Form 5500-SF		Short Form Annual Return/Report of Small Employee Benefit Plan				OMB Nos. 1210-0110 1210-0089			
Department of the Treasury Internal Revenue Service This for			BENETIT PIAN n is required to be filed under sections 104 and 4065 of the Employee			2010			
Department of Labor Retirement Income Security Ad			ct of 1974 (ERISA), and section 6058(a) of the Revenue Code (the Code).			This Form is Open to Public			
Pension Benefit Guaranty Corporation Complete all entries in accordance with the instructions to					ne Form 5500-SF.				
	Part I Annual Report Identification Information								
	calendar plan year 2010 or fisca	7		g	5/31/2				
				mployer plan (not multiemployer)	one-participant plan				
B	This return/report is for:	first return/report	final retur	•					
an amended return/report is short plan year return/report (less than 12 months)									
C	C Check box if filing under:								
		special extension (enter descriptio							
	Part II       Basic Plan Information—enter all requested information         1a Name of plan       1b Three-digit								
	Name of plan RELLS HEALTH CENTERS, INC	C PENSION TRUST				plan number	001		
					(PN) 🕨	001			
					1c	1c Effective date of plan 06/01/1988			
<b>2a</b> Plan sponsor's name and address (employer, if for single-employer plan) FARRELLS HEALTH CENTERS, INC.						2b Employer Identification Number (EIN) 91-0925311			
	NW MYHRE RD SUITE 301				2c	Plan sponsor's te 360-377	elephone number 7-0164		
SILVERDALE, WA 98383-8561						Business code (s 621498	see instructions)		
3a FARF	Plan administrator's name and RELLS HEALTH CENTERS, INC	3b	Administrator's EIN 91-0925311						
SILVERDALE, WA 98383-8561						Administrator's telephone number 360-377-0164			
	f the name and/or EIN of the pla	port filed for this plan, enter the	4b EIN						
	name, EIN, and the plan humbe	r from the last return/report. Sponso	rs name		4c	PN			
<b>5a</b> Total number of participants at the beginning of the plan year					5a		34		
b		5b		23					
<b>C</b> Total number of participants with account balances as of the end of the plan year (defined benefit plans do complete this item)					5c		19		
6a Were all of the plan's assets during the plan year invested in eligible assets? (See instructions.)							X Yes No		
b	<b>b</b> Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA)								
under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.)									
Part III Financial Information									
7	Plan Assets and Liabilities			(a) Beginning of Year	(b) End of Year				
а	Total plan assets	al plan assets		710945		801725			
b	<b>D</b> Total plan liabilities		7b	0		0			
С	Net plan assets (subtract line 7	b from line 7a)	7c	710945			801725		
8	Income, Expenses, and Transf			(a) Amount	(b) To		otal		
а		ontributions received or receivable from: ) Employers		3645	3645				
			8a(1) 8a(2)	14579					
			8a(3)		1				
b	Other income (loss)		8b	152808					
С	Total income (add lines 8a(1),	8a(2), 8a(3), and 8b)	8c				171032		
d	enefits paid (including direct rollovers and insurance premiums provide benefits)			79109					
е	Certain deemed and/or correct	ive distributions (see instructions)	8e						
f	f Administrative service providers (salaries, fees, commissions)		8f	1143	4				
g	Other expenses		8g						
h	Total expenses (add lines 8d, 8	Be, 8f, and 8g)	8h		80252				
i		8h from line 8c)	8i		90		90780		
j	Transfers to (from) the plan (se	e instructions)	8j						

For Paperwork Reduction Act Notice and OMB Control Numbers, see the instructions for Form 5500-SF.

## Part IV Plan Characteristics

- **9a** If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions: 2E 2J 2K 2G 3D
- **b** If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

Part	V Compliance Questions							
10	During the plan year:	_	Yes	No		Amou	Int	
а	Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)			×				
b	Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)			X				
С	Was the plan covered by a fidelity bond?		Х					50000
d	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?							
е	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See instructions.)			×				
f	Has the plan failed to provide any benefit when due under the plan?			Х				
g	Did the plan have any participant loans? (If "Yes," enter amount as of year end.)		X				1	35433
h	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)			Х				
i	If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3							
Part	VI Pension Funding Compliance							
11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500))							
lf y b c d	(If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.)         a If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiver.         Month Day Year         f you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.         D Enter the minimum required contribution for this plan year.         c Enter the amount contributed by the employer to the plan for this plan year.         d Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)							
е	e Will the minimum funding amount reported on line 12d be met by the funding deadline?				Yes	No	'	N/A
Part	VII Plan Terminations and Transfers of Assets							
13a	Has a resolution to terminate the plan been adopted during the plan year or any prior year?					<u> </u>	Yes	X No
h	If "Yes," enter the amount of any plan assets that reverted to the employer this year			13a				
	of the PBGC? If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify which assets or liabilities were transferred. (See instructions.)					` []	Yes	X No
13c(1) Name of plan(s):					<b>13c(2)</b> EIN(s) <b>13c(3)</b> PN(s)			

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	03/18/2012	CARL CRAMER
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN			
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor