Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Benefit Plan This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the

Internal Revenue Code (the Code).

Short Form Annual Return/Report of Small Employee

OMB Nos. 1210-0110 1210-0089

2010

This Form is Open to Public Inspection

P	ension Benefit Guaranty Corporation	▶ Complete all entries in accor	dance wit	h the instructions to the Form 550	0-SF.	
		dentification Information				
For	calendar plan year 2010 or fisc	al plan year beginning 01/01/201	0	and ending 1	2/31/2	2010
Α -	This return/report is for:	xingle-employer plan	multiple-e	employer plan (not multiemployer)		one-participant plan
	This return/report is for:	first return/report	final retur	n/report		
		an amended return/report	short plar	n year return/report (less than 12 mor	nths)	
C	Check box if filing under:	Form 5558	automatio	extension		DFVC program
	Ü	special extension (enter description	on)			
Pa	rt II Basic Plan Infor	mation—enter all requested inform	,			
	Name of plan	Chief all requested inform	ation		1b	Three-digit
	•	INED BENEFIT PENSION PLAN				plan number 001
						(PN) •
					1c	Effective date of plan
	DI 1 11				26	01/01/2007
	Plan sponsor's name and addi AEL R. HASTINGS, P.S.	ress (employer, if for single-employer	pian)		20	Employer Identification Number (EIN) 91-1747110
					2c	Plan sponsor's telephone number
	I. FIFTH AVENUE JIM, WA 98382					360-681-0608
OLG	Jiiii, 177 00002				2d	Business code (see instructions) 541110
3a	Plan administrator's name and	address (if same as Plan sponsor, e	enter "Same		3b	Administrator's EIN
MICH	AEL R. HASTINGS, P.S.	718 N. FIFTI SEQUIM, W.	H AVENUE			91-1747110
		SEQUIIVI, VV	A 90302		3с	Administrator's telephone number
4 .	the reserve and/or FINI of the rel		-11 /	and filed for this place out or the	41-	360-681-0608
		an sponsor has changed since the la er from the last return/report. Sponso		port filed for this plan, enter the	40	EIN
	, , ,				4c	PN
5a	Total number of participants a	t the beginning of the plan year			5a	3
b	Total number of participants a	t the end of the plan year			5b	3
С	Total number of participants w	rith account balances as of the end o	f the plan y	ear (defined benefit plans do not		
	complete this item)				5c	
	•	during the plan year invested in eligib		,		Yes No
D		he annual examination and report of (See instructions on waiver eligibility				X Yes ☐ No
		ner 6a or 6b, the plan cannot use F		•		
Pa	rt III Financial Inform					
7	Plan Assets and Liabilities			(a) Beginning of Year		(b) End of Year
а	Total plan assets		. 7a	102007	7	144149
b	Total plan liabilities		. 7b	()	0
С	Net plan assets (subtract line	7b from line 7a)	. 7с	102007	7	144149
8	Income, Expenses, and Trans	fers for this Plan Year		(a) Amount		(b) Total
а	Contributions received or received			53761		
	• • • •			00701	_	
	• • • • • • • • • • • • • • • • • • • •	3)	` '			
b	` ,			-11619	,	42442
C		8a(2), 8a(3), and 8b)	. 8с			42142
d		rollovers and insurance premiums	8d	C		
е		tive distributions (see instructions)		()	
f		rs (salaries, fees, commissions)		()	
g				()	
h	·	8e, 8f, and 8g)				0
i		e 8h from line 8c)				42142
i		ee instructions)		()	

Form 5500-SF 2010	Page 2-
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		•	
Part IV	Plan	(`hara	cteristics
ı aıtıv ı	ı ıaıı	Onal a	SIGH SHOS

SIGN HERE

Signature of employer/plan sponsor

If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions:

	11 (11)	e plan provides welfare benefits, enter the applicable welfare featu	are codes from the t	LIST OF FIAH CHARA	Clerisi	110 000	Jes III t	ine instruction	1113.			
Part	٧	Compliance Questions										
10	Dui	ring the plan year:				Yes	No	Į.	Amount			
а		s there a failure to transmit to the plan any participant contributions CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary			10a		X					
b		re there any nonexempt transactions with any party-in-interest? (Deline 10a.)		•	10b		X					
С	Wa	as the plan covered by a fidelity bond?			10c	X				20000		
d		the plan have a loss, whether or not reimbursed by the plan's fidel			10d		X					
е	insı	re any fees or commissions paid to any brokers, agents, or other purance service or other organization that provides some or all of the tructions.)	e benefits under the	e plan? (See	10e	X				552		
f	Has	s the plan failed to provide any benefit when due under the plan?			10f		X					
g	Did	the plan have any participant loans? (If "Yes," enter amount as of		10g		X						
•		his is an individual account plan, was there a blackout period? (See			iog							
	252	20.101-3.)			10h							
i		Oh was answered "Yes," check the box if you either provided the re eptions to providing the notice applied under 29 CFR 2520.101-3	10i									
Part '	VI	Pension Funding Compliance										
	1 Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500))											
12												
	(If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.)											
	a If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiver											
	If you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.											
		er the minimum required contribution for this plan year				T	12b					
		er the amount contributed by the employer to the plan for this plan	•			⊢	12c					
	neg	stract the amount in line 12c from the amount in line 12b. Enter the ative amount)				_	12d	7 F	1 F			
		the minimum funding amount reported on line 12d be met by the fu	unding deadline?					Yes	No	N/A		
Part '	VII	Plan Terminations and Transfers of Assets										
13a	Has	s a resolution to terminate the plan been adopted during the plan ye	ear or any prior yea	r?					Yes	X No		
		es," enter the amount of any plan assets that reverted to the employees					13a					
	of t	re all the plan assets distributed to participants or beneficiaries, tran he PBGC?							Yes	X No		
С		uring this plan year, any assets or liabilities were transferred from the ch assets or liabilities were transferred. (See instructions.)	this plan to another	plan(s), identify th	ne plai	n(s) to						
1:	3c(1) Name of plan(s):				130	c(2) EI	N(s)	13c(3)	PN(s)		
Cauti	on:	A penalty for the late or incomplete filing of this return/report	will be assessed u	ınless reasonabl	e cau	se is	establ	ished.				
SB or	Sch	nalties of perjury and other penalties set forth in the instructions, I directly and signed by an enrolled actuary, as well as a true, correct, and complete.										
SIGN	ı	iled with authorized/valid electronic signature.	07/20/2011	MICHAEL HASTII	NGS							
HERI	HERE Signature of plan administrator Date Enter name of individual signing as plan administrator											

Date

Enter name of individual signing as employer or plan sponsor

SCHEDULE SB (Form 5500)

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Single-Employer Defined Benefit Plan **Actuarial Information**

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6059 of the Internal Revenue Code (the Code).

OMB No. 1210-0110

2010

This Form is Open to Public Inspection

						File as	an attach	ment to For	m 5500 or	5500	-SF.					
For	caler	ndar p	lan year 2010	or fiscal plan y	ea	r beginning 0°	1/01/2010)			and end	ing 12/3	l/201	0		
•	Roun	d off	amounts to	nearest dollar.												
•	Cauti	on: A	penalty of \$1	1,000 will be as	ses	sed for late filing o	of this repo	ort unless rea	asonable ca	ause i	is establish	ed.				
A N	lame HAEL	of pla R. H	n ASTINGS, P.	.S. DEFINED B	ΕN	EFIT PENSION PI	LAN			В	Three-dig	•		>	001	
											<u> </u>					
C F	lan s	ponso	r's name as	shown on line 2	a c	of Form 5500 or 55	00-SF			D	Employer	Identificati	on N	umber	(EIN)	
			ASTINGS, P.							91	-1747110				,	
Ет	уре о	f plan:	X Single	Multiple-A		Multiple-B		F Prior year	plan size:	X 10	0 or fewer	101-50	00	More	than 500	
Pa	rt I	Ba	asic Inforr	mation												
1			valuation dat		Mc	nth <u>12</u> [Day <u>31</u>	Yea	r <u>2010</u>	_						
2	Ass	ets:														
	а	Mark	et value									2a				90388
	b	Actua	arial value									2b				90388
3	Fun	ding t	arget/particip	ant count break	do	wn			(1) 1	Numb	er of partici	pants		(2)	Funding Targ	et
	а	For r	etired particip	pants and bene	fici	aries receiving pay	ment	3a				0				0
	b	For t	erminated ve	ested participan	s.			3b				2				2083
	С		active particip					L.								
											30769					
(2) Vested benefits 3c(2)								-				46153				
(3) Total active							1				76922					
	d	` '										3	79005			
4																
	а	Fund	ing target dis	regarding pres	crib	ed at-risk assumpt	tions			ш		4a				
	b	Fund	ing target ref	lecting at-risk a	ssı	ımptions, but disre	garding tr	ransition rule	for plans th	nat ha	ave been	4h				
5	Effo					ve years and disreg						5				6.21 %
6												6				25641
			Enrolled Act													
	To the baccorda	pest of nance with	ny knowledge, the h applicable law a	e information supplie	y op	this schedule and accombinion, each other assumblence under the plan.										
	IGN ERE													07/08/2	2011	
				Signa	itu	e of actuary								Date		
STE	PHEN	I R. P.	ARKS, MSPA	A, COPA										11-04	577	
THE	SENI	EX GF	ROUP	Type or p	int	name of actuary				_	-	Most re		enrollm 18-593	nent number -3535	
					irr	n name					Te	elephone r	numb	er (incl	uding area cod	de)
			A BLVD., SU ILLS, CA 913													
				Add	res	ss of the firm				_						
If the	actur	ary ha	s not fully rof	lected any requi	lati	on or ruling promu	lasted un	der the statu	te in compl	etina	this school	ıla chack	the h	ov and	\$00	$\overline{}$
instru		•	o not rully IEI	iccieu ariy regu	ial	on or runnig proffic	igaleu ull	uci ilic sidili	to in compi	Gung	uno ouncul	ne, crieck	ui c D	on and	300	Ш

Page	2-	1

Part III	Pa	art II	Begin	ning of year	carryove	er and prefunding ba	lances						
Portion used to offset prior year's funding requirement (Item 35 from prior year) 0 0 0 0 0 0 0 0 0								(a) (Carryover balance		(b) F	Prefundi	ng balance
9 Amount remaining (term 7 minus item 8)	7			0 ,		,				0			7259
Total Prior year's excess contributions to be added to prefunding balance:	8	Portion (used to	offset prior year's	funding red	quirement (Item 35 from pric	r year)			0			0
11 Prior year's excess contributions to be added to prefunding balance: a Excess contributions (tem 38 from prior year) b Interest on (a) using prior year's effective rate of	9	Amount	remainir	ng (Item 7 minus i	tem 8)					0			7259
11 Prior year's excess contributions to be added to prefunding balance: a Excess contributions (tem 38 from prior year) b Interest on (a) using prior year's effective rate of	10	Interest	on item	9 using prior year	s actual re	turn of -15.23 %				0			-1106
b Interest on (a) using prior year's effective rate of	11												
C Total available at beginning of current plan year to add to prefunding balance		a Exce	ss contr	ributions (Item 38	from prior y	/ear)							17938
C Total available at beginning of current plan year to add to prefunding balance													0
d Portion of (c) to be added to prefunding balance													17938
12 Reduction in balances due to elections or deemed elections		47000											
Part III Funding percentages 14 Funding percentages 15 Adjusted funding percentage 15 137,10 % 15 137,10 % 16 Prior year's funding percentage for purposes of determining whether carryover/prefunding balances may be used to reduce current year's funding requirement	12												
Part III Funding percentages 14 Funding target attainment percentage 15 Adjusted funding target attainment percentage 15 137.10 % 15 137.10 % 15 137.10 % 16 Prior year's funding percentage for purposes of determining whether carryover/prefunding balances may be used to reduce current year's funding requirement. 16 122.18 % 17 If the current value of the assets of the plan is less than 70 percent of the funding target, enter such percentage. 17 % 17 % 18 Contributions and liquidity shortfalls 18 Contributions made to the plan for the plan year by employer(s) and employees: (a) Date (b) Amount paid by employer (c) Amount paid by employer(s) (c) Amount paid by employer(s) (d) Date (d)										0			24091
14 Funding target attainment percentage													
15 Adjusted funding target attainment percentage	, , , , , , , , , , , , , , , , , , , ,										14	82.02 %	
16 Prior year's funding percentage for purposes of determining whether carryover/prefunding balances may be used to reduce current year's funding requirement												15	137.10 %
17 If the current value of the assets of the plan is less than 70 percent of the funding target, enter such percentage		6 Prior year's funding percentage for purposes of determining whether carryover/prefunding balances may be used to reduce											
Part IV Contributions and liquidity shortfalls 18 Contributions made to the plan for the plan year by employer(s) and employees: (a) Date (MM-DD-YYYY) (b) Amount paid by employer(s) (c) Amount paid by employees (MM-DD-YYYY) (b) Amount paid by employees (mM-DD-YYYY) (mM-DD-YYYYY) (mM-DD-YYYY) (mM-DD-YYYYY) (mM-DD-YYYY) (mM-DD-	17												
18 Contributions made to the plan for the plan year by employer(s) and employees: (a) Date (MM-DD-YYYY) (b) Amount paid by employer(s) (c) Amount paid by employees (MM-DD-YYYY) (b) Amount paid by employees 03/18/2011 53761 537													
(a) Date (MM-DD-YYYY) bemployer(s) (c) Amount paid by employees (MM-DD-YYYY) bemployer(s) (e) Amount paid by employer contributions allocated to a see instructions for small plan with a valuation date after the beginning of the year: a Contributions allocated toward unpaid minimum required contribution from prior years. [19a] 0 b Contributions made to avoid restrictions adjusted to valuation date [19b] 0 c Contributions allocated toward minimum required contribution for current year adjusted to valuation date [19c] 53082 20 Quarterly contributions and liquidity shortfalls: [Yes] No b If 20a is "Yes," were required quarterly installments for the current year made in a timely manner? [Yes] No c If 20a is "Yes," see instructions and complete the following table as applicable: [Yes] No c If 20a is "Yes," see instructions and complete the following table as applicable: [Yes] No c If 20a is "Yes," see instructions and complete the following table as applicable: [Yes] No c If 20a is "Yes," see instructions and complete the following table as applicable: [Yes] No c [Yes] No c [Yes] No c [Yes] No													
(MM-DD-YYYY) employer(s) employees (MM-DD-YYYY) employer(s) employees 03/18/2011 53761 Totals ▶ 18(b) 53761 18(c) 19 Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year: a Contributions allocated toward unpaid minimum required contribution from prior years								ate	(b) Amount pa	id by	(0	c) Amou	nt paid by
Totals ► 18(b) 53761 18(c) 19 Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year: a Contributions allocated toward unpaid minimum required contribution from prior years. 19a 0 b Contributions made to avoid restrictions adjusted to valuation date 19b 0 c Contributions allocated toward minimum required contribution for current year adjusted to valuation date 19c 53082 20 Quarterly contributions and liquidity shortfalls: a Did the plan have a "funding shortfall" for the prior year?	(N										,		
Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year: a Contributions allocated toward unpaid minimum required contribution from prior years	03	8/18/2011			53761								
Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year: a Contributions allocated toward unpaid minimum required contribution from prior years													
Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year: a Contributions allocated toward unpaid minimum required contribution from prior years													
Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year: a Contributions allocated toward unpaid minimum required contribution from prior years													
Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year: a Contributions allocated toward unpaid minimum required contribution from prior years													
Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year: a Contributions allocated toward unpaid minimum required contribution from prior years													
a Contributions allocated toward unpaid minimum required contribution from prior years							Totals ▶	18(b)		53761	18(c)		
b Contributions made to avoid restrictions adjusted to valuation date	19	Discount	ed emp	loyer contributions	s – see inst	ructions for small plan with	a valuation	date after tl	he beginning of the	year:			
C Contributions allocated toward minimum required contribution for current year adjusted to valuation date		a Contri	butions	allocated toward u	ınpaid min	imum required contribution	from prior ye	ears		19a			0
20 Quarterly contributions and liquidity shortfalls: a Did the plan have a "funding shortfall" for the prior year?		b Contri	butions	made to avoid res	trictions ac	djusted to valuation date				19b			0
20 Quarterly contributions and liquidity shortfalls: a Did the plan have a "funding shortfall" for the prior year?		C Contril	outions a	allocated toward mi	nimum requ	uired contribution for current y	ear adjusted	to valuation	n date	19c			53082
a Did the plan have a "funding shortfall" for the prior year?	20						<u> </u>						
b If 20a is "Yes," were required quarterly installments for the current year made in a timely manner?		-		-	=					 			Yes X No
Liquidity shortfall as of end of Quarter of this plan year			•	-		• •						<u> </u>	
		C If 20a	is "Yes,	" see instructions	and compl	ete the following table as ap	plicable:						
(1) 1st (2) 2nd (3) 3rd (4) 4th			(4)				nd of Quarte			1		(4)	
			(1) 1s	st		(2) 2nd		(3)	3rd			(4) 4th	1

Pa	rt V Assumptio	ns used to determine f	unding target and targ	get no	ormal cost						
21	Discount rate:		<u> </u>								
	a Segment rates:	1st segment: 3.61 %	2nd segment: 6.20 %		3rd segment: 6.53 %		N/A, full yield curve used				
	b Applicable month	(enter code)				21b	2				
22	Weighted average ret	tirement age				22	65				
23	Mortality table(s) (see	e instructions)	escribed - combined	Preso	ribed - separate	Substitut	te				
Pa	rt VI Miscellane	ous items									
24	Has a change been m	nade in the non-prescribed act	•		•		~ · — —				
)F	attachment										
25		•	•								
26	· · · · · · · · · · · · · · · · · · ·	provide a Schedule of Active	•			attachment	Yes No				
27		or (and is using) alternative fur	•			27					
Pa	Part VII Reconciliation of unpaid minimum required contributions for prior years										
28	Unpaid minimum requ	28	0								
29 Discounted employer contributions allocated toward unpaid minimum required contributions from prior years (item 19a)											
30	,	f unpaid minimum required cor				30	0				
Pai		required contribution		,		<u>l</u>					
31		djusted, if applicable (see insti				31	25641				
	Amortization installme	, , , , , , , , , , , , , , , , , , , ,			Outstanding Bala	ince	Installment				
		ization installment				0	0				
	_	on installment		H		0	0				
33		approved for this plan year, en Day Year				33					
34	3 - 1 -	ment before reflecting carryove				34	25641				
			Carryover balance		Prefunding bala	nce	Total balance				
35	Balances used to offs	set funding requirement		0		0	0				
36	Additional cash requir	rement (item 34 minus item 35)			36	25641				
37		ed toward minimum required co	•	•		37 530					
38	Interest-adjusted exce	ess contributions for current ye	ear (see instructions)			38	27441				
39	Unpaid minimum requ	uired contribution for current ye	ear (excess, if any, of item 36	over it	em 37)	39	0				
40	Unpaid minimum requ	uired contribution for all years.		40	0						

MICHAEL R. HASTINGS, P.S. DEFINED BENEFIT PENSION PLAN EMPLOYER ID#: 91-1747110: PLAN NO. 001 PLAN YEAR ENDING: DECEMBER 31, 2010

SCHEDULE SB, LINE 22 -DESCRIPTION OF WEIGHTED AVERAGE RETIREMENT AGE

The method for determining the Weighted Average Retirement Age is as follows:

A weighting factor is determined for each active participant by multiplying their assumed Retirement Age by the Present Value of their Accrued Benefit (PVAB). The sum of these factors is then divided by the sum of the PVAB's to determine the Weighted Average Retirement Age.

Statement of Actuarial Assumptions and Method Plan Year: 1/1/2010 to 12/31/2010 Valuation Date: 12/31/2010

	For PPA Funding	<u>For 417(e)</u>	For Actuarial Equiv.			
Interest Rates	Segment 1 3.61%	Segment 1 2.16%	Pre-Retirement 5.00%			
	Segment 2 6.20%	Segment 2 4.77%	Post-Retirement 5.00%			
	Segment 3 6.53%	Segment 3 6.05%				
Pre-Retirement						
Turnover	None	None	None			
Mortality	None	None	None			
Assumed Ret Age	Normal retirement age 65 and 5 years of participation	Normal retirement age 65 and 5 years of participation	Normal retirement age 65 and 5 years of participation			
Future Insurance	Insurance is assumed to be carried at the current level until retirement		Not applicable			
Post-Retirement						
Mortality	Male-modified RP2000 combined healthy male projected 25 & 17 yrs Female-modified RP2000 combined healthy female projected 25 & 17 yrs	2011 Applicable Mortality Table from Rev Rul 2006-67	GAR 94 without loads projected to 2002 with scale AA 50%M/50%F			
Assumed Benefit Form	For Funding	Lump Sum				
Calculated Effective Int	erest Rate	6.21%				

An actuarial value of assets is used for funding purposes. This year the actuarial value of assets is 100.0% of the market value of assets.

Summary of Plan Provisions Plan Year: 1/1/2010 to 12/31/2010

Plan Effective Date January 1, 2007

Plan Year From January 1 to December 31

Eligibility All employees not excluded by class are eligible to enter on the

January 1 or July 1 coincident with or following the completion of

the following requirements:

1 year of service Minimum age 21

Union employees and non-resident aliens are excluded.

Normal Retirement Age All participants are eligible to retire with their full retirement benefit

on the later of the following:

Attainment of age 65

Completion of 5 years of participation

Normal Retirement Benefit Upon normal retirement each participant will be entitled to a benefit

payable in the normal form equal to the following:

145 percent of compensation

with the benefit reduced proportionately for each year of service less than 25

Credited years are plan years commencing with the year of entry and ending with the retirement year excluding the following:

Years with less than 1,000 hours

Maximum benefit is \$16,250 per month Maximum percent of salary is 100%

Benefit is based on average salary during the highest 3 consecutive

years of employment

Normal Form of Benefit A benefit payable for the life of the participant

Accrued Benefit A fraction of the normal retirement benefit calculated based on the

assumption that the average salary preceding termination equals the average salary at retirement such fraction being equal to the years to date divided by what the years at retirement would have been had

employment continued until retirement

Credited years are plan years commencing with the year of entry and

ending with the retirement year excluding the following:

Summary of Plan Provisions Plan Year: 1/1/2010 to 12/31/2010

Years with less than 1,000 hours

Termination Benefit

Upon termination for any reason other than death, disability or retirement a participant shall be entitled to a portion of the actuarial equivalent of his accrued benefit in accordance with the following vesting schedule:

Credited Years	Vested Percent
1	0
2	20
3	40
4	60
5	80
6	100

Credited years are plan years commencing with the year of hire and ending with the retirement year excluding the following:

Years before the effective date Years with less than 1,000 hours

Top-Heavy Minimum Benefit

Each non-key participant will be entitled to a minimum accrued benefit equal to the following:

2 percent of average compensation times credited years

Credited years are plan years commencing with the year of entry and ending with the retirement year excluding the following:

Years before the effective date Years with less than 1,000 hours excluding years plan not top-heavy

with a maximum of 10 years

Benefit is based on average salary during the highest 5 consecutive years of employment

Top-Heavy Normal Form

A benefit payable for the life of the participant

Top-Heavy Status

A plan is top-heavy if over 60% of the value of all accrued benefits in all of the employer's plans are for the benefit of key employees. A key employee is generally an officer or owner of the company. This plan is currently top-heavy.

Death Benefit

Proceeds of any insurance policies on the life of the participant plus the actuarial reserves under a typical Individual Level Premium method less the cash value of such policies Attachment to 2010 Schedule SB, Part V - EIN: 91-1747110 PN: 001

MICHAEL R. HASTINGS, P.S. DEFINED BENEFIT PENSION PLAN

Summary of Plan Provisions Plan Year: 1/1/2010 to 12/31/2010

Insurance

PACIFIC LIFE INSURANCE COMPANY FLEX XV BASIC HIGH BAND--50 times theoretical reserves

SCHEDULE SB (Form 5500)

Department of the Treasury Internal Revenue Service

Department of Lebor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Single-Employer Defined Benefit Plan Actuarial Information

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6059 of the Internal Revenue Code (the Code).

File as an attachment to Form 5500 or 5500-SF.

OMB No. 1210-0110

2010

This Form is Open to Public Inspection

For calendar plan year 2010 or fiscal plan year beginning	and ending	
Round off amounts to nearest dollar.		
Caution: A penalty of \$1,000 will be assessed for late filing of this report unless rea	sonable cause is established.	
A Name of plan	B Three-digit	
MICHAEL R. HASTINGS, P.S. DEFINED BENEFIT PENSION PLAN	plan number (Pi	v) • 001
C Plan sponsor's name as shown on line 2a of Form 5500 or 5500-SF	D Employer Identific	cation Number (EIN)
MICHAEL R. HASTINGS, P.S.	91-1747110	
E Type of plan: Single Multiple-A Multiple-B F Prior year	plan size: 🛛 100 or fewer 📗 101	-500 More than 500
Part I Basic Information		
to-sand the sand the	2010	
2 Assets:	2010	
a Market value	2a	90388
•	01	· · · · · · · · · · · · · · · · · · ·
b Actuarial value		
3 Funding target/participant count breakdown	(1) Number of participants	(2) Funding Target
a For retired participants and beneficiaries receiving payment		
b For terminated vested participants		2 2083
C For active participants:		
(1) Non-vested benefits		30769
(2) Vested benefits		46153
(3) Total active		1 76922
d Total		3 79005
4 If the plan is at-risk, check the box and complete items (a) and (b)	П	
a Funding target disregarding prescribed at-risk assumptions	4a	
b Funding target reflecting at-risk assumptions, but disregarding transition rule	for plane that have been	
at-risk for fewer than five consecutive years and disregarding loading factor.		
5 Effective interest rate	5	6.21 %
6 Target normal cost	6	25641
Statement by Enrolled Actuary		
To the best of my knowledge, the information supplied in this schedule and accompanying schedules, statemer accordance with applicable law and regulations. In my opinion, each other assumption is reasonable (taking int	its and attachments, if any, is complete and a	ccurate. Each prescribed assumption was applied in
combination, offer my best estimate of anticipated experience under the plan.	Adopting and oxposition of the plan and reco	on a control of the c
SIGN /A		
HERE A	7/:	8/4
Signature of actuary		Date
STEPHEN R. PARKS, MSPA, COPA		11-04577
· · · · · · · · · · · · · · · · · · ·		at recent enrollment number
Type or print name of actuary THE SENEX GROUP	Mos	818-593-3535
4* Nith data data assessment the second assessment as a second assessment to the second assessme		1
Firm name	Telephor	ne number (including area code)
21021 VENTURA BLVD., SUITE 310 WOODLAND HILLS CA 91364		
EIGEL TEITION DETOIL OUTE ON THOODERING HILLS ON VIOUT		
Address of the firm		
If the actuary has not fully reflected any regulation or ruling promulgated under the statu	to in completing this echadule, she	ock the hovendees
instructions	,o ar completing the schedule, the	U DOX dild 300

Pa	art II B	eginning of year	carryover	and p	refunding bal	ances						
			<u> </u>				(a) Carryover balance		(b) 1	Prefundi	ng balance
7		beginning of prior year							0			7259
8	Portion use	ed to offset prior year's	funding requi	rement	(Item 35 from prior	year)	•		0			0
9	Amount rea	maining (item 7 minus i	tem 8)			***********			0			7259
10	Interest on	item 9 using prior year	s actual retu	rn of	-15.23 %				0			-1106
11	•	excess contributions t										
	a Excess	contributions (Item 38	from prior yea	ar)	***************************************							17938
	b Interest	t on (a) using prior year	's effective ra	ite of _	%							0
C Total available at beginning of current plan year to add to prefunding balance									17938			
	d Portion of (c) to be added to prefunding balance											
12		in balances due to elec			···				0	***************	····	0
13	Balance at	beginning of current ye	ar (item 9 + i	tem 10	+ item 11d – item	12)			0			24091
Р	Part III Funding percentages											
	14 Funding target attainment percentage											
	15 Adjusted funding target attainment percentage										15	137.10 %
	16 Prior year's funding percentage for purposes of determining whether carryover/prefunding balances may be used to reducurrent year's funding requirement.									9	16	122.18 %
17 If the current value of the assets of the plan is less than 70 percent of the funding target, enter such percentage											17	%
P	Part IV Contributions and liquidity shortfalls											
18	18 Contributions made to the plan for the plan year by employer(s) and employees:											
(N	(a) Date 1M-DD-YYY	(b) Amount p Y) employer			mount paid by mployees	(a) (i (MM-DD)		(b) Amount pa employer(aid by	(4		nt paid by oyees
	3/18/2011		53761			<u> </u>		5,0,0,0,0	-/			-
												
										<u> </u>		***************************************
*******										<u> </u>		
	···-					·					•	
		······································				Totals ▶	18(b)	53761	18(c)		
19	Discounted	i employer contribution	s – see instru	ctions f	or small plan with	valuation	date after	the beginning of the	year:			
		itions allocated toward										0
	b Contribu	itions made to avoid res	strictions adju	sted to	valuation date	*******			19b			0
	C Contribu	tions allocated toward m	nimum requir	ed conti	ibution for current y	ear adjusted	I to valuati	on date	19c			53082
20	Quarterly o	contributions and liquidit	y shortfalls:		· · · · · · · · · · · · · · · · · · ·	-					· · · · · · · · · · · · · · · · · · ·	
		plan have a "funding sh		ргіог у	ear?				ــــــــــــــــــــــــــــــــــــــ			Yes X No
	b If 20a is	"Yes," were required qu	uarterly Instal	llments	for the current yea	r made in a					_	Yes No
	C If 20a is	"Yes," see instructions	and complete									
		1) 1et			ty shortfall as of er 2nd	d of Quarte			1		(A) A13	<u> </u>
		1) 1st		(2)	LIN		(3)	3rd	+		(4) 4ti	1

Da	rt V Assumptio	ne used to determine f	unding target and target	normal coat		
21	TV Assumptions used to determine funding target and target normal cost Discount rate:					
<i>6</i> 4 I	a Segment rates:	1st segment:	2nd segment:	3rd segment	:	П
	a Cogmentiales.	3.61 %	6.20 %	6.53 %		N/A, full yield curve used
	b Applicable month	(enter code)			21b	2
22	Weighted average ret	tirement age		***************************************	22	65
23	Mortality table(s) (see instructions) Prescribed - combined Prescribed - separate			escribed - separate	Substitut	te
Pa	rt VI Misceliane	ous items	·			
·			uarial assumptions for the currer	t plan year? If "Yes," see	instructions	regarding required
	· ·	•		•		
25	Has a method change	e been made for the current pla	an year? If "Yes," see instruction	s regarding required attac	hment	Yes 🛚 No
26	is the plan required to	provide a Schedule of Active	Participants? If "Yes," see instru	ctions regarding required	attachment	Yes X No
27			nding rules, enter applicable cod		27	
Pa			m required contribution	•	1	· · · · · · · · · · · · · · · · · · ·
28		······································	ears	•	. 28	0
29					1	
	Discounted employer contributions allocated toward unpaid minimum required contributions from prior years (item 19a)			29	0	
30	Remaining amount of	f unpaid minimum required con	tributions (item 28 minus item 2))	. 30	0
Pa	rt VIII Minimum	required contribution (or current year			
31	Target normal cost, a	idjusted, if applicable (see instr	uctions)	***************************************	. 31	25641
32	Amortization installme	**************************************	and the second s	Outstanding Bal	ance	Installment
	a Net shortfall amort	lization installment	***************************************	0		0
	b Walver amortization	er amortization installment			0	0
33	If a waiver has been approved for this plan year, enter the date of the ruling letter granting the approval			22		
	(Month Day Year) and the walved amount				33	
34	Total funding requirement before reflecting carryover/prefunding balances (item 31 + item 32a + item 32b – item 33)			34	25641	
	Carryover balance Prefunding ba		nce	Total balance		
35	Balances used to offs	set funding requirement		0	0	0
36	Additional cash requir	Additional cash requirement (item 34 minus item 35)		************************************	. 36	25641
37	Contributions allocated toward minimum required contribution for current year adjusted to valuation date (Item 19c)			37	53082	
38	Interest-adjusted excess contributions for current year (see instructions)			38	27441	
39	Unpaid minimum required contribution for current year (excess, if any, of item 36 over item 37)			· · · · · · · · · · · · · · · · · · ·	0	
40	Unpaid minimum required contribution for all years				0	

MICHAEL R. HASTINGS, P.S. DEFINED BENEFIT PENSION PLAN EMPLOYER ID#: 91-1747110: PLAN NO. 001 PLAN YEAR ENDING: DECEMBER 31, 2010

SCHEDULE SB, LINE 22 -DESCRIPTION OF WEIGHTED AVERAGE RETIREMENT AGE

The method for determining the Weighted Average Retirement Age is as follows:

A weighting factor is determined for each active participant by multiplying their assumed Retirement Age by the Present Value of their Accrued Benefit (PVAB). The sum of these factors is then divided by the sum of the PVAB's to determine the Weighted Average Retirement Age.

Statement of Actuarial Assumptions and Method Plan Year: 1/1/2010 to 12/31/2010 Valuation Date: 12/31/2010

	For PPA Funding	<u>For 417(e)</u>	For Actuarial Equiv.
Interest Rates	Segment 1 3.61%	Segment 1 2.16%	Pre-Retirement 5.00%
	Segment 2 6.20%	Segment 2 4.77%	Post-Retirement 5.00%
	Segment 3 6.53%	Segment 3 6.05%	
Pre-Retirement			
Turnover	None	None	None
Mortality	None	None	None
Assumed Ret Age	Normal retirement age 65 and 5 years of participation	Normal retirement age 65 and 5 years of participation	Normal retirement age 65 and 5 years of participation
Future Insurance	Insurance is assumed to be carried at the current level until retirement		Not applicable
Post-Retirement			
Mortality	Male-modified RP2000 combined healthy male projected 25 & 17 yrs Female-modified RP2000 combined healthy female projected 25 & 17 yrs	2011 Applicable Mortality Table from Rev Rul 2006-67	GAR 94 without loads projected to 2002 with scale AA 50%M/50%F
Assumed Benefit Form For Funding		Lump Sum	
Calculated Effective Interest Rate		6.21%	

An actuarial value of assets is used for funding purposes. This year the actuarial value of assets is 100.0% of the market value of assets.

Summary of Plan Provisions Plan Year: 1/1/2010 to 12/31/2010

Plan Effective Date January 1, 2007

Plan Year From January 1 to December 31

Eligibility All employees not excluded by class are eligible to enter on the

January 1 or July 1 coincident with or following the completion of

the following requirements:

1 year of service Minimum age 21

Union employees and non-resident aliens are excluded.

Normal Retirement Age All participants are eligible to retire with their full retirement benefit

on the later of the following:

Attainment of age 65

Completion of 5 years of participation

Normal Retirement Benefit Upon normal retirement each participant will be entitled to a benefit

payable in the normal form equal to the following:

145 percent of compensation

with the benefit reduced proportionately for each year of service

less than 25

Credited years are plan years commencing with the year of entry and

ending with the retirement year excluding the following:

Years with less than 1,000 hours

Maximum benefit is \$16,250 per month Maximum percent of salary is 100%

Benefit is based on average salary during the highest 3 consecutive

years of employment

Normal Form of Benefit A benefit payable for the life of the participant

Accrued Benefit A fraction of the normal retirement benefit calculated based on the

assumption that the average salary preceding termination equals the average salary at retirement such fraction being equal to the years to date divided by what the years at retirement would have been had

employment continued until retirement

Credited years are plan years commencing with the year of entry and

ending with the retirement year excluding the following:

Summary of Plan Provisions Plan Year: 1/1/2010 to 12/31/2010

Years with less than 1,000 hours

Termination Benefit

Upon termination for any reason other than death, disability or retirement a participant shall be entitled to a portion of the actuarial equivalent of his accrued benefit in accordance with the following vesting schedule:

Credited Years	Vested Percent		
1	0		
2	20		
3	40		
4	60		
5	80		
6	100		

Credited years are plan years commencing with the year of hire and ending with the retirement year excluding the following:

Years before the effective date Years with less than 1,000 hours

Top-Heavy Minimum Benefit

Each non-key participant will be entitled to a minimum accrued benefit equal to the following:

2 percent of average compensation times credited years

Credited years are plan years commencing with the year of entry and ending with the retirement year excluding the following:

Years before the effective date Years with less than 1,000 hours excluding years plan not top-heavy

with a maximum of 10 years

Benefit is based on average salary during the highest 5 consecutive years of employment

Top-Heavy Normal Form

A benefit payable for the life of the participant

Top-Heavy Status

A plan is top-heavy if over 60% of the value of all accrued benefits in all of the employer's plans are for the benefit of key employees. A key employee is generally an officer or owner of the company. This plan is currently top-heavy.

Death Benefit

Proceeds of any insurance policies on the life of the participant plus the actuarial reserves under a typical Individual Level Premium method less the cash value of such policies Attachment to 2010 Schedule SB, Part V - EIN: 91-1747110 PN: 001

MICHAEL R. HASTINGS, P.S. DEFINED BENEFIT PENSION PLAN

Summary of Plan Provisions Plan Year: 1/1/2010 to 12/31/2010

Insurance

PACIFIC LIFE INSURANCE COMPANY FLEX XV BASIC HIGH BAND--50 times theoretical reserves

MICHAEL R. HASTINGS, P.S. DEFINED BENEFIT PENSION PLAN EMPLOYER ID#: 91-1747110: PLAN NO. 001 PLAN YEAR ENDING: DECEMBER 31, 2010

SCHEDULE SB, LINE 22 -DESCRIPTION OF WEIGHTED AVERAGE RETIREMENT AGE

The method for determining the Weighted Average Retirement Age is as follows:

A weighting factor is determined for each active participant by multiplying their assumed Retirement Age by the Present Value of their Accrued Benefit (PVAB). The sum of these factors is then divided by the sum of the PVAB's to determine the Weighted Average Retirement Age.

Statement of Actuarial Assumptions and Method Plan Year: 1/1/2010 to 12/31/2010 Valuation Date: 12/31/2010

	For PPA Funding	<u>For 417(e)</u>	For Actuarial Equiv.	
Interest Rates	Segment 1 3.61%	Segment 1 2.16%	Pre-Retirement 5.00%	
	Segment 2 6.20%	Segment 2 4.77%	Post-Retirement 5.00%	
	Segment 3 6.53%	Segment 3 6.05%		
Pre-Retirement				
Turnover	None	None	None	
Mortality	None	None	None	
Assumed Ret Age	Normal retirement age 65 and 5 years of participation	Normal retirement age 65 and 5 years of participation	Normal retirement age 65 and 5 years of participation	
Future Insurance	Insurance is assumed to be carried at the current level until retirement		Not applicable	
Post-Retirement				
Mortality	Male-modified RP2000 combined healthy male projected 25 & 17 yrs Female-modified RP2000 combined healthy female projected 25 & 17 yrs	2011 Applicable Mortality Table from Rev Rul 2006-67	GAR 94 without loads projected to 2002 with scale AA 50%M/50%F	
Assumed Benefit Form	For Funding	Lump Sum		
Calculated Effective Int	erest Rate	6.21%		

An actuarial value of assets is used for funding purposes. This year the actuarial value of assets is 100.0% of the market value of assets.

Summary of Plan Provisions Plan Year: 1/1/2010 to 12/31/2010

Plan Effective Date January 1, 2007

Plan Year From January 1 to December 31

Eligibility All employees not excluded by class are eligible to enter on the

January 1 or July 1 coincident with or following the completion of

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1 year of service Minimum age 21

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Attainment of age 65

Completion of 5 years of participation

Normal Retirement Benefit Upon normal retirement each participant will be entitled to a benefit

payable in the normal form equal to the following:

145 percent of compensation

with the benefit reduced proportionately for each year of service less than 25

Credited years are plan years commencing with the year of entry and ending with the retirement year excluding the following:

Years with less than 1,000 hours

Maximum benefit is \$16,250 per month Maximum percent of salary is 100%

Benefit is based on average salary during the highest 3 consecutive

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Normal Form of Benefit A benefit payable for the life of the participant

Accrued Benefit A fraction of the normal retirement benefit calculated based on the

assumption that the average salary preceding termination equals the average salary at retirement such fraction being equal to the years to date divided by what the years at retirement would have been had

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Summary of Plan Provisions Plan Year: 1/1/2010 to 12/31/2010

Years with less than 1,000 hours

Termination Benefit

Upon termination for any reason other than death, disability or retirement a participant shall be entitled to a portion of the actuarial equivalent of his accrued benefit in accordance with the following vesting schedule:

Credited Years	Vested Percent		
1	0		
2	20		
3	40		
4	60		
5	80		
6	100		

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Years before the effective date Years with less than 1,000 hours

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Top-Heavy Normal Form

A benefit payable for the life of the participant

Top-Heavy Status

A plan is top-heavy if over 60% of the value of all accrued benefits in all of the employer's plans are for the benefit of key employees. A key employee is generally an officer or owner of the company. This plan is currently top-heavy.

Death Benefit

Proceeds of any insurance policies on the life of the participant plus the actuarial reserves under a typical Individual Level Premium method less the cash value of such policies Attachment to 2010 Schedule SB, Part V - EIN: 91-1747110 PN: 001

MICHAEL R. HASTINGS, P.S. DEFINED BENEFIT PENSION PLAN

Summary of Plan Provisions Plan Year: 1/1/2010 to 12/31/2010

Insurance

PACIFIC LIFE INSURANCE COMPANY FLEX XV BASIC HIGH BAND--50 times theoretical reserves

MICHAEL R. HASTINGS, P.S. DEFINED BENEFIT PENSION PLAN EMPLOYER ID#: 91-1747110: PLAN NO. 001 PLAN YEAR ENDING: DECEMBER 31, 2010

SCHEDULE SB, LINE 22 -DESCRIPTION OF WEIGHTED AVERAGE RETIREMENT AGE

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	Segment 3 6.53%	Segment 3 6.05%		
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Turnover	None	None	None	
Mortality	None	None	None	
Assumed Ret Age	Normal retirement age 65 and 5 years of participation	Normal retirement age 65 and 5 years of participation	Normal retirement age 65 and 5 years of participation	
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Mortality	Male-modified RP2000 combined healthy male projected 25 & 17 yrs Female-modified RP2000 combined healthy female projected 25 & 17 yrs	2011 Applicable Mortality Table from Rev Rul 2006-67	GAR 94 without loads projected to 2002 with scale AA 50%M/50%F	
Assumed Benefit Form	For Funding	Lump Sum		
Calculated Effective Int	erest Rate	6.21%		

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Summary of Plan Provisions Plan Year: 1/1/2010 to 12/31/2010

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MICHAEL R. HASTINGS, P.S. DEFINED BENEFIT PENSION PLAN

Summary of Plan Provisions Plan Year: 1/1/2010 to 12/31/2010

Insurance

PACIFIC LIFE INSURANCE COMPANY FLEX XV BASIC HIGH BAND--50 times theoretical reserves