

Form 5500-SF**Short Form Annual Return/Report of Small Employee Benefit Plan**OMB Nos. 1210-0110
1210-0089

Department of the Treasury

Internal Revenue Service

Department of Labor

Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the Internal Revenue Code (the Code).

► Complete all entries in accordance with the instructions to the Form 5500-SF.

2010**This Form is Open to Public Inspection****Part I Annual Report Identification Information**For calendar plan year 2010 or fiscal plan year beginning **07/01/2010** and ending **06/30/2011**

- A** This return/report is for: single-employer plan multiple-employer plan (not multiemployer) one-participant plan
- B** This return/report is for: first return/report final return/report
- C** Check box if filing under: Form 5558 automatic extension DFVC program
- special extension (enter description)

Part II Basic Plan Information—enter all requested information**1a** Name of plan

AMERICAN LUNG ASSOCIATION RETIREMENT PLAN D

1b Three-digit plan number (PN) ► **001****2a** Plan sponsor's name and address (employer, if for single-employer plan)

AMERICAN LUNG ASSOCIATION OF THE MIDLAND STATES

2b Employer Identification Number (EIN) **62-0517560**4100 CHURCHMAN AVE.
LOUISVILLE, KY 40215-1154**2c** Plan sponsor's telephone number **615-329-1151**

3a Plan administrator's name and address (if same as Plan sponsor, enter "Same")
AMERICAN LUNG ASSOCIATION OF THE MIDLAND STATES **4100 CHURCHMAN AVE.
LOUISVILLE, KY 40215-1154**

3b Administrator's EIN **62-0517560****3c** Administrator's telephone number **615-329-1151****4** If the name and/or EIN of the plan sponsor has changed since the last return/report filed for this plan, enter the name, EIN, and the plan number from the last return/report. Sponsor's name**4b** EIN**4c** PN**5a** Total number of participants at the beginning of the plan year Yes No**5b** Total number of participants at the end of the plan year..... Yes No**c** Total number of participants with account balances as of the end of the plan year (defined benefit plans do not complete this item).....**5c**

6a Were all of the plan's assets during the plan year invested in eligible assets? (See instructions.)

b Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA) under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.).....

If you answered "No" to either 6a or 6b, the plan cannot use Form 5500-SF and must instead use Form 5500.

Part III Financial Information**7** Plan Assets and Liabilities

	(a) Beginning of Year	(b) End of Year
7a	1703557	1711489
7b		
7c	1703557	1711489

8 Income, Expenses, and Transfers for this Plan Year

	(a) Amount	(b) Total
8a(1)		
8a(2)		
8a(3)		
8b	114892	
8c		114892
8d	65907	
8e		
8f		
8g	41053	
8h		106960
8i		7932
8j		

Part IV Plan Characteristics

9a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions:

1A 1G 1I

b If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

Part V Compliance Questions

10 During the plan year:

- a Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)
- b Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.).....
- c Was the plan covered by a fidelity bond?
- d Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?
- e Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See instructions.)
- f Has the plan failed to provide any benefit when due under the plan?
- g Did the plan have any participant loans? (If "Yes," enter amount as of year end.).....
- h If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)
- i If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3.....

	Yes	No	Amount
10a		X	
10b		X	
10c	X		500000
10d		X	
10e		X	
10f		X	
10g		X	
10h			
10i			

Part VI Pension Funding Compliance11 Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500))..... Yes No12 Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section 302 of ERISA? .. Yes No
(If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.)

- a If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiver. Month _____ Day _____ Year _____

If you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.

- b Enter the minimum required contribution for this plan year.....
- c Enter the amount contributed by the employer to the plan for this plan year.....
- d Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)
- e Will the minimum funding amount reported on line 12d be met by the funding deadline?..... Yes No N/A

12b	
12c	
12d	

Part VII Plan Terminations and Transfers of Assets13a Has a resolution to terminate the plan been adopted during the plan year or any prior year? Yes NoIf "Yes," enter the amount of any plan assets that reverted to the employer this year..... 13a

- b Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?..... Yes No
- c If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)

13c(1) Name of plan(s):	13c(2) EIN(s)	13c(3) PN(s)

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN HERE	Filed with authorized/valid electronic signature.	04/12/2012	ROBERT SINGLETARY
	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN HERE			
	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor

SCHEDULE SB
(Form 5500)

Department of the Treasury
Internal Revenue Service

Department of Labor
Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

**Single-Employer Defined Benefit Plan
Actuarial Information**

OMB No. 1210-0110

2010

**This Form is Open to Public
Inspection**

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6059 of the Internal Revenue Code (the Code).

► File as an attachment to Form 5500 or 5500-SF.

For calendar plan year 2010 or fiscal plan year beginning **07/01/2010** and ending **06/30/2011**

► Round off amounts to nearest dollar.

► Caution: A penalty of \$1,000 will be assessed for late filing of this report unless reasonable cause is established.

A Name of plan

AMERICAN LUNG ASSOCIATION RETIREMENT PLAN D

B Three-digit
plan number (PN)

001

C Plan sponsor's name as shown on line 2a of Form 5500 or 5500-SF

AMERICAN LUNG ASSOCIATION OF THE MIDLAND STATES

D Employer Identification Number (EIN)

62-0517560

E Type of plan: Single Multiple-A Multiple-B

F Prior year plan size: 100 or fewer 101-500 More than 500

Part I Basic Information

1 Enter the valuation date: Month **07** Day **01** Year **2010**

2 Assets:

a Market value.....	2a	1703557
b Actuarial value.....	2b	1703557

3 Funding target/participant count breakdown

	(1) Number of participants	(2) Funding Target
a For retired participants and beneficiaries receiving payment	3a	0
b For terminated vested participants	3b	56
c For active participants:		
(1) Non-vested benefits.....	3c(1)	3619
(2) Vested benefits.....	3c(2)	247109
(3) Total active	3c(3)	250728
d Total.....	3d	1960435

4 If the plan is at-risk, check the box and complete items (a) and (b)

a Funding target disregarding prescribed at-risk assumptions	4a	
b Funding target reflecting at-risk assumptions, but disregarding transition rule for plans that have been at-risk for fewer than five consecutive years and disregarding loading factor	4b	

5 Effective interest rate

5 **6.37 %**

6 Target normal cost.....

6 **19604**

Statement by Enrolled Actuary

To the best of my knowledge, the information supplied in this schedule and accompanying schedules, statements and attachments, if any, is complete and accurate. Each prescribed assumption was applied in accordance with applicable law and regulations. In my opinion, each other assumption is reasonable (taking into account the experience of the plan and reasonable expectations) and such other assumptions, in combination, offer my best estimate of anticipated experience under the plan.

**SIGN
HERE**

03/21/2012

Signature of actuary

MICHAEL A. ACCARDO, FSA, MAAA

Date

11-05390

Type or print name of actuary

SIBSON CONSULTING

Most recent enrollment number

212-251-5000

Firm name

**333 W 34TH STREET
NEW YORK, NY 10001-2402**

Telephone number (including area code)

Address of the firm

If the actuary has not fully reflected any regulation or ruling promulgated under the statute in completing this schedule, check the box and see instructions



For Paperwork Reduction Act Notice and OMB Control Numbers, see the instructions for Form 5500 or 5500-SF.

Schedule SB (Form 5500) 2010
v.092308.1

Part II Beginning of year carryover and prefunding balances		(a) Carryover balance	(b) Prefunding balance		
7	Balance at beginning of prior year after applicable adjustments (Item 13 from prior year)	127070	0		
8	Portion used to offset prior year's funding requirement (Item 35 from prior year)	18975	0		
9	Amount remaining (Item 7 minus item 8).....	108095	0		
10	Interest on item 9 using prior year's actual return of <u>13.74</u> %	14852	0		
11	Prior year's excess contributions to be added to prefunding balance:				
a	Excess contributions (Item 38 from prior year)		0		
b	Interest on (a) using prior year's effective rate of <u>7.37</u> %		0		
c	Total available at beginning of current plan year to add to prefunding balance		0		
d	Portion of (c) to be added to prefunding balance.....		0		
12	Reduction in balances due to elections or deemed elections.....	0	0		
13	Balance at beginning of current year (item 9 + item 10 + item 11d – item 12).....	122947	0		
Part III Funding percentages					
14	Funding target attainment percentage.....	14	<u>80.62</u> %		
15	Adjusted funding target attainment percentage.....	15	<u>81.25</u> %		
16	Prior year's funding percentage for purposes of determining whether carryover/prefunding balances may be used to reduce current year's funding requirement.....	16	<u>96.20</u> %		
17	If the current value of the assets of the plan is less than 70 percent of the funding target, enter such percentage.....	17	%		
Part IV Contributions and liquidity shortfalls					
18	Contributions made to the plan for the plan year by employer(s) and employees:				
(a) Date (MM-DD-YYYY)	(b) Amount paid by employer(s)	(c) Amount paid by employees	(a) Date (MM-DD-YYYY)	(b) Amount paid by employer(s)	(c) Amount paid by employees
			Totals ►	18(b)	0
				18(c)	0
19	Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year:				
a	Contributions allocated toward unpaid minimum required contribution from prior years.....	19a			0
b	Contributions made to avoid restrictions adjusted to valuation date	19b			0
c	Contributions allocated toward minimum required contribution for current year adjusted to valuation date.....	19c			0
20	Quarterly contributions and liquidity shortfalls:				
a	Did the plan have a "funding shortfall" for the prior year?			<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
b	If 20a is "Yes," were required quarterly installments for the current year made in a timely manner?			<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
c	If 20a is "Yes," see instructions and complete the following table as applicable:				
Liquidity shortfall as of end of Quarter of this plan year					
(1) 1st	(2) 2nd	(3) 3rd	(4) 4th		

Part V Assumptions used to determine funding target and target normal cost**21** Discount rate:

a Segment rates:	1st segment: 4.44 %	2nd segment: 6.62 %	3rd segment: 6.74 %	<input type="checkbox"/> N/A, full yield curve used
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b Applicable month (enter code)	21b	4
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22 Weighted average retirement age	22	62
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23 Mortality table(s) (see instructions)	<input checked="" type="checkbox"/> Prescribed - combined	<input type="checkbox"/> Prescribed - separate	<input type="checkbox"/> Substitute
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Part VI Miscellaneous items

24 Has a change been made in the non-prescribed actuarial assumptions for the current plan year? If "Yes," see instructions regarding required attachment.....	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
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25 Has a method change been made for the current plan year? If "Yes," see instructions regarding required attachment.....	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
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26 Is the plan required to provide a Schedule of Active Participants? If "Yes," see instructions regarding required attachment.....	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
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27 If the plan is eligible for (and is using) alternative funding rules, enter applicable code and see instructions regarding attachment.....	27	
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Part VII Reconciliation of unpaid minimum required contributions for prior years

28 Unpaid minimum required contribution for all prior years	28	0
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29 Discounted employer contributions allocated toward unpaid minimum required contributions from prior years (item 19a).....	29	0
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30 Remaining amount of unpaid minimum required contributions (item 28 minus item 29).....	30	0
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Part VIII Minimum required contribution for current year

31 Target normal cost, adjusted, if applicable (see instructions).....	31	19604
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32 Amortization installments:	Outstanding Balance	Installment
a Net shortfall amortization installment	301408	50242
b Waiver amortization installment.....	0	0

33 If a waiver has been approved for this plan year, enter the date of the ruling letter granting the approval (Month _____ Day _____ Year _____) and the waived amount	33	
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34 Total funding requirement before reflecting carryover/prefunding balances (item 31 + item 32a + item 32b – item 33).....	34	69846
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	Carryover balance	Prefunding balance	Total balance
35 Balances used to offset funding requirement	69846	0	69846
36 Additional cash requirement (item 34 minus item 35).....	36	0	0
37 Contributions allocated toward minimum required contribution for current year adjusted to valuation date (item 19c).....	37	0	0
38 Interest-adjusted excess contributions for current year (see instructions).....	38	0	0
39 Unpaid minimum required contribution for current year (excess, if any, of item 36 over item 37).....	39	0	0
40 Unpaid minimum required contribution for all years	40	0	0

Schedule SB, Line 26 - Schedule of Active Participant Data

Age on 07/01/2010	Total	Service							35-39	40 & over
		0	1-4	5-9	10-14	15-19	20-24	25-29		
Total	8	0	3	2	1	1	0	1	0	0
Under 25	0	0	0	0	0	0	0	0	0	0
25-29	2	0	2	0	0	0	0	0	0	0
30-34	1	0	0	1	0	0	0	0	0	0
35-39	0	0	0	0	0	0	0	0	0	0
40-44	0	0	0	0	0	0	0	0	0	0
45-49	0	0	0	0	0	0	0	0	0	0
50-54	0	0	0	0	0	0	0	0	0	0
55-59	2	0	1	0	0	0	0	0	1	0
60-64	3	0	0	1	1	1	0	0	0	0
65-69	0	0	0	0	0	0	0	0	0	0
70 & over	0	0	0	0	0	0	0	0	0	0

Branch 159
EIN:
PN:

American Lung Association of Mid-Land States
62-0517560
001

Actuarial Assumptions and Methodologies

Interest:	The interest rates used are the March 2010 segmented rates (which are a 24-month average of corporate bond yields ending in February 2010). The rates are 4.44% for payments in the first 5 years, 6.62% for payments in years 6-20, and 6.74% for payments thereafter. This market-based assumption is mandated by law, based on the plan sponsor's election to use one of the alternative methodologies. Prior year interest rates used were the March 2009 full yield curves. These discount rates average 5.70% for payments in the first 5 years, 7.53% for payments in years 6-20, and 7.85% for payments thereafter.
Mortality rates:	RP2000 combined annuitant and non-annuitant tables with static projection to 2017 and 2025, respectively. This assumption is one of the choices allowed by the regulations. (Prior year current liability assumption was similar, but based on one less year of projection.)
Salary Increases:	N/A
Election of lump-sum option:	100% of participants are assumed to elect payment in the form of a lump sum.
Sample termination rates:	None

Attachment to 2010 Schedule SB of Form 5500
Schedule SB, Part V – Statement of Actuarial Assumptions/Methods
American Lung Association Retirement Plan “D”
Branch 159 - American Lung Association of Mid-Land States
EIN 62-0517560 PN 001

Actuarial Assumptions and Methodologies continued

Retirement from active status:	Age 62
Retirement from inactive status:	Age 62
Age difference:	Husbands are three years older than their wives.
Administrative expenses:	Plan-related expenses equal to 1% of funding target were assumed in 2010.
Asset method:	Assets are valued at market value. (Previously, used 2-year averaging for actuarial value of assets).
Funding method:	Funding method is prescribed by law. The liability is measured on an accrual-to-date basis using mandated mortality tables and interest rates with no salary projection past the end of the year.
Percent married:	Social Security awards during 1972.

SCHEDULE SB
(Form 5500)

Department of the Treasury
Internal Revenue Service

Department of Labor
Employee Benefits Security Administration
Pension Benefit Guaranty Corporation

**Single-Employer Defined Benefit Plan
Actuarial Information**

OMB No. 1210-0110

2010

**This Form is Open to Public
Inspection**

For calendar plan year 2010 or fiscal plan year beginning **07/01/2010** and ending **06/30/2011**

► Round off amounts to nearest dollar.

► Caution: A penalty of \$1,000 will be assessed for late filing of this report unless reasonable cause is established.

A Name of plan American Lung Association Retirement Plan "D"	B Three-digit plan number (PN) ►	001
C Plan sponsor's name as shown on line 2a of Form 5500 or 5500-SF American Lung Association of Mid-Land States	D Employer Identification Number (EIN) 62-0517560	
E Type of plan: <input checked="" type="checkbox"/> Single <input type="checkbox"/> Multiple-A <input type="checkbox"/> Multiple-B	F Prior year plan size: <input checked="" type="checkbox"/> 100 or fewer <input type="checkbox"/> 101-500 <input type="checkbox"/> More than 500	

Part I Basic Information

1 Enter the valuation date: Month **07** Day **01** Year **2010**

2 Assets:

a Market value.....	2a	1703557
b Actuarial value.....	2b	1703557

3 Funding target/participant count breakdown

	(1) Number of participants	(2) Funding Target
a For retired participants and beneficiaries receiving payment	3a	0
b For terminated vested participants	3b	56
c For active participants:		
(1) Non-vested benefits.....	3c(1)	3619
(2) Vested benefits.....	3c(2)	247109
(3) Total active	3c(3)	250728
d Total	3d	1960435

4 If the plan is at-risk, check the box and complete items (a) and (b)

a Funding target disregarding prescribed at-risk assumptions	4a	
b Funding target reflecting at-risk assumptions, but disregarding transition rule for plans that have been at-risk for fewer than five consecutive years and disregarding loading factor	4b	

5 Effective interest rate

6 Target normal cost

Statement by Enrolled Actuary

To the best of my knowledge, the information supplied in this schedule and accompanying schedules, statements and attachments, if any, is complete and accurate. Each prescribed assumption was applied in accordance with applicable law and regulations. In my opinion, each other assumption is reasonable (taking into account the experience of the plan and reasonable expectations) and such other assumptions, in combination, offer my best estimate of anticipated experience under the plan.

**SIGN
HERE**

Signature of actuary

Michael A. Accardo, FSA, MAAA

03/21/2012

Date

1105390

Type or print name of actuary

SIBSON CONSULTING

Firm name

Most recent enrollment number

212-251-5000

Telephone number (including area code)

333 W 34TH STREET

NEW YORK NY 10001-2402
Address of the firm

If the actuary has not fully reflected any regulation or ruling promulgated under the statute in completing this schedule, check the box and see instructions

For Paperwork Reduction Act Notice and OMB Control Numbers, see the instructions for Form 5500 or 5500-SF.

Schedule SB (Form 5500) 2010
v.092308.1

Part II Beginning of year carryover and prefunding balances

	(a) Carryover balance	(b) Prefunding balance
7 Balance at beginning of prior year after applicable adjustments (line 13 from prior year)	127070	0
8 Portion elected for use to offset prior year's funding requirement (line 35 from prior year)	18975	0
9 Amount remaining (line 7 minus line 8)	108095	0
10 Interest on line 9 using prior year's actual return of 13 . 74 %.....	14852	0
11 Prior year's excess contributions to be added to prefunding balance:		
a Present value of excess contributions (line 38 from prior year)		0
b Interest on (a) using prior year's effective rate of 7 . 37 % except as otherwise provided (see instructions)		0
c Total available at beginning of current plan year to add to prefunding balance		0
d Portion of (c) to be added to prefunding balance		0
12 Other reductions in balances due to elections or deemed elections	0	0
13 Balance at beginning of current year (line 9 + line 10 + line 11d – line 12)	122947	0

Part III Funding percentages

14 Funding target attainment percentage	14	80 . 62 %
15 Adjusted funding target attainment percentage	15	81 . 25 %
16 Prior year's funding percentage for purposes of determining whether carryover/prefunding balances may be used to reduce current year's funding requirement	16	96 . 20 %
17 If the current value of the assets of the plan is less than 70 percent of the funding target, enter such percentage.....	17	%

Part IV Contributions and liquidity shortfalls

18 Contributions made to the plan for the plan year by employer(s) and employees:

(a) Date (MM-DD-YYYY)	(b) Amount paid by employer(s)	(c) Amount paid by employees	(a) Date (MM-DD-YYYY)	(b) Amount paid by employer(s)	(c) Amount paid by employees
Totals ►		18(b)	0	18(c)	0

19 Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year:

a Contributions allocated toward unpaid minimum required contributions from prior years	19a	0
b Contributions made to avoid restrictions adjusted to valuation date	19b	0
c Contributions allocated toward minimum required contribution for current year adjusted to valuation date	19c	0

20 Quarterly contributions and liquidity shortfalls:

a Did the plan have a "funding shortfall" for the prior year?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
b If 20a is "Yes," were required quarterly installments for the current year made in a timely manner?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
c If 20a is "Yes," see instructions and complete the following table as applicable:	

Liquidity shortfall as of end of quarter of this plan year			
(1) 1st	(2) 2nd	(3) 3rd	(4) 4th

Part V Assumptions used to determine funding target and target normal cost**21** Discount rate:

a Segment rates:	1st segment: 4 . 44%	2nd segment: 6 . 62%	3rd segment: 6 . 74%	<input type="checkbox"/> N/A, full yield curve used
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b Applicable month (enter code)	21b	4
---------------------------------------	-----	---

22 Weighted average retirement age

22 62

23 Mortality table(s) (see instructions)

Prescribed - combined Prescribed - separate Substitute

Part VI Miscellaneous items

24 Has a change been made in the non-prescribed actuarial assumptions for the current plan year? If "Yes," see instructions regarding required attachment.....	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
--	------------------------------	--

25 Has a method change been made for the current plan year? If "Yes," see instructions regarding required attachment.....	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
---	---	-----------------------------

26 Is the plan required to provide a Schedule of Active Participants? If "Yes," see instructions regarding required attachment.....	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
---	---	-----------------------------

27 If the plan is eligible for (and is using) alternative funding rules, enter applicable code and see instructions regarding attachment.....	27	
---	----	--

Part VII Reconciliation of unpaid minimum required contributions for prior years

28 Unpaid minimum required contribution for all prior years	28	0
---	----	---

29 Discounted employer contributions allocated toward unpaid minimum required contributions from prior years (item 19a)	29	0
---	----	---

30 Remaining amount of unpaid minimum required contributions (item 28 minus item 29)	30	0
--	----	---

Part VIII Minimum required contribution for current year

31 Target normal cost, adjusted, if applicable (see instructions).....	31	19604
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32 Amortization installments:	Outstanding Balance	Installment
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a Net shortfall amortization installment	301408	50242
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b Waiver amortization installment	0	0
---	---	---

33 If a waiver has been approved for this plan year, enter the date of the ruling letter granting the approval (Month _____ Day _____ Year _____) and the waived amount	33	
---	----	--

34 Total funding requirement before reflecting carryover/prefunding balances (item 31 + item 32a + item 32b – item 33).....	34	69846
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	Carryover balance	Prefunding balance	Total balance
	69846	0	69846

35 Balances used to offset funding requirement	36	0
--	----	---

36 Additional cash requirement (item 34 minus item 35).....	36	0
---	----	---

37 Contributions allocated toward minimum required contribution for current year adjusted to valuation date (Item 19c)	37	0
--	----	---

38 Interest-adjusted excess contributions for current year (see instructions).....	38	0
--	----	---

39 Unpaid minimum required contribution for current year (excess, if any, of item 36 over item 37).....	39	0
---	----	---

40 Unpaid minimum required contribution for all years	40	0
---	----	---

Attachment to 2010 Schedule SB of Form 5500
Schedule SB, Part V – Summary of Plan Provisions
American Lung Association Retirement Plan “D”
Branch 159 - American Lung Association of Mid-Land States
EIN 62-0517560 PN 001

Summary of Plan Provisions

This subsection summarizes the major provisions of the plan as included in the valuation. It is not intended to be, nor should it be interpreted as, a complete statement of all plan provisions.

PLAN STATUS: FROZEN ACCRUALS, EFFECTIVE JUNE 30, 2008		
Normal retirement:		
Age requirement:	65	
Service requirement:	4 years of participation	
Amount:	1.4% of the first \$9,000 of Final Average Earnings plus 1.9% of Final Average Earnings in excess of \$9,000, times years of credited service up to 30 years. Final Average Earnings are the average monthly earnings received during the highest paid consecutive 60 months of employment multiplied by twelve. Earnings shall not exceed \$245,000 per year adjusted for changes in the cost of living.	
Early retirement:		
Age requirement:	55	
Service requirement:	5 years of service	
Amount:	Regular pension accrued, reduced 4% per year below age 65. For participants hired after December 31, 1996 with less than 12 years of service, reduction is actuarial equivalent.	
Disability:		
Age requirement:	None	
Service requirement:	5 years of service	
Amount:	Benefit described under normal retirement payable at 65 based on projected service to 65 and salary at time of disability.	

Attachment to 2010 Schedule SB of Form 5500
Schedule SB, Part V – Summary of Plan Provisions
American Lung Association Retirement Plan “D”
Branch 159 - American Lung Association of Mid-Land States
EIN 62-0517560 PN 001

Summary of Plan Provisions (continued)

Vesting:			
Age requirement:	None		
Service requirement:	5 years of service		
Amount:	Accrued benefit payable at Normal Retirement Age.		
Pre-retirement death benefits:			
Age:	None		
Service requirement:	5 years of service		
Amount:	50% of benefit employee would have received upon termination of employment the day before death, payable at earliest eligibility for early retirement and reduced for early retirement and joint and survivor coverage.		
Post-retirement death benefits:			
	If married, beginning at age 55 pension benefits are paid in the form of a joint and survivor annuity unless this form is rejected by employee and spouse. If not rejected, the benefit amount otherwise payable is reduced to reflect the joint and survivor coverage. If rejected, or if not married, benefits are payable for the life of the employee. For those associations whose employees formerly made contributions, a return of employee contributions is guaranteed.		
Participation:			
Age requirement:	21 years		
Service requirement:	1 year of employment		
Lump Sum Cashout:			
	Lump sum cashout factors are based on the 1971 Group Annuity Mortality Table with a 50/50 male/female mortality blend and an investment return assumption equal to 7%, but not less than factors based on the 2010 Lump Sums Unisex mortality table and the PPA Lump Sum Yield Curve as of May 2010 (3.12% for payments in the first 5 years, 4.97% for payments in years 6 – 20, and 5.47% for payments thereafter). However, GATT lump sum factors have been grandfathered into the plan for benefits accrued through June 30, 2008.		

Attachment to 2010 Schedule SB of Form 5500
Schedule SB, Part V – Summary of Plan Provisions
American Lung Association Retirement Plan “D”
Branch 159 - American Lung Association of Mid-Land States
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Summary of Plan Provisions (continued)

Section 415 limit:	\$195,000
Section 401(a)(17) limit:	\$245,000

Most Recent Plan Amendments

Plan Amendment	Effective Date	Reflected in 2010 Actuarial Valuation
EGTRRA	July 1, 2002	Yes
Plan Frozen	June 30, 2008	Yes
Lump sum grandfathering	July 1, 2008	Yes

Attachment to 2010 Schedule SB of Form 5500
Schedule SB, Line 32 – Schedule of Amortization Bases
American Lung Association Retirement Plan “D”
Branch 159 - American Lung Association of Mid-Land States
EIN 62-0517560 PN 001

(1)	(2)	(3)	(4)	(5)
Type of Base	Present Value of Remaining Installments	Valuation Date as of Which the Base was Established	Number of Years Remaining in the Amortization Period	Amortization Installment
Shortfall	\$301,408	07/01/2010	7	\$50,242
Total	\$301,408			\$50,242

Attachment to 2010 Schedule SB of Form 5500
Schedule SB, Line 25 – Change in Method
American Lung Association Retirement Plan “D”
Branch 159 - American Lung Association of Mid-Land States
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Change in Method

The actuarial value of assets for funding purposes was changed to market value of assets in 2010.