Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

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OMB Nos. 1210-0110

1210-0089

2011

This Form is Open to Public Inspection

	Complete all entries in accord	dance with	n the instructions to the Form 55	00-SF.		
Pä	art I Annual Report Identification Information					
For	calendar plan year 2011 or fiscal plan year beginning 01/01/201	1	and ending	12/31/20	011	
A	This return/report is for: $\overline{igwedge}$ a single-employer plan $igwedge$	a multiple-employer plan (not multiemployer) a one-participant plan				
В	This return/report is: the first return/report	the final re	eturn/report			
	an amended return/report	a short pla	in year return/report (less than 12 r	nonths)		
С	Check box if filing under: X Form 5558	automatic	extension		DFVC progra	m
	special extension (enter descriptio	n)				
Pa	art II Basic Plan Information—enter all requested information	ation				
1a	Name of plan			1b -	Three-digit	
CARI	DIAC HEALTH SPECIALISTS, P.S. 401(K) RETIREMENT SAVINGS	PLAN AN	ID TRUST		plan number	
					(PN) •	. 001
				10	Effective date of 07/01/	•
2a	Plan sponsor's name and address; include room or suite number (er	mployer, if	for a single-employer plan)	2b E	Employer Identif	ication Number
CAR	DIAC HEALTH SPECIALISTS, P.S.			(EIN) 91-114	14217
				2c S	Sponsor's teleph	
	SOUTH YAKIMA, SUITE 307 DMA, WA 98405			24 5		
TACC	JIVIA, WA 96405			Zu i	3usiness code (9 62111	see instructions)
3a	Plan administrator's name and address (if same as plan sponsor, er	nter "Same	3")	3b /	Administrator's E	EIN
CARI	DIAC HEALTH SPECIALISTS, P.S. 1802 SOUTH TACOMA, WA		SUITE 307	2-	91-11	
		1 00 100		3C /	Administrator's t 253-627	elephone number
4	If the name and/or EIN of the plan sponsor has changed since the la	ast return/i	report filed for this plan, enter the	4b	EIN	
_	name, EIN, and the plan number from the last return/report.			40	DNI	
	Sponsor's name			4c	PN T	
	Total number of participants at the beginning of the plan year			- Ou		5
b	Total number of participants at the end of the plan year			5b		
С	Number of participants with account balances as of the end of the p complete this item)			. 5c		
6a	Were all of the plan's assets during the plan year invested in eligible	e assets?	(See instructions.)			X Yes No
b	Are you claiming a waiver of the annual examination and report of a					
	under 29 CFR 2520.104-46? (See instructions on waiver eligibility a		· ·			X Yes No
Do	If you answered "No" to either 6a or 6b, the plan cannot use Fort III Financial Information	orm 5500-	SF and must instead use Form 5	500.		
7	Plan Assets and Liabilities		(a) Beginning of Veer		(b) End	of Voca
a	Total plan assets	7a	(a) Beginning of Year 3795762		(b) End	0
b	Total plan liabilities	7b	7287			0
C	Net plan assets (subtract line 7b from line 7a)	7c	3788475			0
8	Income, Expenses, and Transfers for this Plan Year		(a) Amount		(b) Total	
а	Contributions received or receivable from:				\.,	
	(1) Employers	8a(1)	74721			
	(2) Participants	8a(2)	211931			
	(3) Others (including rollovers)	8a(3)				
b	Other income (loss)	8b	-133013			
С	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c				153639
d	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	8d	3924827			
е	Certain deemed and/or corrective distributions (see instructions)	8e				
f	Administrative service providers (salaries, fees, commissions)	8f				
g	Other expenses	8g	17287			
h	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h				3942114
i	Net income (loss) (subtract line 8h from line 8c)	8i				-3788475
j	Transfers to (from) the plan (see instructions)	8j				

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Dart IV	Plan Characteristics	
Part IV	Pian Unaracteristics	

- **9a** If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions: 2E 2F 2G 2J 2K 2R 3D
- If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

During the plan year:		Yes	No		Amo	unt	
Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)	10a		Х				
Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)	10b		Х				
Was the plan covered by a fidelity bond?	10c	Χ				1	10000
Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?	10d		Х				
Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See instructions.)	10e		X				
Has the plan failed to provide any benefit when due under the plan?	10f		X				
Did the plan have any participant loans? (If "Yes," enter amount as of year end.)	10g	X					(
If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)	10h		Х				
If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3	10i						
t VI Pension Funding Compliance							
Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and com	nplete \$	Sched	ula SR	Form			
5500))					П	Yes	No
ls this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code						Yes Yes	No.
Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code (If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.) If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instrugranting the waiver	e or sections,	ction 3	302 of E	RISA?	[Yes	X No
Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code (If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.) If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instrugranting the waiver. Mor f you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.	e or sec	and e	302 of E	RISA?	[Yes	X No
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belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	09/15/2012	THEODORE K LAU MD
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN			
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor