Form 5500-SF Short Form Annual Return/Report Benefit Plan				of Small Employ	yee		OMB Nos. 1210-0110 1210-0089		
	artment of the Treasury ernal Revenue Service	This form is required to be file		nd 4065 of the Employer	е	2	2013		
	Department of Labor ployee Benefits Security Administration Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 60 the Internal Revenue Code (the Code).					This Form is	This Form is Open to Public		
Pension Be	Benefit Guaranty Corporation	Complete all entries in acco	rdance with the instruc	ctions to the Form 5500	0-SF.	Inspection SF.			
Part I Annual Report Identification Information									
For calendar plan year 2013 or fiscal plan year beginning 01/01/2013 and ending 12/31/2013									
A This ret	eturn/report is for:	X a single-employer plan	a multiple-employer pl	lan (not multiemployer)		a one-particip	oant plan		
B This ref	This return/report is: the first return/report the final return/report								
	[an amended return/report	an amended return/report a short plan year return/report (less than 12 months)						
C Check	box if filing under:	Form 5558	Form 5558						
		special extension (enter description	ion)						
Part II	Basic Plan Inform	nation —enter all requested inform	nation						
1a Name					1b	Three-digit			
NORTH COU	UNTRY OBSTETRICS &	GYNECOLOGY PLLC PROFIT SH	IARING 401(K) PLAN			plan number	001		
					10	(PN) ►	001		
					1c	Effective date of 01/01/	•		
	sponsor's name and addre	ess; include room or suite number (& GYNECOLOGY PLLC	employer, if for a single-	employer plan)	2b	Employer Identification Number (EIN) 26-2581213			
90 SOUTH S	STREET				2c	Sponsor's telephone number 518-792-7841			
	LLS, NY 12801				2d	Business code (see instructions) 621111			
3a Plan a	administrator's name and	address XSame as Plan Sponsor	Name Same as Plar	n Sponsor Address	3b	Administrator's EIN			
4 If the r	some and/or EIN of the r	las spansor has changed since the	last sofurn/roport filed f	as this plan, onter the	46				
		blan sponsor has changed since the per from the last return/report.	last return/report med to	or this plan, enter the	4b EIN				
	sor's name				4c PN				
5a Total	number of participants at	t the beginning of the plan year			5a	17			
b Total i	number of participants at	t the end of the plan year			5b		19		
		count balances as of the end of the			50	11			
					5c				
	•	during the plan year invested in eligi ne annual examination and report of	•	,			X Yes No		
		See instructions on waiver eligibility					🗙 Yes 🗌 No		
lf you	answered "No" to eith	er line 6a or line 6b, the plan can	not use Form 5500-SF	and must instead use	Form	ı 5500.	– –		
C If the p	plan is a defined benefit p	plan, is it covered under the PBGC i	insurance program (see	ERISA section 4021)? .		Yes No	Not determined		
Caution: A	A penalty for the late or	incomplete filing of this return/re	eport will be assessed	unless reasonable cau	se is	established.			
Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.									
SIGN	Filed with authorized/va	lid electronic signature.	07/23/2014	MICHAEL FINKOWSK	CHAEL FINKOWSKI				
HERE	Signature of plan adn	ninistrator	Date	Enter name of individual signing as plan administrator					
SIGN	Filed with authorized/va	lid electronic signature.	07/23/2014	MICHAEL FINKOWSKI					
HERE	Signature of employe	er/plan sponsor	Date	Enter name of individu	name of individual signing as employer or plan sponsor				
Preparer's	name (including firm nan	ne, if applicable) and address; inclu	de room or suite numbe	r (optional)	Prep	arer's telephone	number (optional)		

Part III Financial Information										
7 Plan Assets and Liabilities		(a) Beginning of Year			(b) End of Year					
a Total plan assets	7a	77500	0		750816					
b Total plan liabilities	7b									
C Net plan assets (subtract line 7b from line 7a)	7c	77500	775000			750816				
8 Income, Expenses, and Transfers for this Plan Year		(a) Amount	(a) Amount			(b) Total				
a Contributions received or receivable from:		00075								
(1) Employers	8a(1)	20275								
(2) Participants	8a(2)	45622								
(3) Others (including rollovers)	8a(3)	150701								
b Other income (loss)	8b	159791								
 C Total income (add lines 8a(1), 8a(2), 8a(3), and 8b) d Benefits paid (including direct rollovers and insurance premiums 	8c			225688			25688			
to provide benefits)	8d	24888	248884							
e Certain deemed and/or corrective distributions (see instructions)	8e									
f Administrative service providers (salaries, fees, commissions)	8f	98	3							
g Other expenses	8g		5							
h Total expenses (add lines 8d, 8e, 8f, and 8g)	8h					2	249872			
i Net income (loss) (subtract line 8h from line 8c)	8i						-24184			
j Transfers to (from) the plan (see instructions)	8j									
Part IV Plan Characteristics										
Part V Compliance Questions				Yes		I				
10 During the plan year:					No	Ame	ount			
a Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)					X					
b Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)					Х					
C Was the plan covered by a fidelity bond?				Х			20000			
	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?				Х					
e Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service, or other organization that provides some or all of the benefits under the plan? (See instructions.)					X					
f Has the plan failed to provide any benefit when due under the plan	n?		10f		Х					
g Did the plan have any participant loans? (If "Yes," enter amount as	s of year end	d.)	10g		Х					
h If this is an individual account plan, was there a blackout period? (bit the plan here any partospan loaner (in rec), one amount as of your one). h If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.) 				Х					
i If 10h was answered "Yes," check the box if you either provided the required notice or one of the										
			10i							
exceptions to providing the notice applied under 29 CFR 2520.10			1 0 i							
exceptions to providing the notice applied under 29 CFR 2520.10 Part VI Pension Funding Compliance	1-3 ents? (If "Ye	s," see instructions and com	plete				Yes X No			
exceptions to providing the notice applied under 29 CFR 2520.10 Part VI Pension Funding Compliance Is this a defined benefit plan subject to minimum funding requirem 5500) and line 11a below)	1-3 ents? (If "Ye	s," see instructions and com	plete	<u></u>			Yes 🗙 No			
exceptions to providing the notice applied under 29 CFR 2520.10 Part VI Pension Funding Compliance II Is this a defined benefit plan subject to minimum funding requirem 5500) and line 11a below) I1a Enter the unpaid minimum required contribution for current year from	ents? (If "Ye	es," see instructions and com BSB (Form 5500) line 39	plete		11a					
exceptions to providing the notice applied under 29 CFR 2520.10 Part VI Pension Funding Compliance 11 Is this a defined benefit plan subject to minimum funding requirem 5500) and line 11a below) 11a Enter the unpaid minimum required contribution for current year from the second	ents? (If "Ye om Schedul requiremen	es," see instructions and com B SB (Form 5500) line 39 ts of section 412 of the Code	plete		11a					
exceptions to providing the notice applied under 29 CFR 2520.10 Part VI Pension Funding Compliance 11 Is this a defined benefit plan subject to minimum funding requirem 5500) and line 11a below) 11a Enter the unpaid minimum required contribution for current year fr 12 Is this a defined contribution plan subject to the minimum funding	ents? (If "Ye om Schedul requiremen as applicab ng amortized	e SB (Form 5500) line 39 ts of section 412 of the Code le.) in this plan year, see instruct	plete or se	ection :	11a 302 of	ERISA?	Yes 🛛 No			
 exceptions to providing the notice applied under 29 CFR 2520.107 Part VI Pension Funding Compliance 11 Is this a defined benefit plan subject to minimum funding requirem 5500) and line 11a below)	ents? (If "Ye om Schedul requiremen as applicab	es," see instructions and com e SB (Form 5500) line 39 ts of section 412 of the Code le.) l in this plan year, see instruction	plete or se	ection :	11a 302 of	ERISA?	Yes 🛛 No			

C	Enter the amount contributed by the employer to the plan for this plan year	12c						
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount).	12d						
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?		Yes	No	N/A			
Part	VII Plan Terminations and Transfers of Assets							
13a	Has a resolution to terminate the plan been adopted in any plan year?	XY	′es	No				
	If "Yes," enter the amount of any plan assets that reverted to the employer this year	13a			0			
b	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the of the PBGC?	control		ו []	res 🗙 No			
C If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)								
13c(1) Name of plan(s):		3 c(2) El	N(s)	13	c(3) PN(s)			
Part	VIII Trust Information (optional)							
14a Name of trust				14b Trust's EIN				