Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the Internal Revenue Code (the Code).

▶ Complete all entries in accordance with the instructions to the Form 5500-SF.

1210-0089

OMB Nos. 1210-0110

2010

This Form is Open to Public Inspection

Pa	rt I Annual Report	Identification Information								
For	calendar plan year 2010 or fis	cal plan year beginning 01/01/20	10	and ending	2/31/2	2010				
A	This return/report is for:	single-employer plan	multiple-e	employer plan (not multiemployer)	oloyer) one-participant plan					
В	This return/report is for:	first return/report	final retur	n/report						
	•	an amended return/report	short plar	year return/report (less than 12 mo	nths)					
C Check box if filing under:				extension	,	DFVC program				
	Shook box ii illing dhaoi.	special extension (enter descript								
Da	rt II Basic Plan Info	<u> </u>								
	Name of plan	rmation—enter all requested inforn	паноп		1h	Three-digit				
		ANS, INC., P.S. 401(K) PROFIT SHA	RING PLAI	N AND TRUST		plan number (PN) • 001				
					1c	Effective date of plan 01/01/1994				
	Plan sponsor's name and add ERAL WAY FAMILY PHYSICI	dress (employer, if for single-employe ANS, INC., P.S.	r plan)			Employer Identification Number (EIN) 91-0997927				
	6 11TH PLACE SOUTH, SUIT ERAL WAY, WA 98003	TE 4				Plan sponsor's telephone number 253-927-9460				
	· 		. "0	m		Business code (see instructions) 621111				
FEDE	Plan administrator's name an ERAL WAY FAMILY PHYSICI	d address (if same as Plan sponsor, ANS, INC., P.S. 34616 11TH FEDERAL \	I PLACE SO	DÚTH, SUITE 4		Administrator's EIN 91-0997927 Administrator's telephone number				
4 If	the name and/or FIN of the r	olan sponsor has changed since the la	ast return/re	port filed for this plan, enter the		253-927-9460 EIN				
		per from the last return/report. Spons		port mod for the plan, office the						
					4c					
5a	Total number of participants	at the beginning of the plan year			5a	16				
b	Total number of participants	at the end of the plan year			5b	17				
С	· · · · · · · · · · · · · · · · · · ·	with account balances as of the end		•	5c	14				
	•	during the plan year invested in eligi		'		Yes No				
b		the annual examination and report of (See instructions on waiver eligibility				X Yes ☐ No				
		ther 6a or 6b, the plan cannot use l		•						
Pa	rt III Financial Inform									
7	Plan Assets and Liabilities			(a) Beginning of Year		(b) End of Year				
а	Total plan assets		7a	135121	218					
b	Total plan liabilities		7b	289	1					
С	Net plan assets (subtract line	e 7b from line 7a)	7с	134832	7 1623					
8	Income, Expenses, and Tran	sfers for this Plan Year		(a) Amount		(b) Total				
а	Contributions received or rec		2 (1)	2116	7					
	., .,		` '	6729						
	• •			0725.	4					
	(3) Others (including rollove	_								
	` ,			195260	28372					
ا C	, , ,), 8a(2), 8a(3), and 8b)	8c			203122				
d	to provide benefits)	t rollovers and insurance premiums		7878	8					
		ctive distributions (see instructions)		70	_					
f	Administrative service provid	ers (salaries, fees, commissions)		704	_					
g	·					0.000				
h	Total expenses (add lines 8d	, 8e, 8f, and 8g)	8h			8582				
į	` , `	ne 8h from line 8c)				275140				
i	Transfers to (from) the plan (see instructions)	8j							

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Part IV	Plan	(`hara	cteristics
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9a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions:

b If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

	V Compliance Questions							
_	During the plan year:		Yes	No		Amo	unt	
а	Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)		X					
	Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)							
С	Was the plan covered by a fidelity bond?	10c	Χ				1	5000
	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?		X					
	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See instructions.)	10e		X				
f	Has the plan failed to provide any benefit when due under the plan?			X				
g	Did the plan have any participant loans? (If "Yes," enter amount as of year end.)							
	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)							
	If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3	10i						
rt \	/I Pension Funding Compliance							
	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and com 5500))					П	Yes	X
2	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code	or se	ction 3	02 of I	ERISA?		Yes	X No
i	(If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.)							
a								
	If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions granting the waiver							
lf ye	granting the waiverMon ou completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.	th		Day .				
lf ye	granting the waiver Mon	th	 [Day .				
If yo b C	granting the waiver	th	 [Day .				
If you	granting the waiver	th of a		Day .				
If you	granting the waiver	th of a		Day 12b 12c 12d				
If you	granting the waiver	th of a		Day 12b 12c 12d		_ Year		
If you	granting the waiver	th		12b 12c 12d		_ Year	о П	
lf you	granting the waiver	th	 [[12b 12c 12d		_ Year	0]	N/A
If you be compared to	granting the waiver	th of a		12b 12c 12d 13a ntrol		_ Year	0]	N/A
lf you be controlled to the co	granting the waiver	of a	the co	12b 12c 12d 13a ntrol		_ Year	o T	N/A
lf you be compared to the comp	granting the waiver	of a	the co	12b 12c 12d 13a ntrol	Yes	_ Year	o T	N/A N/A
b c d :	granting the waiver	of a	the co	12b 12c 12d 13a ntrol	Yes	_ Year	o Yes	N/A N/A
b c d :	granting the waiver	of a	the co	12b 12c 12d 13a ntrol	Yes	_ Year	o Yes	N/A N/A
If you be compared to the comp	granting the waiver	of a under	the co	12b 12c 12d 13a ntrol	Yes	_ Year	o Yes	N/A N/A

belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	07/28/2011	ALLEN C. ALLEMAN			
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator			
SIGN	Filed with authorized/valid electronic signature.	07/28/2011	ALLEN C. ALLEMAN			
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor			