Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

▶ Complete all entries in accordance with the instructions to the Form 5500-SF.

1210-0089

OMB Nos. 1210-0110

2013

This Form is Open to Public Inspection

Part I Annual Report Identification Information									
For calend	dar plan year 2013 or f	2013 or fiscal plan year beginning 06/01/2013 and ending 05/31/2014							
A This re	eturn/report is for:	X a single-employer plan	a multip	le-employer pla	an (not multiemployer)	yer) a one-participant plan			
B This re	This return/report is: the first return/report the final return/report								
		an amended return/repor	rt a short p	olan year return	report (less than 12 mo	onths)		
C Check box if filing under: Form 5558 automatic extension							DFVC progra	ım	
	ŭ	special extension (enter	description)				—		
Part II	Basic Plan Info	ormation—enter all requeste	ed information						
1a Name		'				1b	Three-digit		
F&H SUPPL	Y CO INC PROFIT S	HARING PLAN					plan number		
						10	(PN)	004	
						10	Effective date of 06/01/	•	
2a Plan s	sponsor's name and a	ddress; include room or suite n	number (employer.	if for a single-e	emplover plan)	2h	Employer Identi		
F&H SUPP			(-	J	F - 7 - F - 7	~	(EIN) 11-2124024		
						2c	Sponsor's telep	hone number	
40-14 24TH							718-392	8-392-7788	
LONG ISLA	ND CITY, NY 11101					2d	Business code (,	
20.00				<u> </u>		26	45321		
3a Plan a	administrator's name a	and address XSame as Plan S	sponsor Name	Same as Plan	Sponsor Address	SD	Administrator's I	=IIN	
						3с	Administrator's t	telephone number	
4 If the	name and/or EIN of th	ne plan sponsor has changed s	since the last return	n/report filed for	this plan, enter the	4b	EIN		
		umber from the last return/repo			, , , , , , , , , , , , , , , , , , ,		2114		
	sor's name						PN		
5a Total	number of participants	s at the beginning of the plan y	ear			5a		8	
		s at the end of the plan year				5b		9	
		account balances as of the er		•	-	5с		8	
6a Were	e all of the plan's asse								
	b Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQF							X Yes No	
under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.)									
	r 29 CFR 2520.104-46	of the annual examination and 6? (See instructions on waiver	report of an independent of an	endent qualified	d public accountant (IQI	PA)			
If you	r 29 CFR 2520.104-46 u answered "No" to 6	of the annual examination and 6? (See instructions on waiver on the point of the p	report of an independent of an	endent qualified ditions.) Form 5500-SF a	d public accountant (IQI	PA) Form	n 5500.	X Yes No	
If you	r 29 CFR 2520.104-46 u answered "No" to 6	of the annual examination and 6? (See instructions on waiver	report of an independent of an	endent qualified ditions.) Form 5500-SF a	d public accountant (IQI	PA) Form	n 5500.		
C If the	r 29 CFR 2520.104-46 u answered "No" to 6 plan is a defined bene	of the annual examination and 6? (See instructions on waiver on the point of the p	report of an indeport	endent qualified ditions.) form 5500-SF a program (see E	d public accountant (IQI and must instead use ERISA section 4021)?	PA) Form 	1 5500. Yes No	X Yes No	
C If the	r 29 CFR 2520.104-46 u answered "No" to 6 plan is a defined bene A penalty for the late nalties of perjury and o	of the annual examination and 6? (See instructions on waiver of either line 6a or line 6b, the profit plan, is it covered under the cor incomplete filing of this rether penalties set forth in the in	report of an independing billing and concolar cannot use Fe PBGC insurance return/report will instructions, I declar	endent qualified ditions.)	and must instead use ERISA section 4021)? . Inless reasonable cau examined this return/rep	PA) Form	n 5500. Yes No established. ncluding, if applic	Yes No Not determined able, a Schedule	
C If the Caution: A Under pen SB or Sch	r 29 CFR 2520.104-46 u answered "No" to 6 plan is a defined bene A penalty for the late nalties of perjury and o	of the annual examination and S? (See instructions on waiver of either line 6a or line 6b, the particular plant, is it covered under the or incomplete filing of this rather penalties set forth in the integral signed by an enrolled actual	report of an independing billing and concolar cannot use Fe PBGC insurance return/report will instructions, I declar	endent qualified ditions.)	and must instead use ERISA section 4021)? . Inless reasonable cau examined this return/rep	PA) Form	n 5500. Yes No established. ncluding, if applic	Yes No Not determined able, a Schedule	
C If the Caution: A Under pen SB or Sch belief, it is	r 29 CFR 2520.104-46 u answered "No" to 6 plan is a defined bene A penalty for the late nalties of perjury and o edule MB completed a true, correct, and com	of the annual examination and S? (See instructions on waiver of the line 6a or line 6b, the partition of this result of the properties of the period of this result of the penalties set forth in the interpretation of the penalties and signed by an enrolled actual plete.	report of an independing biling and concolar cannot use Ferman PBGC insurance return/report will instructions, I declary, as well as the	endent qualified ditions.)	and must instead use ERISA section 4021)? . Inless reasonable cau examined this return/report	PA) Form	n 5500. Yes No established. ncluding, if applic	Yes No Not determined able, a Schedule	
C If the Caution: A Under pen SB or Sch belief, it is	r 29 CFR 2520.104-46 u answered "No" to e plan is a defined bene A penalty for the late nalties of perjury and o edule MB completed a true, correct, and com	of the annual examination and 6? (See instructions on waiver of the line 6a or line 6b, the profit plan, is it covered under the corincomplete filing of this rather penalties set forth in the irrand signed by an enrolled actual polete.	report of an indepeligibility and conditional cannot use Fig. PBGC insurance return/report will instructions, I declar ary, as well as the	endent qualified ditions.)	and must instead use ERISA section 4021)? . Inless reasonable cau examined this return/report GARY HABER	Form ise is cort, in the and	n 5500. Yes No established. Including, if applic to the best of my	X Yes No Not determined able, a Schedule knowledge and	
C If the Caution: A Under pen SB or Sch belief, it is SIGN HERE	r 29 CFR 2520.104-46 u answered "No" to 6 plan is a defined bene A penalty for the late nalties of perjury and o edule MB completed a true, correct, and com	of the annual examination and 6? (See instructions on waiver of the line 6a or line 6b, the profit plan, is it covered under the corincomplete filing of this rather penalties set forth in the irrand signed by an enrolled actual polete.	report of an independing biling and concolar cannot use Ferman PBGC insurance return/report will instructions, I declary, as well as the	endent qualified ditions.)	and must instead use ERISA section 4021)? . Inless reasonable cau examined this return/report	Form ise is cort, in the and	n 5500. Yes No established. Including, if applic to the best of my	X Yes No Not determined able, a Schedule knowledge and	
C If the Caution: A Under pen SB or Sch belief, it is SIGN HERE SIGN	r 29 CFR 2520.104-46 u answered "No" to e plan is a defined bene A penalty for the late nalties of perjury and o edule MB completed a true, correct, and com	of the annual examination and 6? (See instructions on waiver of the line 6a or line 6b, the profit plan, is it covered under the corincomplete filing of this rather penalties set forth in the irrand signed by an enrolled actual polete.	report of an indepeligibility and conditional cannot use Fig. PBGC insurance return/report will instructions, I declar ary, as well as the	endent qualified ditions.)	and must instead use ERISA section 4021)? . Inless reasonable cau examined this return/report GARY HABER	Form ise is cort, in the and	n 5500. Yes No established. Including, if applic to the best of my	X Yes No Not determined able, a Schedule knowledge and	
C If the Caution: A Under pen SB or Sch belief, it is SIGN HERE	r 29 CFR 2520.104-46 u answered "No" to e plan is a defined bene A penalty for the late nalties of perjury and o edule MB completed a true, correct, and com Filed with authorized Signature of plan a	of the annual examination and 6? (See instructions on waiver of the line 6a or line 6b, the positive plant, is it covered under the corincomplete filing of this rather penalties set forth in the irrand signed by an enrolled actual polete. Avalid electronic signature. administrator	report of an indepeligibility and conditional cannot use Fe PBGC insurance return/report will instructions, I declarary, as well as the Date	endent qualified ditions.)	and must instead use ERISA section 4021)? . Inless reasonable cau examined this return/report GARY HABER Enter name of individu	Form ise is cort, in , and ual signal	n 5500. Yes No sestablished. Including, if applic to the best of my	X Yes No Not determined able, a Schedule knowledge and ministrator er or plan sponsor	
C If the Caution: A Under pen SB or Sch belief, it is SIGN HERE	r 29 CFR 2520.104-46 u answered "No" to e plan is a defined bene A penalty for the late nalties of perjury and o edule MB completed a true, correct, and com Filed with authorized Signature of plan a	of the annual examination and 6? (See instructions on waiver of the line 6a or line 6b, the positive plant, is it covered under the corincomplete filing of this rather penalties set forth in the irrand signed by an enrolled actual polete. Avalid electronic signature.	report of an indepeligibility and conditional cannot use Fe PBGC insurance return/report will instructions, I declarary, as well as the Date	endent qualified ditions.)	and must instead use ERISA section 4021)? . Inless reasonable cau examined this return/report GARY HABER Enter name of individu	Form ise is cort, in , and ual signal	n 5500. Yes No sestablished. Including, if applic to the best of my	X Yes No Not determined able, a Schedule knowledge and	
C If the Caution: A Under pen SB or Sch belief, it is SIGN HERE	r 29 CFR 2520.104-46 u answered "No" to e plan is a defined bene A penalty for the late nalties of perjury and o edule MB completed a true, correct, and com Filed with authorized Signature of plan a	of the annual examination and 6? (See instructions on waiver of the line 6a or line 6b, the positive plant, is it covered under the corincomplete filing of this rather penalties set forth in the irrand signed by an enrolled actual polete. Avalid electronic signature. administrator	report of an indepeligibility and conditional cannot use Fe PBGC insurance return/report will instructions, I declarary, as well as the Date	endent qualified ditions.)	and must instead use ERISA section 4021)? . Inless reasonable cau examined this return/report GARY HABER Enter name of individu	Form ise is cort, in , and ual signal	n 5500. Yes No sestablished. Including, if applic to the best of my	X Yes No Not determined able, a Schedule knowledge and ministrator er or plan sponsor	
C If the Caution: A Under pen SB or Sch belief, it is SIGN HERE	r 29 CFR 2520.104-46 u answered "No" to e plan is a defined bene A penalty for the late nalties of perjury and o edule MB completed a true, correct, and com Filed with authorized Signature of plan a	of the annual examination and 6? (See instructions on waiver of the line 6a or line 6b, the positive plant, is it covered under the corincomplete filing of this rather penalties set forth in the irrand signed by an enrolled actual polete. Avalid electronic signature. administrator	report of an indepeligibility and conditional cannot use Fe PBGC insurance return/report will instructions, I declarary, as well as the Date	endent qualified ditions.)	and must instead use ERISA section 4021)? . Inless reasonable cau examined this return/report GARY HABER Enter name of individu	Form ise is cort, in , and ual signal	n 5500. Yes No sestablished. Including, if applic to the best of my	X Yes No Not determined able, a Schedule knowledge and ministrator er or plan sponsor	
C If the Caution: A Under pen SB or Sch belief, it is SIGN HERE	r 29 CFR 2520.104-46 u answered "No" to e plan is a defined bene A penalty for the late nalties of perjury and o edule MB completed a true, correct, and com Filed with authorized Signature of plan a	of the annual examination and 6? (See instructions on waiver of the line 6a or line 6b, the positive plant, is it covered under the corincomplete filing of this rather penalties set forth in the irrand signed by an enrolled actual polete. Avalid electronic signature. administrator	report of an indepeligibility and conditional cannot use Fe PBGC insurance return/report will instructions, I declarary, as well as the Date	endent qualified ditions.)	and must instead use ERISA section 4021)? . Inless reasonable cau examined this return/report GARY HABER Enter name of individu	Form se is cort, in , and ual signal	n 5500. Yes No sestablished. Including, if applic to the best of my	X Yes No Not determined able, a Schedule knowledge and ministrator er or plan sponsor	

Form 5500-SF 2013 Page **2**

Pa	rt III Financial Information										
7	Plan Assets and Liabilities		(a) Beginning of Yea)r	(b) End of Year		nar				
_ <u>'</u> _a	Total plan assets	7a	(a) Beginning of Tea		(b) End of Year 2532747						
b Total plan liabilities		7a 7b		0			0				
	'		243970					25	32747	,	
		7c					/b\				
	Income, Expenses, and Transfers for this Plan Year Contributions received or receivable from:		(a) Amount				(a)	Total			
	(1) Employers	8a(1)	10000	0							
	(2) Participants	8a(2)		0							
	(3) Others (including rollovers)	8a(3)		0							
b	Other income (loss)	8b	5409	2							
С	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c						1	54092		
d	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	8d	6105	3							
е	Certain deemed and/or corrective distributions (see instructions)	8e		0							
f	Administrative service providers (salaries, fees, commissions)	8f		0							
g	Other expenses	8g		0							
h	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h							61053	3	
i	Net income (loss) (subtract line 8h from line 8c)	8i							93039	9	
j	Transfers to (from) the plan (see instructions)	8j		0							
Pai	t IV Plan Characteristics										
9a	If the plan provides pension benefits, enter the applicable pension 2E 3D	feature co	des from the List of Plan Chara	acteris	tic Co	des in	the instru	ıctions	:		
b	If the plan provides welfare benefits, enter the applicable welfare for	eature code	es from the List of Plan Charac	cteristi	c Coc	les in t	he instruc	tions:			
Par	t V Compliance Questions										
10	During the plan year:				Yes	No		Ame	ount		
а	Was there a failure to transmit to the plan any participant contribut 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidu			10a		X					0
b	Were there any nonexempt transactions with any party-in-interest on line 10a.)	•	•	10b		X					0
С	Was the plan covered by a fidelity bond?			10c	Χ					3000	000
d	Did the plan have a loss, whether or not reimbursed by the plan's or dishonesty?	-	-	10d		Χ					0
—е	Were any fees or commissions paid to any brokers, agents, or oth										
	insurance service, or other organization that provides some or all	of the ben	efits under the plan? (See			X					
	instructions.)			10e							0
f	Has the plan failed to provide any benefit when due under the plan	n?		10f		X					0
g	Did the plan have any participant loans? (If "Yes," enter amount as	s of year e	nd.)	10g		X					0
h	If this is an individual account plan, was there a blackout period? (2520.101-3.)	•		10h		X					
i	·	Oh was answered "Yes," check the box if you either provided the required notice or one of the eptions to providing the notice applied under 29 CFR 2520.101-3									
Part	VI Pension Funding Compliance										
11	Is this a defined benefit plan subject to minimum funding requirem 5500) and line 11a below)	•					•		Yes	X	No
11a	11a Enter the unpaid minimum required contribution for current year from Schedule SB (Form 5500) line 39										
12	Is this a defined contribution plan subject to the minimum funding						ERISA?		Yes	X	No
	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below,			. 0. 000				·			<u> </u>
a	If a waiver of the minimum funding standard for a prior year is being granting the waiver.	ng amortize	ed in this plan year, see instruc		and e	enter th	ne date of	the le		ling	
If	you completed line 12a, complete lines 3, 9, and 10 of Schedule							. 00			
		•				12b					

Page	3 -	1
------	-----	---

С	Enter the amount contributed by the employer to the plan for this plan year	12c				
d Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)						
e Will the minimum funding amount reported on line 12d be met by the funding deadline?				No N/A		
Part	VII Plan Terminations and Transfers of Assets					
13a	Has a resolution to terminate the plan been adopted in any plan year?	Y	es X No			
	If "Yes," enter the amount of any plan assets that reverted to the employer this year	13a				
b Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the of the PBGC?				Yes X No		
C If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)						
1	3c(1) Name of plan(s):	c(2) Ell	V(s)	13c(3) PN(s)		
Part	VIII Trust Information (optional)					
14a Name of trust			14b Trust's EIN			