| | Form 5500-SF | | ort Form Annual Return/Report of Small Employee Benefit Plan | | | | | |
|---|---|--|---|-------------------------------------|---|--|--|--|
| | Internal Polycours Convice | | | - | 2010 | | | |
| Department of Labor Retirement Income Security Ad | | | d under sections 104 and 4065 of the Employee ct of 1974 (ERISA), and section 6058(a) of the Revenue Code (the Code). | | | This Form is Open to Public | | |
| P | Pension Benefit Guaranty Corporation Inspection | | | | | | | |
| | Part I Annual Report Identification Information For calendar plan year 2010 or fiscal plan year beginning 01/01/2010 and ending 12/31/2010 | | | | | | | |
| | This return/report is for: | single-employer plan | multiple-e | mployer plan (not multiemployer) | | one-participant plan | | |
| | This return/report is for: | first return/report | final retur | | | | | |
| _ | | an amended return/report | | year return/report (less than 12 mo | nths) | | | |
| С | C Check box if filing under: Form 5558 automatic extension DFVC program | | | | | | | |
| • | special extension (enter description) | | | | | | | |
| Pa | art II Basic Plan Inform | nation —enter all requested information | | | | | | |
| 1a | Name of plan | , | | | 1b | Three-digit | | |
| ADV | ANCED FAMILY MEDICINE, PL | LC 401K PLAN | | | | plan number 001 | | |
| | | | | | 10 | (PN) Effective date of plan | | |
| | | | | | 10 | 01/01/2002 | | |
| | Plan sponsor's name and addre | ess (employer, if for single-employer | plan) | | 2b | Employer Identification Number (EIN) 91-1875452 | | |
| | 152ND AVE NE | | | 2c | Plan sponsor's telephone number 425-453-6838 | | | |
| | MOND, WA 98052 | | | | 2d | Business code (see instructions) 621111 | | |
| 3a | Plan administrator's name and ANCED FAMILY MEDICINE, PL | 3b | Administrator's EIN 91-1875452 | | | | | |
| 1.0 11 | | 3c | Administrator's telephone number 425-453-6838 | | | | | |
| 4 I | f the name and/or EIN of the pla | port filed for this plan, enter the | 4b | 4b EIN | | | | |
| | name, EIN, and the plan numbe | | | | | | | |
| 5a Total number of participants at the beginning of the plan year | | | | | | PN20 | | |
| b | | the end of the plan year | | 5a | 23 | | | |
| | | th account balances as of the end of | | 5b | 20 | | | |
| | | | , , | , i | 5c | 17 | | |
| 6a | 6a Were all of the plan's assets during the plan year invested in eligible assets? (See instructions.) | | | | | | | |
| b | | e annual examination and report of a | | | | X Yes No | | |
| | under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.) [] Yes No If you answered "No" to either 6a or 6b, the plan cannot use Form 5500-SF and must instead use Form 5500. | | | | | | | |
| Pa | rt III Financial Informa | ation | | | | | | |
| 7 | Plan Assets and Liabilities | | | (a) Beginning of Year | | (b) End of Year | | |
| а | Total plan assets | tal plan assets | | 850952 | 2 | 1059828 | | |
| b | • | | 7b | 05005 | | 4050000 | | |
| <u> </u> | • • | b from line 7a) | 7c | 850952 | 2 | 1059828 | | |
| 8 | Income, Expenses, and Transf Contributions received or recei | | | (a) Amount | | (b) Total | | |
| а | | | 8a(1) | 30233 | 3 | | | |
| | (2) Participants | | 8a(2) | 97658 | 3 | | | |
| | (3) Others (including rollovers) | | 8a(3) | | | | | |
| b | Other income (loss) | | 8b | 88473 | 3 | | | |
| С | | Ba(2), 8a(3), and 8b) | 8c | | | 216364 | | |
| d | | ollovers and insurance premiums | 8d | | | | | |
| е | , | ive distributions (see instructions) | 8e | | | | | |
| f | | s (salaries, fees, commissions) | 8f | 7488 | 3 | | | |
| g | | | 8g | | | | | |
| h | Total expenses (add lines 8d, 8 | Be, 8f, and 8g) | 8h | | | 7488 | | |
| i | Net income (loss) (subtract line | 8h from line 8c) | 8i | | | 208876 | | |
| j | Transfers to (from) the plan (se | e instructions) | 8j | | | | | |

For Paperwork Reduction Act Notice and OMB Control Numbers, see the instructions for Form 5500-SF.

Part IV Plan Characteristics

- **9a** If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions: 2E 2J 2K 2G 3D
- **b** If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

| Part | V Compliance Questions | | | | | | | |
|---|---|-----------------------------------|---------|----------|--|-------|-------|--------|
| 10 | During the plan year: | _ | Yes | No | ŀ | mount | | |
| а | Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program) | | | × | | | | |
| b | Vere there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.) | | | Х | | | | |
| С | Was the plan covered by a fidelity bond? | | Х | | | | 25 | 5000 |
| d | Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty? | | | Х | | | | |
| е | Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See instructions.) | | x | | 6437 | | | 5437 |
| f | Has the plan failed to provide any benefit when due under the plan? | | | Х | | | | |
| g | Did the plan have any participant loans? (If "Yes," enter amount as of year end.) | | X | | | | 2 | 2546 |
| h | If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.) | | | X | | | | |
| i | If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3 | 10i | | | | | | |
| Part | VI Pension Funding Compliance | | | | | | | |
| 11 | Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500)) | | | | | | | |
| lf | Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the C (If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.) If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instraining the waiver | tructions lonth I 3. | , and e | enter th | e date of the | | uling | No |
| d | d Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount) | | | | | | | |
| е | e Will the minimum funding amount reported on line 12d be met by the funding deadline? | | | | Yes | No | 1 | N/A |
| Part | VII Plan Terminations and Transfers of Assets | | | | | | | |
| 13a | a Has a resolution to terminate the plan been adopted during the plan year or any prior year? | | | | | | | No |
| | If "Yes," enter the amount of any plan assets that reverted to the employer this year | | | 13a | | | | |
| b | Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC? | | | | | | | No |
| C If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.) | | | | | | | | |
| 13c(1) Name of plan(s): | | | | | 13c(2) EIN(s) 13c(3) PN(s) | | | l(s) |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

| SIGN | Filed with authorized/valid electronic signature. | 07/22/2011 | JACOB GRINBERG | | | | |
|------|---|------------|--|--|--|--|--|
| HERE | Signature of plan administrator | Date | Enter name of individual signing as plan administrator | | | | |
| SIGN | Filed with authorized/valid electronic signature. | 07/22/2011 | JACOB GRINBERG | | | | |
| HERE | Signature of employer/plan sponsor | Date | Enter name of individual signing as employer or plan sponsor | | | | |

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