Has the plan faile	as the plan failed to provide any benefit when due under the plan?			X			
g	Did the plan have	e any participant loans? (If "Yes," enter amount as of year end.)	10g	Х			9407	
h		dual account plan, was there a blackout period? (See instructions and 29 CFR	10h		Х			
i	If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3							
Part	/I Pension	Funding Compliance						
11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500))							
lf y b c d <u>e</u> Part 13a b	(If "Yes," complet If a waiver of the granting the waive ou completed lin Enter the minimum Enter the amount Subtract the amo negative amount) Will the minimum /II Plan Ten Has a resolution to If "Yes," enter the Were all the plan of the PBGC? If during this plan	contribution plan subject to the minimum funding requirements of section 412 of the Code e 12a or 12b, 12c, 12d, and 12e below, as applicable.) minimum funding standard for a prior year is being amortized in this plan year, see instruc- er	of a	and e	12b 12c 12d  13a ontrol	he date of the lette YearYear		
which assets or liabilities were transferred. (See instructions.) <b>13c(1)</b> Name of plan(s):						<b>13c(2)</b> EIN(s) <b>13c(3)</b> PN(s)		
		the late or incomplete filing of this return/report will be assessed unless reasonabl	le cau					

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	06/10/2011	RONALD SCHAEFFER				
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator				
SIGN							
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor				

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