Form 5500-SF	Short Form Annual Ret		OMB Nos. 1210-0110 1210-0089						
Department of the Treasury Internal Revenue Service	Benefit Plan This form is required to be filed under sections 104 and 4065 of the Employe			е	2013				
Department of Labor Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 60 Employee Benefits Security Administration the Internal Revenue Code (the Code).					This Form is Open to Public				
Pension Benefit Guaranty Corporation	Complete all entries in accordant	nce with the instruc	tions to the Form 5500	D-SF.	Inspection SF.				
Part I Annual Report Identification Information									
	For calendar plan year 2013 or fiscal plan year beginning 01/01/2013 and ending 12/31/2013								
			an (not multiemployer)		a one-participant plan				
B This return/report is:		e final return/report	langert (lange them 10 mg						
C Oberski har if filing og den		utomatic extension	n/report (less than 12 mc	onths)) DFVC program				
C Check box if filing under:	special extension (enter description)								
Part II Basic Plan Inform	nation —enter all requested information	22							
1a Name of plan				1b	Three-digit				
H.M.T., INC. EMPLOYEE SAVINGS	PLAN AND TRUST				plan number				
				4 -	(PN) ▶ 001				
				1c	Effective date of plan 01/01/1997				
2a Plan sponsor's name and addre	ess; include room or suite number (emp	bloyer, if for a single-	employer plan)	2b	Employer Identification Number (EIN) 16-1500344				
6268 ROUTE 31		2c	Sponsor's telephone number 315-699-5563						
CICERO, NY 13039					Business code (see instructions) 541330				
3a Plan administrator's name and	address XSame as Plan Sponsor Nan	ne Same as Plan	Sponsor Address	3b	Administrator's EIN				
				30	Administrator's telephone number				
4 If the name and/or EIN of the plan sponsor has changed since the last return/report filed for this plan, enter the					EIN				
name, EIN, and the plan numb a Sponsor's name		4c	PN						
· _ ·	the beginning of the plan year			5a	23				
b Total number of participants at	the end of the plan year			5b	26				
C Number of participants with ac	fit plans do not								
				5c	25				
-	luring the plan year invested in eligible a ne annual examination and report of an	•	,		X Yes No				
under 29 CFR 2520.104-46? (See instructions on waiver eligibility and	d conditions.)	· · · · · · · · · · · · · · · · · · ·	·····					
	er line 6a or line 6b, the plan cannot								
C If the plan is a defined benefit p	plan, is it covered under the PBGC insu	rance program (see	ERISA section 4021)?		Yes No Not determined				
Caution: A penalty for the late or	incomplete filing of this return/repor	t will be assessed u	unless reasonable cau	se is	established.				
Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.									
SIGN Filed with authorized/va	lid electronic signature.	09/11/2014	PAUL G WELLS						
HERE Signature of plan adr	ninistrator	Date	Enter name of individual signing as plan administrator						
	lid electronic signature.	09/11/2014	PAUL G WELLS						
HERE Signature of employe		Date	Enter name of individual signing as employer or plan sponsor						
Preparer's name (including firm nar	ne, if applicable) and address; include r	oom or suite number	r (optional)	Prep	parer's telephone number (optional)				

Part III Financial Information									
7 Plan Assets and Liabilities		(a) Beginning of Year		(b) End of Year					
a Total plan assets		161037	7	2234755					
b Total plan liabilities	. 7b			0					
C Net plan assets (subtract line 7b from line 7a)	7c	161037	2234755						
8 Income, Expenses, and Transfers for this Plan Year		(a) Amount			(b) Total				
a Contributions received or receivable from:		65734							
(1) Employers	8a(1) 8a(2)	146414							
(3) Others (including rollovers)	8a(3)	0							
b Other income (loss)	8b	418534							
C Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c					630682			
d Benefits paid (including direct rollovers and insurance premiums									
to provide benefits)	. 8d	5945							
e Certain deemed and/or corrective distributions (see instructions)	. 8e		0						
f Administrative service providers (salaries, fees, commissions)	. 8f	35							
g Other expenses	. 8g	0							
h Total expenses (add lines 8d, 8e, 8f, and 8g)				6304					
Net income (loss) (subtract line 8h from line 8c)			_	_		624378			
j Transfers to (from) the plan (see instructions) Part IV Plan Characteristics	8j		0						
Part V Compliance Questions				V-	p.1 .	-			
10 During the plan year:				Yes	No	Amount			
29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fide	a Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)				Х				
b Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)				X	Х				
C Was the plan covered by a fidelity bond?	C Was the plan covered by a fidelity bond?					200000			
	d Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?				X				
e Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service, or other organization that provides some or all of the benefits under the plan? (See instructions.)					х				
f Has the plan failed to provide any benefit when due under the pla	f Has the plan failed to provide any benefit when due under the plan?				Х				
g Did the plan have any participant loans? (If "Yes," enter amount as of year end.)				Х		16189			
 h If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.) 			10g 10h		Х				
	i If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3								
Part VI Pension Funding Compliance									
11 Is this a defined benefit plan subject to minimum funding requirem 5500) and line 11a below)					lule SE	3 (Form			
1a Enter the unpaid minimum required contribution for current year from Schedule SB (Form 5500) line 39					11a				
						ERISA? 🗌 Yes 🗙 No			
(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below									
a If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, an granting the waiver						-			
granting the waiver.			th		Day	feal			
granting the waiver. If you completed line 12a, complete lines 3, 9, and 10 of Schedul b Enter the minimum required contribution for this plan year	le MB (Form	5500), and skip to line 13.			12b	feal			

C	Enter the amount contributed by the employer to the plan for this plan year	12c						
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)	12d						
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?		Yes	No N/A				
Part VII Plan Terminations and Transfers of Assets								
13a	Has a resolution to terminate the plan been adopted in any plan year?	Ye	es X No					
	If "Yes," enter the amount of any plan assets that reverted to the employer this year	13a						
b	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the c of the PBGC?	ontrol		Yes X No				
C If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)								
13c(1) Name of plan(s):				13c(3) PN(s)				
Part	VIII Trust Information (optional)		1					
14a	lame of trust	14b Tru	ust's EIN					