Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

1210-0089

OMB Nos. 1210-0110

2012

This Form is Open to Public Inspection

			► Complete all entries in a	accordance with the instru	ictions to the Form 550	10-SF.					
	art I		Identification Information								
For	calenda	ar plan year 2012 or fis	scal plan year beginning 01/0	1/2012	and ending	12/31/2	<u>!012</u>				
Α .	This ret	urn/report is for:	X a single-employer plan	a multiple-employer	olan (not multiemployer)		a one-participant plan				
В .	This retu	urn/report is:	the first return/report	the final return/report	:						
			an amended return/report	a short plan year retu	rn/report (less than 12 m	onths)	_				
C	Check b	oox if filing under:	Form 5558	automatic extension			DFVC program				
			special extension (enter des	cription)							
Pa	art II	Basic Plan Info	rmation—enter all requested in	nformation							
1a	Name of	of plan				1b	Three-digit				
1 & R	MEDIC	AL PC PROFIT SHAR	RING PLAN				plan number (PN) • 001				
						10	(111)				
						10	Effective date of plan 01/01/2010				
2a	Plan sp	onsor's name and add	dress; include room or suite num	ber (employer, if for a single	e-employer plan)	2b	Employer Identification Number				
I & R	MEDIC	AL PC			,		(EIN) 20-0363129				
						2c Sponsor's telephone number					
6711	164TH	STREET NY 11365				<u> </u>	718-762-4500				
FLUS	SHING,	NT 11305				2d	Business code (see instructions)				
32	Plan ac	lministrator's name an	nd address XSame as Plan Spor	neor Name Same as Pla	ın Sponsor Address	3h	621111 Administrator's EIN				
Ju	i iaii ac	anninstrator s name an	lu address Moaille as i lair Spoi	Isol Name Dame as the	iii opolisoi Address	35	Administrator 5 Lin				
						3с	Administrator's telephone number				
4	4 If the name and/or EIN of the plan sponsor has changed since the last return/report filed for this plan, enter the						4b EIN				
•			mber from the last return/report.	s the last retain, report mea	ior tino piari, oritor trio	70	LIIV	_			
а	Sponso	or's name				4c	PN				
5a	Total n	number of participants	at the beginning of the plan year			5a		8			
b	Total n	number of participants	at the end of the plan year			5b)				
С			account balances as of the end o		•	5c		8			
6a		,	s during the plan year invested in			1	X Yes No				
b			f the annual examination and repo								
	under	29 CFR 2520.104-46?	? (See instructions on waiver eligi	ibility and conditions.)				0			
	If you	answered "No" to ei	ither line 6a or line 6b, the plan	cannot use Form 5500-SF	and must instead use	Form	<u>5500.</u>				
Cau	ıtion: A	penalty for the late of	or incomplete filing of this retu	rn/report will be assessed	unless reasonable cau	use is	established.				
							acluding, if applicable, a Schedule				
		dule MB completed ar rue, correct, and comp	nd signed by an enrolled actuary, plete.	as well as the electronic ve	rsion of this return/repor	t, and t	to the best of my knowledge and				
	,	, , ,	•					_			
SIG		Filed with authorized/valid electronic signature. 06/13/2013 I. BANGY									
HEF	KE.	Signature of plan a	dministrator	Date	Enter name of individ	lual sig	ning as plan administrator				
SIG											
HEF		Signature of emplo		Date		lual sig	ning as employer or plan sponsor				
Pre	parer's i	name (including firm n	name, if applicable) and address;	include room or suite numb	er (optional)	Prep	arer's telephone number (optional)	1			

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Pa	t III Financial Information										
7	Plan Assets and Liabilities		(a) Beginning of Yea	or.			(b) End o	Vesi	,		
<u>′</u> а	Total plan assets	70	(a) Beginning of Tea				(b) Elid o				
	Total plan liabilities	7a 7b	0101	0			144881				
	Net plan assets (subtract line 7b from line 7a)	7c	8707				144881				
8	,	70		1			(b) To		+001		
	ome, Expenses, and Transfers for this Plan Year (a) Amount (b) Total ntributions received or receivable from:										
	(1) Employers	8a(1)	5326	3							
	(2) Participants	8a(2)		0							
	(3) Others (including rollovers)	8a(3)		0							
b	Other income (loss)	8b	454	11							
С	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c						57	7804		
d	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	8d		0							
е	Certain deemed and/or corrective distributions (see instructions)	8e		0							
f	Administrative service providers (salaries, fees, commissions)	8f		0							
g	Other expenses	8g									
h	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h							0	1	
<u>i</u>	Net income (loss) (subtract line 8h from line 8c)	8i						57	7804		
j	Transfers to (from) the plan (see instructions)	8j									
Pai	t IV Plan Characteristics										
9a											
b	If the plan provides welfare benefits, enter the applicable welfare for 4B	eature cod	es from the List of Plan Chara	cterist	ic Co	des in t	he instruction	ns:			
Par											
10	During the plan year:				Yes	No		moui	nt		
a			10a		X	,					
b		? (Do not i	include transactions reported	10b		Х					
c				10c	Χ					200	000
d	<u> </u>			100						200	000
	or dishonesty?			10d		X					
е	Were any fees or commissions paid to any brokers, agents, or oth insurance service or other organization that provides some or all cinstructions.)	of the bene	efits under the plan? (See	10e	X					26	606
f	Has the plan failed to provide any benefit when due under the plan					X				30	300
				10f							
<u>g</u>			,	10g		X					
h	If this is an individual account plan, was there a blackout period? (2520.101-3.)	•		10h		X					
i	If 10h was answered "Yes," check the box if you either provided the exceptions to providing the notice applied under 29 CFR 2520.10	ne required	d notice or one of the	10i							
Part			<u> </u>		1						
11	11 Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form										
110											
12											
12								140			
a	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.) If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling										
	granting the waiver.			un		Day		ear _			
If	vou completed line 12a complete lines 3. 9, and 10 of Schedule	e MR /For	m 5500) and skin to line 13								
	you completed line 12a, complete lines 3, 9, and 10 of Schedule Enter the minimum required contribution for this plan year	•			T	12b					

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	Enter the amount contributed by the employer to the plan for this plan year	12c		
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)	12d		
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?		Yes	No N/A
Part	VII Plan Terminations and Transfers of Assets			
13a	Has a resolution to terminate the plan been adopted in any plan year?		Yes X No	
	If "Yes," enter the amount of any plan assets that reverted to the employer this year	. 13a		
b	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the of the PBGC?	control		Yes X No
С	If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) which assets or liabilities were transferred. (See instructions.)	to		
1	3c(1) Name of plan(s):	3c(2) E	IN(s)	13c(3) PN(s)
Part	VIII Trust Information (optional)			
	Name of trust	14b ⊤	rust's EIN	

Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor ee Benefits Security Administration Pension Benefit Guaranty Corporation

Benefit Plan This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

Short corm Annual Return/Report of Small Employee

Complete all entries in accordance with the instructions to the Form 5500-SF.

OMB Nos. 1210-0110 1210-0089

2012

This Form is Open to Public Inspection

Pa	int Annual Report	Identification Information									
For	calendar plan year 2012 or fi		01/01/2012	and ending	12,	/31/2012					
A 1	This return/report is for.	X a single-employer plan	a multiple-employer pl	an (not multiemployer)	oyer) a one-participant plan						
В	This return/report is:	the first return/report	the final return/report								
		an amended return/report	a short plan year retui	n/report (less than 12 m	nonths)						
C	Check box if filing under:	Form 5558	automatic extension		[] DI	FVC program					
		special extension (enter descri	ption)								
Pa	rt II Basic Plan Info	rmation-enter all requested info	rmation								
1a	Name of plan				1b Three	e-digit					
	I & R Medical PC	Profit Sharing Plan	*		•	number	01				
					(PN)	tive date of plan	01				
						01/2010					
	Plan sponsor's name and ad I & R Medical PC	dress; include room or suite number	r (employer, if for a single-	employer plan)	2b Empk						
					2c Spon	2c Sponsor's telephone number (718) 762-4500					
!	6711 164th Street					ess code (see instru	ictions)				
	Flushing			11365		111	·				
3a	Plan administrator's name ar	nd address XSame as Plan Sponso	or Name Same as Plan	Sponsor Address	3b Admir	nistrator's EIN					
					3c Admir	nistrator's telephone	number				
							nambo.				
4		e plan sponsor has changed since th	ne last return/report filed fo	r this plan, enter the	4b EIN						
2	name, EIN, and the plan nur Sponsor's name	mber from the last return/report.			4c PN						
- <u>a</u>		at the beginning of the plan year			5a		8				
b		at the end of the plan year			5b		<u>~</u>				
С		account balances as of the end of th		ì							
				-	5c		8				
		s during the plan year invested in eli-	• ,	•		X Yes	⊢∐No				
b	,	f the annual examination and report ? ? (See instructions on waiver eligibili				X Yes	∏No				
		ither line 6a or line 6b, the plan ca					u				
Cau	tion: A penalty for the late	or incomplete filing of this return/	report will be assessed o	ınless reasonable cau	se is establ	lished.					
SB	Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.										
SIG	N 1 2 1800	94, M.D	16/18/13	I. BANGY							
HEF		dministrator	Date	Enter name of individu	ual signing a	as plan administrator					
SIG											
HER	E Signature of emplo	warinian enoneor	Date	Enter name of individu	ıal sinninn a	s employer or plan	enoneor				
Prep		name, if applicable) and address; inc				telephone number (
	· -										
i											

Part III Financial Information Plan Assets and Liabilities (a) Beginning of Year (b) End of Year a Total plan assets 87,077 144,881 7a b Total plan liabilities..... C Net plan assets (subtract line 7b from line 7a)...... 87,077 7c 144,881 Income, Expenses, and Transfers for this Plan Year (a) Amount (b) Total a Contributions received or receivable from: (1) Employers 8a(1) 53,263 (2) Participants..... 8a(2) (3) Others (including rollovers) 8a(3) b Other income (loss)..... 4,541 Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)..... 8c 804 57, Benefits paid (including direct rollovers and insurance premiums to provide benefits). 8d Certain deemed and/or corrective distributions (see instructions)... f Administrative service providers (salaries, fees, commissions)..... g Other expenses..... h Total expenses (add lines 8d, 8e, 8f, and 8g)..... 0 Net income (loss) (subtract line 8h from line 8c)..... 57,804 Transfers to (from) the plan (see instructions) 8i Plan Characteristics 9a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions: 2A 2E 2F 3D If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions: 4 B Part V Compliance Questions 10 During the plan year. Yes No **Amount** Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)..... 10a Х Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)..... 10h X Was the plan covered by a fidelity bond?..... 10c X 20,000 Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty? Х 10d Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service or other organization that provides some or all of the benefits under the plan? (See 10e 3,606 f Has the plan failed to provide any benefit when due under the plan? Х 101 g Did the plan have any participant loans? (If "Yes," enter amount as of year end.) 10g Х h If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.) 10h Х If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3..... 10i Part VI Pension Funding Compliance Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500) and line 11a below). Yes X No 11a Enter the amount from Schedule SB line 39..... Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section 302 of ERISA? (If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.) a If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiver. Dav Year If you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13. b Enter the minimum required contribution for this plan year 12b

	Form 5500-SF 2012		Page 3 -						
	Enter the amount contributed by the employer to the	e plan for this plan year			12c				
d	Subtract the amount in line 12c from the amount in negative amount)	line 12b. Enter the result (enter a minus sign to the left of a	,	12d				
<u>e</u>	Will the minimum funding amount reported on line	12d be met by the funding	deadline?			Yes	No	N/A	
Part	VII Plan Terminations and Transfers	of Assets							
13a	Has a resolution to terminate the plan been adopted in	any plan year?				Yes X N	0		
	If "Yes," enter the amount of any plan assets that r	everted to the employer thi	s year		13a				
b Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the of the PBGC?					control	ol Yes X N			
C	If during this plan year, any assets or liabilities were which assets or liabilities were transferred. (See in	e transferred from this plar structions.)	to another plan(s), identify the p	olan(s)	to				
1	3c(1) Name of plan(s):			1:	3c(2) E	IN(s)	13c(3)	PN(s)	
2000			·				<u> </u>		
Part	Mill Trust Information (optional)	·							
14a Name of trust					14b Trust's EIN				
				1					
				İ					

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EFAST2 FILING AUTHORIZATION FOR THE 2012 FORM 5500SF

Name of Plan:

I & R Medical PC Profit Sharing Plan

EIN/PN:

20-0363129 / 001

Plan Year Ending:

12/31/12

Authorization of Practitioner to Electronically Sign and File

I hereby authorize Forest Hills Pension Services (FHPS) to electronically sign and file the return/report for the above-named Plan through EFAST2.

I understand that in granting this authority that:

- I must manually sign and date page 1 of the Form 5500-SF and provide a scanned copy of that signature page to FHPS before the electronic filing can be initiated;
- FHPS will retain a copy of this written authorization in its records;
- FHPS will notify the individual signing below as plan administrator/employer about any inquiries and information it receives from EFAST2, DOL,IRS or PBGC regarding this annual return/report; and
- A copy of my signature, as it appears on page 1 of the Form 5500-SF will be included with the return/report posted by the Department of Labor on the Internet for public disclosure.
- o FHPS shall not be deemed an administrator or other fiduciary with respect to any Plan solely on account of the services performed under this authorization.

074 MD Date: 6/13/

This authorization is applicable only to the filing for the above-named Plan and applies only for Plan year end stated above.

Plan Administrator

The designated service provider must retain this authorization. Do not submit this form to the DOL unless requested to do so.