Form 5500	Annual Return/Report of	Employee Benefit Plan		OMB Nos. 12	10-0110 10-0089
Department of the Traceury	This form is required to be filed for empl and 4065 of the Employee Retirement Inc				
Department of the Treasury Internal Revenue Service	sections 6047(e), 6057(b), and 6058(a) of			2013	
Department of Labor Employee Benefits Security Complete all entries in accordance with					
Administration Pension Benefit Guaranty Corporation	the instructions to	o the Form 5500.	This	Form is Open to Pu Inspection	ıblic
Part I Annual Report Iden	tification Information				
For calendar plan year 2013 or fiscal	plan year beginning 01/01/2013	and ending 12/31/2	2013		
A This return/report is for:	a multiemployer plan;	a multiple-employer plan; or			
	X a single-employer plan;	a DFE (specify)			
_					
B This return/report is:		the first return/report;			
	an amended return/report;	a short plan year return/report (less the	han 12 m	onths).	
C If the plan is a collectively-bargaine	ed plan, check here			•	
D Check box if filing under:	Form 5558;	automatic extension;	the	e DFVC program;	
	special extension (enter description	n)			
Part II Basic Plan Inform	nation—enter all requested information				
1a Name of plan	UP LIFE AND HEALTH INSURANCE PLAN	J	1b	Three-digit plan number (PN) ▶	501
			1c	Effective date of pl 03/01/1985	an
2a Plan sponsor's name and address WORLD WIDE MOVERS, INC.	s; include room or suite number (employer,	if for a single-employer plan)	2b	Employer Identifica Number (EIN) 92-0031485	ition
			2c	Sponsor's telephor number 425-775-4736	
P.O. BOX 1899 7721 LAKE BALLINGER WAY LYNNWOOD, WA 98046 EDMONDS, WA 98026			2d Business code (see instructions) 484200		9

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including accompanying schedules, statements and attachments, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	07/23/2014	DENNIS WHITE	
HERE	Signature of plan administrator	Date	Enter name of individu	al signing as plan administrator
SIGN HERE	Filed with authorized/valid electronic signature.	07/23/2014	DENNIS WHITE	
HERE	Signature of employer/plan sponsor	Date	Enter name of individu	al signing as employer or plan sponsor
SIGN HERE				
HERE	Signature of DFE	Date	Enter name of individu	al signing as DFE
Prepare	Preparer's name (including firm name, if applicable) and address; include room or suite number. (optional)			Preparer's telephone number (optional)
For Pap	erwork Reduction Act Notice and OMB Control Numbers, see	the instructions for	r Form 5500	Form 5500 (2013)

	Form 5500 (2013) Page 2		
3a	Plan administrator's name and address Same as Plan Sponsor Name Same as Plan Sponsor Ad	dress 3b	Administrator's EIN
			Administrator's telephone number
4	If the name and/or EIN of the plan sponsor has changed since the last return/report filed for this plan, e EIN and the plan number from the last return/report:	nter the name, 4b	EIN
а	Sponsor's name	4c	PN
5	Total number of participants at the beginning of the plan year	5	116
6	Number of participants as of the end of the plan year (welfare plans complete only lines 6a, 6b, 6c, and	6d).	
а	Active participants	6a	111
b	Retired or separated participants receiving benefits	6t	0
С	Contractive of the separated participants entitled to future benefits	60	0
d	Subtotal. Add lines 6a, 6b, and 6c	6c	111
е	Deceased participants whose beneficiaries are receiving or are entitled to receive benefits		•
f	Total. Add lines 6d and 6e .	61	
g	Number of participants with account balances as of the end of the plan year (only defined contribution p complete this item).		I
h	less than 100% vested	6h	1
7	Enter the total number of employers obligated to contribute to the plan (only multiemployer plans comp	ete this item)7	

8a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristics Codes in the instructions:

b If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristics Codes in the instructions: 4A 4B 4F

9a	Plan funding arrangement (check all that apply)			9b Plan benefit arrangement (check all that apply)			
	(1)	X	Insurance		(1)	X	Insurance
	(2)		Code section 412(e)(3) insurance contracts		(2)		Code section 412(e)(3) insurance contracts
	(3)		Trust		(3)		Trust
	(4)	Х	General assets of the sponsor		(4)	Х	General assets of the sponsor
10	Check	all ap	plicable boxes in 10a and 10b to indicate which schedules are at	tache	ed, and, w	/hei	re indicated, enter the number attached. (See instructions)
а	a Pension Schedules			b	General	I So	chedules
	(1)		R (Retirement Plan Information)		(1)		H (Financial Information)
	(2)	Π	MB (Multiemployer Defined Benefit Plan and Certain Money		(2)	Π	I (Financial Information – Small Plan)
			Purchase Plan Actuarial Information) - signed by the plan		(3)	Х	2 A (Insurance Information)
			actuary		(4)		C (Service Provider Information)
	(3)	Π	SB (Single-Employer Defined Benefit Plan Actuarial		(5)		D (DFE/Participating Plan Information)
			Information) - signed by the plan actuary		(6)		G (Financial Transaction Schedules)

SCHEDULE	4	Insuranc	e Information	1		O	//B No. 1210-0110
(Form 5500) Department of the Treasur	v	This schedule is required	to be filed under section	n 104 of the	- ə		2013
Internal Revenue Service		Employee Retirement Inc					2013
Employee Benefits Security Admir		File as an at	tachment to Form 550	0.	-	This Fo	rm is Open to Public
Pension Benefit Guaranty Corpo	oration	 Insurance companies an pursuant to El 	re required to provide th RISA section 103(a)(2).	e informati	on	111510	Inspection
For calendar plan year 2013	or fiscal plan	year beginning 01/01/2013		and end	0	1/2013	
A Name of plan WORLD WIDE MOVERS, IN	NC. GROUP L	IFE AND HEALTH INSURANCE	PLAN	B Three plan	e-digit number (PN)	•	501
C Plan sponsor's name as WORLD WIDE MOVERS, IN		2a of Form 5500		D Employ 92-003	yer Identifica 1485	tion Number	(EIN)
		ing Insurance Contract C Individual contracts grouped as a					
1 Coverage Information:						<u> </u>	-
(a) Name of insurance carri	er						
USABLE LIFE							
		(d) Contract or	(e) Approximate nu	mber of		Policy or o	contract year
(b) EIN	(c) NAIC code	(d) Contract or identification number	persons covered at policy or contract		(f) i	From	(g) To
71-0505232	94358	50014479	11	1	01/01/201	3	12/31/2013
2 Insurance fee and commi descending order of the a		tion. Enter the total fees and tota	l commissions paid. Lis	st in line 3 f	he agents, b	rokers, and o	other persons in
	nount of comm	nissions paid		(b) To	tal amount of	fees paid	
		4827					0
3 Persons receiving comm		ees. (Complete as many entries a					
PREMERA BLUE CROSS	(a) Name ar	nd address of the agent, broker, on P.O. B	or other person to whom OX 327	n commissi	ons or fees v	vere paid	
		SEAT	TLE, WA 98111				
(b) Amount of sales and	base	Fees	s and other commission	s paid			
commissions paid		(c) Amount	(d) Purpose	•		(e) Organization code
	1760						3
	(a) Name ar	nd address of the agent, broker, o	or other person to whom	n commissi	ons or fees v	vere paid	
MCM		1325 4	ITH AVE., STE. 2100 FLE, WA 98101				
(b) Amount of sales and	base	Fees	s and other commission	s paid			
commissions paid		(c) Amount	1	d) Purpose	•		(e) Organization code
	1609						3
	Act Notice a						1

Page **2 -** 1

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

WELLS FARGO INSURANCE SERVICES NW

P.O. BOX 203510 DALLAS, TX 75320

(b) Amount of sales and base		(e) Organization		
commissions paid	(c) Amount	(d) Purpose	code	
1458			3	

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

(b) Amount of sales and base commissions paid		(e) Organization	
	(c) Amount	(d) Purpose	code

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

(b) Amount of sales and base commissions paid		(e) Organization			
	(c) Amount	(d) Purpose	code		
(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid					

(b) Amount of sales and base		(e) Organization		
commissions paid	(c) Amount	(d) Purpose	code	

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

(b) Amount of sales and base		(e) Organization		
commissions paid		(c) Amount	(d) Purpose	code

Page 3

Part I	Investment and Annuity Contract Information			
	Where individual contracts are provided, the entire group of such indiv	idual contracts with each carrier m	ay be treated as a unit for	or purposes of
4 Curr	this report. rent value of plan's interest under this contract in the general account at year	end	4	
	ent value of plan's interest under this contract in the general accounts at year			
-	tracts With Allocated Funds:		•	
a	State the basis of premium rates			
b	Premiums paid to carrier		6b	
С	Premiums due but unpaid at the end of the year		6c	
d	If the carrier, service, or other organization incurred any specific costs in co retention of the contract or policy, enter amount.		6d	
	Specify nature of costs			
е	Type of contract: (1) individual policies (2) group deferre	d annuity		
	(3) ☐ other (specify) ►	-		
f	If contract purchased, in whole or in part, to distribute benefits from a termin	ating plan, check here	1	
	tracts With Unallocated Funds (Do not include portions of these contracts ma			
		ate participation guarantee		
а				
	(3) guaranteed investment (4) other			
h	Delense of the and of the new investor		76	
<u>b</u>	Balance at the end of the previous year	7c(1)	7b	
С	Additions: (1) Contributions deposited during the year	7c(1) 7c(2)		
	(2) Dividends and credits	7c(3)		
	(4) Transferred from separate account	7c(4)		
	(5) Other (specify below)	7c(5)		
	(6)Total additiona		7c(6)	
Ь	(6)Total additions Total of balance and additions (add lines 7b and 7c(6))			
	Deductions:		/ u	
•	(1) Disbursed from fund to pay benefits or purchase annuities during year	7e(1)		
	(2) Administration charge made by carrier	. 7e(2)		
	(3) Transferred to separate account	. 7e(3)		
	(4) Other (specify below)	. 7e(4)		
	•			
	(5) Total deductions		7e(5)	
f	Balance at the end of the current year (subtract line 7e(5) from line 7d)			

Pac	ie	4	

Pa	art II	Welfare Benefit Contract Informat	ion					
		If more than one contract covers the same gr	oup of employees of the s	ame employ	er(s) or members of th	e same em	ployee organizations(s), the	!
		information may be combined for reporting p the entire group of such individual contracts	vith each carrier may be tr	re experience eated as a u	e-rated as a unit. vvn nit for purposes of this	ere contract	is cover individual employed	} S,
8	Ben	efit and contract type (check all applicable boxes)						
	a	Health (other than dental or vision)	b Dental	c	Vision		d X Life insurance	
	e D	Temporary disability (accident and sickness)	f Long-term disability	y g	Supplemental unem	olovment	h Prescription drug	
						oloymont		
		Stop loss (large deductible)	j HMO contract	ĸ	PPO contract		I Indemnity contract	
	m	✓ Other (specify) ►AD&D, DEPENDENT LIFE						
9	Expe	erience-rated contracts:						
		Premiums: (1) Amount received		9a(1)			-	
		(2) Increase (decrease) in amount due but unpaid	J	9a(2)				
		(3) Increase (decrease) in unearned premium res		9a(3)				
		(4) Earned ((1) + (2) - (3))	-			9a(4)		
	b	Benefit charges (1) Claims paid		9b(1)				
		(2) Increase (decrease) in claim reserves		9b(2)				
		(3) Incurred claims (add (1) and (2))				9b(3)		
		(4) Claims charged				9b(4)		
	С	Remainder of premium: (1) Retention charges (c	n an accrual basis)					
		(A) Commissions		9c(1)(A)				
		(B) Administrative service or other fees		9c(1)(B)				
		(C) Other specific acquisition costs		9c(1)(C)				
		(D) Other expenses		9c(1)(D)				
		(E) Taxes		9c(1)(E)				
		(F) Charges for risks or other contingencies		9c(1)(F)				
		(G) Other retention charges		9c(1)(G)		1		
		(H) Total retention				9c(1)(H)		
		(2) Dividends or retroactive rate refunds. (These	amounts were paid in	cash, or	credited.)	9c(2)		
	d	Status of policyholder reserves at end of year: (1) Amount held to provide b	penefits after	retirement	9d(1)		
		(2) Claim reserves				9d(2)		
		(3) Other reserves				9d(3)		
	е	Dividends or retroactive rate refunds due. (Do n	ot include amount entered	in line 9c(2).	.)	9e		
10) No	nexperience-rated contracts:						
	а	Total premiums or subscription charges paid to c	arrier			10a	23	3305
	b	If the carrier, service, or other organization incur						
		retention of the contract or policy, other than rep	orted in Part I, line 2 above	e, report amo	unt	10b		

Specify nature of costs 🕨

Part IV Provision of Information

-

11	Did the insurance company fail to provide any information necessary to complete Schedule A?	Yes	X No	
12	If the answer to line 11 is "Yes," specify the information not provided.			

SCHEDULE	Δ	Incuran	e Informatio	n			
(Form 5500)					ON	IB No. 1210-0110	
Department of the Treas Internal Revenue Serv	sury	This schedule is required Employee Retirement Inc					2013
Department of Labo Employee Benefits Security Ad							
Pension Benefit Guaranty Corporation Insurance companies are required to provide the information pursuant to ERISA section 103(a)(2).							m is Open to Public Inspection
For calendar plan year 20	13 or fiscal plan	year beginning 01/01/2013		and end	ing 12	/31/2013	-
A Name of plan WORLD WIDE MOVERS, INC. GROUP LIFE AND HEALTH INSURANCE PLAN B Three-digit plan number (PN)							
C Plan sponsor's name as shown on line 2a of Form 5500 D Employer Identification Number (EIN) WORLD WIDE MOVERS, INC. 92-0031485							
		ing Insurance Contract C Individual contracts grouped as a					
1 Coverage Information:							
(a) Name of insurance ca	rrier						
HM INSURANCE GROU	Р						
(b) EIN	(c) NAIC code	(d) Contract or identification number	(e) Approximate number of persons covered at end of policy or contract year		(f)	Policy or c From	ontract year (g) To
06-1041332	93440	4032310010		77	01/01/20)13	12/31/2013
2 Insurance fee and com descending order of the		tion. Enter the total fees and tota	I commissions paid. I	₋ist in line 3 th	ne agents,	brokers, and o	other persons in
	amount of comn	nissions paid		(b) Tota	al amount	of fees paid	
		0					0
3 Persons receiving com	missions and fe	ees. (Complete as many entries a	as needed to report all	persons).			
	(a) Name a	nd address of the agent, broker, o	or other person to who	om commissio	ons or fees	were paid	
(b) Amount of sales ar			s and other commissio	•			4
commissions paid		(c) Amount		(d) Purpose			(e) Organization code
	(a) Name a	nd address of the agent, broker, o	or other person to who	om commissio	ons or fees	were paid	

(b) Amount of sales and base	F			
commissions paid	(c) Amount	(d) Purpose	(e) Organization code	
For Paperwork Reduction Act Notice and OMB Control Numbers, see the instructions for Form 5500. Schedule				
			v. 130118	

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

(b) Amount of sales and base	Fees and other commissions paid					
commissions paid	(c) Amount	(d) Purpose	(e) Organization code			
(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid						

 (b) Amount of sales and base commissions paid
 Fees and other commissions paid
 (e) Organization code

 (c) Amount
 (d) Purpose
 code

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

(b) Amount of sales and base	Fees and other commissions paid					
commissions paid	(c) Amount	(d) Purpose	(e) Organization code			
(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid						

(b) Amount of sales and base		(e) Organization	
commissions paid	(c) Amount	(d) Purpose	code
			<u> </u>

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

(b) Amount of sales and base		(e) Organization	
commissions paid	(c) Amount	(d) Purpose	code

Page 3

Part I	Investment and Annuity Contract Information			
	Where individual contracts are provided, the entire group of such indiv	idual contracts with each carrier m	ay be treated as a unit for	or purposes of
4 Curr	this report. rent value of plan's interest under this contract in the general account at year	end	4	
	ent value of plan's interest under this contract in the general accounts at year			
-	tracts With Allocated Funds:		•	
a	State the basis of premium rates			
b	Premiums paid to carrier		6b	
С	Premiums due but unpaid at the end of the year		6c	
d	If the carrier, service, or other organization incurred any specific costs in co retention of the contract or policy, enter amount.		6d	
	Specify nature of costs			
е	Type of contract: (1) individual policies (2) group deferre	d annuity		
	(3) ☐ other (specify) ►	-		
f	If contract purchased, in whole or in part, to distribute benefits from a termin	ating plan, check here	1	
	tracts With Unallocated Funds (Do not include portions of these contracts ma			
		ate participation guarantee		
а				
	(3) guaranteed investment (4) other			
h	Delense of the and of the new investor		76	
<u>b</u>	Balance at the end of the previous year	7c(1)	7b	
С	Additions: (1) Contributions deposited during the year	7c(1) 7c(2)		
	(2) Dividends and credits	7c(3)		
	(4) Transferred from separate account	7c(4)		
	(5) Other (specify below)	7c(5)		
	(6)Total additiona		7c(6)	
Ь	(6)Total additions Total of balance and additions (add lines 7b and 7c(6))			
	Deductions:		/ u	
•	(1) Disbursed from fund to pay benefits or purchase annuities during year	7e(1)		
	(2) Administration charge made by carrier	. 7e(2)		
	(3) Transferred to separate account	. 7e(3)		
	(4) Other (specify below)	. 7e(4)		
	•			
	(5) Total deductions		7e(5)	
f	Balance at the end of the current year (subtract line 7e(5) from line 7d)			

Pag	e 4

Par	t III	Welfare Benefit Contract Informat If more than one contract covers the same g information may be combined for reporting p the entire group of such individual contracts	roup of urpose	es if such contracts	are experien	ce-rated as a unit. W	here contrac		
8 E	Bene	fit and contract type (check all applicable boxes)	1						
a	a 🗌	Health (other than dental or vision)	b	Dental	С	Vision		d Life	e insurance
e	• ∏	Temporary disability (accident and sickness)	f∏	Long-term disabili	ity g	Supplemental uner	nployment	h 🗍 Pre	escription drug
i	X	Stop loss (large deductible)	iΠ	HMO contract		PPO contract			lemnity contract
		, , ,	1		n L			• 🗆 📖	chinity contract
ſ	n	Other (specify)							
9 F	vner	ience-rated contracts:							
	•	remiums: (1) Amount received			9a(1)			-	
		2) Increase (decrease) in amount due but unpai						-	
		3) Increase (decrease) in unearned premium res						4	
		4) Earned ((1) + (2) - (3))			· · · · ·		9a(4)	_	
		Benefit charges (1) Claims paid							
		2) Increase (decrease) in claim reserves						7	
	(3) Incurred claims (add (1) and (2))					9b(3)		
	(•	4) Claims charged					9b(4)		
	C I	Remainder of premium: (1) Retention charges (c	on an a	accrual basis)					
		(A) Commissions			9c(1)(A)				
		(B) Administrative service or other fees							
		(C) Other specific acquisition costs							
		(D) Other expenses							
		(E) Taxes						_	
		(F) Charges for risks or other contingencies.						_	
		(G) Other retention charges			9c(1)(G)				
		(H) Total retention		_)	
		(2) Dividends or retroactive rate refunds. (These					/ /		
	d :	Status of policyholder reserves at end of year: (1) Amo	unt held to provide	benefits afte	r retirement	9d(1)		
	((2) Claim reserves					9d(2)		
	((3) Other reserves					9d(3)		
		Dividends or retroactive rate refunds due. (Do n	ot inclu	ude amount entere	d in line 9c(2) .)	9e		
10		experience-rated contracts:							
i		Total premiums or subscription charges paid to o					10a		195956
		If the carrier, service, or other organization incur retention of the contract or policy, other than rep					10b		

Specify nature of costs 🕨

Part IV	Provision of Information		
11 Did ti	e insurance company fail to provide any information necessary to complete Schedule A?	Yes	× No
12 If the	answer to line 11 is "Yes," specify the information not provided.		

Attachment to 2013 Form 5500 Form M-1 Compliance Information

Plan	Name	WORLD W	VIDE	MOVERS,	INC.	GROUP	LIFE	AND	HEALTH	INSURANCE	PI EM:	92-0031485
Plan	Spons	or's Nam	e <u>W</u>	ORLD WII	DE MOV	VERS,	INC.				PN:	501
1.	If the plan provides welfare benefits, was the plan subject to the Form M-1 filing Yes No X requirements during the plan year?											
	If "Yes" is checked, complete lines 2 and 3.											
2.	Is the p	olan currer	ntly in	complianc	e with	Form M	-1 filing	requi	rements?		Ye	es No
3.	Enter the Receipt Confirmation Code for the 2013 Form M-1 annual report. If the plan was not required to file the 2013 Form M-1 annual report, enter the Receipt Confirmation Code for the most recent Form M-1 that was required to be filed under the Form M-1 filing requirements. (Failure to enter a valid Receipt Confirmation Code will subject the Form 5500 filing to rejection as incomplete.)											ecent Form

Receipt Confirmation Code