Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the Internal Revenue Code (the Code).

OMB Nos. 1210-0110 1210-0089

2010

This Form is Open to Public Inspection

P	Pension Benefit Guaranty Corporation Complete all entries in accordance with the instructions to the Form 5500-SF.								
	art I Annual Report Identification Information								
For	For calendar plan year 2010 or fiscal plan year beginning 01/01/2010 and ending 12/31/2010								
Α.	This return/report is for: $igwedge$ single-employer plan $igwedge$	multiple-e	employer plan (not multiemployer)		one-participant plan				
В	This return/report is for: first return/report	final return/report							
	an amended return/report	short plar	year return/report (less than 12 mor	nths)					
С	Check box if filing under: Form 5558	automatio	extension		DFVC program				
_	special extension (enter description								
Do		,							
	art II Basic Plan Information—enter all requested inform	ation		1h	Throo digit				
	Name of plan BER ATLAS FRIES AND ASSOCIATES, INC 401(K) PLAN			ID	Three-digit plan number				
GAN	BER ATEAS FRIES AND ASSOCIATES, INC 401(R) FEAN				(PN) • 002				
				1c	Effective date of plan				
					01/01/1997				
2a	Plan sponsor's name and address (employer, if for single-employer	plan)		2b	Employer Identification Number				
GAR	BER ATLAS FRIES AND ASSOCIATES, INC				(EIN) 13-1989125				
3070	LAWSON BLVD			2c	Plan sponsor's telephone number 516-837-1100				
	ANSIDE, NY 11572			24					
				Zu	Business code (see instructions) 524210				
3a	Plan administrator's name and address (if same as Plan sponsor, e	nter "Same	e")	3b	Administrator's EIN				
GAR	BER ATLAS FRIES AND ASSOCIATES, INC 3070 LAWSO OCEANSIDE	ON BLVD			13-1989125				
	COLITIONE	3с	Administrator's telephone number						
<u> </u>	f the name and/or EIN of the plan sponsor has changed since the las	nort filed for this plan optor the	516-837-1100						
	name, EIN, and the plan number from the last return/report. Sponso	port filed for this plan, enter the	4b EIN						
				4c PN					
5a	Total number of participants at the beginning of the plan year		5a	49					
b	Total number of participants at the end of the plan year		5b	46					
С	Total number of participants with account balances as of the end of								
	complete this item)		` .	5c	43				
6a	Were all of the plan's assets during the plan year invested in eligib	le assets?	(See instructions.)		Yes No				
b	Are you claiming a waiver of the annual examination and report of				M v D v				
	under 29 CFR 2520.104-46? (See instructions on waiver eligibility		•		Yes No				
Da	If you answered "No" to either 6a or 6b, the plan cannot use Form 5500-SF and must instead use Form 5500. Part III Financial Information								
					#N= + +++				
7	Plan Assets and Liabilities		(a) Beginning of Year	1	(b) End of Year 1722961				
	Total plan assets	. 7a	1377300	0 172290					
b	Total plan liabilities	7b	1377980		1722061				
<u>C</u>	Net plan assets (subtract line 7b from line 7a)	- 7c	1377900	,	1722961				
8	Income, Expenses, and Transfers for this Plan Year		(a) Amount		(b) Total				
а	Contributions received or receivable from: (1) Employers	8a(1)							
	(2) Participants	8a(2)	198828	<u></u>					
h	(3) Others (including rollovers)		199393						
b	Other income (loss)		155555	,	398221				
C	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c			330221				
d	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	. 8d	52124	ļ					
е	Certain deemed and/or corrective distributions (see instructions)	. 8e							
f	Administrative service providers (salaries, fees, commissions)		1116	5					
g	Other expenses	. 8g							
h	Total expenses (add lines 8d, 8e, 8f, and 8g)				53240				
i	Net income (loss) (subtract line 8h from line 8c)				344981				
i	Transfers to (from) the plan (see instructions)								
,		1 81	1						

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Par	t IV	Plan Characteristics							
		plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Ch $(G-2J-2K-2E-2T-3D)$	aracteri	stic Co	des in	the instru	ctions:		
		plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Ch	aracteris	stic Cod	des in	the instru	ctions:		
art	V	Compliance Questions							
0	Durin	g the plan year:		Yes	No		Amou	nt	
а		s there a failure to transmit to the plan any participant contributions within the time period described in CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)			X				
b		/ere there any nonexempt transactions with any party-in-interest? (Do not include transactions reported in line 10a.)			X				
С	Was	as the plan covered by a fidelity bond?		X				50	00000
d		d the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud dishonesty?			X				
е	insura	any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, ance service or other organization that provides some or all of the benefits under the plan? (See actions.)	10e		X				
f	Has t	he plan failed to provide any benefit when due under the plan?	10f		X				
g	Did th	ne plan have any participant loans? (If "Yes," enter amount as of year end.)	10g	X				2	20485
h		is an individual account plan, was there a blackout period? (See instructions and 29 CFR .101-3.)	10h		X				
i		was answered "Yes," check the box if you either provided the required notice or one of the otions to providing the notice applied under 29 CFR 2520.101-3	10i						
art	VI	Pension Funding Compliance							
11		s a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and c						res X	No
2	Is thi	s a defined contribution plan subject to the minimum funding requirements of section 412 of the Co	de or se	ection 3	302 of	ERISA?		res X	No
	(If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.)								
а	a If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiver								
lf y		empleted line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line							
b	Enter the minimum required contribution for this plan year								
	Enter the amount contributed by the employer to the plan for this plan year				12c				
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)				12d				
е	Will th	ne minimum funding amount reported on line 12d be met by the funding deadline?				Yes	No		N/A
art	VII	Plan Terminations and Transfers of Assets							

13a Has a resolution to terminate the plan been adopted during the plan year or any prior year? If "Yes," enter the amount of any plan assets that reverted to the employer this year.....

Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?.....

If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to

which assets or liabilities were transferred. (See instructions.)

13c(1) Name of plan(s): 13c(2) EIN(s) 13c(3) PN(s)

Yes X No

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	09/08/2011	RITA ELLMAN
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN			
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor