Form 5500-SF		Short Form Annual Re	yee	OMB Nos. 1210-0110 1210-0089					
Department of the Treasury Internal Revenue Service Department of Labor Employee Benefits Security Administration		Benefit Plan This form is required to be filed under sections 104 and 4065 of the Employed Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058 the Internal Revenue Code (the Code).			е	2013			
						This Form is Open to Public			
Pension Be	enefit Guaranty Corporation	Complete all entries in accorda	nce with the instruc	tions to the Form 550	0-SF.	Inspection			
Part I Annual Report Identification Information For calendar plan year 2013 or fiscal plan year beginning 01/01/2013 and ending 12/31/2013									
_					<u>2/31/:</u>				
	turn/report is for:		1 1 9 1	an (not multiemployer)		a one-participant plan			
B This ref	turn/report is:	글 ' 님	ne final return/report						
C Charle	hav if filing under	an amended return/report a short plan year return/report (less than 12 m Form 5558 automatic extension			ontris) DFVC program			
C Check	box if filing under:	special extension (enter description)							
Part II	Basic Plan Inform	nation—enter all requested informati							
1a Name			011		1b	Three-digit			
		FIT SHARING PLAN TRUST				plan number			
						(PN) ▶ 001			
					1c	Effective date of plan 01/01/1993			
	ponsor's name and addre	ess; include room or suite number (em	ployer, if for a single-	employer plan)	2b	Employer Identification Number (EIN) 91-0784372			
4602 20711					2c	Sponsor's telephone number 253-922-2581			
4602 20TH 3 FIFE, WA 98					2d	Business code (see instructions) 451110			
3a Plan a	dministrator's name and	address XSame as Plan Sponsor Na	me Same as Plan	Sponsor Address	3b	Administrator's EIN			
					3c Administrator's telephone number				
		lan sponsor has changed since the las er from the last return/report.	st return/report filed fo	or this plan, enter the	4b	EIN			
	or's name				4c PN				
5a Total number of participants at the beginning of the plan year					5a	119			
b Total	number of participants at	the end of the plan year			5b	12			
C Number of participants with account balances as of the end of the plan year (defined benefit plans do not complete this item)						69			
	all of the plan's assets d		··· · · · · · · · · · · · · · · · · ·						
b Are yo	ou claiming a waiver of th	e annual examination and report of an See instructions on waiver eligibility an	independent qualifie	d public accountant (IQ	PA)				
		er line 6a or line 6b, the plan cannot							
C If the plan is a defined benefit plan, is it covered under the PBGC insurance program (see ERISA section 4021)?									
Caution: A	penalty for the late or	incomplete filing of this return/repo	rt will be assessed u	unless reasonable cau	ise is	established.			
Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established. Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.									
SIGN	Filed with authorized/val	lid electronic signature.	07/10/2014	LONNIE SCHMIDT					
HERE	Signature of plan adn	ninistrator	Date	Enter name of individual signing as plan administrator					
SIGN									
HERE	Signature of employe		Date		_	gning as employer or plan sponsor			
Preparer's	name (including firm nan	ne, if applicable) and address; include	room or suite number	r (optional)	Prep	parer's telephone number (optional)			

7 Plan Assets and Liabilities		(a) Beginning of Year		(b) End of Year					
a Total plan assets	7a		1055209			(b) End of Teal			
b Total plan liabilities	7u 7b		0			0			
C Net plan assets (subtract line 7b from line 7a)	7c	105520	1055209			1287375			
8 Income, Expenses, and Transfers for this Plan Year		(a) Amount	(b) Total						
a Contributions received or receivable from:		(d) / unound				(10) 1 0			
(1) Employers	8a(1)	76934							
(2) Participants	8a(2)	12686							
(3) Others (including rollovers)	8a(3)								
b Other income (loss)	8b	17728	7						
C Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c				381081				
d Benefits paid (including direct rollovers and insurance premiums to provide benefite)	84	135181							
to provide benefits) e Certain deemed and/or corrective distributions (see instructions)	8d	137							
-	8e	107	1						
f Administrative service providers (salaries, fees, commissions)	8f	1006	40000						
g Other expenses	8g	12363	5				140045		
h Total expenses (add lines 8d, 8e, 8f, and 8g)	8h						148915		
Net income (loss) (subtract line 8h from line 8c)	8i			_			232166		
j Transfers to (from) the plan (see instructions) Part IV Plan Characteristics	8j		0						
Part V Compliance Questions									
Part V Compliance Questions 10 During the plan year:				Yes	No		Amount		
 During the plan year: Was there a failure to transmit to the plan any participant contribut 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidure) 	ciary Correc	tion Program)	10a	Yes	No X		Amount		
During the plan year:a Was there a failure to transmit to the plan any participant contribution	ciary Correc ? (Do not inc	tion Program) lude transactions reported		Yes	-		Amount		
 During the plan year: Was there a failure to transmit to the plan any participant contributi 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidure) Were there any nonexempt transactions with any party-in-interest? 	ciary Correc ? (Do not inc	tion Program) lude transactions reported	10a	Yes	Х		Amount		
 During the plan year: a Was there a failure to transmit to the plan any participant contributi 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidure) b Were there any nonexempt transactions with any party-in-interest? on line 10a.) 	ciary Correc ? (Do not inc fidelity bond	tion Program) lude transactions reported 	10a 10b	Yes	X X		Amount		
 During the plan year: Was there a failure to transmit to the plan any participant contribut 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidure Were there any nonexempt transactions with any party-in-interest? on line 10a.) Was the plan covered by a fidelity bond? Did the plan have a loss, whether or not reimbursed by the plan's fidelity for the plan have a loss. 	ciary Correc ? (Do not inc fidelity bond er persons b of the benefi	tion Program) lude transactions reported , that was caused by fraud , that was caused by fraud or an insurance carrier, ts under the plan? (See	10a 10b 10c	Yes	x x x		Amount		
 During the plan year: Was there a failure to transmit to the plan any participant contribut 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidure) Were there any nonexempt transactions with any party-in-interest? on line 10a.) Was the plan covered by a fidelity bond?	ciary Correc ? (Do not inc fidelity bond er persons b of the benefi	tion Program) lude transactions reported , that was caused by fraud , that was caused by fraud	10a 10b 10c 10d	Yes	x x x x		Amount		
 During the plan year: Was there a failure to transmit to the plan any participant contribut 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidure Were there any nonexempt transactions with any party-in-interest? on line 10a.) Was the plan covered by a fidelity bond? Did the plan have a loss, whether or not reimbursed by the plan's for dishonesty? Were any fees or commissions paid to any brokers, agents, or other insurance service, or other organization that provides some or all or instructions.) Has the plan failed to provide any benefit when due under the plan 	ciary Correc ? (Do not inc fidelity bond er persons b of the benefi n?	tion Program) lude transactions reported , that was caused by fraud , that was caused by fraud	10a 10b 10c 10d 10e 10f	Yes	x x x x x			4665	
 During the plan year: a Was there a failure to transmit to the plan any participant contribut 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidure b Were there any nonexempt transactions with any party-in-interest? on line 10a.) c Was the plan covered by a fidelity bond? d Did the plan have a loss, whether or not reimbursed by the plan's for dishonesty? e Were any fees or commissions paid to any brokers, agents, or othe insurance service, or other organization that provides some or all of instructions.) f Has the plan failed to provide any benefit when due under the plan g Did the plan have any participant loans? (If "Yes," enter amount as h If this is an individual account plan, was there a blackout period? (See See See See See See See See See Se	ciary Correc ? (Do not inc fidelity bond, er persons b of the benefi n? s of year end See instructi	tion Program) lude transactions reported , that was caused by fraud by an insurance carrier, ts under the plan? (See 	10a 10b 10c 10d 10e		x x x x x			4665	
 During the plan year: Was there a failure to transmit to the plan any participant contribut 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidure Were there any nonexempt transactions with any party-in-interest? on line 10a.) Was the plan covered by a fidelity bond? Was the plan have a loss, whether or not reimbursed by the plan's for dishonesty? Were any fees or commissions paid to any brokers, agents, or other insurance service, or other organization that provides some or all of instructions.) Has the plan failed to provide any benefit when due under the plan Did the plan have any participant loans? (If "Yes," enter amount as 	ciary Correc ? (Do not inc fidelity bond er persons b of the benefi n? s of year end See instruction er required n	tion Program) lude transactions reported , that was caused by fraud by an insurance carrier, ts under the plan? (See 	10a 10b 10c 10d 10e 10f 10g		× × × × × ×			4665	
 During the plan year: a Was there a failure to transmit to the plan any participant contribut 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidure) b Were there any nonexempt transactions with any party-in-interest? on line 10a.)	ciary Correc ? (Do not inc fidelity bond er persons b of the benefi n? s of year end See instruction er required n	tion Program) lude transactions reported , that was caused by fraud by an insurance carrier, ts under the plan? (See 	10a 10b 10c 10d 10d 10f 10g 10h		× × × × × ×			4665	
 During the plan year: a Was there a failure to transmit to the plan any participant contribut 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidure b Were there any nonexempt transactions with any party-in-interest? on line 10a.) c Was the plan covered by a fidelity bond? d Did the plan have a loss, whether or not reimbursed by the plan's for dishonesty? e Were any fees or commissions paid to any brokers, agents, or other insurance service, or other organization that provides some or all constructions.) f Has the plan failed to provide any benefit when due under the plan g Did the plan have any participant loans? (If "Yes," enter amount as h If this is an individual account plan, was there a blackout period? (2520.101-3.) i If 10h was answered "Yes," check the box if you either provided th exceptions to providing the notice applied under 29 CFR 2520.101 	ciary Correc ? (Do not inc fidelity bond, er persons b of the benefi n? s of year enc See instruction re required n I-3	tion Program) lude transactions reported , that was caused by fraud by an insurance carrier, ts under the plan? (See 	10a 10b 10c 10d 10e 10f 10g 10h 10i	X	X X X X X X X			4665 X N	
 During the plan year: a Was there a failure to transmit to the plan any participant contribut 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidure b Were there any nonexempt transactions with any party-in-interest? on line 10a.) c Was the plan covered by a fidelity bond? d Did the plan have a loss, whether or not reimbursed by the plan's for dishonesty? e Were any fees or commissions paid to any brokers, agents, or other insurance service, or other organization that provides some or all constructions.) f Has the plan failed to provide any benefit when due under the plan g Did the plan have any participant loans? (If "Yes," enter amount as h If this is an individual account plan, was there a blackout period? (2520.101-3.) i If 10h was answered "Yes," check the box if you either provided the exceptions to providing the notice applied under 29 CFR 2520.101 vart VI Pension Funding Compliance I1 Is this a defined benefit plan subject to minimum funding requirement 5500) and line 11a below) 	ciary Correc ? (Do not inc fidelity bond, er persons b of the benefi n? s of year enc See instruction re required n I-3	tion Program) lude transactions reported , that was caused by fraud ,	10a 10b 10c 10d 10f 10g 10h 10h 10i	X	X X X X X X X				
 During the plan year: Was there a failure to transmit to the plan any participant contribute 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidure Were there any nonexempt transactions with any party-in-interest? on line 10a.). Was the plan covered by a fidelity bond? Did the plan have a loss, whether or not reimbursed by the plan's for dishonesty? Were any fees or commissions paid to any brokers, agents, or other insurance service, or other organization that provides some or all constructions.) Has the plan failed to provide any benefit when due under the plan Did the plan have any participant loans? (If "Yes," enter amount as h If this is an individual account plan, was there a blackout period? (2520.101-3.). If 10h was answered "Yes," check the box if you either provided th exceptions to providing the notice applied under 29 CFR 2520.101 and the plan failed benefit plan subject to minimum funding requirements of the unpaid minimum required contribution for current year from the unpaid minimum required contribution for current year from the unpaid minimum required contribution for current year from the unpaid minimum required contribution for current year from the unpaid minimum required contribution for current year from the unpaid minimum required contribution for current year from the unpaid minimum required contribution for current year from the unpaid minimum required contribution for current year from the unpaid minimum required contribution for current year from the unpaid minimum required contribution for current year from the unpaid minimum required contribution for current year from the unpaid minimum required contribution for current year from the unpaid minimum required contribution for current year from the unpaid minimum required contribution for current year from the unpaid minimum required contribution for current year from the unpaid minimum required contribution for current year from the unpai	ciary Correc ? (Do not inc fidelity bond, er persons b of the benefi n? s of year enc See instruction re required n I-3 ents? (If "Ye	tion Program) lude transactions reported that was caused by fraud that was caused by fraud and the plan? (See the plan? (See the plan?	10a 10b 10c 10d 10e 10f 10g 10h 10i plete 5	X	X X X X X X Ule SB	3 (Form			
 During the plan year: a Was there a failure to transmit to the plan any participant contribute 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidure b Were there any nonexempt transactions with any party-in-interest? on line 10a.) c Was the plan covered by a fidelity bond? d Did the plan have a loss, whether or not reimbursed by the plan's for dishonesty? e Were any fees or commissions paid to any brokers, agents, or other insurance service, or other organization that provides some or all or instructions.) f Has the plan failed to provide any benefit when due under the plan g Did the plan have any participant loans? (If "Yes," enter amount as h If this is an individual account plan, was there a blackout period? (2520.101-3.) i If 10h was answered "Yes," check the box if you either provided th exceptions to providing the notice applied under 29 CFR 2520.101 vart VI Pension Funding Compliance I1 Is this a defined benefit plan subject to minimum funding requirements 5500) and line 11a below) 	ciary Correc ? (Do not inc fidelity bond er persons b of the benefi n? s of year end See instruction in required n I-3 ents? (If "Ye com Schedule requirement	tion Program) lude transactions reported , that was caused by fraud by an insurance carrier, ts under the plan? (See 	10a 10b 10c 10d 10e 10f 10g 10h 10i plete 5	X	X X X X X X Ule SB	3 (Form	Yes [
 0 During the plan year: a Was there a failure to transmit to the plan any participant contribute 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidure b Were there any nonexempt transactions with any party-in-interest? on line 10a.) c Was the plan covered by a fidelity bond?	ciary Correc ? (Do not inc fidelity bond, er persons b of the benefi n? s of year enc See instruction required n I-3 om Schedule requirement as applicabl g amortized	tion Program) lude transactions reported , that was caused by fraud , the plan (See , t	10a 10b 10c 10d 10e 10f 10g 10h 10i 0 0 or sec	X Schedu	X X X X X X X Ule SB	3 (Form BRISA?	Yes [
 0 During the plan year: a Was there a failure to transmit to the plan any participant contribut 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidu b Were there any nonexempt transactions with any party-in-interest? on line 10a.)	ciary Correc ? (Do not inc fidelity bond, er persons b of the benefi n? s of year end See instruction required non- ser required non- ser required non- ser required non- ser required non- ser requirement as applicabling amortized	tion Program) lude transactions reported , that was caused by fraud by an insurance carrier, ts under the plan? (See 	10a 10b 10c 10d 10e 10f 10g 10h 10i 0 0 or sec	X Schedu	X X X X X X X Ule SB Ule SB	3 (Form BRISA?	Yes		

C	Enter the amount contributed by the employer to the plan for this plan year	12c					
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)	12d					
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?		Yes	No N/A			
Part VII Plan Terminations and Transfers of Assets							
13a	Has a resolution to terminate the plan been adopted in any plan year?	Ye	es X No				
	If "Yes," enter the amount of any plan assets that reverted to the employer this year	13a					
b	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the c of the PBGC?	ontrol		Yes X No			
C If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)							
13c(1) Name of plan(s):				13c(3) PN(s)			
Part	VIII Trust Information (optional)		1				
14a Name of trust				14b Trust's EIN			