	Form 5500-SF	Short Form Annual Return/Report of Small Employee Benefit Plan				OMB Nos. 1210-0110 1210-0089		
	Department of the Treasury Internal Revenue Service This form is required to be filed under section				2011			
E	Department of Labor Retirement Income Security Act of 1974 (ERISA), and section Employee Benefits Security Administration the Internal Revenue Code (the Code)					This Form is Open to Public Inspection		
Pension Benefit Guaranty Corporation Complete all entries in accordance with the instructions to the Form 55					0-SF.	ins	pection	
		entification Information						
For	calendar plan year 2011 or fisca			¥	2/31/2			
Α	This return/report is for:	a single-employer plan		-employer plan (not multiemployer)		a one-partici	pant plan	
В	This return/report is:	the first return/report		eturn/report				
		an amended return/report	a short pla	n year return/report (less than 12 mo	onths)	_		
С	Check box if filing under:	Form 5558	automatic	extension		DFVC progra	im	
		special extension (enter description	on)					
Pa	art II Basic Plan Inforn	nation—enter all requested inform	ation					
	Name of plan				1b	Three-digit plan number		
NOR	TH CASCADE FAMILY PHYSIC	IANS, PLLC SAFE HARBOR 401K	PLAN			(PN)	001	
					1c	Effective date o	•	
22	Plan sponsor's name and addre	ass: include room or suite number (e	mplover if	for a single-employer plan)	2h	01/01 Employer Identi		
2a Plan sponsor's name and address; include room or suite number (er NORTH CASCADE FAMILY PHYSICIANS, PLLC			inpioyer, ii			(EIN) 91-20	89169	
2116 E SECTION ST					2c	Sponsor's telep 360-42		
MOUNT VERNON, WA 98274-9124						62139		
3a Plan administrator's name and address (if same as plan sponsor, ente NORTH CASCADE FAMILY PHYSICIANS, PLLC 2116 E SECTIO				,			89169	
		MOUNT VER	NON, WA	98274-9124	3c	Administrator's 3 360-428	elephone number 3-1700	
4		lan sponsor has changed since the l	ast return/i	report filed for this plan, enter the	4b	EIN		
а	name, EIN, and the plan numb Sponsor's name	er nom me last return/report.			4c	PN		
	•	the beginning of the plan year			5a		53	
b Total number of participants at the end of the plan year					5b 5			
С	Number of participants with acc	count balances as of the end of the	olan year (d	defined benefit plans do not	50 50		55	
6a				(See instructions.)			X Yes No	
b				ident qualified public accountant (IQI				
	under 29 CFR 2520.104-46? (\$	See instructions on waiver eligibility	and conditi	ons.)			X Yes No	
Da	If you answered "No" to either of the second		orm 5500-	SF and must instead use Form 55	00.			
7	Plan Assets and Liabilities			(a) Paginning of Voor		(b) End	of Voor	
'a			. 7a	(a) Beginning of Year 1874091	(b) End of Year 1886809		1886809	
b	•							
c	1	b from line 7a)		1874091			1886809	
8	Income, Expenses, and Transfe			(a) Amount		(b) 1	otal	
a	Contributions received or received					(~)		
	(1) Employers		8a(1)	78582	_			
	(2) Participants		8a(2)	168356	_			
_	(3) Others (including rollovers)		8a(3)		_			
b	Other income (loss)		. 8b	-31858				
							045000	
C d		Ba(2), 8a(3), and 8b)	8c				215080	
c d	Benefits paid (including direct r	ollovers and insurance premiums		202162			215080	
	Benefits paid (including direct r to provide benefits)		. 8d	202162			215080	
d	Benefits paid (including direct r to provide benefits) Certain deemed and/or correct	ollovers and insurance premiums	8d 8e	202162			215080	
d	Benefits paid (including direct r to provide benefits) Certain deemed and/or correcti Administrative service provider	ollovers and insurance premiums	8d 8e 8f	202162			215080	
d e f	Benefits paid (including direct r to provide benefits) Certain deemed and/or correct Administrative service provider Other expenses	ollovers and insurance premiums we distributions (see instructions) s (salaries, fees, commissions)	8d 8e 8f 8g				215080	
d e f g	Benefits paid (including direct r to provide benefits) Certain deemed and/or correcti Administrative service provider Other expenses Total expenses (add lines 8d, 8	ollovers and insurance premiums ive distributions (see instructions) s (salaries, fees, commissions)	8d 8e 8f 8g 8h					

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Part IV Plan Characteristics

- **9a** If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions: 2J 2F 2G 3D
- **b** If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

Part	V Compliance Questions							
10	During the plan year:		Yes	No	А	mount		
а	as there a failure to transmit to the plan any participant contributions within the time period described in 9 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)			X				
b	ere there any nonexempt transactions with any party-in-interest? (Do not include transactions reported line 10a.)			х				_
С	Was the plan covered by a fidelity bond?	10c	Х				275000	
d	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?	10d		Х				_
e	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See instructions.)							
f	Has the plan failed to provide any benefit when due under the plan?			Х				
g	Did the plan have any participant loans? (If "Yes," enter amount as of year end.)	10g		Х				_
h	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)							
i	If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3	10i						
Part	VI Pension Funding Compliance							
11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and com 5500)).	•				Yes	s No	
lf y b C	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code (If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.) If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instruction ou completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13. Enter the minimum required contribution for this plan year	ctions, th	and e	enter th	ne date of the	letter ru	uling	
	negative amount)							
	Will the minimum funding amount reported on line 12d be met by the funding deadline?				Yes	No	N/A	_
Part								
13a	Has a resolution to terminate the plan been adopted in any plan year?			Ì	res X No			_
	If "Yes," enter the amount of any plan assets that reverted to the employer this year							
	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought of the PBGC?					Yes	s 🗙 No	
1	which assets or liabilities were transferred. (See instructions.) 3c(1) Name of plan(s):		13	c(2) El	N(s)	13c(?	B) PN(s)	
Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.							_	
IIndo	populties of periury and other populties set forth in the instructions. I declare that I have examined this retu	irn/rer	oort in	cludin	a if annlicah	a a Sch	nedule	

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	08/29/2012	TERI ANDERSON
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN			
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor