## Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

## Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

1210-0089

OMB Nos. 1210-0110

2011

This Form is Open to Public Inspection

	Complete all entries in accord	dance with	the instructions to the Form 55	JU-SF.		
	art I Annual Report Identification Information					
For	calendar plan year 2011 or fiscal plan year beginning 06/01/2011	1	and ending	05/31/2	012	
A	This return/report is for:	a multiple-employer plan (not multiemployer)				
В	This return/report is: the first return/report	the final re	eturn/report			
	an amended return/report	a short pla	in year return/report (less than 12 n	nonths)		
C	Check box if filing under: X Form 5558		DFVC program			
	special extension (enter descriptio	n)				
Pa	Irt II Basic Plan Information—enter all requested information	ation				
1a	Name of plan			1b	Three-digit	
FARE	RELLS HEALTH CENTERS, INC. PENSION TRUST				plan number	
					(PN) 001	
				10	Effective date of plan 06/01/1988	
2a	Plan sponsor's name and address; include room or suite number (er	mployer, if	for a single-employer plan)	2b	Employer Identification Number	
FARI	RELLS HEALTH CENTERS, INC.				(EIN) 91-0925311	
				2c	Sponsor's telephone number	
	NW MYHRE RD SUITE 301				360-377-0164	
SILVI	ERDALE, WA 98383-8561			2d	Business code (see instructions) 621498	
3a	Plan administrator's name and address (if same as plan sponsor, er	nter "Same	"\	3h	Administrator's EIN	
	RELLS HEALTH CENTERS, INC. 2011 NW MYI	HRE RD S	ÜITE 301		91-0925311	
	SILVERDALE	33-8561	3c	Administrator's telephone number 360-377-0164		
4	If the name and/or EIN of the plan sponsor has changed since the la	ast return/i	report filed for this plan, enter the	4b		
	name, EIN, and the plan number from the last return/report.					
	Sponsor's name			4c	1	
5a				- Ou	23	
b	Total number of participants at the end of the plan year			5b	17	
С	Number of participants with account balances as of the end of the p complete this item)			5c	17	
6a	Were all of the plan's assets during the plan year invested in eligible	e assets?	(See instructions.)		X Yes No	
b	Are you claiming a waiver of the annual examination and report of a				 ⊠ v □ v	
	under 29 CFR 2520.104-46? (See instructions on waiver eligibility a		•		X Yes   No	
Da	If you answered "No" to either 6a or 6b, the plan cannot use Fort III Financial Information	)rm 5500-	SF and must instead use Form 5	500.		
7	Plan Assets and Liabilities		(a) Beginning of Year		(h) End of Voca	
и а	Total plan assets	7a	(a) Beginning of Year 801725		(b) End of Year 662683	
b	Total plan liabilities	7a 7b	0			
C	Net plan assets (subtract line 7b from line 7a)	7c	801725		662683	
8	Income, Expenses, and Transfers for this Plan Year		(a) Amount		(b) Total	
а	Contributions received or receivable from:		, ,		(4) 1 5 5 5 5	
	(1) Employers	8a(1)	2235			
	(2) Participants	8a(2)	8941			
	(3) Others (including rollovers)	8a(3)				
b	Other income (loss)	8b	-34510			
C	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c			-23334	
d	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	8d	115235			
е	Certain deemed and/or corrective distributions (see instructions)	8e				
f	Administrative service providers (salaries, fees, commissions)	8f	473			
g	Other expenses	8g				
h	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h			115708	
i	Net income (loss) (subtract line 8h from line 8c)	8i			-139042	
j	Transfers to (from) the plan (see instructions)	8j				

Form	5500-	SF	201

Page 2 -	1
----------	---

Part IV	Plan Characteristics

- If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions: 9a 2E 2J 2K 2G 3D
- If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

_								
Part	•		1					
10	During the plan year:		Yes	No		Amo	unt	
а	Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)	10a		X				
b	Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported			V				
	on line 10a.)	10b		X				
С	Was the plan covered by a fidelity bond?	10c	X					50000
d	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?	10d		X				
е	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See instructions.)	10e		Х				
f	Has the plan failed to provide any benefit when due under the plan?	10f		X				
g	Did the plan have any participant loans? (If "Yes," enter amount as of year end.)	10g	X				1	16495
h	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR	401		X				
	2520.101-3.)	10h						
•	exceptions to providing the notice applied under 29 CFR 2520.101-3	10i						
Part	VI Pension Funding Compliance							
11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and com 5500))						Yes	No
12	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code						Yes	X No
	(If "Yes," complete 12a or 12b, 12c, 12d, and 12e below, as applicable.)							
а	a If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiver							
lf y	you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.			<b>-</b> , .				
b	Enter the minimum required contribution for this plan year			12b				
С								
d	· ·							
e	Will the minimum funding amount reported on line 12d be met by the funding deadline?				Yes	П	lo	N/A
Part								
	Has a resolution to terminate the plan been adopted in any plan year?			$\Box$	es X	No		
ısa	If "Yes," enter the amount of any plan assets that reverted to the employer this year		3a	Ш'	C3	140		
h	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought u			ntrol				
D	of the PBGC?						Yes	X No
С	If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the which assets or liabilities were transferred. (See instructions.)	ne pla	n(s) to					_
1	3c(1) Name of plan(s):		13	c(2) Ell	۷(s)		13c(3)	PN(s)
					· <u> </u>		· <u></u>	
		<u> </u>						
	on: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable							
	r penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return to Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return.							

belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	03/13/2013	CARL CRAMER
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN			
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor