-	rm 5500-SF	Bonofit Blan					OMB Nos. 1210-0110 1210-0089			
	This form is required to be filed under sections 104 and 4065 of the Employee						2012			
Employee B	epartment of Labor enefits Security Administration	Retirement Income Security Act of the Interna	s(a) of	This Form is Open to Pub Inspection			ubli	с		
	enefit Guaranty Corporation	0-SF.								
Part I		entification Information	0	and an Provide	0/04/	2010				
_	ar plan year 2012 or fisca	_			2/31/2					
A This ret	turn/report is for:	a single-employer plan	a multiple-employer pl	an (not multiemployer)		a one-particip	ant pl	an		
B This ret	turn/report is:	the first return/report	the final return/report							
		an amended return/report	a short plan year returr	n/report (less than 12 m	onths)				
C Check box if filing under: Form 5558 automatic extension						DFVC progra	m			
		special extension (enter description	on)							
Part II	Basic Plan Inform	nation—enter all requested inform	ation							
1a Name					1b	Three-digit				
JOHN J POO	GGI MD PC 401(K) SAVI	NGS & RETIREMENT PLAN				plan number				
						(PN) 🕨		001		
					1c	Effective date of 06/01/	•			
2a Plan s		ess; include room or suite number (e	employer, if for a single-	employer plan)	2b	Employer Identif (EIN) 16-15	icatior	n Num	ber	
521 M/A CUI					2c	Sponsor's telep 315-788		er		
531 WASHINGTON STREET WATERTOWN, NY 13601-0000					2d	Business code (see instructions) 621111				
3a Plan a	dministrator's name and	address XSame as Plan Sponsor N	Name Same as Plan	Sponsor Address	3b	Administrator's EIN				
		lan sponsor has changed since the er from the last return/report.	last return/report filed fo	or this plan, enter the	4b EIN					
a Spons	or's name				4c	PN				
5a Total I	number of participants at	the beginning of the plan year			5a					19
b Total ı	number of participants at	the end of the plan year			5b					16
	· ·	count balances as of the end of the		•	5c					16
6a Were	all of the plan's assets d	uring the plan year invested in eligib	le assets? (See instruct	tions.)			×	Yes	Π ι	No
		e annual examination and report of							— — .	
	,	See instructions on waiver eligibility	,				X	Yes		No
-		er line 6a or line 6b, the plan cann								
		incomplete filing of this return/re					-	Caba	مار را م	
SB or Sche		r penalties set forth in the instruction signed by an enrolled actuary, as w te.								
SIGN	Filed with authorized/va	lid electronic signature.	05/03/2013	JOHN J. POGGI, M.D.						
HERE	Signature of plan adn	ninistrator	Date	Enter name of individ	ual sig	gning as plan adn	ninistra	ator		
	Filed with authorized/va	lid electronic signature.	05/03/2013	JOHN J. POGGI, M.D						
HERE	Signature of employe		Date	Enter name of individ						
Preparer's	name (including firm nan	ne, if applicable) and address; inclue	te room or suite number	r (optional)	Prep	parer's telephone	numbe	er (op	tiona	1)

Part III Financial Information				-		
7 Plan Assets and Liabilities		(a) Beginning of Yea	ır			(b) End of Year
a Total plan assets	7a	165480	5			1865002
b Total plan liabilities	7b					
C Net plan assets (subtract line 7b from line 7a)	7c	165480	5			1865002
8 Income, Expenses, and Transfers for this Plan Year		(a) Amount		_		(b) Total
a Contributions received or receivable from:		6107	0			
(1) Employers		8785				
(3) Others (including rollovers)		0100	~			
b Other income (loss)		14059	3			
C Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)		14000	0			289524
d Benefits paid (including direct rollovers and insurance premiu						209324
to provide benefits)		6185	4			
e Certain deemed and/or corrective distributions (see instruction	ons) 8e					
f Administrative service providers (salaries, fees, commissions	s) 8f	1747	3			
g Other expenses	8g					
h Total expenses (add lines 8d, 8e, 8f, and 8g)						79327
i Net income (loss) (subtract line 8h from line 8c)				_		210197
Transfers to (from) the plan (see instructions)	······ 8j					
b If the plan provides welfare benefits, enter the applicable we Part V Compliance Questions	Ifare feature codes	from the List of Plan Charac	cterist	ic Coc	les in the	e instructions:
10 During the plan year:				Yes	No	Amount
 a Was there a failure to transmit to the plan any participant of 29 CFR 2510.3-102? (See instructions and DOL's Volunta) 	ontributions within th	ne time period described in tion Program)	10a		X	Amount
b Were there any nonexempt transactions with any party-in-in on line 10a.)	nterest? (Do not incl	lude transactions reported	10b		х	
C Was the plan covered by a fidelity bond?			10c	X		265000
d Did the plan have a loss, whether or not reimbursed by the or dishonesty?			10d		x	200000
e Were any fees or commissions paid to any brokers, agents insurance service or other organization that provides some instructions.)	or all of the benefits	s under the plan? (See	10e		x	
f Has the plan failed to provide any benefit when due under the	he plan?		10f		Х	
g Did the plan have any participant loans? (If "Yes," enter am	ount as of year end	.)	10q	Х		4456
h If this is an individual account plan, was there a blackout pe 2520.101-3.)	eriod? (See instruction	ons and 29 CFR	10h		x	++0
i If 10h was answered "Yes," check the box if you either provexceptions to providing the notice applied under 29 CFR 25	•		10i			
Part VI Pension Funding Compliance						
11 Is this a defined benefit plan subject to minimum funding re 5500) and line 11a below)						
11a Enter the amount from Schedule SB line 39					11a	
12 Is this a defined contribution plan subject to the minimum f	unding requirements	s of section 412 of the Code	or se	ection :	302 of E	RISA? 🗌 Yes 🗙 No
(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e						
a If a waiver of the minimum funding standard for a prior year	is being amortized	in this plan year, see instruc		, and e	enter the Dav	date of the letter ruling Year
granting the waiver.		Mon	เก		Day_	
granting the waiver If you completed line 12a, complete lines 3, 9, and 10 of Sc			un		12b	

С	Enter	the amount contributed by the employer to the plan for this plan year	12c						
d		act the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a tive amount)	12d						
е	e Will the minimum funding amount reported on line 12d be met by the funding deadline?								
Part	rt VII Plan Terminations and Transfers of Assets								
13a	Has a	a resolution to terminate the plan been adopted in any plan year?	, ,	Yes X No					
	lf "Ye	es," enter the amount of any plan assets that reverted to the employer this year	13a						
b	b Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?								
С	C If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)								
1	3c(1)	Name of plan(s): 1	3c(2) E	IN(s)	13c(3) PN(s)				
Part	rt VIII Trust Information (optional)								

14a Name of trust	14b Trust's EIN

Form 5500-SF	Short Form Annual Return/Report of Small Employee Benefit Plan					OMB Nos. 1210-0110 1210-0089			
Department of the Treasury Internal Revenue Service	This form is required to be filed under sections 104 and 4065 of the Employee					2012			
Department of Labor Employee Benefits Security Administration	Retirement Income Security Act the Inter	(a) of	is Open to Public Ispection						
Pension Benefit Guaranty Corporation	Complete all entries in acco	ordance with the instru	ctions to the Form 5500	D-SF.					
Part I Annual Report Id For calendar plan year 2012 or fisca	dentification Information	01/01/2012	and ending	12	/31/2012				
	x a single-employer plan		an (not multiemployer)			nant plan			
			an (not manemployer)	L] a one-partici	pant plan			
B This return/report is:	the first return/report	the final return/report							
-	an amended return/report		n/report (less than 12 m	ontns) F					
Check box if filing under:				DFVC program					
	special extension (enter descript	-							
	mation enter all requested inf	ormation		4 h	- , , ,	1			
1a Name of plan					Three-digit plan number				
JOHN J POGGI MD PC 4	01(K) SAVINGS & RETIREM	TENT PLAN			(PN) ►	001			
					Effective date o 06/01/1999				
2a Plan sponsor's name and addr	ress: include room or suite number	(employer, if for a single	employer plan)			ification Number			
JOHN J POGGI MD PC	,				(EIN) 16-15				
	m			2c Sponsor's telephone number (315) 788-7990					
531 WASHINGTON STREE	•1			2d Business code (see instructions)					
US WATERTOWN	NY 13601-0000				621111				
3a Plan administrator's name and	address X Same as Plan Spons	sor Name 🔲 Same as I	Plan Sponsor Address	3b	Administrator's	EIN			
	plan sponsor has changed since the	e last return/report filed fo	or this plan, enter the	4b	EIN				
name, EIN, and the plan numb	per from the last return/report.			10	DN				
a Sponsor's name				4c 5a		19			
5a Total number of participants at	t the beginning of the plan year			5a 5b		19			
	count balances as of the end of the								
complete this item)				5c					
6a Were all of the plan's assets d						X Yes No			
	ne annual examination and report o See instructions on waiver eligibility					X Yes No			
	er line 6a or line 6b, the plan can		and must instead use I						
	r incomplete filing of this return/					-			
Under negatives of periury and oth	er penalties set forth in the instructi d signed by an enrolied actuary, as	ons. I declare that I have	examined this return/re	port, in	cluding, if appli	cable, a Schedule y knowledge and			
SIGN	1 pr 1 XII m								
HERE Signature of plan admin	pistrator	Date /22//3	Enter name of individua	al signii	ng as plan adm	inistrator			
SIGN									
HERE Signature of employer/plan sponsor Date 4/23/13 Enter name of individual Preparer's name (including,firm name, if applicable) and address; include room of suite number (optional) Enter name of individual				ual signing as employer or plan sponsor					
Preparer's name (including,firm na	ame, if applicable) and address; incl	lude room of suite numb	er (optional)	Prepa	arer's telephone	e number (optional)			
	otice and OMB Control Numbers					Form 5500-SF (2012)			

For Paperwork Reduction Act Notice and rs, s

Pa	Part III Financial Information									
7	Plan Assets and Liabilities		(a) Beginning of Year		(b) End of Year					
а	Total plan assets				1,865,002					
	Total plan liabilities	7b								
	Net plan assets (subtract line 7b from line 7a)	7c	1,654,805					1,865,002		
8	Income, Expenses, and Transfers for this Plan Year		(a) Amount			(b) Total				
а	Contributions received or receivable from:		<u> </u>							
	(1) Employers	8a(1)	61,079							
	(2) Participants	8a(2)	87,85							
1.	(3) Others (including rollovers)	8a(3)	140,593							
	Other income (loss)	8b 8c	140,39	3			000 504			
	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b) Benefits paid (including direct rollovers and insurance premiums	<u> </u>				289,524				
d	to provide benefits)	8d	61,85	54		÷				
е	Certain deemed and/or corrective distributions (see instructions)	8e								
f	Administrative service providers (salaries, fees, commissions)	8f	17,47	3						
g	Other expenses	8g				2				
h	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h						79,327		
i	Net income (loss) (subtract line 8h from line 8c)	8i			ļ			210,197		
j	Transfers to (from) the plan (see instructions)	8j				2				
Pa	rt IV Plan Characteristics									
9a	If the plan provides pension benefits, enter the applicable pension fe	ature cod	es from the List of Plan Characte	eristic	Code	s in th	e instructio	ns:		
	2A 2E 2G 2J 2K 2R 3D									
b	If the plan provides welfare benefits, enter the applicable welfare fea	ture code	s from the List of Plan Character	istic (Codes	in the	instruction	SI		
Pa	rt V Compliance Questions									
10	During the plan year:				Yes	No		Amount		
a		tions within ciary Corre	n the time period described in ection Program)	10a		x				
b	Were there any nonexempt transactions with any party-in-interest on line 10a.)			10b		x				
С				10c	х			265,000		
d	Did the plan have a loss, whether or not reimbursed by the plan's or dishonesty?			10d		x				
e	insurance service or other organization that provides some or all c instructions.)	of the bene	efits under the plan? (See	10e		x				
f	Has the plan failed to provide any benefit when due under the plan	n?		10f	ļ	x				
g	Did the plan have any participant loans? (If "Yes," enter amount a	s of year e	end.)	10g	x			4,456		
h	If this is an individual account plan, was there a blackout period? (2520.101-3.)			10h		x				
i	i If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3					91 1				
Part VI Pension Funding Compliance										
11	11 Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500) and line 11a below) Yes X No									
11	1a Enter the amount from Schedule SB line 39 11a									
12	2 Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section 302 of ERISA?									
	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below	, as applic	able.)							
8		ng amortiz	ed in this plan year, see instruct	ions, nth	and ei	nter th	e date of th	e letter ruling _ Year		
l	f you completed line 12a, complete lines 3, 9, and 10 of Schedule	e MB (For	m 5500), and skip to line 13.		r					
k	Enter the minimum required contribution for this plan year					12b				