### Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

# Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

OMB Nos. 1210-0110 1210-0089

2011

This Form is Open to Public Inspection

	Complete all entries in accord	dance with	1 the instructions to the Form 55	00-5F.					
Pá	art I Annual Report Identification Information								
For	calendar plan year 2011 or fiscal plan year beginning 01/01/2012	2	and ending	04/30/20	)12				
Α .	This return/report is for: $\overline{igwedge}$ a single-employer plan $igwedge$	a multiple	-employer plan (not multiemployer	)	a one-participar	nt plan			
В .	This return/report is:	the first return/report X the final return/report							
	an amended return/report	a short pla	in year return/report (less than 12 r	nonths)					
C	Check box if filing under: Form 5558	automatic	extension		DFVC program				
	special extension (enter descriptio	n)		_	_				
Pa	irt II Basic Plan Information—enter all requested information	ation							
	Name of plan			1b -	Three-digit				
	THWEST HEALTHCARE, INC. 401(K) RETIREMENT PLAN			ı	plan number				
					(PN) <b>•</b>	001			
				1C	Effective date of pl 01/01/20				
	Plan sponsor's name and address; include room or suite number (er	mployer, if	for a single-employer plan)	2b E	Employer Identifica				
NOR	THWEST HEALTHCARE,INC				EIN) 91-1994				
				2c 3	Sponsor's telepho	ne number			
	NE VANCOUVER MALL RD., SUITE C			0.1.					
VANC	COUVER, WA 98662			2a E	Business code (se 621610	e instructions)			
3a	Plan administrator's name and address (if same as plan sponsor, er	nter "Same	,")	3b /	Administrator's EIN				
		<b>ICOUVER</b>	MALL RD., SUITE C		91-1994005				
	V/11000VE	ι, ννι σου	<i>5</i> 2	3C /	Administrator's tele 360-574-5				
4	If the name and/or EIN of the plan sponsor has changed since the la	ast return/ı	report filed for this plan, enter the	4b EIN					
•	name, EIN, and the plan number from the last return/report.  Sponsor's name			4c	DNI				
	Total number of participants at the beginning of the plan year								
b	Total number of participants at the end of the plan year			- Ou					
				. <u>5b</u>					
С	Number of participants with account balances as of the end of the p complete this item)			. 5c					
6a	Were all of the plan's assets during the plan year invested in eligible	e assets?	(See instructions.)			X Yes No			
b	Are you claiming a waiver of the annual examination and report of a					Voc □ No			
	under 29 CFR 2520.104-46? (See instructions on waiver eligibility a lf you answered "No" to either 6a or 6b, the plan cannot use Fo		•			X Yes   No			
Pa	rt III Financial Information	JIIII 3300-	or and must mistead use i orm s	300.					
7	Plan Assets and Liabilities		(a) Beginning of Year		(b) End of	Year			
а	Total plan assets	7a	1572		(2) = 0.	0			
b	Total plan liabilities	7b							
С	Net plan assets (subtract line 7b from line 7a)	7c	1572			0			
8	Income, Expenses, and Transfers for this Plan Year		(a) Amount		(b) Tot	al			
а	Contributions received or receivable from:								
	(1) Employers	8a(1)							
	(2) Participants	8a(2)							
	(3) Others (including rollovers)	8a(3)	45						
b	Other income (loss)	8b	-15			15			
C	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c				-15			
d	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	8d	1557						
е	Certain deemed and/or corrective distributions (see instructions)	8e							
f	Administrative service providers (salaries, fees, commissions)	8f							
g	Other expenses	8g							
h	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h				1557			
i	Net income (loss) (subtract line 8h from line 8c)	8i				-1572			
j	Transfers to (from) the plan (see instructions)	8i							

Form	5500.	SF.	201

Page <b>2</b> -	1
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Dart IV	Dlan	Chara	otorictics
Part IV	Plan	Cnara	cteristics

- If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions: 9a 2E 2G 2J 2K 3D 2F
- If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

0 a		- 1	1	I				
а	During the plan year:		Yes	No		Am	ount	
	Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)	10a		X				
b	Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported			Х				
	on line 10a.)	10b		^				
С	Was the plan covered by a fidelity bond?	10c	X					40000
d	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?	10d		X				
е	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See instructions.)	10e		X				
f	Has the plan failed to provide any benefit when due under the plan?	10f		X				
g	Did the plan have any participant loans? (If "Yes," enter amount as of year end.)	10q		Χ				
h	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR	.09		V				
	,	10h		X				
i	If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3	10i						
rt '	VI Pension Funding Compliance							
	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and comp 5500))						Yes	No
2	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code						Yes	X No
	(If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.)					<u></u>	_	
a	If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instruct granting the waiver							
lf v	ou completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.			Day.		_ 100		
,	od completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.			Day _		_ 100		
	Enter the minimum required contribution for this plan year			12b		_ 100		
b			[					
b c d	Enter the minimum required contribution for this plan year	of a		12b				
b c d	Enter the minimum required contribution for this plan year  Enter the amount contributed by the employer to the plan for this plan year  Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of	of a		12b 12c 12d	Yes		No [	N/A
b c d	Enter the minimum required contribution for this plan year  Enter the amount contributed by the employer to the plan for this plan year  Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left o negative amount)	of a		12b 12c 12d				
b c d rt	Enter the minimum required contribution for this plan year  Enter the amount contributed by the employer to the plan for this plan year  Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left on negative amount)  Will the minimum funding amount reported on line 12d be met by the funding deadline?  Plan Terminations and Transfers of Assets	of a		12b 12c 12d				
b c d rt	Enter the minimum required contribution for this plan year  Enter the amount contributed by the employer to the plan for this plan year  Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left on egative amount)  Will the minimum funding amount reported on line 12d be met by the funding deadline?  Plan Terminations and Transfers of Assets  Has a resolution to terminate the plan been adopted in any plan year?	of a		12b 12c 12d	Yes			
b c d e rt'a	Enter the minimum required contribution for this plan year  Enter the amount contributed by the employer to the plan for this plan year  Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left on negative amount)  Will the minimum funding amount reported on line 12d be met by the funding deadline?  Plan Terminations and Transfers of Assets	of a		12b 12c 12d 	Yes	No	No [	N/A
b c d e rt	Enter the minimum required contribution for this plan year	of a	3a the co	12b 12c 12d 	Yes	No	No [	
b c d ert	Enter the minimum required contribution for this plan year	of a	3a the co	12b 12c 12d 	Yes	No	No [	N/A
b c d ert	Enter the minimum required contribution for this plan year	of a	3a the co	12b   12c   12d   [ X Y ntrol	Yes	No	No [	N/A

belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	05/15/2012	GAIL HASKETT
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN			
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor



## Authorization to Electronically Sign and File 5500

I hereby authorize any employee of <u>Professional Benefit Services, Inc.</u> to electronically sign and file the 5500 forms on my behalf.

#### I further understand the following:

- I must sign a paper copy of the completed 5500 form.
- An image of my signature will be included with the rest of the return/report posted by the Department of Labor on the internet for public disclosure.
- I may revoke or change this authorization at any time by written notification to <u>Professional</u> <u>Benefit Services, Inc.</u>

Plan Name: Northwest Healthcare, Inc. 401(k) Plan

Signature: July Maduett Dated: 5/14/12

Plan Trustee

#### MOTE TO USER:

A copy of this authorization must be kept in your records (but is not included in the filing).
You must agree to communicate any inquiries and information received from EFAST2, DOL, IRS or PBGC regarding the return/report upon electronically signing the filing.

To sign on behalf of the plan administrator, you must register as a "signer" at the DOL EFAST2 website and a signed copy of the 5500 form should be attached to the electronic filing as an "other attachment".

Part	t IV	Plan Characteristics										
9a	If the p	lan provides pension benefits, enter the applicable pension feat $2G-2J-2K-3D-2F$	ature codes from the	e List of Plan Char	acteris	stic Co	des ir	the instr	uction	ıs:		
b		lan provides welfare benefits, enter the applicable welfare feat	ure codes from the	List of Plan Chara	cterist	ic Cod	es in	the instru	ctions	i:		
Part	v c	Compliance Questions						w				
10		the plan year:				Yes	No	1	An	ount		
а		nere a failure to transmit to the plan any participant contribution FR 2510.3-102? (See instructions and DOL's Voluntary Fiducia			10a		Х					
b		there any nonexempt transactions with any party-in-interest? (			10ь		Х					
С	Was t	he plan covered by a fidelity bond?	••••••		10c	Х					40000	
d	or dist	e plan have a loss, whether or not reimbursed by the plan's fid nonesty?			10d		Х					
е	insura	any fees or commissions paid to any brokers, agents, or other nce service or other organization that provides some or all of ti stions.)	he benefits under th	e plan? (See	10e		х	х		****		
f	Has th	e plan failed to provide any benefit when due under the plan?			10f		Х					
g	Did the	e plan have any participant loans? (If "Yes," enter amount as o	f year end.)		10g		Х					
	2520.1	is an individual account plan, was there a blackout period? (Se 101-3.)	••••••		10h		Х					
i		was answered "Yes," check the box if you either provided the r tions to providing the notice applied under 29 CFR 2520.101-3			10i							
Part '	1	ension Funding Compliance				I		.1				
	Is this	a defined benefit plan subject to minimum funding requirement	ts? (If "Yes," see ins	structions and com	plete	Sched	ule Si	3 (Form	Г	7	П м-	
12		a defined contribution plan subject to the minimum funding rec						·····		<del></del>		
a If y	If a wa grantin ou con	s," complete 12a or 12b, 12c, 12d, and 12e below, as applicabliver of the minimum funding standard for a prior year is being a g the waiver	amortized in this pla	Mon d skip to line 13.	th		Day	ne date o	f the le	etter rul ar	ing 	
		he minimum required contribution for this plan year					12b					
		he amount contributed by the employer to the plan for this plar ct the amount in line 12c from the amount in line 12b. Enter the	•			<i>'''</i> ⊢	12c					
	negativ	e amount)		-		∟	12d			N F	7	
		e minimum funding amount reported on line 12d be met by the Plan Terminations and Transfers of Assets			*******			res	Ш	NO	N/A	
		resolution to terminate the plan been adopted in any plan year?					x v	res	No.			
		esolution to terminate the plan been adopted in any plan year? ," enter the amount of any plan assets that reverted to the emp				3a		162	110		Λ	
b	Were a	Ill the plan assets distributed to participants or beneficiaries, tra	ansferred to another	plan, or brought u	ınder i	the co			<u> </u>	Yes		
С	If durin	g this plan year, any assets or liabilities were transferred from assets or liabilities were transferred. (See instructions.)									Li	
13	3c(1) N	ame of plan(s):				13c	(2) El	N(s)		13c(3)	PN(s)	
			***************************************									
	***********	enalty for the late or incomplete filing of this return/report										
SB or	Schedu	ies of perjury and other penalties set forth in the instructions, I ale MB completed and signed by an enrolled actuary, as well a e, correct, and complete.										
SIGN		May Maskett	05/14/2012	Gail Hasket	t							
HERE	.   ~	nature of plan administrator	Date	Enter name of in	dividu	al sign	ing as	s plan adı	Yes No  No  No  No  No  No  No  No  No  No			
SIGN												
HERE	-	nature of employer/plan sponsor	Date	Enter name of in	dividu	al sign	ing as	employe	erorp	lan spo	nsor	

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Form 5500-SF 2011

### Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

# Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

Complete all entries in accordance with the instructions to the Form 5500-SE

OMB Nos. 1210-0110 1210-0089

2011

This Form is Open to Public Inspection

		rdance wi	th the instructions to the Form 550	<u> 10-SF.</u>			
	Part I Annual Report Identification Information						
Fo	r calendar plan year 2011 or fiscal plan year beginning	01/01/	2012 and ending		04/30/2012		
Α	This return/report is for: X a single-employer plan	a multipi	e-employer plan (not multiemployer)		a one-participant plan		
В	This return/report is:	the final	return/report				
	an amended return/report	a short p	an year return/report (less than 12 m	onths)	)		
С	Check box if filing under: Form 5558	c extension		DFVC program			
_	special extension (enter description	J					
	art II Basic Plan Information—enter all requested inform	ation		1 4 1			
	Name of plan		_	1b	Three-digit		
IAO	rthwest Healthcare, Inc. 401(k) Retiremer	nc Pla	1		plan number (PN) 001		
				10	Effective date of plan		
					01/01/2002		
2a	Plan sponsor's name and address; include room or suite number (e	emplover. i	f for a single-employer plan)	├──	Employer Identification Number		
N¢	orthwest Healthcare, Inc	,,,,pio,,oi,, i	Tion a diligio dilipioyol pidiliy	20	(EIN) 91-1994005		
77	10 NE Vancouver Mall Rd., Suite C			20	Sponsor's telephone number		
				20	360-574-5293		
Va	incouver WA 98662			2d	Business code (see instructions)		
	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,				621610		
3a	Plan administrator's name and address (if same as plan sponsor, er	nter "Sam	<b>3"</b> )	3h	Administrator's EIN		
No	orthwest Healthcare, Inc 710 NE Vancouver Mall Rd., Suite C		,		91-1994005		
				3с	Administrator's telephone number		
	incouver WA 98662		Val. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1.		360-574-5293		
4	If the name and/or EIN of the plan sponsor has changed since the language.	report filed for this plan, enter the	4b EIN				
а	name, EIN, and the plan number from the last return/report.  Sponsor's name			40	DN		
	Total number of participants at the beginning of the plan year	·····		4c			
				5a	1.		
	Total number of participants at the end of the plan year			5b	0		
C	Number of participants with account balances as of the end of the p complete this item)	olan year (	defined benefit plans do not	5c	0		
6a	Were all of the plan's assets during the plan year invested in eligible		***************************************		X Yes No		
	Are you claiming a waiver of the annual examination and report of a				The I wo		
	under 29 CFR 2520.104-46? (See instructions on waiver eligibility a	and condit	ions.)		X Yes No		
	if you answered "No" to either 6a or 6b, the plan cannot use Fo						
Pa	rt III Financial Information						
7	Plan Assets and Liabilities		(a) Beginning of Year		(b) End of Year		
а	Total plan assets	7a	157	2	0		
b	Total plan liabilities	7b					
С	Net plan assets (subtract line 7b from line 7a)	7c	157	2	0		
8	Income, Expenses, and Transfers for this Plan Year		(a) Amount		(b) Total		
а	Contributions received or receivable from:		taj Amount	1	(b) Total		
	(1) Employers	8a(1)					
	(2) Participants	8a(2)		7			
	(3) Others (including rollovers)	8a(3)	***************************************				
b	Other income (loss)	8b	-1				
С	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c		1			
	Benefits paid (including direct rollovers and insurance premiums	- 80	597M16+6	-	-15		
_	to provide benefits)	8d	155	7			
е	Certain deemed and/or corrective distributions (see instructions)	8e		_			
	Administrative service providers (salaries, fees, commissions)	8f		1			
g	Other expenses	8g		1			
_	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h		-	3		
i	r		- WILL-	-	1557		
i	Net income (loss) (subtract line 8h from line 8c)	8i		-	-1572		
3	Transfers to (from) the plan (see instructions)	8;		1			