## Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

## Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

1210-0089

OMB Nos. 1210-0110

2012

This Form is Open to Public Inspection

			Complete all entries in ac	cordance with the instruc	tions to the Form 550	U-3F.				
	art I		Identification Information							
For	calenda	ar plan year 2012 or fis	scal plan year beginning 01/01/	2012	and ending 1	12/31/2	2012			
Α	This ret	urn/report is for:	a single-employer plan	a multiple-employer pla	an (not multiemployer)	r) a one-participant plan				
В	This ret	urn/report is:	the first return/report	the final return/report						
			an amended return/report	a short plan year return	/report (less than 12 m	onths)	)			
С	Check b	oox if filing under:	Form 5558	automatic extension			DFVC progra	ım		
		•	special extension (enter descr	iption)			_			
P	art II	Basic Plan Info	rmation—enter all requested inf	ormation						
1a	Name	of plan	·			1b	Three-digit			
J.A. (	COWAN	& ASSOC., INC. 401	(K) PLAN				plan number			
							(PN) <b>•</b>	002		
						10	C Effective date of plan 01/01/1994			
2a	Plan sr	onsor's name and add	dress; include room or suite numbe	er (employer if for a single-	employer plan)	2h	fication Number			
		& ASSOC., INC.	aress, molade room of salte name	or (employer, in for a single t	omployer plan)	25		52190		
						2c	hone number			
146	N PARK	AVENUE					3-4547			
		<b>CENTRE, NY 11570-</b>	4108			2d	Business code (	see instructions)		
							53132	20		
3a	Plan ad	dministrator's name an	nd address XSame as Plan Spons	or Name Same as Plan	Sponsor Address	3b	EIN			
						30	Administrator's t	rolophono numbor		
						30	Administrators	elephone number		
4		If the name and/or EIN of the plan sponsor has changed since the last return/report filed for this plan, enter the					4b EIN			
_		•	nber from the last return/report.			40.00				
_	Sponsor's name     Total number of participants at the beginning of the plan year					4c PN				
						5a				
b		Total number of participants at the end of the plan year				5b	<u>D</u>			
C			account balances as of the end of t		•	5c		3		
6a	Were	all of the plan's assets	during the plan year invested in e	ligible assets? (See instruct	ions.)			X Yes No		
b	Are yo	ou claiming a waiver of	the annual examination and repor	t of an independent qualifie	d public accountant (IQ	PA)				
			? (See instructions on waiver eligib					X Yes   No		
	If you	answered "No" to ei	ther line 6a or line 6b, the plan c	annot use Form 5500-SF	and must instead use	Form	5500.			
			or incomplete filing of this return	•						
			ner penalties set forth in the instructed actuary, a							
		rue, correct, and comp		s well as the electronic vers	sion or this return/report	i, anu	to the best of my	knowledge and		
				<u> </u>						
SIGN HERE		Filed with authorized/	valid electronic signature.	03/21/2013	MARYJO COWAN					
		Signature of plan a		Date	Enter name of individ	ninistrator				
SIG		Filed with authorized/	valid electronic signature.	03/21/2013	MARYJO COWAN	WAN				
HERE					dual signing as employer or plan sponsor					
Preparer's		er's name (including firm name, if applicable) and address; include room or suite number (optional)			Preparer's telephone number (optional)					

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Pai	t III Financial Information										
7	Plan Assets and Liabilities		(a) Beginning of Yea	ar			(b) En	d of Y	ear		
a	Total plan assets	7a	52915				(5) =::		62138	2	
	Total plan liabilities	7b		0						)	
	Net plan assets (subtract line 7b from line 7a)	7c	52915				621382				
	Income, Expenses, and Transfers for this Plan Year		(a) Amount				(b) Total				
	Contributions received or receivable from:		(a) Amount				(13)	Total			
	(1) Employers	8a(1)	159	0							
	(2) Participants	8a(2)	3045	50							
	(3) Others (including rollovers)										
b	Other income (loss)	8b	7085	54							
С	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c						1	02894	ļ	
	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	8d		0							
е	Certain deemed and/or corrective distributions (see instructions)	8e		0							
f	Administrative service providers (salaries, fees, commissions)	8f	1066	9							
g	Other expenses	8g		0							
h	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h							1066	9	
	Net income (loss) (subtract line 8h from line 8c)	8i							9222	5	
	Transfers to (from) the plan (see instructions)	8j		0							
Par	t IV Plan Characteristics	, oj									
	9a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions:										
b	2E 2F 2G 2J 2K 2T 3D  If the plan provides welfare benefits, enter the applicable welfare fe	eature cod	es from the List of Plan Chara	cterist	ic Cod	les in t	he instru	ctions:			
Dow	V Compliance Questions										
Part	•				V	NI-	I				
10	During the plan year:	4:		1	Yes	No		Am	ount		
a	Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)			10a		X					
	Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)					X					
С	Was the plan covered by a fidelity bond?			10c	X					56	000
d		Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?				X					
е	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See					X					
f	instructions.)  Has the plan failed to provide any benefit when due under the plan			10e		Χ					
				10f							
<u>g</u>			<u> </u>	10g		X					
h	2520.101-3.)			10h		X					
i	If 10h was answered "Yes," check the box if you either provided the exceptions to providing the notice applied under 29 CFR 2520.10			10i							
Part	VI Pension Funding Compliance										
11											
11a						11a					
12	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section 302 of ERISA?						No				
	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.)										
a	<b>a</b> If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiver										
If you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.											
b Enter the minimum required contribution for this plan year											

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	Enter the amount contributed by the employer to the plan for this plan year	12c						
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)	12d						
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?		Yes	No N/A				
Part	VII Plan Terminations and Transfers of Assets							
13a	Has a resolution to terminate the plan been adopted in any plan year?	Yes X No						
	If "Yes," enter the amount of any plan assets that reverted to the employer this year	. 13a						
b	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the of the PBGC?	control	Yes X No					
С	C If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)							
1	3c(1) Name of plan(s):	1 <b>3c(2)</b> E	IN(s)	<b>13c(3)</b> PN(s)				
Part	VIII Trust Information (optional)							
	Name of trust	<b>14b</b> ⊤	rust's EIN					