Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the Internal Revenue Code (the Code).

2010

OMB Nos. 1210-0110 1210-0089

This Form is Open to Public Inspection

P	ension Benefit Guaranty Corporation	▶ Complete all entries in accord	rdance wit	h the instructions to the Form 550	0-SF.	1
		entification Information				
For	calendar plan year 2010 or fiscal	plan year beginning 01/01/201	10	and ending 1	2/31/2	2010
Α.	This return/report is for:	single-employer plan	multiple-e	employer plan (not multiemployer)		one-participant plan
В	This return/report is for:	first return/report	final retur	n/report		_
		an amended return/report	short plar	n year return/report (less than 12 mor	nths)	
С	Check box if filing under:	Form 5558	automatic	extension		DFVC program
		special extension (enter descripti	on)			
Da	rt II Basic Plan Informa	ation—enter all requested inform	,			
	Name of plan	ation—enter all requested inform	ialion		1h	Three-digit
		RCH SERVICES, INC. 401(K) PLA	AN		10	plan number 001
						(PN) ▶
					1c	Effective date of plan 01/01/2002
22	Plan ananagr'a name and address	s (employer, if for single-employe	r plan)		2h	Employer Identification Number
	NTIER ABSTRACT AND RESEAF		i piari)		20	(EIN) 16-1555719
					2c	Plan sponsor's telephone number
	EST BROAD STREET, SUITE 10 HESTER, NY 14614-2111	00				585-955-6111
o	neoren, ner riorrerri				2d	Business code (see instructions) 541700
3a	Plan administrator's name and ad	ddress (if same as Plan sponsor, e	enter "Same		3b	Administrator's EIN
FROINC.	NTIER ABSTRACT AND RESEAF	RCH SERVICES, 30 WEST BI ROCHESTE	ROAD STR	EET, SUITE 100		16-1555719
		ROONEOTE	17 2111	3с	Administrator's telephone number 585-955-6111	
4	f the name and/or EIN of the plan	sponsor has changed since the la	ast return/re	eport filed for this plan, enter the	4b	EIN
I	name, EIN, and the plan number f	from the last return/report. Spons	or's name			
52	Total number of participants at th	as haginning of the plan year			4c	46
			5a 5b	56		
C	 Total number of participants at the end of the plan year Total number of participants with account balances as of the end of the plan year (defined benefit plans do not 					30
	• •				5c	38
6a	Were all of the plan's assets dur	ring the plan year invested in eligil	ole assets?	(See instructions.)		Yes No
b				ndent qualified public accountant (IQI		XI v D v.
	•	• •		ions.)		Yes No
Da	rt III Financial Informat		-orm 5500-	SF and must instead use Form 55	00.	
		ion				4.5
7	Plan Assets and Liabilities			(a) Beginning of Year)	(b) End of Year 1505738
	Total plan assets		7a	1100132	-	1303730
b	•			1180132)	1505738
<u>C</u>	·	from line 7a)	7с		-	
8	Income, Expenses, and Transfer			(a) Amount		(b) Total
а	Contributions received or receive (1) Employers	able from:	8a(1)	46813	3	
				97899)	
	` '			680)	
b	Other income (loss)			204223	3	
С	,	a(2), 8a(3), and 8b)				349615
d	Benefits paid (including direct rol					
	to provide benefits)		8d	14531		
е	Certain deemed and/or corrective	e distributions (see instructions)	8e	2.77		
f	Administrative service providers	(salaries, fees, commissions)	8f	9478	5	
g	Other expenses		8g			
h	Total expenses (add lines 8d, 8e	e, 8f, and 8g)	<u>8h</u>			24009
i	Net income (loss) (subtract line 8	Bh from line 8c)	8i			325606
j	Transfers to (from) the plan (see	instructions)	8i			

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ar	t IV Plan Characteristics				
a	If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Chara	acteris	tic Co	des in	the instructions:
	2A 2E 2F 2G 2J 2K 2T 3D				ha Cantauri Cara
)	If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristics.	cterisi	ic Coc	ies in t	ne instructions:
art	V Compliance Questions				
)	During the plan year:		Yes	No	Amount
а	Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)	10a		Χ	
b	Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)	10b		X	
С	Was the plan covered by a fidelity bond?	10c	X		80000
d	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?	10d		X	
е	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See instructions.)	10e		X	
f	Has the plan failed to provide any benefit when due under the plan?	10f		X	
g	Did the plan have any participant loans? (If "Yes," enter amount as of year end.)	10g	X		63720
h	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)	10h		X	
i	If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3	10i		X	
ırt	VI Pension Funding Compliance				
1	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and comp 5500))				
2	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code	or se	ction 3	02 of I	ERISA? Yes No
	(If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.)				
	If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instruction granting the waiver				
	you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.		_	401	
b	Enter the minimum required contribution for this plan year			12b	
	Enter the amount contributed by the employer to the plan for this plan year			12c	
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of negative amount)			12d	

Part VII | Plan Terminations and Transfers of Assets

N/A

No

Yes X No

13c(3) PN(s)

No

Yes

Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?.....

If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to

e Will the minimum funding amount reported on line 12d be met by the funding deadline?.....

which assets or liabilities were transferred. (See instructions.)

13c(1) Name of plan(s):

13c(2) EIN(s)

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	06/10/2011	BRIAN O'SULLIVAN				
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator				
SIGN							
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor				