Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Short Form Annual Return/Report of Small Employee **Benefit Plan**

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the Internal Revenue Code (the Code).

▶ Complete all entries in accordance with the instructions to the Form 5500-SF.

OMB Nos. 1210-0110 1210-0089

2010

This Form is Open to Public Inspection

Р	art I Annual Report Id	dentification Information				
For	r calendar plan year 2010 or fisc	al plan year beginning 01/01/201	0	and ending 1	2/31/2	010
Α	This return/report is for:	single-employer plan	multiple-e	mployer plan (not multiemployer)		one-participant plan
В	This return/report is for:	first return/report	final retur	n/report		_
		an amended return/report	short plar	year return/report (less than 12 mo	nths)	
C	Check box if filing under:	П Form 5558	<u>,</u>	extension	,	DFVC program
J	Check box if filling drider.	special extension (enter description	1	OMONOR		
D	ort II Posio Blon Infor	. , ,				
	art II Basic Plan Infor	mation—enter all requested inform	nation		1h	Three-digit
		EFINED BENEFIT PENSION PLAN			וט	nlan number
, ,_,						(PN) • 002
					1c	Effective date of plan
						01/01/1999
	 Plan sponsor's name and addi N L. LAROCHE, DMD, INC. 	ress (employer, if for single-employer	r plan)			Employer Identification Number (EIN) 05-0479420
ALA	IV E. EAROOFIE, DIVID, IIVO.					Plan sponsor's telephone number
	GREAT ROAD TE #206					401-769-0798
	RTH SMITHFIELD, RI 02896				2d	Business code (see instructions) 621210
32	Dlan administrator's name and	l address (if same as Plan sponsor, e	ntor "Com	\n\ \n\	3h	Administrator's EIN
ALA	N L. LAROCHE, DMD, INC.	S01 GREAT	ROAD	,	35	05-0479420
		SUITE #206 NORTH SM		RI 02896	3с	Administrator's telephone number
	If the consequence of the contract the contr		-1 1 1	and Clark Conthinate and a stantage	41.	401-769-0798
		an sponsor has changed since the la er from the last return/report. Sponso		port filed for this plan, enter the	4b	EIN
					4c	PN
5a	Total number of participants a	t the beginning of the plan year			5a	8
b	Total number of participants a	t the end of the plan year			5b	8
C	Total number of participants w	vith account balances as of the end o	f the plan y	ear (defined benefit plans do not	_	
	,				5c	□ □ □
	•	during the plan year invested in eligib		,		Yes No
b		he annual examination and report of (See instructions on waiver eligibility				ĭ Yes ☐ No
		ner 6a or 6b, the plan cannot use F				
Pa	art III Financial Inform	ation				
7	Plan Assets and Liabilities			(a) Beginning of Year		(b) End of Year
а	Total plan assets		. 7a	912734	1	1109405
b	Total plan liabilities		. 7b			
С	Net plan assets (subtract line	7b from line 7a)	. 7с	912734	1	1109405
8	Income, Expenses, and Trans	fers for this Plan Year		(a) Amount		(b) Total
а			0-(4)	101068	3	
			. 8a(1)		-	
	• • •				-	
h	` ` ` ` ` `	5)	· · ·	10667	1	
b	` ,	00(2) 00(2) and 0h)		10007		207739
c d		8a(2), 8a(3), and 8b)rollovers and insurance premiums	8c			20.100
<u>.</u>			. 8d	()	
е	Certain deemed and/or correct	tive distributions (see instructions)	8e			
f	Administrative service provide	ers (salaries, fees, commissions)	8f			
g	Other expenses		. 8g	11068	3	
h	Total expenses (add lines 8d,	8e, 8f, and 8g)				11068
i	Net income (loss) (subtract lin	e 8h from line 8c)	8i			196671
•			. 01			

	F	orm 5500-SF 2010 Page 2-				
Par	t IV	Plan Characteristics				
	If the	plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Char	acteris	stic Co	des in	the instructions:
b		BD plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Chara	otorio	tic Co	des in t	the instructions:
	4B	plan provides would be believed, enter the applicable would be taken bedeen from the blot of high order	2010110	110 000	200 111 0	ne metrodione.
art	: V	Compliance Questions				
0	Durin	ng the plan year:		Yes	No	Amount
а		there a failure to transmit to the plan any participant contributions within the time period described in CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)	10a		X	
b		there any nonexempt transactions with any party-in-interest? (Do not include transactions reported no 10a.)	10b		X	
С	Was	the plan covered by a fidelity bond?	10c	X		100000
d		he plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud shonesty?	10d		X	
е	Were	any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, ance service or other organization that provides some or all of the benefits under the plan? (See actions.)	10e	X		579
f		the plan failed to provide any benefit when due under the plan?	10f		X	
g	Did tl	he plan have any participant loans? (If "Yes," enter amount as of year end.)	10g		X	
h		s is an individual account plan, was there a blackout period? (See instructions and 29 CFR101-3.)	10h			
i		n was answered "Yes," check the box if you either provided the required notice or one of the ptions to providing the notice applied under 29 CFR 2520.101-3	10i			
art	VI	Pension Funding Compliance				
11		s a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and com				
2	Is thi	s a defined contribution plan subject to the minimum funding requirements of section 412 of the Code	or se	ection 3	302 of I	ERISA? Yes 🖺 No
	,	es," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.)				
а		raiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructing the waiver				
lf	-	ompleted line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.				
b	Enter	the minimum required contribution for this plan year			12b	
C		the amount contributed by the employer to the plan for this plan year			12c	
d		act the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left tive amount)			12d	
е	Will th	ne minimum funding amount reported on line 12d be met by the funding deadline?				Yes No N/A
art	VII	Plan Terminations and Transfers of Assets				
3а	Has a	a resolution to terminate the plan been adopted during the plan year or any prior year?				Yes X No
		s," enter the amount of any plan assets that reverted to the employer this year		•	13a	
b		all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought PBGC?				Yes X No

C If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.) 13c(1) Name of plan(s):

13c(1) Name of plan(s): 13c(2) EIN(s) 13c(3) PN(s)

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	03/12/2012	ALAN LAROCHE
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN			
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor

SCHEDULE SB (Form 5500)

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation Single-Employer Defined Benefit Plan
Actuarial Information

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6059 of the Internal Revenue Code (the Code).

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OMB No. 1210-0110

2010

This Form is Open to Public Inspection

								ent to Form	oouu or	2200-			40/04/5	04.0			
				or fiscal plan		r beginning 0	1/01/2010				and en	ding	12/31/20	U1U			
				nearest dolla													
<u> </u>	Cauti	on: A	penalty of \$1	,000 will be a	sses	ssed for late filing of	of this report	unless reas	onable ca	ause is	establish	ned.					
		of pla								В	Three-di	igit				000	
ALA	N L. I	LARO	CHE, D.M.D.	, INC DEFINE	D B	ENEFIT PENSION	N PLAN				plan nur	nber	(PN)	•		002	
											•		<u> </u>				
					2a (of Form 5500 or 55	500-SF			D I	Employer	r Ider	ntification	Num	ber (E	IN)	
ALA	N L. I	LARO	CHE, DMD, I	NC.						05-0	0479420						
Ε-	vpe o	f plan	: X Single	Multiple-A	Γ	Multiple-B	F	Prior year pla	an size:	100	or fewer	\Box	101-500	Пм	ore th	an 500	
				<u> </u>		1		. ,				Ш		Ш			
Pa	art I	В	asic Inforr	nation													
1	Ente	er the	valuation dat	e:	Мс	onth <u>01</u>	Day <u>01</u>	Year <u>/</u>	2010	_			,				
2	Ass	ets:															
	а	Mark	et value										2a				912374
	b	Actu	arial value										2b				912374
3	Fun	dina t	arget/particina	ant count brea	kdo	wn			(1) N	lumbei	r of partic	cipant	ts		(2) F	unding Targ	et
	a	•	•			aries receiving pay	ment	3a	(.,	10111001	or partie	лран	0		\ - /·	unung rang	0
						91 2	•						1				15094
	b				its .			<u> </u>					'				10004
	С	For	active particip					2 (1)									4000
		(1)	Non-vested I	benefits				_ ` /									1996
		(2)	Vested bene	fits				3c(2)									646781
		(3)	Total active.					3c(3)					4				648777
	d	Tota	d					3d					5				663871
4	If th	e plar	n is at-risk, ch	eck the box ar	ıd c	omplete items (a)	and (b)			П							
		•	•			ed at-risk assump	` ,			ш			4a				
	a		0 0	0 0.									 a				
	b					umptions, but disre ve years and disre							4b				
5	Effo							•					5				6.68 %
6													6				2512
													0				2012
		•	Enrolled Acti	•	ad in	this schedule and accor	mnonvina ochod	ulaa atatamanta	and attachm	oonto if a	ny io oomn	loto or	d accurate	Eoob n	araaarih	ad accumption w	on applied in
	accorda	ance wit	h applicable law a	ind regulations. In i	ny o	oinion, each other assum											
			Ter my best estima	ate of anticipated e	xperi	ence under the plan.											
5	SIGN	ı															
H	ERE	Ξ												12/	/30/20	11	
				Sigr	atu	re of actuary				_				Da	ate		
AAR	ON V	ENO	JZIOU	- 3		,									1-0229	91	
				Typo or i	rint	name of actuary				_	•		Acet reco	nt on	rollmo	nt number	
PEN	CERT	T, LTC)	Type of p	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	. Harrie or actuary						10	nost rece		789-0		
1	OLIK	, בוב	· .							_							
735	N CA	SS A	VENUE		Fir	n name					Т	Telep	hone nun	nber ((includ	ding area co	de)
			_60559-1100														
				hA	dres	ss of the firm				_							
	actua		s not fully refl	ected any reg	ulat	ion or ruling promu	ulgated unde	r the statute	in comple	eting th	nis sched	lule, d	check the	box	and s	ee	

Page	2-	1	
aye			

Schedule SB (Form 5500) 2010

Pa	art II	Begin	ning of year	carryove	er and prefunding	bal	ances						
	•							(a)	Carryover balance	;	(b) l	Prefundi	ng balance
7		_	•		cable adjustments (Item					347			0
8	Portion (used to	offset prior year's	funding req	uirement (Item 35 from	prior	r year)			0			0
9	Amount	remainii	ng (Item 7 minus i	tem 8)						347			0
10	Interest	on item	9 using prior year	's actual re	turn of <u>24.91</u> %					86			0
11					to prefunding balance:								
	a Exce	ess contr	ributions (Item 38	from prior y	/ear)		-						78055
					rate of6.47 %								5050
					/ear to add to prefunding								83105
	d Portion of (c) to be added to prefunding balance												
12				_	emed elections					0			0
					+ item 10 + item 11d – it					433			0
	art III		ding percenta				,						
												14	137.36 %
14												15	137.43 %
15 16					of determining whether					to roduos			107.40 %
10	-				or determining whether			-				16	111.25 %
17	If the cu	rrent val	ue of the assets of	f the plan is	s less than 70 percent of	f the	funding targe	et, enter	such percentage			17	%
P	art IV	Con	tributions an	d liquidit	ty shortfalls								
18	Contribu	itions ma	ade to the plan for	the plan ye	ear by employer(s) and	emp	loyees:						
(N	(a) Date 1M-DD-Y		(b) Amount p employer		(c) Amount paid by employees		(a) Da (MM-DD-Y		(b) Amount p employer		(0	-	nt paid by oyees
07	7/28/2010			4732		0							
09	9/13/2010			9588		0							
09	9/27/2010			1480		0							
03	3/17/2011			75000		0							
				ı			Totals ▶	18(b)		90800	18(c)		0
19	Discoun	ted emp	lover contribution:	s – see inst	ructions for small plan w	/ith a	a valuation da	ate after t	the beginning of the	e vear:			
					mum required contributi					19a			0
										19b			0
	b Contributions made to avoid restrictions adjusted to valuation date												
20			outions and liquidit			, i.e. y c	oai aajaotoa t	o valuatio	T dato	100			0.0.2
_0		-		-	· he prior year?								Yes X No
	b If 20a	is "Yes,	" were required q	uarterly inst	tallments for the current	yeaı	r made in a ti	mely mai	nner?			<u> </u>	Yes No
				-	ete the following table as	-		-					<u>. L</u>
					Liquidity shortfall as o			of this pla	an year				
		(1) 19	st		(2) 2nd			(3)	3rd			(4) 4th	1

Pa	rt V Assumptio	ns used to determine f	unding target and targ	aet n	ormal cost				
21	•			J					
	a Segment rates:	1st segment: 4.60 %	2nd segment: 6.65 %		3rd segment: 6.76 %		N/A, full yie	d curve u	used
	b Applicable month	(enter code)				. 21b			0
22	Weighted average ret	tirement age				. 22			62
23	Mortality table(s) (see	e instructions)	escribed - combined	Pres	cribed - separate	Substitut	te		
Pa	rt VI Miscellane	ous items							
24	•	nade in the non-prescribed act	•		•			ed Yes	X No
25	Has a method change	e been made for the current pla	an year? If "Yes," see instruc	ctions r	egarding required attac	hment		Yes	No
26	Is the plan required to	provide a Schedule of Active	Participants? If "Yes," see in	nstructi	ons regarding required	attachment		Yes	No
27	, ,	or (and is using) alternative fur	•			27	_	-	-
Pa	rt VII Reconcilia	ation of unpaid minimu	m required contributi	ions f	or prior years				
28		uired contribution for all prior ye	•		· · ·	. 28			0
29	' '	contributions allocated toward			' '	29			0
30	Remaining amount of	funpaid minimum required cor	tributions (item 28 minus iter	n 29)		. 30			0
Pa	rt VIII Minimum	required contribution t	or current year						
31	Target normal cost, a	djusted, if applicable (see instr	ructions)			. 31			0
32	Amortization installme	ents:			Outstanding Bala	ance	Instal	ment	
	a Net shortfall amorti	ization installment				0			0
	b Waiver amortization	on installment				0			0
33		approved for this plan year, en Day Year				33			0
34	• •	ment before reflecting carryove				34			0
			Carryover balance		Prefunding bala	nce	Total b	alance	
35	Balances used to offs	set funding requirement		0		0			0
36	Additional cash requir	rement (item 34 minus item 35)			. 36			0
37		ed toward minimum required co	,	,		37			84512
38	38 Interest-adjusted excess contributions for current year (see instructions)								84512
39	Unpaid minimum requ	uired contribution for current ye	ear (excess, if any, of item 36	over it	em 37)	. 39			0
40	Unpaid minimum requ	uired contribution for all years.				40			

Schedule SB, line 19 - Discounted Employer Contributions

Alan L. LaRoche, D.M.D., Inc. Defined Benefit Pension Plan 05-0479420 / 002

For the plan year 1/1/2010 through 12/31/2010 Valuation Date: 1/1/2010

	Date	Amount	Adjusted Contribution	Adjusted Prior Year Contribution	Adjusted Quarterly	Effective Rate	Penalty Rate
Deposited Contribution	7/28/2010	\$4,732					
Applied to Additional Contribution	1/1/2010	4,732	4,561	0	0	6.68	0
Deposited Contribution	9/13/2010	\$9,588					
Applied to Additional Contribution	1/1/2010	9,588	9,164	0	0	6.68	0
Deposited Contribution	9/27/2010	\$1,480					
Applied to Additional Contribution	1/1/2010	1,480	1,411	0	0	6.68	0
Deposited Contribution	3/17/2011	\$75,000					
Applied to Additional Contribution	1/1/2010	75,000	69,376	0	0	6.68	0
Totals for Deposited Contribution		\$90,800	\$84,512	\$0	\$0		

SCHEDULE SB (Form 5500)

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Single-Employer Defined Benefit Plan Actuarial Information

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6059 of the Internal Revenue Code (the Code).

► File as an attachment to Form 5500 or 5500-SF.

OMB No. 1210-0110

2010

This Form is Open to Public Inspection

v.092308.1

rite as a	an attachment to roll	1 3300 01 0000-0	<u> </u>	l	
For calendar plan year 2010 or fiscal plan year beginning	01/01/2010	and er	nding 1	2/31/2010	
 Round off amounts to nearest dollar. Caution: A penalty of \$1,000 will be assessed for late filing of the 	is report unless reason	able cause is esta	ıblished.		
A Name of plan Alan L. LaRoche, D.M.D., Inc Defined Be	enefit Pension F	lan	B Three-d plan nu	igit mber (PN) ▶	002
			D ====	ar Idantification	Number (EINI)
C Plan sponsor's name as shown on line 2a of Form 5500 or 5500-	-EZ		i		Number (EIN)
Alan L. LaRoche, DMD, Inc.			05-04	79420	
E Type of plan: X Single Multiple-A Multiple-B	F Prior year	plan size: X 10	O or fewer	101-500	More than 500
Part Basic Information					
1 Enter the valuation date: Month 01	Day <u>01</u>	Year <u>2010</u>	-		
2 Assets:			ı		
a Market value				2a	912,374
b Actuarial value	· · · · · · · · · · · · · · · · · · ·	<u> </u>		2b	912,374
3 Funding target/participant count breakdown	[nber of partici	oants (2) Funding Target
a For retired participants and beneficiaries receiving payment	nt	3a	0		0
b For terminated vested participants		3b	1	and the state of t	15,094
C For active participants:					
(1) Non-vested benefits		3c(1)			1,996
(2) Vested benefits	L	3c(2)			646,781
(3) Total active		3c(3)	4		648,777
d Total		3d	5		663,871
4 If the plan is at-risk, check the box and complete lines a and b					
a Funding target disregarding prescribed at-risk assumption	ns			4a	
b Funding target reflecting at-risk assumptions, but disregar		plans that have be	een		
at-risk for fewer than five consecutive years and disregard	ling loading factor		<u></u>	4b	
5 Effective interest rate	· · · · · · · · · · · · · · · · · · ·	<u>.</u>		5	6.68
6 Target normal cost				6	2,512
Statement by Enrolled Actuary To the best of my knowledge, the information supplied in this schedule and accompanying accordance with applicable law and regulations. In my option, each other assumption is reas combination, offer my best estimate of anticipated experience under the plan.	schedules, statements and attachments and attachments and attachment the exp	ents, if any, is complete and effence of the plan and rea	d accurate. Each pressonable expectations)	ibed assumption was a and such other assum	pplied in ptions, in
SIGN HERE				12/30/201	.1
Signature of actuary				Date	
Aaron Venouzibu	7			11-0229	1
Type or print hame of actuary			Most r	ecent enrollme	nt number
Pencert, Ltd.			(630	789-0700	
Firm name			Telephone n	umber (includir	ng area code)
735 N. Cass Avenue					
US Westmont IL 60559-1100					
Address of the firm					
If the actuary has not fully reflected any regulation or ruling promulg instructions	ated under the statute	in completing this	schedule, che	ck the box and	see
For Paperwork Reduction Act Notice and OMB Control Numbers, see t	he instructions for Form	5500 or 5500-SF.		Sch	edule SB (Form 5500) 2016

Part II Beginn	ning of year carryover an	d prefunding balances	·				· · · · ·	
- someone stand		•	(a) (Carryover balance	(b) Pre	funding	balance	
7 Balance at be	ginning of prior year after app	olicable adjustments (item 13 from pr						
				347				0
		equirement (item 35 from prior year)		0				0
				347				
		return of 24.91 %		86				0
	cess contributions to be add		20,000,00					
•		year)				78,055		
		e rate of6.47_%				5,050		
		lan year to add to prefunding balanc	DESCRIPTION OF THE PROPERTY OF					105
		nding balance	32.009 GC 65 25 24 26					
		leemed elections		0				0
· · · · · · · · · · · · · · · · · · ·		9 + item 10 + item 11d - item 12)		433				
and the standard of the standa	ding percentages	o r hom to r hom tro hom tept						
	······································					14	137,36	%
		age					137.43	/ %
	<u> </u>	es of determining whether carryover/				1 1		
=	• • • • •	es of determining whether carryover	-			16	111.25	%
		n is less than 70 percent of the fundi			• • • • •	17		 %
	tributions and liquidity s		ng target, enter se	acti percentage 111				<u>~~</u>
3.77.3.5.6.27.3.3.3.1	·····	plan year by employer(s) and emplo	VAAS.					
-				(b) Amount paid by		(a) Ama	unt paid by	
(a) Date (MM-DD-YYYY)	(b) Amount paid by employer(s)	(c) Amount paid by employees ((a) Date (MM-DD-YYYY)	employer(s)			loyees	
07/28/2010	4,73		09/13/2010		,588	· · · · · · · · · · · · · · · · · · ·		
09/27/2010	1,48		03/13/2010		,000			
03/21/2020	2/20		33/21/1322					
							-	
· · · · · · · · · · · · · · · · · · ·								
			Totals ► 18(b)	90	,800 18	(c)		
14. A 4. A 4. A 4. A 4. A 5. A 4. A 5. A 4. A 5. A 5		nstructions for small plan with a valu			, [10	7271	· · · · · · · · · · · · · · · · · · ·	
		minimum required contribution from			19a			0
	ons made to avoid restriction				19b			
		quired contribution for current year adjust			19c		84	,512
	ntributions and liquidity shortfa		ica to valuation date					
•	, ,	• •			250-00	. 🔲 Yes		**************************************
		for the prior year?				. □Yes		
				mo: 11111		1.00		(4)(5/15)
U IT ZUA IS	res, see instructions and co	mplete the following table as applica Liquidity shortfall as of en		s nlan vear	2599	oren garan er	er of some or distribution of the	<u></u>
-	(1) 1st	(2) 2nd	(3) 3rd		(4)	4th		
	(1) 101	(2) 2110	(0) 010					
			<u> </u>		<u> </u>			

				,,,	
Part V Assumpt	ions used to determine fu	inding target and target norr	nal cost		
21 Discount rate:			2-4		
a Segment rates:	1st segment	2nd segment	3rd segment		N/A, full yield curve used
	4.60 %	6.65 %	6.76 %		
b Applicable month	(enter code)			21b	
				22	62
23 Mortality table(s) ((see instructions) X P	rescribed combined	Prescribed separate	S	Substitute
	ineous items				
24 Has a change be	en made in the non-prescribed	I actuarial assumptions for the cu	rrent plan year? If "Yes," see	insti	ructions regarding required
attachment					Yes X No
25 Has a method cha	ange been made for the curre	nt plan year? If "Yes," see instruc	tions regarding required atta	chme	ent . Yes 🗴 No
26 is the plan require	ed to provide a Schedule of Ad	ctive Participants? If "Yes," see in	structions regarding required	atta	chment Yes X No
27 If the plan is eligit	ole for (and is using) alternativ	e funding rules, enter applicable	code and see instructions		
regarding attachn	nent			27	
Part VII Reconc	iliation of unpaid minimu	m required contributions for	prior years		
28 Unpaid minimum	required contribution for all pr	ior years		28	0
29 Discounted emple	oyer contributions allocated to	ward unpaid minimum required c	ontributions from prior years		
(item 19a)				29	0
30 Remaining amou	nt of unpaid minimum required	d contributions (item 28 minus ite	m 29)	30	0
Part VIII Minimu	m required contribution f	or current year			
31 Target normal co	st, adjusted, if applicable (see	instructions)		31	0
32 Amortization insta	allments:		Outstanding Balance	!	Installment
a Net shortfall amo	rtization installment			0	0
		<u></u>		0	0
		r, enter the date of the ruling lette	er granting the approval		
(Month		r) and the waived		33	0
	uirement before reflecting car	ryover/prefunding balances			
				34	0
		Carryover balance	Prefunding Balance		Total balance
35 Balances used to	offset funding requirement	0		0	0
		m 35)		36	0
		ed contribution for current year a			
				37	84,512
		ent year (see instructions)		38	84,512
		ent year (excess, if any, of item 3		39	
		ears		40	
TO Otipala minimun	r roquitou correspondent for all y				<u> </u>

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Schedule SB, line 22 - Description of Weighted Average Retirement Age

Alan L. LaRoche, D.M.D., Inc. Defined Benefit Pension Plan 05-0479420 / 002 For the plan year 1/1/2010 through 12/31/2010

The age reported is the average of the assumed retirement ages for all active participants as of the valuation date rounded to the nearest whole age. For an active late retiree, the assumed retirement age may be later than the Plan's normal retirement age. Each participant's rate of retirement is assumed to be 100% of his/her assumed retirement age.

Schedule SB, Part V **Statement of Actuarial Assumptions/Methods**

Alan L. LaRoche, D.M.D., Inc. Defined Benefit Pension Plan 05-0479420 / 002

For the plan year 1/1/2010 through 12/31/2010

1/1/2010 **Valuation Date:**

Funding Method: As prescribed in IRC Section 430

Age - Eligibility age at last birthday and other ages at last birthday

New participants are included in current year's valuation

Retrospective Compensation - Highest 5 consecutive years of participation

Form of Payment - Assumed form of payment for funding is lump sum equivalent of normal form. Funding Target for lump sum is

the greater of the present value of accrued benefit computed using funding segment rates and 417(e) Applicable Mortality Table or lump sum at the assumed retirement date of accrued benefit using plan actuarial equivalence discounted using appropriate segment rate. Lump sum on plan actuarial equivalence rates will not exceed 415 maximum allowable distribution, which is the lesser amount computed using a) 5.5% interest and the Applicable Mortality Table or b) the greater of plan actuarial equivalence interest and mortality or 417(e)

Interest Rates -

Segment rates for the Valuation Date as permitted under IRC 430(h)(2)(C) & (G)

Segment #	Year	Rate %
Segment 1	0 - 5	4.60
Segment 2	6 - 20	6.65
Segment 3	> 20	6.76

Pre-Retirement - Mortality Table -None

> Turnover/Disability -None Salary Scale -None Expense Load -None Ancillary Ben Load -None

Post-Retirement - Mortality Table -10C - 2010 Funding Target - Combined - IRC 430(h)(3)(A)

> Cost of Living -None

183M - 1983 Individual Annuity (male) at 6% Lump Sum -

10E - 2010 Applicable Mortality Table for 417(e) (unisex)

Fair market value of assets adjusted for contributions under IRC 430(g)(4) **Asset Valuation Method:**

Discrimination Test Assumptions:

HCE Determination - Based on top 20% of employees

Otherwise Excludable - Otherwise Excludable HCEs are included with the Not Otherwise Excludable employees

410(b)/401(a)(4) Testing:

Pre-Retirement - Interest -8.5% Post-Retirement - Interest -8.5%

> Mortality Table -U84 - 1984 Unisex

Permissively Aggregated Plans - Not tested As Single Plan

Compensation - Use current compensation to calculate the benefit accrual rate (annual method)

Testing Age - Normal retirement age or attained age, if older

Normal Form for MVAR - Joint with 50% Survivor Benefits

Schedule SB, Part V Summary of Plan Provisions

Alan L. LaRoche, D.M.D., Inc. Defined Benefit Pension Plan 05-0479420 / 002

For the plan year 1/1/2010 through 12/31/2010

Employer: Alan L. Laroche, D.M.D., Inc.

Type of Entity - S-Corporation

EIN: 05-0479420 TIN: 35-6738427 Plan #: 002

Dates: Effective - 1/1/1999 Year end - 12/31/2010 Valuation - 1/1/2010

Top Heavy Years - 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010

Eligibility: All employees excluding non-resident aliens, members of an excluded class and union

Minimum age - 21 Months of service - 12

Hours Required for - Eligibility - 1000 Benefit accrual - 1000 Vesting - 1000

Plan Entry - Anniversary date nearest eligibility satisfaction

Retirement: Normal - First of month coincident with or next following attainment of age 62 and completion of 5 years of participation

Early - Attainment of age 55 and completion of 10 years of participation

Average Compensation: Highest 5 consecutive years of participation

Top Heavy Minimum Benefit - Highest 5 consecutive top heavy years of participation

Plan Benefits: Retirement - Derived from the unit credit benefit formula below rounded to the nearest dollar:

3.25% of average monthly compensation per year of participation beginning year 1 limited to 10

year(s)

not greater than \$5,400

Accrued Benefit - Unit credit based on participation

Minimum Benefit - None Maximum Benefit - None

Maximum allowable distribution is lump sum equivalent of normal form not to exceed 415 maximum allowable distribution, which is the lesser amount computed using a) 5.5% interest and the Applicable Mortality Table or

b) the greater of plan actuarial equivalence interest and mortality or 417(e) Minimum

Death Benefit - Face Amount plus Present Value of Accrued Benefit limited to 90 times the Monthly Retirement Benefit

Top Heavy Minimum: 2% of average compensation per top heavy year of participation excluding years prior to the adoption date of

the plan and 1984 (if earlier), limited to 10 years

IRS Limitations: 415 Limits - Percent: 100 Dollar: \$195,000

Maximum 401(a)(17) compensation - \$245,000

Normal Form: Life Annuity

Optional Forms: Lump Sum

Life Annuity Guaranteed for 10 Years

Joint with 50%, 75% or 100% Survivor Benefit

<u>Vesting Schedule:</u> Years Percent

0-1 0% 2 20% 3 40% 4 60% 5 80% 6 100%

Service is calculated using all years of service except years prior to plan effective date

Schedule SB, Part V Summary of Plan Provisions

Alan L. LaRoche, D.M.D., Inc. Defined Benefit Pension Plan 05-0479420 / 002

For the plan year 1/1/2010 through 12/31/2010

<u>Present Value of Accrued Benefit:</u> Based on the greater of 417(e) or Actuarial Equivalence 417(e):

Interest Rates -

Segment #	Years	Rate %
Segment 1	0 - 5	3.21
Segment 2	6 - 20	5.19
Segment 3	> 20	5.67

Mortality Table - 10E - 2010 Applicable Mortality Table for 417(e) (unisex)

Actuarial Equivalence:

Pre-Retirement - Interest - 6%

Mortality Table - None

Post-Retirement - Interest - 6%

Mortality Table - I83M - 1983 Individual Annuity (male)