## Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

## Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

▶ Complete all entries in accordance with the instructions to the Form 5500-SF.

1210-0089

OMB Nos. 1210-0110

2013

This Form is Open to Public Inspection

Part I Annual Report Identification Information								
For calend	r calendar plan year 2013 or fiscal plan year beginning 01/01/2013 and ending 12/31/2013							
A This ref	turn/report is for:	X a single-employer plan     ☐	a multiple-employer p	lan (not multiemployer)	yer) a one-participant plan			
<b>B</b> This ref	turn/report is:	the first return/report	the final return/report					
		an amended return/report	a short plan year retur	n/report (less than 12 mo	onths)	)		
C Check	box if filing under:	Form 5558	automatic extension			DFVC progra	ım	
	Ū	special extension (enter descriptio	n)			_		
Part II	Basic Plan Inf	ormation—enter all requested information	ation					
1a Name		·			1b	Three-digit		
DYNAMIC C	ORE PHYSICAL TH	ERAPY 401K PROFIT SHARING PLAN	& TRUST			plan number		
					10	(PN)	001	
					10	Effective date of 01/01/	•	
<b>2a</b> Plan s	ponsor's name and a	address; include room or suite number (ei	mplover, if for a single-	emplover plan)	<b>2b</b> Employer Identification Number			
	ORE PHYSICAL TH			, , ,	(EIN) 26-2525229			
					2c	Sponsor's telep	hone number	
	ISE HIGHWAY	_			516-377-7213			
ROCKVILLE	E CENTRE, NY 1157	0			2d	2d Business code (see instruction		
20.01			По		26	621340		
<b>Ja</b> Plan a	idministrator's name	and address XSame as Plan Sponsor N	ame Same as Plar	n Sponsor Address	30	Administrator's I	ΕIIN	
					3с	Administrator's t	telephone number	
4 If the r	name and/or EIN of t	he plan sponsor has changed since the la	ast return/report filed for	or this plan, enter the	4h	EIN		
		umber from the last return/report.			40 LIIV			
	or's name				4c PN			
<b>5a</b> Total	number of participant	ts at the beginning of the plan year			5a		15	
	·	ts at the end of the plan year			5b	20		
		h account balances as of the end of the p	• •	-	5c		4	
<b>6a</b> Were	all of the plan's asse	ets during the plan year invested in eligibl	e assets? (See instruc	tions.)			X Yes No	
		of the annual examination and report of a						
		6? (See instructions on waiver eligibility a either line 6a or line 6b, the plan cannot					X Yes ∐ No	
		efit plan, is it covered under the PBGC in					Not determined	
C ii tile į	piair is a delined ben	ent plan, is it covered under the FBGC in	surance program (see	ERISA SECTION 4021)?	····· L	res Lino L	Not determined	
	•	e or incomplete filing of this return/rep						
		other penalties set forth in the instructions and signed by an enrolled actuary, as we						
	true, correct, and cor		in as the electronic ver	sion of this return/report	., and	to the best of my	Knowledge and	
	Filed with outborize	d/valid electronic signature.	05/29/2014	DDAD OIELEOKI				
SIGN HERE		-		BRAD CIELESKI				
	Signature of plan	administrator	Date	Enter name of individu	lual signing as plan administrator			
SIGN HERE								
		loyer/plan sponsor	Date		Enter name of individual signing as employer or plan sponsor			
Preparer's name (including firm name, if applicable) and address; include room or suite number (optional)  Preparer's telephone number (optional)					number (optional)			
					i			

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Pa	rt III Financial Information									
7	Plan Assets and Liabilities		(a) Beginning of Yea	(a) Reginning of Year			(b) End of Year			
<u>'</u>	Total plan assets	7a	(a) Beginning of Tea		(b) End of Tear 22072					
	Total plan liabilities	7b							_	
	Net plan assets (subtract line 7b from line 7a)	7c	1088	5	1			2207	'2	
8	Income, Expenses, and Transfers for this Plan Year	,,,,					/b) To		_	
	Contributions received or receivable from:		(a) Amount				(b) To	lai		
	(1) Employers	8a(1)								
	(2) Participants	8a(2)	817	'1						
	(3) Others (including rollovers)	8a(3)								
b	Other income (loss)	8b	301	6						
С	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c						1118	7	
d	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	8d								
е	Certain deemed and/or corrective distributions (see instructions)	8e								
f	Administrative service providers (salaries, fees, commissions)	. 8f								
g	Other expenses	. 8g								
h	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h							0	
i	Net income (loss) (subtract line 8h from line 8c)	. 8i						1118	37	
j	Transfers to (from) the plan (see instructions)	8j								
Pai	t IV Plan Characteristics									
9a	If the plan provides pension benefits, enter the applicable pension 2E 2F 2G 2J 2T 3D	feature co	des from the List of Plan Char	acteris	stic Co	odes in	the instruction	ons:		
b	If the plan provides welfare benefits, enter the applicable welfare fe	eature cod	les from the List of Plan Chara	cterist	ic Cod	des in t	he instructio	ns:		
Par	t V Compliance Questions									
10	During the plan year:				Yes	No		maunt		
a		tions withi	n the time period described in	l	103	110	,	mount		
	29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)			10a		X				
	on line 10a.)	`	•	10b		X				
c	Was the plan covered by a fidelity bond?			10c	X				2	2000
d	, ,			100						.000
	or dishonesty?			10d		X				
е	Were any fees or commissions paid to any brokers, agents, or oth insurance service, or other organization that provides some or all					.,				
	instructions.)			10e		X				
f	Has the plan failed to provide any benefit when due under the plan?					X				
g	Did the plan have any participant loans? (If "Yes," enter amount as of year end.)					X				
h	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)					Х				
i	,			10h 10i						
Part		. •								
11	11 Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form									
44-	5500) and line 11a below)									
	11a Enter the unpaid minimum required contribution for current year from Schedule SB (Form 5500) line 39									
12	Is this a defined contribution plan subject to the minimum funding	-		or se	ection	302 of	ERISA?	Yes	8 <u>X</u>	No
	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.)									
a If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiver										
	you completed line 12a, complete lines 3, 9, and 10 of Schedule	•	•		1	401	ı			
b	Enter the minimum required contribution for this plan year					12b	1			

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С	Enter the amount contributed by the employer to the plan for this plan year	12c					
<b>d</b> Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)							
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?		Yes	No N/A			
Part	Part VII Plan Terminations and Transfers of Assets						
13a	Has a resolution to terminate the plan been adopted in any plan year?	Y	es X No				
	If "Yes," enter the amount of any plan assets that reverted to the employer this year	13a					
<b>b</b> Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the of the PBGC?				Yes X No			
C If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)							
13c(1) Name of plan(s):				<b>13c(3)</b> PN(s)			
Part	VIII Trust Information (optional)						
14a Name of trust			14b Trust's EIN				