				eturn/Report of Small Employee			OMB Nos. 1210-0110 1210-0089			
				Benefit Plan			2011			
Department of Labor I his form is required to be filed Retirement Income Security Act of			of 1974 (ER	d under sections 104 and 4065 of the Employee 1974 (ERISA), and sections 6057(b) and 6058(a) of I Revenue Code (the Code).			This Form is Open to Public			
P	ension Benefit Guaranty Corporation			n the instructions to the Form 550	0-SF.	Ins	pection			
Pa	art I Annual Report Id	lentification Information				1				
For	calendar plan year 2011 or fisca	al plan year beginning 01/01/20	12	and ending 0	1/31/2	2012				
Α -	This return/report is for:	X a single-employer plan	a multiple	-employer plan (not multiemployer)		a one-partici	pant plan			
В -	This return/report is:	the first return/report	the final r	eturn/report						
		an amended return/report	< a short pla	n year return/report (less than 12 m	onths)	)				
C	Check box if filing under:	Form 5558	automatic	extension		DFVC progra	ım			
	[	special extension (enter descript	ion)							
Pa	rt II Basic Plan Inform	mation—enter all requested inforr	nation				-			
	Name of plan				1b	Three-digit				
GLOE	BAL HARVEST FOODS 401K P	ROFIT SHARING PLAN				plan number (PN) ►	001			
					1c	Effective date o				
						01/01	•			
	Plan sponsor's name and addre BAL HARVEST FOODS	ess; include room or suite number (	employer, if	for a single-employer plan)	2b	Employer Identi (EIN) 91-15	fication Number 48152			
1600	0 CHRISTENSEN ROAD				2c	Sponsor's telep 206-82				
SUIT	E 300 TLE, WA 98188				2d	Business code ( 31111	see instructions)			
<b>3a</b> Plan administrator's name and address (if same as plan sponsor, enter GLOBAL HARVEST FOODS 16000 CHRISTE					3b	Administrator's 91-15	EIN 548152			
		SUITE 300 SEATTLE, V	VA 98188		3c	Administrator's 206-829	telephone number 9-2376			
4	If the name and/or EIN of the p name, EIN, and the plan numb	lan sponsor has changed since the	last return/	report filed for this plan, enter the	4b	EIN				
а	Sponsor's name				4c	PN				
5a	Total number of participants at	the beginning of the plan year			5a		4			
b	Total number of participants at	the end of the plan year			5b		0			
С		count balances as of the end of the		•	5c		0			
6a	Were all of the plan's assets d	luring the plan year invested in eligi	ble assets?	(See instructions.)			X Yes No			
	<b>b</b> Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA)									
				ons.) SF and must instead use Form 55			X Yes No			
Pa	rt III Financial Informa		01111 3300-	or and must instead use rorm 55	00.					
7	Plan Assets and Liabilities			(a) Beginning of Year		(b) End	of Year			
а	Total plan assets		7a	192			0			
b	Total plan liabilities									
С	Net plan assets (subtract line 7	7b from line 7a)	7c	192			0			
8	Income, Expenses, and Transf	ers for this Plan Year		(a) Amount		(b) 1	Total			
а	Contributions received or rece	vable from:	8a(1)							
		)								
b		,		2						
С	( )	8a(2), 8a(3), and 8b)					2			
d	Benefits paid (including direct	rollovers and insurance premiums		194						
-				154	-					
e f		tive distributions (see instructions)			_					
T A		rs (salaries, fees, commissions)			-					
g h	•		U				194			
;		8e, 8f, and 8g) e 8h from line 8c)					-192			
i		e instructions)								
			··· 8j							

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## Part IV Plan Characteristics

- 9a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions:
  - 2E 2F 2G 2J 3D
- **b** If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

Part	rt V Compliance Questions							
10	During the plan year:		Yes	No	ŀ	moun	t	
а	Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)			x				
b	Vere there any nonexempt transactions with any party-in-interest? (Do not include transactions reported n line 10a.)			x				
С	Was the plan covered by a fidelity bond?		Х					1000
d	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?			Х				
е	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See instructions.)			×				
f	Has the plan failed to provide any benefit when due under the plan?			X				
g	Did the plan have any participant loans? (If "Yes," enter amount as of year end.)			X				
h	I f this is an individual account plan, was there a blackout period? (See instructions ar 2520.101-3.)			×				
i	If 10h was answered "Yes," check the box if you either provided the required notice of exceptions to providing the notice applied under 29 CFR 2520.101-3							
Part	t VI Pension Funding Compliance							
11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see 5500))					Ye	es	No
lf : b	<ul> <li>Is this a defined contribution plan subject to the minimum funding requirements of se (If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.)</li> <li>If a waiver of the minimum funding standard for a prior year is being amortized in this granting the waiver.</li> <li>f you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500),</li> <li>D Enter the minimum required contribution for this plan year.</li> <li>C Enter the amount contributed by the employer to the plan for this plan year.</li> </ul>	plan year, see instructions Month and skip to line 13.	, and e	enter th	e date of the		rulin	
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left negative amount)			12d				
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?				Yes	No		N/A
Part	t VII Plan Terminations and Transfers of Assets							
13a	a Has a resolution to terminate the plan been adopted in any plan year?			XY	/es No			
	If "Yes," enter the amount of any plan assets that reverted to the employer this year .		3a					0
	<ul> <li>Were all the plan assets distributed to participants or beneficiaries, transferred to ano of the PBGC?</li> <li>If during this plan year, any assets or liabilities were transferred from this plan to ano</li> </ul>					X Ye	es	No
•	which assets or liabilities were transferred. (See instructions.)		11(0) 10					
1	13c(1) Name of plan(s):		13	c(2) El	N(s)	13c	<b>(3)</b> F	PN(s)
	ution: A penalty for the late or incomplete filing of this return/report will be assess							
Unde	der panalting of parium, and other panalting out forth in the instructions. I dealars that I have	we examined this return/re	nort ir	dudin	a if applicat		chor	

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	08/09/2012	ROBERT BARNES
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN	Filed with authorized/valid electronic signature.	08/09/2012	RON CAPPS
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor