Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

1210-0089

OMB Nos. 1210-0110

2011

This Form is Open to Public Inspection

P	ension Benefit Guaranty Corporation Complete all entries in accord	dance witl	n the instructions to the Form 5500	-SF.		p	
	art I Annual Report Identification Information						
For	calendar plan year 2011 or fiscal plan year beginning 01/01/201	1	and ending 12	2/31/20	011		
Α -	This return/report is for:	a multiple	-employer plan (not multiemployer)		a one-particip	ant plan	
В -	This return/report is:		eturn/report				
	H_	•	in year return/report (less than 12 mo	nths)	7		
C	Check box if filing under: Form 5558		extension	L	DFVC progra	m	
_	special extension (enter descriptio	,					
	rt II Basic Plan Information—enter all requested information	ation					
	Name of plan				Three-digit		
COAS	STAL HEALTHCARE CONSULTING, INC. 401(K) PLAN				plan number (PN) ▶	001	
					Effective date of		
				. •	05/01/		
	Plan sponsor's name and address; include room or suite number (el STAL HEALTHCARE CONSULTING, INC.	mployer, if	for a single-employer plan)		Employer Identif	ication Numb	er
					Sponsor's telep	hone number	
1505	WESTLAKE AVE N STE 399				206-324		
	TLE, WA 98109			2 d	Business code (ns)
20	Diagrams in interstuals are and address (if a see a subsequent of the second of the se	"C	"	2 h	54199		
COAS	Plan administrator's name and address (if same as plan sponsor, er STAL HEALTHCARE CONSULTING, INC. 1505 WESTL. SEATTLE, W.	AKE AVE				95615	
	<u></u>			3C /	Administrator's t 206-324		nber
4	If the name and/or EIN of the plan sponsor has changed since the la	ast return/i	report filed for this plan, enter the	4b	EIN		
а	name, EIN, and the plan number from the last return/report. Sponsor's name			4c	DNI		
	Total number of participants at the beginning of the plan year			-тс 5а			2
b							
	Number of participants with account balances as of the end of the p		-	5b			2
	complete this item)	, ,	•	5c			2
6a	Were all of the plan's assets during the plan year invested in eligible	le assets?	(See instructions.)			X Yes	No
b	Are you claiming a waiver of the annual examination and report of a			,		X Yes	No
	under 29 CFR 2520.104-46? (See instructions on waiver eligibility a If you answered "No" to either 6a or 6b, the plan cannot use Fo				••••••	<u> </u>	
Pa	rt III Financial Information	0000	or and mast motoda acc r crim cou				
7	Plan Assets and Liabilities		(a) Beginning of Year		(b) End	of Year	
a	Total plan assets	. 7a	2352259		(3) 2.10	212534	4
b	Total plan liabilities						
С	Net plan assets (subtract line 7b from line 7a)	7c	2352259			212534	4
8	Income, Expenses, and Transfers for this Plan Year		(a) Amount		(b) T	otal	
а	Contributions received or receivable from:						
	(1) Employers	8a(1)	407440	_			
	(2) Participants	. 8a(2)	167140	_			
	(3) Others (including rollovers)	8a(3)					
b	Other income (loss)	8b	-62569				
С	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c				10457	1
d	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	. 8d	331149				
е	Certain deemed and/or corrective distributions (see instructions) \ldots	8e					
f	Administrative service providers (salaries, fees, commissions)	. 8f					
g	Other expenses	. 8g	337				
h	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h				331486	6
i	Net income (loss) (subtract line 8h from line 8c)	. 8i				-22691	5
j	Transfers to (from) the plan (see instructions)	8j					

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Part IV	Plan	Charac	teristics
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- If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions: 9a 2E 2F 2G 2J 2K 3D 2T
- If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

During the plan year:			1				
		Yes	No		Am	ount	
a Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)	10a		X				
b Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)	10b		X				
C Was the plan covered by a fidelity bond?	10c	X					30000
d Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?	10d		X				
• Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See instructions.)	10e		X				
f Has the plan failed to provide any benefit when due under the plan?	10f		X				
g Did the plan have any participant loans? (If "Yes," enter amount as of year end.)	10g		Χ				
h If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)	10h		X				
i If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3	10i						
rt VI Pension Funding Compliance							
Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and co	•			•		Yes	
2 Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Coo						Yes	X N
(If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.)					<u></u>		_
a If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instr granting the waiver							
If you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13	3.	_	1				
b Enter the minimum required contribution for this plan year			12b				
C Enter the amount contributed by the employer to the plan for this plan year			12c				
d Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the le negative amount)			12d				
e Will the minimum funding amount reported on line 12d be met by the funding deadline?				Yes		No	N/A
rt VII Plan Terminations and Transfers of Assets							
·			Y	es X	No		
Sa Has a resolution to terminate the plan been adopted in any plan year?	1	3a					
Has a resolution to terminate the plan been adopted in any plan year? If "Yes," enter the amount of any plan assets that reverted to the employer this year		the co	ntrol			Yes	X N
	t under				_	_	_
b Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brough of the PBGC?							
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b Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brough of the PBGC? c If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify which assets or liabilities were transferred. (See instructions.)	the pla	n(s) to	c(2) EII			13c(3)	PN(s

belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	07/06/2012	AMY COLLINS
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN			
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor