Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

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2012

OMB Nos. 1210-0110

1210-0089

This Form is Open to Public Inspection

			•	Complete all entries in a	accordance with	n the instruc	tions to the Form 550	00-5F.			
	Part I Annual Report Identification Information										
For	For calendar plan year 2012 or fiscal plan year beginning 01/01/2012 and ending 12/31/2012										
A	This retu	urn/report is for:	X a	single-employer plan	a multiple	employer pla	an (not multiemployer)	a one-participant plan			
В	This retu	urn/report is:	th	e first return/report	the final re	eturn/report					
			ar	amended return/report	a short pla	an year return	/report (less than 12 m	nonths))		
С	Check b	oox if filing under:	Fo	orm 5558	automatic	extension			DFVC progra	am	
	special extension (enter description)										
Pa	art II	Basic Plan Info	rmati	on—enter all requested i	nformation					1	
	Name of	•						1b	Three-digit		
PRO	FIT SHA	RING/401K PLAN OF	DON	NA M. ARNOLD, CFP, LLC					plan number	001	
								10	(PN)		
								10	Effective date o	•	
2a	Plan sp	onsor's name and add	dress;	include room or suite num	ber (employer, if	for a single-e	employer plan)	2b	Employer Identi	fication Number	
DON	NA M. A	ARNOLD, CFP, LLC							(EIN) 91-11	86701	
								2c	2c Sponsor's telephone number		
		AKE AVENUE NORT	H STE	608					206-28		
SEA	IILE, W	/A 98109-3529						2d	2d Business code (see instructions) 523900		
3a	Plan ac	łministrator's name an	nd addr	ess XSame as Plan Spor	nsor Name S	ame as Plan	Sponsor Address	3b			
Ju	i idii de	animotrator o name an	ia addi	Coo Modific do Fiam opol		arrio do r idir	oponior Address				
								3c	Administrator's	telephone number	
4	If the n	ama and/ar FINI of the	nlan a	ananar haa ahangad aina	a tha last rations/r	ranget filed for	rthic plan enterthe	46	- FINI		
-				sponsor has changed sinct om the last return/report.	e the last return/r	report illed for	i tilis piari, eriter trie	4b EIN			
а		or's name						4c PN			
5a	Total number of participants at the beginning of the plan year						. 5a		2		
b	Total n	number of participants	at the	end of the plan year	•••••			. 5b		2	
С							•	. 5c		2	
							X Yes No				
b		•		nual examination and rep	-	•	,				
				instructions on waiver elig						X Yes No	
	If you	answered "No" to ei	ther lii	ne 6a or line 6b, the plan	cannot use For	rm 5500-SF a	and must instead use	Form	5500.		
Cau	ıtion: A	penalty for the late of	or inco	mplete filing of this retu	rn/report will be	e assessed u	ınless reasonable ca	use is	established.		
				nalties set forth in the instru							
		dule MB completed ar rue, correct, and comp		ed by an enrolled actuary,	as well as the el	lectronic vers	ion of this return/repoi	rτ, and	to the best of my	knowledge and	
	,	•			<u> </u>	ı					
SIG		Filed with authorized/	valid el	ectronic signature.	05/23/	/2013	DONNA ARNOLD				
HEF	KE.	Signature of plan ac	dminis	strator	Date		Enter name of individ	dual sig	ual signing as plan administrator		
SIG											
HE	RE	Signature of employer/plan sponsor Date Enter name of individu					dual sig	ual signing as employer or plan sponsor			
Pre	parer's r						Prep	parer's telephone	number (optional)		

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Dor	t III Financial Information		<u> </u>						
Par 7	<u> </u>		(a) Danimin mark Va		T		/h) Fud of Voor		
	Plan Assets and Liabilities	7-		(a) Beginning of Year			(b) End of Year		
	Total plan assets	7a 7b	90430	984569			1211868		
	Net plan assets (subtract line 7b from line 7a)	76 7c	08456	30			1211969		
	· · · · · · · · · · · · · · · · · · ·	76		984569			1211868		
	Income, Expenses, and Transfers for this Plan Year Contributions received or receivable from:		(a) Amount	(a) Amount			(b) Total		
	(1) Employers	4050	40501						
) Employers								
	(3) Others (including rollovers)	8a(3)							
b	Other income (loss)	8b	16155	52					
С	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c					227453		
	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	8d							
е	Certain deemed and/or corrective distributions (see instructions)	8e							
f	Administrative service providers (salaries, fees, commissions)	8f							
g	Other expenses	8g	15	54					
h	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h					154		
<u>i</u>	Net income (loss) (subtract line 8h from line 8c)	8i					227299		
j	Transfers to (from) the plan (see instructions)	8j							
Par	t IV Plan Characteristics								
9a	If the plan provides pension benefits, enter the applicable pension 2E 2F 2G 2J 2R 3B 3D	feature co	des from the List of Plan Char	acteris	stic Co	des in	the instructions:		
b	If the plan provides welfare benefits, enter the applicable welfare for	eature cod	les from the List of Plan Chara	cterist	ic Cod	es in t	he instructions:		
Part	V Compliance Questions								
10	During the plan year:				Yes	No	Amount		
a	Was there a failure to transmit to the plan any participant contribu 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidu			10a		X	, unounc		
b	Were there any nonexempt transactions with any party-in-interest on line 10a.)	? (Do not	include transactions reported	10b		Χ			
	Was the plan covered by a fidelity bond?			10c	X		100000		
	Did the plan have a loss, whether or not reimbursed by the plan's			100			100000		
	or dishonesty?			10d		X			
е	Were any fees or commissions paid to any brokers, agents, or oth insurance service or other organization that provides some or all cinstructions.)	of the bene	efits under the plan? (See	10e		X			
f	Has the plan failed to provide any benefit when due under the plan			10f		X			
g	Did the plan have any participant loans? (If "Yes," enter amount a					X			
h	If this is an individual account plan, was there a blackout period?	(See instru	uctions and 29 CFR	10g 10h		X			
i	If 10h was answered "Yes," check the box if you either provided the second seco	ne require	d notice or one of the						
D = =1	exceptions to providing the notice applied under 29 CFR 2520.10	1-3		10i					
11									
11a	5500) and line 11a below) Enter the amount from Schedule SB line 39					 11a	Yes No		
12	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section 302 of ERISA?								
	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.)								
а	If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, a granting the waiver				, and e	enter th			
If you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.									
b	Enter the minimum required contribution for this plan year					12b			
		_							

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	Enter the amount contributed by the employer to the plan for this plan year	12c						
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)	12d						
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?		Yes	No N/A				
Part	VII Plan Terminations and Transfers of Assets							
13a	Has a resolution to terminate the plan been adopted in any plan year?		Yes X No					
	If "Yes," enter the amount of any plan assets that reverted to the employer this year	. 13a						
b	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the of the PBGC?	control		Yes X No				
С	If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)							
1	3c(1) Name of plan(s):	13c(2) EIN(s)		13c(3) PN(s)				
Part	VIII Trust Information (optional)							
	Name of trust	14b ⊤	rust's EIN					