Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the Internal Revenue Code (the Code).

OMB Nos. 1210-0110 1210-0089

2010

This Form is Open to Public Inspection

P	ension Benefit Guaranty Corporation	▶ Complete all entries in accor	dance wit	h the instructions to the Form 550	0-SF.	1	
		dentification Information					
For	calendar plan year 2010 or fisc	al plan year beginning 01/01/201	0	and ending 1	2/31/2	2010	
A	This return/report is for:	single-employer plan	multiple-e	employer plan (not multiemployer)		one-participant plan	
В	This return/report is for:	first return/report	final retur	n/report		_	
	····	an amended return/report	short plar	year return/report (less than 12 mo	nths)		
_	Check box if filing under:	Form 5558] '	extension	,	DFVC program	
C	Check box if filling under.	□ □	ı	CATCHSION		Di vo piogram	
-	(II Dee's Dieseleten	special extension (enter description	,				
		mation—enter all requested inform	ation		41-		
	Name of plan	LAN AND TOLICE			10	Three-digit plan number	
1017	AL LIVING CHOICES 401(K) P	LAN AND TRUST				(PN) • 001	
					1c	Effective date of plan	
						01/01/2007	
2a	Plan sponsor's name and add	ress (employer, if for single-employer	· plan)		2b	Employer Identification Number	
TWIL	IGHTLIVING.COM, INC.					(EIN) 91-2008863	
TOT	AL LIVING CHOICES				2c	Plan sponsor's telephone number 206-709-2801	
1633	WESTLAKE AVENUE N, STE	170			24	Business code (see instructions)	
SEA	TTLE, WA 98109				24	541800	
		l address (if same as Plan sponsor, e			3b	Administrator's EIN	
TWIL	LIGHTLIVING.COM, INC.	TOTAL LIVII 1633 WEST		ES NUE N, STE 170		91-2008863	
		SEATTLE, V			3с	Administrator's telephone number 206-709-2801	
4 1	f the name and/or FIN of the ni	an sponsor has changed since the la	et return/re	port filed for this plan, enter the	4b		
		er from the last return/report. Sponso		port filed for this plan, enter the	40	EIN	
	, ,				4c	PN	
5a	Total number of participants a	t the beginning of the plan year			5a	16	
b	Total number of participants a	t the end of the plan year			5b	20	
С	Total number of participants w	vith account balances as of the end o	f the plan y	vear (defined benefit plans do not			
	complete this item)				5c	9	
6a	Were all of the plan's assets	during the plan year invested in eligib	ole assets?	(See instructions.)		Yes No	
b		he annual examination and report of				X voc □ No	
		(See instructions on waiver eligibility		•		Yes No	
Pa	rt III Financial Inform	ner 6a or 6b, the plan cannot use F	01111 3300-	or and must instead use Form 55	00.		
7	Plan Assets and Liabilities			(a) Beginning of Veer		(b) End of Year	
=	Total plan assets		70	(a) Beginning of Year	3	132022	
	. otal pian according		. 7a	10020			
b		7h from line 7e)		109206	3	132022	
<u>C</u>		7b from line 7a)	. 7с				
8	Income, Expenses, and Trans			(a) Amount		(b) Total	
а	Contributions received or received (1) Employers	ervable from:	. 8a(1)				
	• • • •		` '	25608	3		
	.,	s)					
b	, ,			12091			
C	` ,	8a(2), 8a(3), and 8b)				37699	
d	, , ,	rollovers and insurance premiums	60				
•			. 8d	14883	3		
е		etive distributions (see instructions)	8e				
f		ers (salaries, fees, commissions)					
g							
h	·	8e, 8f, and 8g)				14883	
i		e 8h from line 8c)				22816	
j		ee instructions)					

	Form 5500-SF 2010	Page 2- [1								
ar	Part IV Plan Characteristics									
)a	a If the plan provides pension benefits, enter the applicable pension	feature codes from the List of Plan Chara	acteris	tic Co	des in	the instru	ctions	S:		
	2E 2F 2G 2J 2K 3Db If the plan provides welfare benefits, enter the applicable welfare f	cature codes from the List of Plan Chara	ctorict	ic Cor	tos in t	ho inetru	otiono			
D	b It the plan provides wellare benefits, effer the applicable wellare in	eature codes from the List of Flan Chara	Clensi	.10 000	ies III t	ne msnu	JU0118	•		
art	art V Compliance Questions									
0	During the plan year:			Yes	No		Am	ount		
а	a Was there a failure to transmit to the plan any participant contribu 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidu		10a		X					
b	b Were there any nonexempt transactions with any party-in-interest on line 10a.)		10b		X					
С	C Was the plan covered by a fidelity bond?		10c	X					200)00
d	d Did the plan have a loss, whether or not reimbursed by the plan's or dishonesty?		10d		X					
е	Were any fees or commissions paid to any brokers, agents, or oth insurance service or other organization that provides some or all or instructions.)	of the benefits under the plan? (See	10e	Х					3	331
f	f Has the plan failed to provide any benefit when due under the pla	1?	10f		X					
g	g Did the plan have any participant loans? (If "Yes," enter amount a	s of year end.)	10g		X					
h	h If this is an individual account plan, was there a blackout period? 2520.101-3.)	·	10h		X					
i	i If 10h was answered "Yes," check the box if you either provided the exceptions to providing the notice applied under 29 CFR 2520.10		10i							
art	art VI Pension Funding Compliance									
1	1 Is this a defined benefit plan subject to minimum funding requirem 5500))							Yes	X	No
2								Yes	X	No
	(If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applic						_	_		
а	a If a waiver of the minimum funding standard for a prior year is being	ng amortized in this plan year, see instruc								
lf ·	granting the waiver		th		Day .		Yea	ar		-
	•				12b					
	Enter the amount contributed by the employer to the plan for this plan year.									
_	c Enter the amount contributed by the employer to the plan for this plan year d Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a possible amount)									
e	negative amount) e Will the minimum funding amount reported on line 12d be met by the funding deadline?					Yes		No	X N/	/A
	art VII Plan Terminations and Transfers of Assets				[_		L		
	Has a resolution to terminate the plan been adopted during the plan	in year or any prior year?						Yes	X	No
	If "Yes," enter the amount of any plan assets that reverted to the e				13a		L			
	, and the state of									

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the control

which assets or liabilities were transferred. (See instructions.)

13c(1) Name of plan(s):

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

Yes X No

13c(3) PN(s)

13c(2) EIN(s)

SIGN	Filed with authorized/valid electronic signature.	10/12/2011	STEVE CHAMBERS
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN			
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor

Form **5558**(Rev. January 2008) Department of the Treasury Internal Revenue Service

Signature ▶

Application for Extension of Time To File Certain Employee Plan Returns

► For Privacy Act and Paperwork Reduction Act Notice, see instructions on page 3.

OMB No. 1545-0212

File With IRS Only

Par	Identification					
A	Name of filer, plan administrator, or plan sponsor (see instructions) B Filer's identifying number (see instructions). Employer identification number (EIN).					
	Number, street, and room or suite no. (If a P.O. box, see instructions)					
		Soci	al security	number (SSN)		
	City or town, state, and ZIP code		ar occurry	!	!	
	Diam	Pla	n	Plan	year endin	
C	Plan name	numl	- F	MM	DD	YYYY
		- 1	1			1
1						
2		İ	İ			
3						
art	Extension of Time to File Form 5500 or Form 5500-EZ	(see instruc	ctions)			
ı	I request an extension of time until/ to file Fo	rm 5500 or F	Form 550	00-EZ.		
	The application is automatically approved to the date shown on line normal due date of Form 5500 or 5500-EZ for which this extension is remonths after the normal due date.					
	months after the normal add date.					
	You must attach a copy of this Form 5558 to each Form 5500 and 5500-E2	' filed after th	ne due d	ate for the p	lans listed in	n C above.
	You must attach a copy of this Form 5558 to each Form 5500 and 5500-E2			ate for the p	lans listed i	n C above.
ote.	You must attach a copy of this Form 5558 to each Form 5500 and 5500-E2 A signature is not required if you are requesting an extension to file Form 5500			ate for the p	lans listed in	n C above.
ote. Part	You must attach a copy of this Form 5558 to each Form 5500 and 5500-EZ A signature is not required if you are requesting an extension to file Form 5500 EXECUTE: Extension of Time to File Form 5330 (see instructions)	or Form 550		ate for the p	lans listed ii	n C above.
ote. Part	You must attach a copy of this Form 5558 to each Form 5500 and 5500-E2 A signature is not required if you are requesting an extension to file Form 5500	or Form 550	0-EZ.			n C above.
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ote. Part	You must attach a copy of this Form 5558 to each Form 5500 and 5500-EZ A signature is not required if you are requesting an extension to file Form 5500 Extension of Time to File Form 5330 (see instructions) I request an extension of time until/	rm 5330. er the normal	0-EZ. due date	e of Form 530		n C above.
ote. Part a b	You must attach a copy of this Form 5558 to each Form 5500 and 5500-EZ A signature is not required if you are requesting an extension to file Form 5500 Extension of Time to File Form 5330 (see instructions) I request an extension of time until/ to file Form 5330, after the Code section(s) imposing the tax	or Form 550 rm 5330. er the normal	due date	e of Form 530	30.	n C above.
ote. Part a b	You must attach a copy of this Form 5558 to each Form 5500 and 5500-EZ A signature is not required if you are requesting an extension to file Form 5500 Extension of Time to File Form 5330 (see instructions) I request an extension of time until / to file Fo You may be approved for up to a six (6) month extension to file Form 5330, aft Enter the Code section(s) imposing the tax Enter the payment amount attached	or Form 550 rm 5330. er the normal	due date	e of Form 530	30.	n C above.
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Date ▶