## Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

## Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

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2011

OMB Nos. 1210-0110

1210-0089

This Form is Open to Public Inspection

P		dance with	h the instructions to the Form 5500	)-SF.		•		
Pä	art I Annual Report Identification Information							
For	calendar plan year 2011 or fiscal plan year beginning 01/01/201	1	and ending 1	2/31/20	011			
Α .	This return/report is for:	a multiple	e-employer plan (not multiemployer)	Ī	a one-particip	ant plan		
	This return/report is: the first return/report		eturn/report					
Ь			•					
	an amended return/report	a short pla	an year return/report (less than 12 mo	onths) _	<del>_</del>			
С	Check box if filing under: Form 5558	automatic	extension		DFVC progra	m		
	special extension (enter descriptio	n)						
D:	rt II Basic Plan Information—enter all requested informa	ntion						
		alion		1h -	Throo digit			
	Name of plan ITHWEST HEALTHCARE, INC. 401K RETIREMENT PLAN				Three-digit plan number			
NOIX	TIWEST HEALTHOAKE, INC. 40TK KETIKEMENTT EAN				(PN) ▶	001		
					Effective date of			
					01/01	•		
2a	Plan sponsor's name and address; include room or suite number (er	mplover if	for a single-employer plan)	2h	Employer Identif		ar.	
NOR	THWEST HEALTHCARE, INC.	inployer, ii	Tot a single employer plant		EIN) 91-19		71	
			ľ		Sponsor's telep	h o n o n u m h o r		
				20 .	Sportsor's telep	none number		
	NE VANCOUVER MALL DR., SUITE C COUVER, WA 98662		ľ	2d 1	Business code (	coo instruction	) c)	
VAIN	000 VER, WA 30002			Zu	62161 62161		15)	
32	Dian administrator's name and address (if some as plan apparent or	otor "Como	,")	3h	Administrator's I			
	Plan administrator's name and address (if same as plan sponsor, er "HWEST HEALTHCARE, INC. 7710 NE VAN	ICOUVER	MALL DR., SUITE C	3D /		94005		
	VANCOUVER			3c /	Administrator's t	elephone num	ber	
					360-574			
4	If the name and/or EIN of the plan sponsor has changed since the la	ast return/i	report filed for this plan, enter the	4b	EIN			
	name, EIN, and the plan number from the last return/report.		·					
а	Sponsor's name			4c	PN			
5a	Total number of participants at the beginning of the plan year			5a			3	
b	Total number of participants at the end of the plan year			5b				
С	Number of participants with account balances as of the end of the p		<b> </b>	0.0				
Ŭ	complete this item)		•	5c				
6a	Were all of the plan's assets during the plan year invested in eligible	e assets?	(See instructions.)		•	X Yes	No	
b	Are you claiming a waiver of the annual examination and report of a		'					
~	under 29 CFR 2520.104-46? (See instructions on waiver eligibility a			,		X Yes	No	
	If you answered "No" to either 6a or 6b, the plan cannot use Fo		•					
Pa	rt III Financial Information							
7	Plan Assets and Liabilities		(a) Beginning of Year		(b) End	of Year		
а	Total plan assets	. 7a	25860		(10) = 110	1572		
h	·							
D	Total plan liabilities	. 7b	25860			1572		
<u>C</u>	Net plan assets (subtract line 7b from line 7a)	7c	23000			1372		
8	Income, Expenses, and Transfers for this Plan Year		(a) Amount		(b) T	otal		
а	Contributions received or receivable from:	0-40						
	(1) Employers	8a(1)		-				
	(2) Participants	. 8a(2)						
	(3) Others (including rollovers)	8a(3)						
b	Other income (loss)	8b	720					
С	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c				720		
d	Benefits paid (including direct rollovers and insurance premiums							
	to provide benefits)	. 8d	25008					
е	Certain deemed and/or corrective distributions (see instructions)	8e						
f	Administrative service providers (salaries, fees, commissions)	8f						
	Other expenses							
g	•	. 8g				25008		
h	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h						
ĺ	Net income (loss) (subtract line 8h from line 8c)	. 8i				-24288		
j	Transfers to (from) the plan (see instructions)	8j						

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Part IV	Plan	Characteristics

- If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions: 9a 2E 2G 2J 2K 3D 2F
- If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

a \	During the plan year:		Yes	No		Amo	ount	
	Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)	10a		X		7		
b ۱	Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)	10b		X				
<b>.</b>	Vas the plan covered by a fidelity bond?							40000
	id the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud dishonesty?							
i	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, nsurance service or other organization that provides some or all of the benefits under the plan? (See nstructions.)	10e		Х				
ŀ	Has the plan failed to provide any benefit when due under the plan?	10f		X				
<b>j</b> [	Did the plan have any participant loans? (If "Yes," enter amount as of year end.)	10g		X				
	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)	10h		Х				
	If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3	10i						
t V	/I Pension Funding Compliance							
	s this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and com (5500))					П	Yes	No
	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code						Yes	X No
(	If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.)							
l lí								
g	f a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instruc granting the waiver	th						
g		th		Day <sub>.</sub>				
g <b>f yo</b>	granting the waiverMont	th	[	Day .				
g f yo O E	granting the waiver	th	 [	Day <sub>.</sub>				
g fyo D E E E	granting the waiver	th  of a	[	Day .				
f yo D E C E d S	granting the waiver	th  of a		Day 12b 12c 12d		_ Yea		
f yo b E C E d S	granting the waiver	th  of a		Day 12b 12c 12d		_ Yea	r	
fyo b E c E d s n e v	granting the waiver	th		12b 12c 12d		_ Yea	r	
b E C E C P C P C P C P C P C P C P C P C	granting the waiver	of a		12b 12c 12d	Yes	_ Yea	r	N/A
ff you be a be	granting the waiver	of a		Day	Yes	Yea	r	N/A
f you for your first to the fir	granting the waiver	of a		12b 12c 12d [	Yes	Yea	r	N/A
f you be seen as a seen as	granting the waiver	of a		12b 12c 12d [	Yes	Yea	r	N/A
g f yo D E E E S I S I	granting the waiver	of a	3a the co	12b 12c 12d [	Yes	Yea	r	N/A
g g g g g g g g g g g g g g g g g g g	granting the waiver	of a	3a the co	Day	Yes	Yea	r	N/A  O
gf you be a be	granting the waiver	of a 1 under	3a the co	Day	Yes	Yea	r	N/A  O

belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	05/14/2012	GAIL HASKETT
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN			
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor