	Form 5500-SF			Report of Small Employ	/ee	OMB Nos. 1210-0110 1210-0089				
	Department of the Treasury Internal Revenue Service		Benefit		_	2010				
Er	Department of Labor nployee Benefits Security Administration	Retirement Income Security A	Act of 1974	ctions 104 and 4065 of the Employed (ERISA), and section 6058(a) of the Code (the Code).		This Form is Open to Public				
Р	ension Benefit Guaranty Corporation	Complete all entries in accord	dance with	n the instructions to the Form 5500)-SF.	Inspection				
		entification Information	0		0/04/0	2014				
	calendar plan year 2010 or fisca	al plan year beginning 04/01/2010		g	3/31/2	/31/2011				
	This return/report is for:		•	mployer plan (not multiemployer)		one-participant plan				
B	This return/report is for:		first return/report							
-			an amended return/report short plan year return/report (less than 12 months)							
C	Check box if filing under:									
D	Special extension (enter description)									
	Part II Basic Plan Information—enter all requested information 1a Name of plan 1b Three-digit									
	ND CARDIOLOGY ASSOCIATE			plan number 002						
						(PN) •				
			1c	Effective date of plan 04/01/2001						
	Plan sponsor's name and addre		2b	Employer Identification Number (EIN) 91-1231911						
	N. 7TH AVENUE, SUITE 450		2c	Plan sponsor's telephone number 509-847-1564						
SPO	KANE, WA 99204		2d	Business code (see instructions) 621111						
3a INLA	Plan administrator's name and ND CARDIOLOGY ASSOCIATE	") SUITE 450	3b	Administrator's EIN 91-1231911						
			3c	Administrator's telephone number 509-847-1564						
	4 If the name and/or EIN of the plan sponsor has changed since the last return/report filed for this plan, enter the 4b EIN									
I	name, EIN, and the plan numbe	r from the last return/report. Sponso	r's name		4c	DN				
5a	Total number of participants at	the beginning of the plan year			40 5a					
b		the end of the plan year		{	5a 5b	108				
c		th account balances as of the end of		}	50					
	complete this item)				5c					
	•	uring the plan year invested in eligible				Yes No				
b		e annual examination and report of a See instructions on waiver eligibility a				Yes 🗌 No				
		er 6a or 6b, the plan cannot use Fo								
Pa	rt III Financial Informa	ation								
7	Plan Assets and Liabilities			(a) Beginning of Year		(b) End of Year				
a L	•		7a	870000	_	919238				
b	•	(h fra - 1a - 7a)		870000	_	919238				
<u> </u>	•	b from line 7a)	7c		+					
a	Income, Expenses, and Transf Contributions received or recei		-	(a) Amount		(b) Total				
			8a(1)	0	Ц.					
	(2) Participants		8a(2)	0	_					
	(3) Others (including rollovers))	8a(3)	0	_					
b				50811		50011				
C d		8a(2), 8a(3), and 8b)	8c		_	50811				
d		ollovers and insurance premiums	8d	-492						
е	, ,	ive distributions (see instructions)	8e	0						
f	Administrative service provider	s (salaries, fees, commissions)	8f	2065						
g	Other expenses		8g	0						
h	Total expenses (add lines 8d, 8	3e, 8f, and 8g)	8h			1573				
i		e 8h from line 8c)				49238				
j	Transfers to (from) the plan (se									

For Paperwork Reduction Act Notice and OMB Control Numbers, see the instructions for Form 5500-SF.

Part IV Plan Characteristics

- If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions: 9a 1B 1C 1G 11 3H
- b If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

Part	V	Compliance Questions							
10	Dur	ing the plan year:		Yes	No		mount		
а		s there a failure to transmit to the plan any participant contributions within the time period described in CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)	10a		Х				
b		re there any nonexempt transactions with any party-in-interest? (Do not include transactions reported ine 10a.)	10b		Х				
С	Wa	as the plan covered by a fidelity bond?	10c	Х				1000000	
d		the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud lishonesty?	10d		Х				
е	insu	re any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, urance service or other organization that provides some or all of the benefits under the plan? (See ructions.)	10e		x				
f	Has the plan failed to provide any benefit when due under the plan? 10f			Х					
g	Did	the plan have any participant loans? (If "Yes," enter amount as of year end.)	10q		Х				
h		is is an individual account plan, was there a blackout period? (See instructions and 29 CFR 0.101-3.)	10h						
i		Dh was answered "Yes," check the box if you either provided the required notice or one of the eptions to providing the notice applied under 29 CFR 2520.101-3	10i						
Part	VI	Pension Funding Compliance							
11									
a lf <u>;</u> b c d								uling	
е	Will	the minimum funding amount reported on line 12d be met by the funding deadline?				Yes	No	N/A	
Part	VII	Plan Terminations and Transfers of Assets							
13a	Has	a resolution to terminate the plan been adopted during the plan year or any prior year?				[X Ye		
		es," enter the amount of any plan assets that reverted to the employer this year			13a			0	
	of tl If di	e all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought ne PBGC? uring this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the ch assets or liabilities were transferred. (See instructions.)					Ye:	s X No	
1) Name of plan(s):		13	c(2) El	N(s)	13c(3) PN(s)	
								, (-)	

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	01/17/2012	PATRICIA BERNARD
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN			
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor

	SCHEDULE SB	Single-Employ	yer Define	d Ben	efit Plan		OMB No. 1210-0110			
	(Form 5500)		rial Inform					2010		
	Department of the Treasury Internal Revenue Service	This school de is as a visa d 4	- h - filed weden -	tion 404	of the Encelsures			2010		
-	Department of Labor loyee Benefits Security Administration	This schedule is required to Retirement Income Security Internal F		SA) and s			This Form is Open to Public Inspection			
Pe	ension Benefit Guaranty Corporation	File as an atta	chment to Form	5500 or 5	500-SF.					
For ca	alendar plan year 2010 or fiscal	plan year beginning 04/01/20)10		and endin	g 03/3	1/2011			
	ound off amounts to nearest o									
-	· ·	be assessed for late filing of this re	eport unless rease	onable ca						
A Nar INLAN	ne of plan D CARDIOLOGY ASSOCIATE	S, P.S. CASH BALANCE PENSIO	ON PLAN		B Three-digit		•	002		
	n sponsor's name as shown on D CARDIOLOGY ASSOCIATE	line 2a of Form 5500 or 5500-SF S, P.S.			D Employer Id 91-1231911	entificat	ion Number	(EIN)		
Е тур	e of plan: 📉 Single 🗌 Multi	ple-A Multiple-B	F Prior year pla	an size:	100 or fewer	101-50	00 More	than 500		
Part	I Basic Information									
	Enter the valuation date:	Month <u>04</u> Day	01 Year <u>2</u>	2010	-					
2 A	Assets:									
a						2a		870000		
k						2b		870000		
_	Funding target/participant count		20	(1) N	umber of participa	ants 0	(2)	Funding Target		
ĉ		beneficiaries receiving payment				14		2172		
k C		cipants				14		2112		
Ľ			3c(1)					699		
			0 (0)					728994		
						96		729693		
c	d Total					110		731865		
4 II	f the plan is at-risk, check the b	ox and complete items (a) and (b)			Π					
a	Funding target disregarding	prescribed at-risk assumptions				4a				
k		risk assumptions, but disregarding				4b				
5 E	Effective interest rate					5		6.36 %		
6 T	arget normal cost					6		3000		
To t acc		supplied in this schedule and accompanying ns. In my opinion, each other assumption is re ated experience under the plan.								
SIC HE							01/15/	2012		
		Signature of actuary					Date			
PAUL \	WITHINGTON	g					11-05	564		
NODT	••	e or print name of actuary				Most re		nent number		
NORTH	HWEST PLAN SERVICES, INC						206-933			
	ALIFORNIA AVE. SW, SUITE : LE, WA 98136-1513	Firm name 200			Tele	ephone	number (inc	uding area code)		
		Address of the firm			-					
		y regulation or ruling promulgated	under the statute	in comple	ting this schedule	e, check	the box and	see		
instructi For Pa		e and OMB Control Numbers, se	e the instruction	is for For	m 5500 or 5500-	SF.	Sche	dule SB (Form 5500) 20 v.09230		

Part II Beginning of year carryover and prefunding balances

		<u> </u>				(a) C	arryover balance		(b) F	Prefundin	g balance	
7		0 1 2		cable adjustments (Item 13			:	33827			0	
8	Portion used to	offset prior year's	funding req	uirement (Item 35 from pric	or year)			0			0	
9		• 1	,					33827			0	
10	Interest on item	9 using prior year	's actual ret	turn of <u>12.68</u> %				4289			0	
11	Prior year's exc	ess contributions t	o be added	to prefunding balance:								
	a Excess cont	ributions (Item 38	from prior y	/ear)					57616			
	b Interest on (a	a) using prior year	's effective	rate of <u>6.28</u> %					3618			
	C Total availab	le at beginning of c	urrent plan y	vear to add to prefunding bal	ance						61234	
	d Portion of (c) to be added to p	refunding b	alance							0	
12	Reduction in ba	lances due to elec	tions or dee	emed elections				0			0	
13	13 Balance at beginning of current year (item 9 + item 10 + item 11d - item 12) 38116									0		
Pa	art III 🛛 Fun	ding percenta	ages									
14	14 Funding target attainment percentage									14	113.66 %	
15				e						15	118.87 %	
16	16 Prior year's funding percentage for purposes of determining whether carryover/prefunding balances may be used to reduce current year's funding requirement.								; 	16	110.53 %	
17	If the current va	lue of the assets o	of the plan is	s less than 70 percent of th	e funding targe	et, enter s	uch percentage			17	%	
Pa	art IV Cor	tributions an	d liquidit	y shortfalls								
18				ear by employer(s) and em	ployees:							
()	(a) Date	(b) Amount p		(c) Amount paid by	(a) Dat		(b) Amount pa		(0		t paid by	
(IV	IM-DD-YYYY)	employer	(S)	employees	(MM-DD-Y	(YYY)	employer(5)		emplo	yees	
					Totals ►	18(b)		0	18(c)		0	
10	Discounted own	lover contribution	s soo inst	ructions for small plan with			a baginning of the	woor:	10(0)			
15	-	-		mum required contribution				19a			0	
	_			ljusted to valuation date				19b			0	
				uired contribution for current			-	19c			0	
20		outions and liquidi	-				uaie	100			0	
20	-	•	-	he prior year?							Yes X No	
		-								브		
				allments for the current yea		mely mani	וסו (Γ		······	Yes No	
	U IT ZUA IS "YES	, see instructions	and comple	ete the following table as an liquidity shortfall as of e		of this play	n vear					
	Liquidity shortfall as of end of Quarter of this plan year(1) 1st(2) 2nd(3) 3rd(4) 4th											

Γ

Page 3

Ра	rt V	Assumptio	ns used to determine	funding target and target	normal cost				
21	Disco	unt rate:							
	a Se	egment rates:	1st segment: 4.44 %	2nd segment: 6.62 %	3rd segment: 6.74 %		N/A, full yield curve used		
	b Ap	plicable month	(enter code)			21b	1		
22	Weigh	ted average ret	tirement age			22	61		
23	Morta	lity table(s) (see	e instructions)	escribed - combined	escribed - separate	Substitut	e		
Pa	rt VI	Miscellane	ous items						
				tuarial assumptions for the current	plan year? If "Yes," see	instructions	regarding required		
	attach	ment	- 				Yes 🕺 No		
25	Has a	method change	e been made for the current p	an year? If "Yes," see instructions	s regarding required attac	nment	Yes 🎽 No		
26	Is the	plan required to	provide a Schedule of Active	Participants? If "Yes," see instrue	ctions regarding required	attachment	Yes 🗌 No		
27	If the plan is eligible for (and is using) alternative funding rules, enter applicable code and see instructions 27 regarding attachment								
Pa	rt VII	T		um required contributions					
_				rears	· · · ·	28	0		
29				d unpaid minimum required contrib		29			
	(item ⁻	19a)					0		
30	Rema	ining amount of	f unpaid minimum required co	ntributions (item 28 minus item 29)	30	0		
Ра	rt VIII	Minimum	required contribution	for current year					
31	Targe	t normal cost, a	djusted, if applicable (see inst	ructions)		31	0		
32	Amort	ization installme	ents:		Outstanding Bala		Installment		
	a Net	t shortfall amort	ization installment			0	0		
	b Wa	aiver amortizatio	on installment			0	0		
33				iter the date of the ruling letter gra) and the waived amount		33			
34			• •	er/prefunding balances (item 31 +		34	0		
				Carryover balance	Prefunding balar	nce	Total balance		
35	Balan	ces used to offs	et funding requirement	()	0	0		
36	Additio	onal cash requir	rement (item 34 minus item 35	5)		36	0		
37				ontribution for current year adjuste		37	0		
38	Intere	st-adjusted exce	ess contributions for current y	ear (see instructions)		38	0		
39	Unpai	d minimum requ	uired contribution for current y	ear (excess, if any, of item 36 ove	r item 37)	39	0		
40									

INLAND CARDIOLOGY ASSOCIATES, P.S. CASH BALANCE PENSION PLAN EIN: 91-1231911 PN: 002 April 1, 2010

Schedule SB, line 26 - Schedule of Active Participant Data Age/Service Distribution

	SERVICE										
AGE	Less Than 1	1 to 4.999	5 to 9.999	10 to 14.999	15 to 19.999	20 to 24.999	25 to 29.999	30 to 34.999	35 to 39.999	40 and up	Total
Under 25	0	1	0	0	0	0	0	0	0	0	1
25 to 29.999	1	10	1	0	0	0	0	0	0	0	12
30 to 34.999	0	15	3	0	0	0	0	0	0	0	18
35 to 39.999	2	12	3	0	0	0	0	0	0	0	17
40 to 44.999	1	5	2	0	0	0	0	0	0	0	8
45 to 49.999	0	7	6	0	0	0	0	0	0	0	13
50 to 54.999	0	6	5	0	0	0	0	0	0	0	11
55 to 59.999	0	1	8	0	0	0	0	0	0	0	9
60 to 64.999	0	1	4	0	0	0	0	0	0	0	5
65 to 69.999	0	1	0	0	0	0	0	0	0	0	1
70 and up	0	0	1	0	0	0	0	0	0	0	1
Total	4	59	33	0	0	0	0	0	0	0	96

- Average Age: 41.8
- Average Service 4.1

Schedule SB, Part V - Statement of Actuarial Assumptions/Methods

The Actuarial Value of Assets used is Market Value.

All calculations derived in this report are based on assumptions as to future demographic and economic events relating to the plan.

Economic Assumptions:	April 1, 2010	April 1, 2009
Future Interest Crediting Rate	4.65%	3.64%
First Segment Rate (Years 1-5)	4.44%	5.66%
Second Segment Rate (Years 6-15)	6.62%	6.48%
Third Segment Rate (Years after 15)	6.74%	6.60%
Effective Interest Rate	6.36%	6.28%
Future Salary Increases	NA	NA
Future Benefit Increases for IRC Section		
404(o)(3)(A)(ii)	0.00%	0.00%
Annual Expenses	\$ 3,000	\$ 3,000

Schedule SB, Part V - Statement of Actuarial Assumptions/Methods (continued)

Demographic Assumptions:

Mortality	All participants		
	The 2010 projected, static mortal annuitants and non-annuitants, as	-	
	Sample Annual Rates per 100 par		
	Age	Male	Female
	30	0.04	0.02
	40	0.09	0.05
	50	0.40	0.18
	60	0.62	0.57
	70	1.72	1.54
	80	5.43	4.07
	90	17.13	12.51
	Sample Annual Rates per 100 par	ticipants for non-annuit	ants are:
	Age	Male	Female
	30	0.04	0.02
	40	0.09	0.05
	50	0.14	0.11
	50		•••==
	60	0.33	0.35
		0.33 0.68	
	60		0.35

Schedule SB, Part V - Statement of Actuarial Assumptions/Methods (continued)

Termination	Rates of termination based on 150% of 2003 Society of Actuaries aggregate turnover rates. Annual rates per 100 participants:						
	Age	Rate	F				
	25	29.25					
	30	24.30					
	35	18.15					
	40	14.10					
	45	10.95					
	50	8.40					
	55	6.30					
	60	4.50					
Form of Payment	All participants are assu	med to elect an immedia	te lump-sum payment.				
Disability	None assumed.						
Retirement Age	Retirement Age Vested former employees are assumed to retire immediately. Active employees are assumed to retire at age 62 and 5 years of participation.						
Changes since last The segment rates and mortality tables required for determining valuation Funding Target were updated as required.							

SCHEDULE SB	Single-Employ		OMB No. 1210-0110					
(Form 5500)		rial Inform				2010		
Department of the Treasury Internal Revenue Service						2		
Department of Labor Employee Benefits Secunty Administration	This schedule is required to Retirement Income Security A Internal Re		SA) and s	section 6059 of		This Form is Open to Public Inspection		
Pension Benefit Guaranty Corporation	File as an attac	chment to Form	5500 or	5500-SF.				
For calendar plan year 2010 or fiscal		01/2010		and end	ing	03/31/20	11	
Round off amounts to nearest of Caution: A penalty of \$1,000 will		nort unloss resou	mahla as	uco io ostabliab				
Caution: A penalty of \$1,000 will A Name of plan	be assessed for late liling of this re	port unless reaso	nable ca	-				
	SOCIATES, P.S. CASH B	ALANCE PEN	SION	B Three-dig plan num	-	<u> </u>	002	
	line 20 of Form 5500 or 5500 OF			D Employer	Identification	Number (Ell		
C Plan sponsor's name as shown on	line 2a of Form 5500 or 5500-SF			D Employer	Identification	Number (Ell	N)	
INLAND CARDIOLOGY AS	SOCIATES, P.S.			91-123191	.1			
E Type of plan: 🕱 Single 🗌 Multi	ole-A Multiple-B	F Prior year pla	n size:	100 or fewer	X 101-500	More that	n 500	
Part I Basic Information								
1 Enter the valuation date:	Month 04 Day	01 Year	2010		anna a fhairne 18 ann ann a			
2 Assets:								
a Market value					2a		87000	
b Actuarial value					2b		87000	
3 Funding target/participant count	breakdown		(1) N	lumber of partici	pants	(2) Fu	nding Target	
a For retired participants and	beneficiaries receiving payment	3a			0			
b For terminated vested parti	cipants	3b			14		217	
C For active participants:								
 Non-vested benefits 					L		69	
.,							72899	
					96		72969	
					110		73186	
4 If the plan is at-risk, check the b	ox and complete items (a) and (b)		•••••					
	prescribed at-risk assumptions				<u>4a</u>			
	risk assumptions, but disregarding posecutive years and disregarding I				4b			
	sisecutive yours and disregarding i						6.36%	
A					. 6		300	
Statement by Enrolled Actuary								
	supplied in this schedule and accompanying si is. In my opinion, each other assumption is rea ated experience under the plan							
SIGN HERE Pau	1 Withint				0	1/15/201	.2	
	Signature of actuary					Date		
AUL WITHINGTON						1105564		
Typ ORTHWEST PLAN SERVICES	e or print name of actuary , INC.					ent enrollment 6-933-15		
	Firm name			Т	elephone nu	mber (includir	ng area code)	
446 CALIFORNIA AVE. SW								
EATTLE WA	98136-1513 Address of the firm			_				

For Paperwork Reduction Act Notice and OMB Control Numbers, see the instructions for Form 5500 or 5500-SF.

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Schedule SB (Form 5500) 2010 v.092308.1

Schedule SB, Part V – S	ummary of Plan Provisions
Effective Date	April 1, 2001.
Eligibility	All employees, except those who are non-resident aliens, members of a union that has not bargained into this Plan and certain leased employees, enter the Plan on the next entry date following completion of age and service eligibility. No new participants on or after August 9, 2010.
Entry Date	The April 1 st or October 1 st coinciding with or next following completion of one year of service and age 21.
Plan Year	The plan year is the April 1 to March 31.
Year of Service	A plan year with at least 1,000 hours worked.
Normal Retirement Age	Prior to April 1, 2008: Later of age 65 or fifth anniversary of date of participation.
	On or after April 1, 2008: Later of age 62 or fifth anniversary of date of participation.
Normal Retirement Benefit	Equal to hypothetical account balance of accumulated annual contribution credits and interest credits.
	Annual Contribution Credits: Plan year contributions determined by schedule per plan year for Highly Compensated Employees, minimum accrual for others. No contribution credits on or after August 9, 2010.
	Annual Interest Crediting Rate: Based on average 30-year US Treasury Bond yield for month prior to current year.
Vested Termination Benefit	Vested account balance accumulated to the month of distribution.
Vesting	Prior to April 1, 2008: Graded vesting schedule of 20% after 2 years, 40% after 3 years, 60% after 4 years, 80% after 5 years and 100% after 6 years of service.
	On or after April 1, 2008: 100% after 3 years of service.
Death Benefit	No age or service requirement. Actuarial equivalent of the accrued benefit.

Schedule SB, Part V – Summary of Plan Provisions

Schedule SB, Part V – Summary of Plan Provisions (continued)

Disability Benefit	No age or service requirement. Actuarial equivalent of the accrued benefit.
In-Service Distributions	Employed participants may receive benefits from the plan after attaining normal retirement age.
Forms of Payment	Straight Life Annuity Lump Sum 50% and 75% Joint & Survivor Annuity
Changes Since Last Valuation	Plan benefits to be frozen effective August 9, 2010. The proposed plan termination date is October 31, 2010.

INLAND CARDIOLOGY ASSOCIATES, P.S. CASH BALANCE PENSION PLAN EIN: 91-1231911 PN: 002 April 1, 2010

Schedule SB, line 22 - Description of Weighted Average Retirement Age

Each active participant is assumed to retire based on the table below.

	# remaining after			Weighted
	% assumed to	assumed		Average
Retirement Age	retire	retirements	# retiring at age	Retirement Age
(A)	(B)	(C)	(D)	(E) = (A) x (D)
		1.00		
55	0.063	0.94	0.06	3.47
56	0.060	0.88	0.06	3.15
57	0.056	0.83	0.05	2.79
58	0.053	0.79	0.04	2.53
59	0.050	0.75	0.04	2.30
60	0.045	0.72	0.03	2.02
61	0.042	0.69	0.03	1.83
62	1.000	0.00	0.69	42.50

Average age at retirement:

61