## Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

## Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

▶ Complete all entries in accordance with the instructions to the Form 5500-SF.

OMB Nos. 1210-0110 1210-0089

2013

This Form is Open to Public Inspection

Part I Annual Report Identification Information									
For calend	alendar plan year 2013 or fiscal plan year beginning 01/01/2013 and ending 12/31/2013								
A This re	turn/report is for:	X a single-employer plan     ☐ :	a multiple-employer pl	an (not multiemployer)	yer) a one-participant plan				
<b>B</b> This re	turn/report is:	the first return/report	the final return/report						
		an amended return/report	short plan year return	n/report (less than 12 m	onths	)			
C Check	box if filing under:	X Form 5558	automatic extension			DFVC progra	am		
	ŭ	special extension (enter description	1)						
Part II	Basic Plan Info	ormation—enter all requested informa	tion						
1a Name		·			1b	Three-digit			
FOOT & AN	KLE SURGICAL ASS	OCIATES, INC. P.S. 401(K) RETIREMEN	NT SAVINGS PLAN			plan number			
					10	(PN)	001		
					10	Effective date o	•		
<b>2a</b> Plan s	sponsor's name and a	ddress; include room or suite number (en	nplover. if for a single-	emplover plan)	2b	Employer Identi			
		SOCIATES, INC., P.S.	, ,,,,	- 1 - 7 - 1 - 7	~		' '		
					2c	Sponsor's telep	hone number		
1610 BISHC						360-75			
TUMWATER	R, WA 98512				2d		(see instructions)		
20.01			По	0 411	26	62139			
<b>3a</b> Pian a	administrator's name a	and address XSame as Plan Sponsor Na	imeSame as Plar	Sponsor Address	SD	Administrator's	EIN		
					3с	Administrator's	telephone number		
4 If the	name and/or EIN of th	ne plan sponsor has changed since the la	st return/report filed fo	or this plan, enter the	4b	EIN			
		umber from the last return/report.		<b>p</b> ,		LIIV			
	sor's name					PN			
<b>5a</b> Total	number of participant	s at the beginning of the plan year			5a		22		
		s at the end of the plan year			5b		22		
		account balances as of the end of the pl	• •	•	5с		22		
	,	ts during the plan year invested in eligible					X Yes No		
<b>b</b> Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA)									
		6? (See instructions on waiver eligibility a					X Yes   No		
		either line 6a or line 6b, the plan canno			_		Not dotomoined		
C if the	pian is a defined bene	efit plan, is it covered under the PBGC ins	urance program (see	ERISA section 4021)?.		Yes INO	Not determined		
Caution: A	A penalty for the late	or incomplete filing of this return/repo	ort will be assessed	unless reasonable cau	ıse is	established.			
		ther penalties set forth in the instructions and signed by an enrolled actuary, as wel							
	true, correct, and con		i as the electronic ver	sion of this return/report	, and	to the best of my	knowledge and		
	Filed with outborized	Avalid electronic signature	00/45/2044	OADA HEOO					
SIGN HERE	Filed with authorized	d/valid electronic signature.	09/15/2014	SARA HESS					
		administrator	Date	Enter name of individu	ual signing as plan administrator				
	Signature of plan		0011-1						
SIGN		d/valid electronic signature.	09/15/2014	SARA HESS					
HERE	Filed with authorized Signature of empl	d/valid electronic signature.  oyer/plan sponsor	Date	Enter name of individ					
HERE	Filed with authorized Signature of empl	d/valid electronic signature.	Date	Enter name of individ			er or plan sponsor number (optional)		
HERE	Filed with authorized Signature of empl	d/valid electronic signature.  oyer/plan sponsor	Date	Enter name of individ					
HERE	Filed with authorized Signature of empl	d/valid electronic signature.  oyer/plan sponsor	Date	Enter name of individ					
HERE	Filed with authorized Signature of empl	d/valid electronic signature.  oyer/plan sponsor	Date	Enter name of individ					

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Pa	rt III   Financial Information										
7	Plan Assets and Liabilities	(a) Beginning of Yea	(a) Beginning of Year			(b) End of Year					
a	Total plan assets	(-) 3			106385					4	
	Total plan liabilities	7b									
	Net plan assets (subtract line 7b from line 7a)	7c	75776	0				10	06385	4	
8			(a) Amount				(b) T	otal			
	Contributions received or receivable from:		(a) / anount				(2) .	<u> </u>			
	(1) Employers	8a(1)	9321	2							
	(2) Participants	8a(2)	7577	6							
	(3) Others (including rollovers)	8a(3)									
b	Other income (loss)	8b	15982	7							
C	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c						3	32881	5	
d	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	8d	1405	5							
e	Certain deemed and/or corrective distributions (see instructions)	8e									
f	Administrative service providers (salaries, fees, commissions)	8f	866	6							
g	Other expenses	8g									
h	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h							2272	1	
<u>i</u>	Net income (loss) (subtract line 8h from line 8c)	8i						;	30609	4	
j	Transfers to (from) the plan (see instructions)	8j									
Pa	rt IV Plan Characteristics										
9a	If the plan provides pension benefits, enter the applicable pension 2A 2E 2G 2J 2K 3D 2F	feature cod	les from the List of Plan Char	acteris	stic Co	des in	the instruc	tions	s:		
b	If the plan provides welfare benefits, enter the applicable welfare fe	eature code	es from the List of Plan Chara	cterist	ic Cod	les in t	he instruct	ons:			
Par	t V Compliance Questions										
10	During the plan year:				Yes	No		Δm	ount		
	Was there a failure to transmit to the plan any participant contribu			10a		X		AIII	ount		
b	<ul> <li>29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)</li> <li>Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported</li> </ul>					Х					
	on line 10a.)			10b	X						
				10c	^					5000	000
d	Did the plan have a loss, whether or not reimbursed by the plan's or dishonesty?			10d		X					
е	Were any fees or commissions paid to any brokers, agents, or oth										
	insurance service, or other organization that provides some or all instructions.)		' '	10e	X					40	041
f	•			10f		Χ					
				10q		X					
g h	If this is an individual account plan, was there a blackout period?	this is an individual account plan, was there a blackout period? (See instructions and 29 CFR				X					
i	2520.101-3.)	ne required	notice or one of the	10h		X					
	exceptions to providing the notice applied under 29 CFR 2520.10	1-3		10i		^					
Part											
11 Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500) and line 11a below)											
11a Enter the unpaid minimum required contribution for current year from Schedule SB (Form 5500) line 39											
12 Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section 302 of ERISA?						No					
_12	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.)										
12	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below,	as applica	ble.)								
	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, If a waiver of the minimum funding standard for a prior year is beir granting the waiver.	ng amortize	d in this plan year, see instru		, and e	enter th Day	ne date of t	he le		uling	_
а	If a waiver of the minimum funding standard for a prior year is beir	ng amortize	d in this plan year, see instru		, and e	_	ne date of t			uling	_

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С	Enter the amount contributed by the employer to the plan for this plan year	12c				
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)	12d				
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?		Yes	No N/A		
Part	VII Plan Terminations and Transfers of Assets					
13a	Has a resolution to terminate the plan been adopted in any plan year?	Y	es X No			
	If "Yes," enter the amount of any plan assets that reverted to the employer this year	13a				
<b>b</b> Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the of the PBGC?				Yes X No		
C If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)						
1	<b>3c(1)</b> Name of plan(s):	c(2) Ell	V(s)	<b>13c(3)</b> PN(s)		
Part	VIII Trust Information (optional)					
14a Name of trust			14b Trust's EIN			