

Form 5500 Department of the Treasury Internal Revenue Service Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation	Annual Return/Report of Employee Benefit Plan This form is required to be filed for employee benefit plans under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and sections 6047(e), 6057(b), and 6058(a) of the Internal Revenue Code (the Code). ▶ Complete all entries in accordance with the instructions to the Form 5500.	OMB Nos. 1210-0110 1210-0089 2013 This Form is Open to Public Inspection
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Part I	Annual Report Identification Information
For calendar plan year 2013 or fiscal plan year beginning <u>01/01/2013</u> and ending <u>12/31/2013</u>	
A This return/report is for:	☐ a multiemployer plan; ☐ a multiple-employer plan; or ☒ a single-employer plan; ☐ a DFE (specify) ____
B This return/report is:	☐ the first return/report; ☐ the final return/report; ☒ an amended return/report; ☐ a short plan year return/report (less than 12 months).
C If the plan is a collectively-bargained plan, check here.	☐
D Check box if filing under:	☒ Form 5558; ☐ automatic extension; ☐ the DFVC program; ☐ special extension (enter description)

Part II	Basic Plan Information—enter all requested information								
1a Name of plan <u>AMERICAN NUTRITION, INC. PROFIT SHARING 401(K) PLAN</u>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 80%;">1b Three-digit plan number (PN) ▶</td> <td style="width: 20%; text-align: center;"><u>006</u></td> </tr> <tr> <td colspan="2">1c Effective date of plan <u>07/01/1984</u></td> </tr> </table>	1b Three-digit plan number (PN) ▶	<u>006</u>	1c Effective date of plan <u>07/01/1984</u>					
1b Three-digit plan number (PN) ▶	<u>006</u>								
1c Effective date of plan <u>07/01/1984</u>									
2a Plan sponsor's name and address; include room or suite number (employer, if for a single-employer plan) <u>AMERICAN NUTRITION, INC.</u> <u>P.O. BOX. 1405</u> <u>OGDEN, UT 84402</u>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td colspan="2">2b Employer Identification Number (EIN) <u>87-0293258</u></td> </tr> <tr> <td colspan="2">2c Sponsor's telephone number <u>801-394-3477</u></td> </tr> <tr> <td colspan="2">2d Business code (see instructions) <u>311110</u></td> </tr> <tr> <td colspan="2" style="height: 40px;"></td> </tr> </table>	2b Employer Identification Number (EIN) <u>87-0293258</u>		2c Sponsor's telephone number <u>801-394-3477</u>		2d Business code (see instructions) <u>311110</u>			
2b Employer Identification Number (EIN) <u>87-0293258</u>									
2c Sponsor's telephone number <u>801-394-3477</u>									
2d Business code (see instructions) <u>311110</u>									

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including accompanying schedules, statements and attachments, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN HERE	Filed with authorized/valid electronic signature.	10/15/2014	DONIELE DUNKEL
	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN HERE	Filed with authorized/valid electronic signature.	10/15/2014	DONIELE DUNKEL
	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor
SIGN HERE			
	Signature of DFE	Date	Enter name of individual signing as DFE
Preparer's name (including firm name, if applicable) and address; include room or suite number. (optional)			Preparer's telephone number (optional)

3a Plan administrator's name and address ☒ Same as Plan Sponsor Name ☐ Same as Plan Sponsor Address		3b Administrator's EIN	
4 If the name and/or EIN of the plan sponsor has changed since the last return/report filed for this plan, enter the name, EIN and the plan number from the last return/report: a Sponsor's name		3c Administrator's telephone number 4b EIN 4c PN	
5 Total number of participants at the beginning of the plan year		5	402
6 Number of participants as of the end of the plan year (welfare plans complete only lines 6a , 6b , 6c , and 6d).			
a Active participants		6a	399
b Retired or separated participants receiving benefits		6b	0
c Other retired or separated participants entitled to future benefits		6c	49
d Subtotal. Add lines 6a , 6b , and 6c		6d	448
e Deceased participants whose beneficiaries are receiving or are entitled to receive benefits		6e	4
f Total. Add lines 6d and 6e		6f	452
g Number of participants with account balances as of the end of the plan year (only defined contribution plans complete this item)		6g	370
h Number of participants that terminated employment during the plan year with accrued benefits that were less than 100% vested		6h	0
7 Enter the total number of employers obligated to contribute to the plan (only multiemployer plans complete this item)		7	
8a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristics Codes in the instructions: 2E 2F 2G 2J 2K 2T 3D 3H			
b If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristics Codes in the instructions:			
9a Plan funding arrangement (check all that apply) (1) ☒ Insurance (2) ☐ Code section 412(e)(3) insurance contracts (3) ☒ Trust (4) ☐ General assets of the sponsor		9b Plan benefit arrangement (check all that apply) (1) ☒ Insurance (2) ☐ Code section 412(e)(3) insurance contracts (3) ☒ Trust (4) ☐ General assets of the sponsor	
10 Check all applicable boxes in 10a and 10b to indicate which schedules are attached, and, where indicated, enter the number attached. (See instructions)			
a Pension Schedules (1) ☒ R (Retirement Plan Information) (2) ☐ MB (Multiemployer Defined Benefit Plan and Certain Money Purchase Plan Actuarial Information) - signed by the plan actuary (3) ☐ SB (Single-Employer Defined Benefit Plan Actuarial Information) - signed by the plan actuary		b General Schedules (1) ☒ H (Financial Information) (2) ☐ I (Financial Information – Small Plan) (3) ☒ <u>1</u> A (Insurance Information) (4) ☒ C (Service Provider Information) (5) ☒ D (DFE/Participating Plan Information) (6) ☐ G (Financial Transaction Schedules)	

SCHEDULE A (Form 5500) Department of the Treasury Internal Revenue Service Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation	Insurance Information This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA). ► File as an attachment to Form 5500. ► Insurance companies are required to provide the information pursuant to ERISA section 103(a)(2).	OMB No. 1210-0110 2013 This Form is Open to Public Inspection
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For calendar plan year 2013 or fiscal plan year beginning **01/01/2013** and ending **12/31/2013**

A Name of plan AMERICAN NUTRITION, INC. PROFIT SHARING 401(K) PLAN	B Three-digit plan number (PN) ►	006
C Plan sponsor's name as shown on line 2a of Form 5500 AMERICAN NUTRITION, INC.	D Employer Identification Number (EIN) 87-0293258	

Part I	Information Concerning Insurance Contract Coverage, Fees, and Commissions Provide information for each contract on a separate Schedule A. Individual contracts grouped as a unit in Parts II and III can be reported on a single Schedule A.
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1 Coverage Information:

(a) Name of insurance carrier

THE GUARDIAN LIFE INSURANCE

(b) EIN	(c) NAIC code	(d) Contract or identification number	(e) Approximate number of persons covered at end of policy or contract year	Policy or contract year	
				(f) From	(g) To
13-5123390	64246	PK116		01/01/2013	12/31/2013

2 Insurance fee and commission information. Enter the total fees and total commissions paid. List in line 3 the agents, brokers, and other persons in descending order of the amount paid.

(a) Total amount of commissions paid	(b) Total amount of fees paid
0	0

3 Persons receiving commissions and fees. (Complete as many entries as needed to report all persons).

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

R. CRAWFORD & B. WAGSTAFF
311 S. STATE 410
SALT LAKE CITY, UT 84111

(b) Amount of sales and base commissions paid	Fees and other commissions paid		(e) Organization code
	(c) Amount	(d) Purpose	
			3

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

(b) Amount of sales and base commissions paid	Fees and other commissions paid		(e) Organization code
	(c) Amount	(d) Purpose	

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

(b) Amount of sales and base commissions paid	Fees and other commissions paid		(e) Organization code
	(c) Amount	(d) Purpose	

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

(b) Amount of sales and base commissions paid	Fees and other commissions paid		(e) Organization code
	(c) Amount	(d) Purpose	

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

(b) Amount of sales and base commissions paid	Fees and other commissions paid		(e) Organization code
	(c) Amount	(d) Purpose	

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

(b) Amount of sales and base commissions paid	Fees and other commissions paid		(e) Organization code
	(c) Amount	(d) Purpose	

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

(b) Amount of sales and base commissions paid	Fees and other commissions paid		(e) Organization code
	(c) Amount	(d) Purpose	

Part II Investment and Annuity Contract Information

Where individual contracts are provided, the entire group of such individual contracts with each carrier may be treated as a unit for purposes of this report.

4 Current value of plan's interest under this contract in the general account at year end **4****5** Current value of plan's interest under this contract in separate accounts at year end **5****6** Contracts With Allocated Funds:**a** State the basis of premium rates ▶ **FURNISHED TO DOL BY THE GUARDIAN****b** Premiums paid to carrier **6b****c** Premiums due but unpaid at the end of the year **6c****d** If the carrier, service, or other organization incurred any specific costs in connection with the acquisition or retention of the contract or policy, enter amount. **6d**

Specify nature of costs ▶

e Type of contract: (1) ☒ individual policies (2) ☐ group deferred annuity(3) ☐ other (specify) ▶**f** If contract purchased, in whole or in part, to distribute benefits from a terminating plan, check here ▶ ☐**7** Contracts With Unallocated Funds (Do not include portions of these contracts maintained in separate accounts)**a** Type of contract: (1) ☐ deposit administration (2) ☐ immediate participation guarantee(3) ☐ guaranteed investment (4) ☐ other ▶**b** Balance at the end of the previous year **7b****c** Additions: (1) Contributions deposited during the year **7c(1)**(2) Dividends and credits **7c(2)**(3) Interest credited during the year **7c(3)**(4) Transferred from separate account **7c(4)**(5) Other (specify below) **7c(5)**

▶

(6) Total additions **7c(6)****d** Total of balance and additions (add lines **7b** and **7c(6)**) **7d****e** Deductions:(1) Disbursed from fund to pay benefits or purchase annuities during year **7e(1)**(2) Administration charge made by carrier **7e(2)**(3) Transferred to separate account **7e(3)**(4) Other (specify below) **7e(4)**

▶

(5) Total deductions **7e(5)****f** Balance at the end of the current year (subtract line **7e(5)** from line **7d**) **7f**

Part III Welfare Benefit Contract Information

If more than one contract covers the same group of employees of the same employer(s) or members of the same employee organizations(s), the information may be combined for reporting purposes if such contracts are experience-rated as a unit. Where contracts cover individual employees, the entire group of such individual contracts with each carrier may be treated as a unit for purposes of this report.

8 Benefit and contract type (check all applicable boxes)

- a** ☐ Health (other than dental or vision)
 b ☐ Dental
 c ☐ Vision
 d ☐ Life insurance
e ☐ Temporary disability (accident and sickness)
 f ☐ Long-term disability
 g ☐ Supplemental unemployment
 h ☐ Prescription drug
i ☐ Stop loss (large deductible)
 j ☐ HMO contract
 k ☐ PPO contract
 l ☐ Indemnity contract
m ☐ Other (specify) ▶

9 Experience-rated contracts:

a Premiums: (1) Amount received.....	9a(1)		
(2) Increase (decrease) in amount due but unpaid.....	9a(2)		
(3) Increase (decrease) in unearned premium reserve	9a(3)		
(4) Earned ((1) + (2) - (3)).....		9a(4)	
b Benefit charges (1) Claims paid.....	9b(1)		
(2) Increase (decrease) in claim reserves.....	9b(2)		
(3) Incurred claims (add (1) and (2)).....		9b(3)	
(4) Claims charged.....		9b(4)	
c Remainder of premium: (1) Retention charges (on an accrual basis) --			
(A) Commissions	9c(1)(A)		
(B) Administrative service or other fees.....	9c(1)(B)		
(C) Other specific acquisition costs	9c(1)(C)		
(D) Other expenses.....	9c(1)(D)		
(E) Taxes	9c(1)(E)		
(F) Charges for risks or other contingencies.....	9c(1)(F)		
(G) Other retention charges	9c(1)(G)		
(H) Total retention.....		9c(1)(H)	
(2) Dividends or retroactive rate refunds. (These amounts were ☐ paid in cash, or ☐ credited.).....		9c(2)	
d Status of policyholder reserves at end of year: (1) Amount held to provide benefits after retirement		9d(1)	
(2) Claim reserves		9d(2)	
(3) Other reserves.....		9d(3)	
e Dividends or retroactive rate refunds due. (Do not include amount entered in line 9c(2).).....		9e	

10 Nonexperience-rated contracts:

a Total premiums or subscription charges paid to carrier	10a	
b If the carrier, service, or other organization incurred any specific costs in connection with the acquisition or retention of the contract or policy, other than reported in Part I, line 2 above, report amount.....	10b	

Specify nature of costs ▶

Part IV Provision of Information

11 Did the insurance company fail to provide any information necessary to complete Schedule A? ☐ Yes ☐ No

12 If the answer to line 11 is "Yes," specify the information not provided. ▶

SCHEDULE C (Form 5500) Department of the Treasury Internal Revenue Service Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation	Service Provider Information This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA). ▶ File as an attachment to Form 5500.	OMB No. 1210-0110
		2013
		This Form is Open to Public Inspection.

For calendar plan year 2013 or fiscal plan year beginning 01/01/2013 and ending 12/31/2013	
A Name of plan AMERICAN NUTRITION, INC. PROFIT SHARING 401(K) PLAN	B Three-digit plan number (PN) ▶ 006
C Plan sponsor's name as shown on line 2a of Form 5500 AMERICAN NUTRITION, INC.	D Employer Identification Number (EIN) 87-0293258

Part I	Service Provider Information (see instructions)
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You must complete this Part, in accordance with the instructions, to report the information required for **each person** who received, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of monetary value) in connection with services rendered to the plan or the person's position with the plan during the plan year. If a person received **only** eligible indirect compensation for which the plan received the required disclosures, you are required to answer line 1 but are not required to include that person when completing the remainder of this Part.

1 Information on Persons Receiving Only Eligible Indirect Compensation

- a** Check "Yes" or "No" to indicate whether you are excluding a person from the remainder of this Part because they received only eligible indirect compensation for which the plan received the required disclosures (see instructions for definitions and conditions)..... ☐ Yes ☒ No
- b** If you answered line 1a "Yes," enter the name and EIN or address of each person providing the required disclosures for the service providers who received only eligible indirect compensation. Complete as many entries as needed (see instructions).

(b) Enter name and EIN or address of person who provided you disclosures on eligible indirect compensation

(b) Enter name and EIN or address of person who provided you disclosure on eligible indirect compensation
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(b) Enter name and EIN or address of person who provided you disclosures on eligible indirect compensation

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

MERRILL LYNCH, PIERCE, FENNER AND S

13-5674085

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
15 52 59 60 62 63 72	RECORDKEEPER	9450	Yes ☒ No ☐	Yes ☒ No ☐	0	Yes ☐ No ☐

(a) Enter name and EIN or address (see instructions)

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
			Yes ☐ No ☐	Yes ☐ No ☐		Yes ☐ No ☐

(a) Enter name and EIN or address (see instructions)

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
			Yes ☐ No ☐	Yes ☐ No ☐		Yes ☐ No ☐

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
			Yes ☐ No ☐	Yes ☐ No ☐		Yes ☐ No ☐

(a) Enter name and EIN or address (see instructions)

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
			Yes ☐ No ☐	Yes ☐ No ☐		Yes ☐ No ☐

(a) Enter name and EIN or address (see instructions)

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
			Yes ☐ No ☐	Yes ☐ No ☐		Yes ☐ No ☐

Part I Service Provider Information (continued)

3 If you reported on line 2 receipt of indirect compensation, other than eligible indirect compensation, by a service provider, and the service provider is a fiduciary or provides contract administrator, consulting, custodial, investment advisory, investment management, broker, or recordkeeping services, answer the following questions for (a) each source from whom the service provider received \$1,000 or more in indirect compensation and (b) each source for whom the service provider gave you a formula used to determine the indirect compensation instead of an amount or estimated amount of the indirect compensation. Complete as many entries as needed to report the required information for each source.

(a) Enter service provider name as it appears on line 2	(b) Service Codes (see instructions)	(c) Enter amount of indirect compensation
(d) Enter name and EIN (address) of source of indirect compensation	(e) Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.	
(a) Enter service provider name as it appears on line 2	(b) Service Codes (see instructions)	(c) Enter amount of indirect compensation
(d) Enter name and EIN (address) of source of indirect compensation	(e) Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.	
(a) Enter service provider name as it appears on line 2	(b) Service Codes (see instructions)	(c) Enter amount of indirect compensation
(d) Enter name and EIN (address) of source of indirect compensation	(e) Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.	

Part II Service Providers Who Fail or Refuse to Provide Information

4 Provide, to the extent possible, the following information for each service provider who failed or refused to provide the information necessary to complete this Schedule.

(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(c) Describe the information that the service provider failed or refused to provide

Part III **Termination Information on Accountants and Enrolled Actuaries (see instructions)**
(complete as many entries as needed)

a Name:	b EIN:
c Position:	
d Address:	e Telephone:

Explanation:

a Name:	b EIN:
c Position:	
d Address:	e Telephone:

Explanation:

a Name:	b EIN:
c Position:	
d Address:	e Telephone:

Explanation:

a Name:	b EIN:
c Position:	
d Address:	e Telephone:

Explanation:

a Name:	b EIN:
c Position:	
d Address:	e Telephone:

Explanation:

SCHEDULE D (Form 5500) Department of the Treasury Internal Revenue Service Department of Labor Employee Benefits Security Administration	DFE/Participating Plan Information This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA). ▶ File as an attachment to Form 5500.	OMB No. 1210-0110 2013 This Form is Open to Public Inspection.
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For calendar plan year 2013 or fiscal plan year beginning 01/01/2013 and ending 12/31/2013		
A Name of plan AMERICAN NUTRITION, INC. PROFIT SHARING 401(K) PLAN	B Three-digit plan number (PN) ▶	006
C Plan or DFE sponsor's name as shown on line 2a of Form 5500 AMERICAN NUTRITION, INC.	D Employer Identification Number (EIN) 87-0293258	

Part I	Information on interests in MTIAs, CCTs, PSAs, and 103-12 IEs (to be completed by plans and DFEs) (Complete as many entries as needed to report all interests in DFEs)
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a	Name of MTIA, CCT, PSA, or 103-12 IE: INVESCO STABLE VALUE FUND
----------	---

b	Name of sponsor of entity listed in (a): INVESCO NATIONAL TRUST COMPANY
----------	---

c EIN-PN 27-3868124-001	d Entity code C	e Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions) 4200998
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a	Name of MTIA, CCT, PSA, or 103-12 IE:
----------	---------------------------------------

b	Name of sponsor of entity listed in (a):
----------	--

c EIN-PN	d Entity code	e Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)
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a	Name of MTIA, CCT, PSA, or 103-12 IE:
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b	Name of sponsor of entity listed in (a):
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c EIN-PN	d Entity code	e Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)
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a	Name of MTIA, CCT, PSA, or 103-12 IE:
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b	Name of sponsor of entity listed in (a):
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c EIN-PN	d Entity code	e Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)
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a	Name of MTIA, CCT, PSA, or 103-12 IE:
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b	Name of sponsor of entity listed in (a):
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c EIN-PN	d Entity code	e Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)
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a	Name of MTIA, CCT, PSA, or 103-12 IE:
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b	Name of sponsor of entity listed in (a):
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c EIN-PN	d Entity code	e Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)
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a	Name of MTIA, CCT, PSA, or 103-12 IE:
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b	Name of sponsor of entity listed in (a):
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c EIN-PN	d Entity code	e Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)
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a Name of MTIA, CCT, PSA, or 103-12 IE:**b** Name of sponsor of entity listed in (a):**c** EIN-PN**d** Entity
code**e** Dollar value of interest in MTIA, CCT, PSA, or
103-12 IE at end of year (see instructions)**a** Name of MTIA, CCT, PSA, or 103-12 IE:**b** Name of sponsor of entity listed in (a):**c** EIN-PN**d** Entity
code**e** Dollar value of interest in MTIA, CCT, PSA, or
103-12 IE at end of year (see instructions)**a** Name of MTIA, CCT, PSA, or 103-12 IE:**b** Name of sponsor of entity listed in (a):**c** EIN-PN**d** Entity
code**e** Dollar value of interest in MTIA, CCT, PSA, or
103-12 IE at end of year (see instructions)**a** Name of MTIA, CCT, PSA, or 103-12 IE:**b** Name of sponsor of entity listed in (a):**c** EIN-PN**d** Entity
code**e** Dollar value of interest in MTIA, CCT, PSA, or
103-12 IE at end of year (see instructions)**a** Name of MTIA, CCT, PSA, or 103-12 IE:**b** Name of sponsor of entity listed in (a):**c** EIN-PN**d** Entity
code**e** Dollar value of interest in MTIA, CCT, PSA, or
103-12 IE at end of year (see instructions)**a** Name of MTIA, CCT, PSA, or 103-12 IE:**b** Name of sponsor of entity listed in (a):**c** EIN-PN**d** Entity
code**e** Dollar value of interest in MTIA, CCT, PSA, or
103-12 IE at end of year (see instructions)**a** Name of MTIA, CCT, PSA, or 103-12 IE:**b** Name of sponsor of entity listed in (a):**c** EIN-PN**d** Entity
code**e** Dollar value of interest in MTIA, CCT, PSA, or
103-12 IE at end of year (see instructions)**a** Name of MTIA, CCT, PSA, or 103-12 IE:**b** Name of sponsor of entity listed in (a):**c** EIN-PN**d** Entity
code**e** Dollar value of interest in MTIA, CCT, PSA, or
103-12 IE at end of year (see instructions)**a** Name of MTIA, CCT, PSA, or 103-12 IE:**b** Name of sponsor of entity listed in (a):**c** EIN-PN**d** Entity
code**e** Dollar value of interest in MTIA, CCT, PSA, or
103-12 IE at end of year (see instructions)**a** Name of MTIA, CCT, PSA, or 103-12 IE:**b** Name of sponsor of entity listed in (a):**c** EIN-PN**d** Entity
code**e** Dollar value of interest in MTIA, CCT, PSA, or
103-12 IE at end of year (see instructions)

Part II Information on Participating Plans (to be completed by DFEs)

(Complete as many entries as needed to report all participating plans)

a Plan name**b** Name of
plan sponsor**c** EIN-PN**a** Plan name**b** Name of
plan sponsor**c** EIN-PN**a** Plan name**b** Name of
plan sponsor**c** EIN-PN**a** Plan name**b** Name of
plan sponsor**c** EIN-PN**a** Plan name**b** Name of
plan sponsor**c** EIN-PN**a** Plan name**b** Name of
plan sponsor**c** EIN-PN**a** Plan name**b** Name of
plan sponsor**c** EIN-PN**a** Plan name**b** Name of
plan sponsor**c** EIN-PN**a** Plan name**b** Name of
plan sponsor**c** EIN-PN**a** Plan name**b** Name of
plan sponsor**c** EIN-PN**a** Plan name**b** Name of
plan sponsor**c** EIN-PN**a** Plan name**b** Name of
plan sponsor**c** EIN-PN

SCHEDULE H (Form 5500) Department of the Treasury Internal Revenue Service Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation	Financial Information This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the Internal Revenue Code (the Code). ► File as an attachment to Form 5500.	OMB No. 1210-0110 2013 This Form is Open to Public Inspection
For calendar plan year 2013 or fiscal plan year beginning <u>01/01/2013</u> and ending <u>12/31/2013</u>		
A Name of plan <u>AMERICAN NUTRITION, INC. PROFIT SHARING 401(K) PLAN</u>		B Three-digit plan number (PN) ► <u>006</u>
C Plan sponsor's name as shown on line 2a of Form 5500 <u>AMERICAN NUTRITION, INC.</u>		D Employer Identification Number (EIN) <u>87-0293258</u>

Part I	Asset and Liability Statement		(a) Beginning of Year	(b) End of Year
1 Current value of plan assets and liabilities at the beginning and end of the plan year. Combine the value of plan assets held in more than one trust. Report the value of the plan's interest in a commingled fund containing the assets of more than one plan on a line-by-line basis unless the value is reportable on lines 1c(9) through 1c(14). Do not enter the value of that portion of an insurance contract which guarantees, during this plan year, to pay a specific dollar benefit at a future date. Round off amounts to the nearest dollar. MTIAs, CCTs, PSAs, and 103-12 IEs do not complete lines 1b(1), 1b(2), 1c(8), 1g, 1h, and 1i. CCTs, PSAs, and 103-12 IEs also do not complete lines 1d and 1e. See instructions.				
	Assets			
a	Total noninterest-bearing cash	1a	150	400
b	Receivables (less allowance for doubtful accounts):			
	(1) Employer contributions	1b(1)	775765	878123
	(2) Participant contributions	1b(2)		
	(3) Other	1b(3)	0	0
c	General investments:			
	(1) Interest-bearing cash (include money market accounts & certificates of deposit)	1c(1)	0	104240
	(2) U.S. Government securities	1c(2)	0	0
	(3) Corporate debt instruments (other than employer securities):			
	(A) Preferred	1c(3)(A)	0	0
	(B) All other	1c(3)(B)	0	0
	(4) Corporate stocks (other than employer securities):			
	(A) Preferred	1c(4)(A)	0	0
	(B) Common	1c(4)(B)	0	0
	(5) Partnership/joint venture interests	1c(5)	0	0
	(6) Real estate (other than employer real property)	1c(6)	0	0
	(7) Loans (other than to participants)	1c(7)	0	0
	(8) Participant loans	1c(8)	1507177	1774778
	(9) Value of interest in common/collective trusts	1c(9)	3406140	4200998
	(10) Value of interest in pooled separate accounts	1c(10)	0	0
	(11) Value of interest in master trust investment accounts	1c(11)		
	(12) Value of interest in 103-12 investment entities	1c(12)		
	(13) Value of interest in registered investment companies (e.g., mutual funds)	1c(13)	19579378	22640007
	(14) Value of funds held in insurance company general account (unallocated contracts)	1c(14)		
	(15) Other	1c(15)	80374	81603

1d Employer-related investments:

		(a) Beginning of Year	(b) End of Year
(1) Employer securities	1d(1)	0	0
(2) Employer real property	1d(2)		
e Buildings and other property used in plan operation	1e		
f Total assets (add all amounts in lines 1a through 1e)	1f	25348984	29680149

Liabilities

g Benefit claims payable	1g		
h Operating payables	1h		
i Acquisition indebtedness	1i		
j Other liabilities	1j	21733	14553
k Total liabilities (add all amounts in lines 1g through 1j)	1k	21733	14553

Net Assets

l Net assets (subtract line 1k from line 1f)	1l	25327251	29665596
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Part II Income and Expense Statement

2 Plan income, expenses, and changes in net assets for the year. Include all income and expenses of the plan, including any trust(s) or separately maintained fund(s) and any payments/receipts to/from insurance carriers. Round off amounts to the nearest dollar. MTIAs, CCTs, PSAs, and 103-12 IEs do not complete lines 2a, 2b(1)(E), 2e, 2f, and 2g.

Income**a Contributions:**

		(a) Amount	(b) Total
(1) Received or receivable in cash from: (A) Employers	2a(1)(A)	1237687	
(B) Participants	2a(1)(B)	1119645	
(C) Others (including rollovers)	2a(1)(C)	3982	
(2) Noncash contributions	2a(2)	0	
(3) Total contributions. Add lines 2a(1)(A) , (B) , (C) , and line 2a(2)	2a(3)		2361314

b Earnings on investments:**(1) Interest:**

(A) Interest-bearing cash (including money market accounts and certificates of deposit)	2b(1)(A)	0	
(B) U.S. Government securities	2b(1)(B)	0	
(C) Corporate debt instruments	2b(1)(C)		
(D) Loans (other than to participants)	2b(1)(D)		
(E) Participant loans	2b(1)(E)	81280	
(F) Other	2b(1)(F)	0	
(G) Total interest. Add lines 2b(1)(A) through (F)	2b(1)(G)		81280

(2) Dividends: (A) Preferred stock	2b(2)(A)	0	
(B) Common stock	2b(2)(B)	0	
(C) Registered investment company shares (e.g. mutual funds)	2b(2)(C)	1146233	
(D) Total dividends. Add lines 2b(2)(A) , (B) , and (C)	2b(2)(D)		1146233

(3) Rents	2b(3)		
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(4) Net gain (loss) on sale of assets: (A) Aggregate proceeds	2b(4)(A)	0	
(B) Aggregate carrying amount (see instructions)	2b(4)(B)	0	
(C) Subtract line 2b(4)(B) from line 2b(4)(A) and enter result	2b(4)(C)		0

(5) Unrealized appreciation (depreciation) of assets: (A) Real estate	2b(5)(A)		
(B) Other	2b(5)(B)	0	
(C) Total unrealized appreciation of assets. Add lines 2b(5)(A) and (B)	2b(5)(C)		0

		(a) Amount	(b) Total
(6) Net investment gain (loss) from common/collective trusts	2b(6)		39995
(7) Net investment gain (loss) from pooled separate accounts	2b(7)		0
(8) Net investment gain (loss) from master trust investment accounts	2b(8)		
(9) Net investment gain (loss) from 103-12 investment entities	2b(9)		
(10) Net investment gain (loss) from registered investment companies (e.g., mutual funds)	2b(10)		3041887
c Other income	2c		0
d Total income. Add all income amounts in column (b) and enter total	2d		6670709

Expenses

e Benefit payment and payments to provide benefits:			
(1) Directly to participants or beneficiaries, including direct rollovers	2e(1)	2272973	
(2) To insurance carriers for the provision of benefits	2e(2)		
(3) Other	2e(3)	0	
(4) Total benefit payments. Add lines 2e(1) through (3)	2e(4)		2272973
f Corrective distributions (see instructions)	2f		0
g Certain deemed distributions of participant loans (see instructions)	2g		49941
h Interest expense	2h		0
i Administrative expenses: (1) Professional fees	2i(1)		
(2) Contract administrator fees	2i(2)		
(3) Investment advisory and management fees	2i(3)		
(4) Other	2i(4)	9450	
(5) Total administrative expenses. Add lines 2i(1) through (4)	2i(5)		9450
j Total expenses. Add all expense amounts in column (b) and enter total	2j		2332364

Net Income and Reconciliation

k Net income (loss). Subtract line 2j from line 2d	2k		4338345
l Transfers of assets:			
(1) To this plan	2l(1)		0
(2) From this plan	2l(2)		0

Part III Accountant's Opinion

3 Complete lines 3a through 3c if the opinion of an independent qualified public accountant is attached to this Form 5500. Complete line 3d if an opinion is not attached.

a The attached opinion of an independent qualified public accountant for this plan is (see instructions):

(1) ☐ Unqualified (2) ☐ Qualified (3) ☒ Disclaimer (4) ☐ Adverse

b Did the accountant perform a limited scope audit pursuant to 29 CFR 2520.103-8 and/or 103-12(d)?

☒ Yes ☐ No

c Enter the name and EIN of the accountant (or accounting firm) below:

(1) Name: EIDE BAILLY, LLP

(2) EIN: 45-0250958

d The opinion of an independent qualified public accountant is **not attached** because:

(1) ☐ This form is filed for a CCT, PSA, or MTIA. (2) ☐ It will be attached to the next Form 5500 pursuant to 29 CFR 2520.104-50.

Part IV Compliance Questions

4 CCTs and PSAs do not complete Part IV. MTIAs, 103-12 IEs, and GIAs do not complete lines 4a, 4e, 4f, 4g, 4h, 4k, 4m, 4n, or 5. 103-12 IEs also do not complete lines 4j and 4l. MTIAs also do not complete line 4l.

During the plan year:

a Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? Continue to answer "Yes" for any prior year failures until fully corrected. (See instructions and DOL's Voluntary Fiduciary Correction Program.)

b Were any loans by the plan or fixed income obligations due the plan in default as of the close of the plan year or classified during the year as uncollectible? Disregard participant loans secured by participant's account balance. (Attach Schedule G (Form 5500) Part I if "Yes" is checked.)

	Yes	No	Amount
4a	X		312413
4b		X	

	Yes	No	Amount
c Were any leases to which the plan was a party in default or classified during the year as uncollectible? (Attach Schedule G (Form 5500) Part II if "Yes" is checked.)		X	
d Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 4a. Attach Schedule G (Form 5500) Part III if "Yes" is checked.)		X	
e Was this plan covered by a fidelity bond?	X		500000
f Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?		X	
g Did the plan hold any assets whose current value was neither readily determinable on an established market nor set by an independent third party appraiser?		X	
h Did the plan receive any noncash contributions whose value was neither readily determinable on an established market nor set by an independent third party appraiser?		X	
i Did the plan have assets held for investment? (Attach schedule(s) of assets if "Yes" is checked, and see instructions for format requirements.)	X		
j Were any plan transactions or series of transactions in excess of 5% of the current value of plan assets? (Attach schedule of transactions if "Yes" is checked, and see instructions for format requirements.)		X	
k Were all the plan assets either distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?		X	
l Has the plan failed to provide any benefit when due under the plan?		X	
m If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)		X	
n If 4m was answered "Yes," check the "Yes" box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3.			

5a Has a resolution to terminate the plan been adopted during the plan year or any prior plan year?
 If "Yes," enter the amount of any plan assets that reverted to the employer this year. ☐ Yes ☒ No Amount:

5b If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)

5b(1) Name of plan(s)	5b(2) EIN(s)	5b(3) PN(s)

5c If the plan is a defined benefit plan, is it covered under the PBGC insurance program (see ERISA section 4021)? ☐ Yes ☐ No ☐ Not determined

Part V Trust Information (optional)

6a Name of trust	6b Trust's EIN

SCHEDULE R (Form 5500) Department of the Treasury Internal Revenue Service Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation	Retirement Plan Information This schedule is required to be filed under section 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6058(a) of the Internal Revenue Code (the Code). ▶ File as an attachment to Form 5500.	OMB No. 1210-0110 2013 This Form is Open to Public Inspection.
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For calendar plan year 2013 or fiscal plan year beginning 01/01/2013 and ending 12/31/2013

A Name of plan <u>AMERICAN NUTRITION, INC. PROFIT SHARING 401(K) PLAN</u>	B Three-digit plan number (PN) ▶ <u>006</u>
C Plan sponsor's name as shown on line 2a of Form 5500 <u>AMERICAN NUTRITION, INC.</u>	D Employer Identification Number (EIN) <u>87-0293258</u>

Part I	Distributions
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All references to distributions relate only to payments of benefits during the plan year.

1 Total value of distributions paid in property other than in cash or the forms of property specified in the instructions.....	1	<u>0</u>
2 Enter the EIN(s) of payor(s) who paid benefits on behalf of the plan to participants or beneficiaries during the year (if more than two, enter EINs of the two payors who paid the greatest dollar amounts of benefits): EIN(s): <u>13-3180817</u>		
Profit-sharing plans, ESOPs, and stock bonus plans, skip line 3.		
3 Number of participants (living or deceased) whose benefits were distributed in a single sum, during the plan year.....	3	

Part II	Funding Information (If the plan is not subject to the minimum funding requirements of section 412 of the Internal Revenue Code or ERISA section 302, skip this Part)
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4 Is the plan administrator making an election under Code section 412(d)(2) or ERISA section 302(d)(2)?.....	☐ Yes	☐ No	☐ N/A
If the plan is a defined benefit plan, go to line 8.			
5 If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions and enter the date of the ruling letter granting the waiver. Date: Month _____ Day _____ Year _____ If you completed line 5, complete lines 3, 9, and 10 of Schedule MB and do not complete the remainder of this schedule.			
6 a Enter the minimum required contribution for this plan year (include any prior year accumulated funding deficiency not waived).....	6a		
b Enter the amount contributed by the employer to the plan for this plan year.....	6b		
c Subtract the amount in line 6b from the amount in line 6a. Enter the result (enter a minus sign to the left of a negative amount)	6c		
If you completed line 6c, skip lines 8 and 9.			
7 Will the minimum funding amount reported on line 6c be met by the funding deadline?.....	☐ Yes	☐ No	☐ N/A
8 If a change in actuarial cost method was made for this plan year pursuant to a revenue procedure or other authority providing automatic approval for the change or a class ruling letter, does the plan sponsor or plan administrator agree with the change?.....	☐ Yes	☐ No	☐ N/A

Part III	Amendments
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9 If this is a defined benefit pension plan, were any amendments adopted during this plan year that increased or decreased the value of benefits? If yes, check the appropriate box. If no, check the "No" box.....	☐ Increase	☐ Decrease	☐ Both	☐ No
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Part IV	ESOPs (see instructions). If this is not a plan described under Section 409(a) or 4975(e)(7) of the Internal Revenue Code, skip this Part.
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10 Were unallocated employer securities or proceeds from the sale of unallocated securities used to repay any exempt loan?	☐ Yes	☐ No
11 a Does the ESOP hold any preferred stock?	☐ Yes	☐ No
b If the ESOP has an outstanding exempt loan with the employer as lender, is such loan part of a "back-to-back" loan? (See instructions for definition of "back-to-back" loan.).....	☐ Yes	☐ No
12 Does the ESOP hold any stock that is not readily tradable on an established securities market?.....	☐ Yes	☐ No

Part V Additional Information for Multiemployer Defined Benefit Pension Plans

13 Enter the following information for each employer that contributed more than 5% of total contributions to the plan during the plan year (measured in dollars). See instructions. *Complete as many entries as needed to report all applicable employers.*

a Name of contributing employer

b EIN

c Dollar amount contributed by employer

d Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month _____ Day _____ Year _____

e Contribution rate information (If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)

(1) Contribution rate (in dollars and cents) _____

(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

a Name of contributing employer

b EIN

c Dollar amount contributed by employer

d Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month _____ Day _____ Year _____

e Contribution rate information (If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)

(1) Contribution rate (in dollars and cents) _____

(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

a Name of contributing employer

b EIN

c Dollar amount contributed by employer

d Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month _____ Day _____ Year _____

e Contribution rate information (If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)

(1) Contribution rate (in dollars and cents) _____

(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

a Name of contributing employer

b EIN

c Dollar amount contributed by employer

d Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month _____ Day _____ Year _____

e Contribution rate information (If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)

(1) Contribution rate (in dollars and cents) _____

(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

a Name of contributing employer

b EIN

c Dollar amount contributed by employer

d Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month _____ Day _____ Year _____

e Contribution rate information (If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)

(1) Contribution rate (in dollars and cents) _____

(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

a Name of contributing employer

b EIN

c Dollar amount contributed by employer

d Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month _____ Day _____ Year _____

e Contribution rate information (If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)

(1) Contribution rate (in dollars and cents) _____

(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

- 14** Enter the number of participants on whose behalf no contributions were made by an employer as an employer of the participant for:

a The current year	14a	
b The plan year immediately preceding the current plan year	14b	
c The second preceding plan year	14c	

- 15** Enter the ratio of the number of participants under the plan on whose behalf no employer had an obligation to make an employer contribution during the current plan year to:

a The corresponding number for the plan year immediately preceding the current plan year	15a	
b The corresponding number for the second preceding plan year	15b	

- 16** Information with respect to any employers who withdrew from the plan during the preceding plan year:

a Enter the number of employers who withdrew during the preceding plan year	16a	
b If line 16a is greater than 0, enter the aggregate amount of withdrawal liability assessed or estimated to be assessed against such withdrawn employers	16b	

- 17** If assets and liabilities from another plan have been transferred to or merged with this plan during the plan year, check box and see instructions regarding supplemental information to be included as an attachment. ☐

Part VI Additional Information for Single-Employer and Multiemployer Defined Benefit Pension Plans

- 18** If any liabilities to participants or their beneficiaries under the plan as of the end of the plan year consist (in whole or in part) of liabilities to such participants and beneficiaries under two or more pension plans as of immediately before such plan year, check box and see instructions regarding supplemental information to be included as an attachment ☐

- 19** If the total number of participants is 1,000 or more, complete lines (a) through (c)

a Enter the percentage of plan assets held as:
 Stock: _____% Investment-Grade Debt: _____% High-Yield Debt: _____% Real Estate: _____% Other: _____%

b Provide the average duration of the combined investment-grade and high-yield debt:
☐ 0-3 years ☐ 3-6 years ☐ 6-9 years ☐ 9-12 years ☐ 12-15 years ☐ 15-18 years ☐ 18-21 years ☐ 21 years or more

c What duration measure was used to calculate line 19(b)?
☐ Effective duration ☐ Macaulay duration ☐ Modified duration ☐ Other (specify): _____



Financial Statements
December 31, 2013 and 2012

American Nutrition, Inc. Profit Sharing 401(k) Plan

American Nutrition, Inc. Profit Sharing 401(k) Plan
Table of Contents
December 31, 2013 and 2012

Independent Auditor's Report.....	1
Financial Statements	
Statements of Net Assets Available for Benefits	3
Statement of Changes in Net Assets Available for Benefits.....	4
Notes to Financial Statements.....	5
Supplemental Schedules	
Schedule H, Line 4i – Schedule of Assets Held at End of Year	14
Schedule H, Line 4a – Schedule of Delinquent Participant Contributions	15



Independent Auditor's Report

The Plan Administrator
American Nutrition, Inc.
Ogden, Utah

Report on the Financial Statements

We were engaged to audit the accompanying financial statements of American Nutrition, Inc. Profit Sharing 401(k) Plan (the Plan) which comprise the statements of net assets available for benefits as of December 31, 2013 and 2012, and the related statement of changes in net assets available for benefits for the year ended December 31, 2013, and the related notes to the financial statements.

Management's Responsibility for the Financial Statements

Plan management is responsible for the preparation and fair presentation of these financial statements in accordance with accounting principles generally accepted in the United States of America; this includes the design, implementation, and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on these financial statements based on conducting the audit in accordance with auditing standards generally accepted in the United States of America. Because of the matter described in the *Basis for Disclaimer of Opinion* paragraph, however, we are not able to obtain sufficient appropriate audit evidence to provide a basis for an audit opinion.

Basis for Disclaimer of Opinion

As permitted by 29 CFR 2520.103-8 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974, the Plan Administrator instructed us not to perform, and we did not perform, any auditing procedures with respect to the information summarized in Note 5, which was certified by Bank of America Merrill Lynch, the custodian of the Plan, except for comparing such information with the related information included in the financial statements. We have been informed by the Plan Administrator that the custodian holds the Plan's investment assets and executes investment transactions. The Plan Administrator has obtained a certification from the custodian as of December 31, 2013 and 2012 and for the year ended December 31, 2013, that the information provided to the Plan Administrator by the custodian is complete and accurate.

Disclaimer of Opinion

Because of the significance of the matter described in the *Basis for Disclaimer of Opinion* paragraph, we have not been able to obtain sufficient appropriate audit evidence to provide a basis for an audit opinion. Accordingly, we do not express an opinion on these financial statements.

Other Matter

The supplemental Schedule H, Line 4i-Schedule of Assets Held At End of Year, and Schedule H, Line 4a-Schedule of Delinquent Participant Contributions as of and for the year ended December 31, 2013, are required by the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974 and are presented for the purpose of additional analysis and are not a required part of the financial statements. Because of the significance of the matter described in the *Basis for Disclaimer of Opinion* paragraph, we do not express an opinion on these supplemental schedules.

Report on Form and Content in Compliance with DOL Rules and Regulations

The form and content of the information included in the financial statements and supplemental schedules, other than that derived from the information certified by the custodian, have been audited by us in accordance with auditing standards generally accepted in the United States of America and, in our opinion, are presented in compliance with the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974.

A handwritten signature in black ink that reads "Eide Bailly LLP". The signature is written in a cursive, flowing style.

Ogden, Utah
October 14, 2014

American Nutrition, Inc. 401(k) Retirement Plan
Statements of Net Assets Available for Benefits
December 31, 2013 and 2012

	<u>2013</u>	<u>2012</u>
Assets		
Cash	\$ 400	\$ 150
Investments at fair value		
Interest bearing cash	104,240	-
Mutual funds	22,640,007	19,579,378
Common collective trust	4,234,606	3,521,268
Total investments	<u>26,978,853</u>	<u>23,100,646</u>
Notes receivable from participants	<u>1,774,778</u>	<u>1,507,177</u>
Contributions receivable		
Employer	<u>878,123</u>	<u>775,765</u>
Other assets	<u>81,603</u>	<u>80,374</u>
Total assets	<u>29,713,757</u>	<u>25,464,112</u>
Liabilities		
Excess contributions payable	<u>14,553</u>	<u>21,733</u>
Net Assets Reflecting Investments at Fair Value	29,699,204	25,442,379
Adjustment from fair value to contract value for fully benefit-responsive common collective trust	<u>(33,608)</u>	<u>(115,128)</u>
Net Assets Available for Benefits	<u>\$ 29,665,596</u>	<u>\$ 25,327,251</u>

American Nutrition, Inc. 401(k) Retirement Plan
Statement of Changes in Net Assets Available for Benefits
Year Ended December 31, 2013

Additions	
Investment income	
Interest and dividends	\$ 1,146,233
Net appreciation in fair value of investments	<u>3,081,882</u>
Total investment income	<u>4,228,115</u>
Interest income on notes receivable from participants	<u>81,280</u>
Contributions	
Employer	1,237,687
Participant	1,119,645
Rollover	<u>3,982</u>
Total contributions	<u>2,361,314</u>
Other income	<u>-</u>
Total additions	<u>6,670,709</u>
Deductions	
Benefits paid to participants	2,272,973
Corrective distributions	-
Deemed distributions	49,941
Administrative expenses	<u>9,450</u>
Total deductions	<u>2,332,364</u>
Net Increase	4,338,345
Net Assets Available for Benefits	
Beginning of year	<u>25,327,251</u>
End of year	<u><u>\$ 29,665,596</u></u>

Note 1 - Description of Plan

The following description of the American Nutrition, Inc. Profit Sharing 401(k) Plan (the “Plan”) is provided for general information purposes only. Participants should refer to the Plan agreement for a more complete description of the Plan's provisions.

General

The Plan was formed to provide retirement benefits to employees of American Nutrition, Inc. (Company). The Plan is administered by the Company. The Plan is subject to the provisions of the Employee Retirement Income Security Act of 1974 (“ERISA”). American Nutrition, Inc. (the “Company” or “Employer”) is the Plan Sponsor. The Plan covers substantially all employees of American Nutrition, Inc. and its subsidiaries, Northwest Pet Products, Inc., Southwest Pet Products, Inc., Rocky Mountain Millings, Inc., and Vita-Line Products, Inc. (the “Companies”).

Eligibility

Employees are eligible to participate in the employee deferral and employer matching portion of the Plan if they have completed three months of service and are 18 years of age. To participate in the profit sharing portion of the Plan, an employee must have completed six months of service.

As of February 1, 2013, eligible employees excludes employees with a collective bargaining agreement, leased employees, temporary employees, and employees of an affiliate that is not a participating employer.

Entry Date

Employees may enter the employee deferral and employer matching portion of the Plan on the first day of any calendar quarter following the date they satisfy the Plan’s eligibility requirements. Employees may enter the profit sharing portion of the Plan on the first day of the Plan year or seventh month of the Plan year following the date they satisfy the Plan’s eligibility requirements.

Contributions

Each year, participants may contribute up to the Internal Revenue Code (IRC) limit of their pretax annual compensation, as defined in the Plan. Participants who have attained age 50 before the end of the Plan year are eligible to make catch-up contributions. The Plan allows participants to designate contributions as Roth 401(k) contributions. The Company contributes 50% of the first 5% compensation that a participant contributes to the Plan. The Company made matching contributions to the Plan of \$365,222 for the year ended December 31, 2013.

The Company may also make a discretionary profit sharing contribution, which is allocated to participant accounts based on the ratio of a participant’s compensation to total compensation. The Company made discretionary profit sharing contributions to the Plan of \$872,465 for the year ended December 31, 2013.

Participant Accounts

Each participant’s account is credited with the participant’s contribution, and allocations of the Company’s discretionary contribution and plan earnings, and charged with an allocation of administrative expenses. Allocations are based on participant’s earnings or account balances, as defined by the Plan Document. The benefit to which a participant is entitled is the benefit that can be provided from the participant’s vested account.

Investment Options

Upon enrollment to the Plan, a participant may direct deferrals and employer contributions in any of the funds offered by the Plan. Participants may change their investment options daily, subject to restrictions by individual funds.

Vesting

Participants are vested immediately in their contributions, plus actual earnings thereon. Vesting in the Company's contribution portion of their accounts is based on years of continuous service. Vesting is based on years of credited services as set forth in the following table:

<u>Participant's Years of Service</u>	<u>Vested Percentage</u>
Less than two	0%
Two but less than three	20%
Three but less than four	40%
Four but less then five	60%
Five but less than six	80%
Six or more	100%

As of January 1, 2013 the Plan was amended such that participants became immediately vested at 100% in employer contributions.

Forfeitures

At December 31, 2013 and 2012, forfeited non-vested amounts totaled \$21,558 and \$192,940, respectively. These accounts will be used to reduce future employer contributions. During the year ended December 31, 2013, employer contributions were reduced by \$201,043 from forfeited non-vested accounts.

Notes Receivable from Participants

Participants may borrow from their fund accounts a minimum of \$500 up to a maximum equal to the lesser of \$50,000 or 50% of their vested account balance. The notes are secured by the balance in the participant's account and bear interest at rates ranging from 5.25% to 10.25%. Principal and interest is paid ratably through semimonthly payroll deductions not to exceed five years, unless the proceeds of the loan were used to acquire the participant's residence, in which case the loan may be 30 years. A participant may have no more than two loans outstanding at any one time.

Payment of Benefits

Participants will receive a lump-sum amount equal to the value of their vested interest as defined in the Plan Document upon retirement, termination, death or disability. A terminated employee with a balance of less than \$1,000 may be automatically paid out by the Plan upon termination. Any terminated participants with a balance

between \$1,000 and \$5,000 may still be automatically paid out through a distribution into a qualified Individual Retirement Account. Distributions may be made at the participant's election prior to termination upon attainment of age 59 1/2 or hardship as defined in the Plan Document.

Death Benefits

The designated beneficiary is entitled to a death benefit distribution equal to the participant's vested account balance.

Plan Termination

Although it has not expressed any intent to do so, the Company has the right under the Plan to discontinue its contributions at any time and to terminate the Plan subject to the provisions set forth in ERISA. In the event of Plan termination, participants would become 100% vested in their employer contributions.

Note 2 - Significant Accounting Policies

Basis of Accounting

The financial statements of the Plan are prepared on the accrual basis of accounting.

Use of Estimates

The preparation of the financial statements in conformity with generally accepted accounting principles in the United States of America requires management to make estimates and assumptions that affect certain reported amounts of assets and liabilities and changes therein, and disclosures of contingent assets and liabilities. Accordingly, actual results may differ from those estimates.

Investment Valuation and Income Recognition

The Plan's investments are reported at fair value. Fair value is the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants at the measurement date. See Note 4 for discussion of fair value measurements.

Investment contracts held by a defined contribution plan are required to be reported at fair value. However, contract value is the relevant measurement attribute for the portion of the net assets available for benefits of a defined contribution plan attributable to fully benefit-responsive investment contracts because contract value is the amount participants would receive if they were to initiate permitted transactions under the terms of the plan. The Statement of Net Assets Available for Benefits presents the fair value of the investment contracts as well as the adjustment of the fully benefit-responsive investment contracts from fair value to contract value. The Statement of Changes in Net Assets Available for Benefits is prepared on a contract value basis.

Purchases and sales of securities are recorded on a trade-date basis. Dividends are recorded on the ex-dividend date. Interest income is recorded on the accrual basis. Net appreciation includes the Plan's gains and losses on investments bought and sold as well as those held during the year.

Notes Receivable from Participants

Notes receivable from participants are measured at their unpaid principal balance plus any accrued but unpaid interest. Delinquent notes receivables are reclassified as distributions based upon the terms of the Plan document.

Payments of Benefits

Benefit payments to participants are recorded upon distribution. Amounts allocated to accounts of persons who have elected to withdraw from the Plan, but have not yet been paid, were \$104,101 and \$0 at December 31, 2013 and 2012, respectively.

Administrative Fees

The Plan's expenses are paid by either the Plan or the Company, as provided by the Plan document. Expenses that are paid directly by the Company are excluded from these financial statements. Certain expenses incurred in connection with the general administration of the Plan that are paid by the Plan are recorded as deductions in the accompanying statement of changes in net asset available for benefits. In addition, certain investment related expenses are included in net appreciation (depreciation) of fair value of investments presented in the accompanying statement of changes in net assets available for benefits.

Subsequent Events

The Plan sponsor has evaluated subsequent events through October 14, 2014, the date which the financial statements were available to be issued.

Note 3 - Investments

The Plan's investments that represented 5% or more of the Plan's net assets available for benefits as of December 31, 2013 and 2012 are as follows:

	2013	2012
Invesco Stable Value Ret CL 4	\$ 4,117,405	\$ 3,381,035
Pioneer Fundamental	2,606,254	*
Blackrock Basic Value A	1,556,986	1,289,443
Blackrock Global Alloc A	2,524,202	2,198,506
Aberdeen Emerging Mrk CL A	*	1,267,408
Pimco Total Return Fud CL A	2,211,543	3,379,155
Aston/Fairpointe MID CAP Fund	1,613,649	1,608,540
Sentinel Common Stock FD	2,407,207	1,520,921
Victory Small Company Opportunity Fund	1,760,345	1,419,148

* Investment balance less than 5% of the Plan's net assets for the applicable year

During the year ended December 31, 2013 the Plan's investments (including gains and losses on investments bought and sold, as well as held during the year) appreciated in value as follows:

Mutual funds	\$ 3,000,362
Common collective trust	<u>81,520</u>
Net appreciation in fair value of investments	<u><u>\$ 3,081,882</u></u>

The classification of investment earnings reported above and in the statement of changes in net assets may differ from the classification of earnings on Form 5500 due to different reporting requirements on Form 5500.

Note 4 - Fair Value Measurements

The framework for measuring fair value provides a fair value hierarchy that prioritizes the inputs to valuation techniques used to measure fair value. The hierarchy gives the highest priority to unadjusted quoted prices in active markets for identical assets or liabilities (Level 1) and the lowest priority to unobservable inputs (Level 3). The three levels of the fair value hierarchy under the FASB ASC 820 are described as follows:

Level 1 - Inputs to the valuation methodology are unadjusted quoted prices for identical assets or liabilities in active markets that the Plan has the ability to access.

Level 2 - Inputs to the valuation methodology include:

- Quoted prices for similar assets or liabilities in active markets;
- Quoted prices for identical or similar assets or liabilities in inactive markets;
- Inputs other than quoted prices that are observable for the asset or liability;
- Inputs that are derived principally from or corroborated by observable market data by correlation or other means.

If the asset or liability has a specified (contractual) term, the Level 2 input must be observable for substantially the full term of the asset or liability.

Level 3 - Inputs to the valuation methodology are unobservable and significant to the fair value measurement.

The asset's or liability's fair value measurement level within the fair value hierarchy is based on the lowest level of any input that is significant to the fair value measurement. Valuation techniques used need to maximize the use of observable inputs and minimize the use of unobservable inputs.

The following is a description of the valuation methodologies used for assets measured at fair value. There have been no changes in the methodologies used at December 31, 2013 and 2012.

Mutual funds: Valued at fair value based on the quoted net asset value (NAV) of shares held by the Plan at year end.

Common collective trust: Valued at net asset value (NAV) which is provided by the trustee and is used as a practical expedient to estimate fair value. The NAV is based on the fair value of the observable market prices of the underlying assets held by the fund less liabilities.

American Nutrition, Inc. Profit Sharing 401(k) Plan

Notes to Financial Statements

December 31, 2013 and 2012

The methods described above may produce a fair value calculation that may not be indicative of net realizable value or reflective of future fair values. Furthermore, while the Plan believes its valuation methods are appropriate and consistent with other market participants, the use of different methodologies or assumptions to determine the fair value of certain financial instruments could result in a different fair value measurement at the reporting date.

The following table sets forth by level, within the fair value hierarchy, the Plan's assets at fair value as of December 31, 2013 and 2012:

2013				
	(Level 1)	(Level 2)	(Level 3)	Total
Mutual Funds				
Equity funds	\$ 16,698,642	\$ -	\$ -	\$ 16,698,642
Fixed income funds	3,521,403	-	-	3,521,403
Allocation funds	2,524,202	-	-	2,524,202
Total mutual funds	22,744,247	-	-	22,744,247
Common Collective Trusts	-	4,234,606	-	4,234,606
Total assets at fair value	\$ 22,744,247	\$ 4,234,606	\$ -	\$ 26,978,853
2012				
	(Level 1)	(Level 2)	(Level 3)	Total
Mutual funds				
Equity funds	\$ 13,492,414	\$ -	\$ -	\$ 13,492,414
Fixed income funds	3,888,458	-	-	3,888,458
Allocation funds	2,198,506	-	-	2,198,506
Total mutual funds	19,579,378	-	-	19,579,378
Common Collective Trusts	-	3,521,268	-	3,521,268
Total assets at fair value	\$ 19,579,378	\$ 3,521,268	\$ -	\$ 23,100,646

Fair Value Measurement and Disclosure (Topic 820): Investment in Certain Entities that Calculate Net Asset Value Per Share (or its Equivalent) requires disclosures of certain attributes in entities that calculate a net asset value per share (or its equivalent) and do not have a readily determinable fair value. The following table sets forth the disclosure of the attributes at December 31, 2013 and 2012:

American Nutrition, Inc. Profit Sharing 401(k) Plan
Notes to Financial Statements
December 31, 2013 and 2012

2013				
	Fair Value	Unfunded Commitments	Redemption Frequency	Redemption Notice Period
Collective Funds:				
Stable Value Funds	\$ 4,234,606	\$ -	Daily	Daily
2012				
	Fair Value	Unfunded Commitments	Redemption Frequency	Redemption Notice Period
Collective Funds:				
Stable Value Funds	\$ 3,521,268	\$ -	Daily	Daily

The Stable Value Fund's objective is to protect principal while providing a higher rate of return than shorter maturity investments such as money market funds or certificates of deposits. To achieve this, the Fund invests in a fixed-income security portfolio of fixed-income securities and a value guarantee (wrapper) provided by a third party.

Transfers Between Levels

The availability of observable market data is monitored to assess the appropriate classifications of financial instruments within the fair value hierarchy. Changes in economic conditions or model-based valuation techniques may require transfer of financial instruments from one fair value level to another. In such instances, the transfer is reported at the beginning of the reporting period.

We evaluated the significance of transfers between levels based upon the nature of the financial instrument and size of the transfer relative to total net assets available for benefits. For the year ended December 31, 2013, there were no significant transfers in or out of levels 1, 2, or 3.

Note 5 - Information Certified by the Plan Custodian

The Plan Administrator has elected the method of compliance permitted by Section 2520.103-8 of the Department of Labor Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974. Accordingly, as permitted under such election, no independent auditing procedures were performed with respect to the information certified by Bank of America Merrill Lynch.

The Plan custodian has certified its statement of accounts as of December 31, 2013 and 2012 and for the year ended December 31, 2013. The statement of accounts includes beginning and ending balances of investments held, notes receivable from participants, and detail of all transactions during the period, including investment earnings, and interest income on notes receivable from participants other than the fair value of the common collective trust and the related adjustment from fair value to contract value or fully benefit-responsive common collective trust. The custodian has certified the contract value of the common collective trust.

Note 6 - Tax Status

The Plan uses a prototype plan document, which received an opinion letter from the Internal Revenue Service (IRS), dated March 31, 2008, stating that the prototype document satisfies the applicable provisions of the IRC. The Plan itself has not received a determination letter from the IRS. The document has been amended since receiving the opinion letter. However, the Plan's management believes that the Plan is currently designed and being operated in compliance with the applicable requirements of the IRC. Therefore, no provision for income tax has been included in the Plan's financial statements.

Accounting principles generally accepted in the United States of America require plan management to evaluate tax positions taken by the plan and recognize a tax liability (or asset) if the plan has taken an uncertain position that more likely than not would not be sustained upon examination by the Internal Revenue Service. The Plan is subject to routine audits by taxing jurisdictions; however, there are currently no audits for any tax periods in progress. The Plan administrator believes it is no longer subject to income tax examinations for years prior to 2010.

Note 7 - Party-in-Interest Transactions

Fees paid directly by the Plan for the distribution processing were \$9,450 for the year ended December 31, 2013.

Note 8 - Risks and Uncertainties

The Plan invests in various investment securities. Investment securities are exposed to various risks such as interest rate, market, and credit risks. Due to the level of risk associated with certain investment securities, it is at least reasonably possible that changes in the values of investment securities will occur in the near term and that such changes could materially affect participants' account balances and the amounts reported in the statement of net assets available for benefits.

Note 9 - Amendments

As of January 1, 2013 the Plan was amended such that participants immediately become vested at 100% in employer contributions. Additionally, on February 1, 2013 the Plan was amended to change the definition of an eligible employee to exclude employees with a collective bargaining agreement, leased employees, temporary employees, and employees of an affiliate that is not a participating employer.

Note 10 - Nonexempt Party-in-Interest Transactions

The Company remitted various participant contributions of \$244,723 to the trustee on various dates throughout 2013 which were later than the required by Department of Labor (DOL) Regulation 2510.3-102. The Company will file Form 5330 with the IRS and pay the required excise tax on the transactions. In addition, participant accounts will be credited with the amount of investment income that would have been earned had the participant contribution been remitted on a timely basis. The Company will reimburse the Plan for lost earnings from 2013 to 2014 for employee contributions.

The Company remitted various participant contributions of \$67,690 to the trustee on various dates throughout 2012 which were later than the required by Department of Labor (DOL) Regulation 2510.3-102. The Company filed Form 5330 with the IRS and paid the required excise tax on the transactions. In addition, participant accounts were credited with the amount of investment income that would have been earned had the participant contribution been remitted on a timely basis. The Company reimbursed the Plan for lost earnings from 2012 to 2013 for employee contributions.

Note 11 - Excess Contributions Payable

Contributions from participants are net of payments made to certain participants to return excess contributions as required to satisfy the relevant nondiscrimination provisions of the Plan. The amount of excess contributions was \$14,553 and \$21,733 for the years ended December 31, 2013 and 2012, respectively. These amounts are reflected as excess contributions payable in the statement of net assets available for benefits.

Note 12 - Reconciliation of Financial Statements to Form 5500

The following is a reconciliation of net assets available for benefits per the financial statements at December 31, 2013 and 2012 to Form 5500:

	<u>2013</u>	<u>2012</u>
Net Assets Available for Benefits per the Financial Statements	\$ 29,699,204	\$ 25,442,379
Adjustment from contract value to fair value for fully benefit-responsive stable value funds	<u>(33,608)</u>	<u>(115,128)</u>
Net assets per the Form 5500	<u><u>\$ 29,665,596</u></u>	<u><u>\$ 25,327,251</u></u>

The following is a reconciliation of appreciation in fair value of investments per the financial statements for the year ended December 31, 2013 to Form 5500:

Net Appreciation in Fair Value of Investments per Financial Statements	\$ 3,081,882
Adjustment from contract value to fair value as of December 31, 2013	33,608
Adjustment from contract value to fair value as of December 31, 2012	<u>(115,128)</u>
Net Investment Gain from Registered Investment Companies per Form 5500	<u><u>\$ 3,000,362</u></u>



Supplemental Schedules
December 31, 2013

American Nutrition, Inc. Profit Sharing 401(k) Plan

American Nutrition, Inc. Profit Sharing 401(k) Plan

Schedule H, Line 4i – Schedule of Assets Held at End of Year

December 31, 2013

Plan: 001

EIN: 87-0293258

(a)	(b)	(c)	(d)	(e)
	Identity of issuer, borrower, lessor or similar party.	Description of investment including maturity date, rate of interest, par or maturity value.	Cost	Current Value
	Invesco Stable Value Ret CL 4	Common collective trust	N/A	\$ 4,117,405
	Invesco Stable Value Ret GM CL 4	Common collective trust	N/A	117,201
	JP Morgan International Value	Mutual Fund	N/A	928,559
	JP Morgan International Value GM Fund	Mutual Fund	N/A	188,045
	Pioneer Fundamental	Mutual Fund	N/A	2,606,254
	Pioneer GM Fundamental	Mutual Fund	N/A	624,827
	Blackrock HL SC OPP A	Mutual Fund	N/A	392,403
	Blackrock Basic Value A	Mutual Fund	N/A	1,556,986
	Blackrock Basic Value A GM	Mutual Fund	N/A	536,068
	Blackrock Global Alloc A	Mutual Fund	N/A	2,524,202
	Aberdeen Emerging Mrk CL A	Mutual Fund	N/A	296,232
	Aberdeen Emerging Mrk CL A GM	Mutual Fund	N/A	65,081
	Neuberger Berman Real Est CL A	Mutual Fund	N/A	71,967
	Pimco Total Return Fud CL A	Mutual Fund	N/A	2,211,543
	Pimco Tot Ret FD CL A GM	Mutual Fund	N/A	430,681
	Blackrock s&P500 Index I	Mutual Fund	N/A	632,791
	MFS New Discovery FD CL A	Mutual Fund	N/A	1,133,235
	MFS New Discovery FD CL A GM	Mutual Fund	N/A	64,985
	Victory Small Company Oppor A	Mutual Fund	N/A	1,760,345
	Victory Small Company Oppor A GM	Mutual Fund	N/A	66,979
	Aston/Fairpointe MID CAP Fund	Mutual Fund	N/A	1,613,649
	Aston/Fairpointe MID CAP Fund GM	Mutual Fund	N/A	114,462
	Invesco International Grth A	Mutual Fund	N/A	1,014,957
	Invesco International GR GM A	Mutual Fund	N/A	204,273
	MFS Government Secs	Mutual Fund	N/A	674,290
	MFS Government Secs GM	Mutual Fund	N/A	100,649
	Columbia Seligman Comm FD A	Mutual Fund	N/A	419,337
	Sentinel Common Stock FD	Mutual Fund	N/A	2,407,207
	Cash	Mutual Fund	N/A	104,240
	* Notes receivable from participants	Maturing 2014- 2020 at interest rates of 5.25% to 10.25%	\$ -	1,774,778
				<u>\$ 28,753,631</u>

*A party-in-interest as defined by ERISA.

N/A - Not applicable for participant-directed plan.

American Nutrition, Inc. Profit Sharing 401(k) Plan
Schedule H, Line 4a – Schedule of Delinquent Participant Contributions
December 31, 2013
Plan: 001

EIN: 87-0293258

Total that Constitute Nonexempt Prohibited Transactions

	Participant Contributions Transferred Late to Plan	Late Participant Loan Repayments are Included (Yes/No)	Contributions Not Corrected	Contributions Corrected Outside VFCP	Contributions Pending Correction in VFCP	Total Fully Corrected Under VFCP and PTE 2002-51
2012	\$ 67,690	Yes	\$ -	\$ 67,690	\$ -	\$ -
2013	\$ 244,723	Yes	\$ - *	\$ 244,723 **	\$ -	\$ -

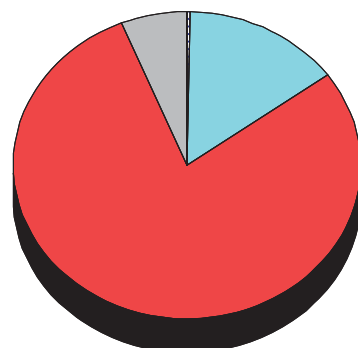
* Lost earnings of \$248 will be funded to the Plan in 2014.

** All contributions were funded to the Plan in 2014.

STATEMENT OF ASSETS
FOR THE PERIOD 01/01/2013 - 12/31/2013

AMERICAN NUTRITION, INC.
PROFIT SHARING 401(K) PLAN
CONSOLIDATION

ALLOCATION OF PLAN ASSETS



0.36% MONEY MARKET	14.63% COMMON / COLLECTIVE TRUSTS
78.83% MUTUAL FUNDS	6.18% LOANS
0.00% PENDING SETTLEMENT FUNDS	0.00% ACCRUED INCOME

Investment Category	Shares/ Units	Price/ NAV	Cost/Book Value	Market Value	% Total Value
<u>MONEY MARKET</u>					
BIF MONEY FUND		1.000	104,101.24	104,101.24	0.36%
<u>COMMON / COLLECTIVE TRUSTS</u>					
INVESCO STABLE VALUE RET CL 4	4,084,726.9000	1.000	4,084,726.98	4,084,726.90	14.22%
INVESCO STABLE VAL RET GM CL 4	116,271.3300	1.000	116,271.34	116,271.33	0.40%
TOTAL COMMON / COLLECTIVE TRUSTS			4,200,998.32	4,200,998.23	14.63%
<u>MUTUAL FUNDS</u>					
BLACKROCK HL SC OPP A	9,561.4878	41.040	387,755.21	392,403.46	1.37%
JP MORGAN INTERNATIONAL VALUE	61,453.2402	15.110	788,656.00	928,558.46	3.23%
JP MORGAN INT'L VALUE GM FUND	12,445.0724	15.110	169,531.40	188,045.04	0.65%
NEUBERGER BERMAN REAL EST CL A	5,702.6500	12.620	76,260.51	71,967.44	0.25%

Balances include pending activity

STATEMENT OF ASSETS
FOR THE PERIOD 01/01/2013 - 12/31/2013

AMERICAN NUTRITION, INC.
PROFIT SHARING 401(K) PLAN
CONSOLIDATION

Investment Category	Shares/ Units	Price/ NAV	Cost/Book Value	Market Value	% Total Value
PIONEER FUNDAMENTAL	155,504.4106	16.760	2,381,126.22	2,606,253.92	9.07%
PIONEER GM FUNDAMENTAL	37,280.8552	16.760	590,277.06	624,827.13	2.18%
ABERDEEN EMERGING MRKTS CL A	20,486.3289	14.460	297,258.00	296,232.32	1.03%
ABERDEEN EMERGING MRK CL A GM	4,500.7791	14.460	66,583.63	65,081.27	0.23%
BLACKROCK S&P 500 STOCK FUND I	2,850.7949	221.970	483,719.69	632,790.94	2.20%
BLACKROCK BASIC VALUE A	51,048.7214	30.500	1,431,567.66	1,556,986.00	5.42%
BLACKROCK BASIC VALUE A GM	17,575.9899	30.500	524,009.54	536,067.69	1.87%
BLACKROCK GLOBAL ALLOC A	118,340.4531	21.330	2,073,420.21	2,524,201.86	8.79%
PIMCO TOTAL RETURN FUND CL A	206,879.5652	10.690	2,253,345.61	2,211,542.55	7.70%
PIMCO TOT RET FD CL A GM	40,288.2031	10.690	442,385.62	430,680.89	1.50%
MFS NEW DISCOVERY FD CL A	42,096.4106	26.920	810,946.61	1,133,235.37	3.95%
MFS NEW DISC FD CL A GM	2,414.0210	26.920	59,296.98	64,985.45	0.23%
VICTORY SMALL COMPANY OPPOR A	43,767.9097	40.220	1,412,771.60	1,760,345.33	6.13%
VICTORY SMALL COMPANY OPP A GM	1,665.3070	40.220	61,285.04	66,978.65	0.23%
ASTON/FAIRPOINTE MID CAP FUND	36,698.8579	43.970	1,136,252.54	1,613,648.78	5.62%
ASTON/FAIRPOINTE MID CAP FD GM	2,603.1918	43.970	105,948.51	114,462.34	0.40%
INVESCO INTERNATIONAL GRTH A	29,983.9518	33.850	738,449.89	1,014,956.77	3.53%
INVESCO INTERNATIONAL GR GM A	6,034.6570	33.850	184,092.09	204,273.14	0.71%
MFS GOVERNMENT SECS	67,972.7534	9.920	693,141.68	674,289.71	2.35%
MFS GOVERNMENT SECS GM	10,146.0602	9.920	103,561.43	100,648.92	0.35%
COLUMBIA SELIGMAN COMM FD A	8,398.4950	49.930	310,759.13	419,336.86	1.46%

Balances include pending activity

STATEMENT OF ASSETS
FOR THE PERIOD 01/01/2013 - 12/31/2013

AMERICAN NUTRITION, INC.
PROFIT SHARING 401(K) PLAN
CONSOLIDATION

Investment Category	Shares/ Units	Price/ NAV	Cost/Book Value	Market Value	% Total Value
SENTINEL COMMON STOCK FD	56,138.2267	42.880	1,911,157.46	2,407,207.16	8.38%
TOTAL MUTUAL FUNDS			19,493,559.32	22,640,007.45	78.83%
<u>LOANS</u>					
LOAN FUND	1,774,777.8300	1.000	1,774,777.83	1,774,777.83	6.18%
<u>PENDING SETTLEMENT FUNDS</u>					
PENDING SETTLEMENT FUND	400.0000	1.000	400.00	400.00	0.00%
INVESTMENT TOTAL			25,573,836.71	28,720,284.75	100.00%
UNINVESTED CASH			0.00	0.00	0.00%
ACCRUED INCOME			138.77	138.77	0.00%
TOTAL ASSETS			25,573,975.48	28,720,423.52	100.00%

A portion of the balance displayed in the BIF Money Fund or the Merrill Lynch Bank Deposit Program (MLBD Program) may contain a pending deposit. If cash funds are invested / deposited in the BIF or MLBD Program, sweep activity details are available upon request.

Balances include pending activity



Financial Statements
December 31, 2013 and 2012

American Nutrition, Inc. Profit Sharing 401(k) Plan

American Nutrition, Inc. Profit Sharing 401(k) Plan
Table of Contents
December 31, 2013 and 2012

Independent Auditor's Report.....	1
Financial Statements	
Statements of Net Assets Available for Benefits	3
Statement of Changes in Net Assets Available for Benefits.....	4
Notes to Financial Statements.....	5
Supplemental Schedules	
Schedule H, Line 4i – Schedule of Assets Held at End of Year	14
Schedule H, Line 4a – Schedule of Delinquent Participant Contributions	15



Independent Auditor's Report

The Plan Administrator
American Nutrition, Inc.
Ogden, Utah

Report on the Financial Statements

We were engaged to audit the accompanying financial statements of American Nutrition, Inc. Profit Sharing 401(k) Plan (the Plan) which comprise the statements of net assets available for benefits as of December 31, 2013 and 2012, and the related statement of changes in net assets available for benefits for the year ended December 31, 2013, and the related notes to the financial statements.

Management's Responsibility for the Financial Statements

Plan management is responsible for the preparation and fair presentation of these financial statements in accordance with accounting principles generally accepted in the United States of America; this includes the design, implementation, and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on these financial statements based on conducting the audit in accordance with auditing standards generally accepted in the United States of America. Because of the matter described in the *Basis for Disclaimer of Opinion* paragraph, however, we are not able to obtain sufficient appropriate audit evidence to provide a basis for an audit opinion.

Basis for Disclaimer of Opinion

As permitted by 29 CFR 2520.103-8 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974, the Plan Administrator instructed us not to perform, and we did not perform, any auditing procedures with respect to the information summarized in Note 5, which was certified by Bank of America Merrill Lynch, the custodian of the Plan, except for comparing such information with the related information included in the financial statements. We have been informed by the Plan Administrator that the custodian holds the Plan's investment assets and executes investment transactions. The Plan Administrator has obtained a certification from the custodian as of December 31, 2013 and 2012 and for the year ended December 31, 2013, that the information provided to the Plan Administrator by the custodian is complete and accurate.

Disclaimer of Opinion

Because of the significance of the matter described in the *Basis for Disclaimer of Opinion* paragraph, we have not been able to obtain sufficient appropriate audit evidence to provide a basis for an audit opinion. Accordingly, we do not express an opinion on these financial statements.

Other Matter

The supplemental Schedule H, Line 4i-Schedule of Assets Held At End of Year, and Schedule H, Line 4a-Schedule of Delinquent Participant Contributions as of and for the year ended December 31, 2013, are required by the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974 and are presented for the purpose of additional analysis and are not a required part of the financial statements. Because of the significance of the matter described in the *Basis for Disclaimer of Opinion* paragraph, we do not express an opinion on these supplemental schedules.

Report on Form and Content in Compliance with DOL Rules and Regulations

The form and content of the information included in the financial statements and supplemental schedules, other than that derived from the information certified by the custodian, have been audited by us in accordance with auditing standards generally accepted in the United States of America and, in our opinion, are presented in compliance with the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974.

A handwritten signature in black ink that reads "Eide Bailly LLP". The signature is written in a cursive, flowing style.

Ogden, Utah
October 14, 2014

American Nutrition, Inc. 401(k) Retirement Plan
Statements of Net Assets Available for Benefits
December 31, 2013 and 2012

	<u>2013</u>	<u>2012</u>
Assets		
Cash	\$ 400	\$ 150
Investments at fair value		
Interest bearing cash	104,240	-
Mutual funds	22,640,007	19,579,378
Common collective trust	4,234,606	3,521,268
Total investments	<u>26,978,853</u>	<u>23,100,646</u>
Notes receivable from participants	<u>1,774,778</u>	<u>1,507,177</u>
Contributions receivable		
Employer	<u>878,123</u>	<u>775,765</u>
Other assets	<u>81,603</u>	<u>80,374</u>
Total assets	<u>29,713,757</u>	<u>25,464,112</u>
Liabilities		
Excess contributions payable	<u>14,553</u>	<u>21,733</u>
Net Assets Reflecting Investments at Fair Value	29,699,204	25,442,379
Adjustment from fair value to contract value for fully benefit-responsive common collective trust	<u>(33,608)</u>	<u>(115,128)</u>
Net Assets Available for Benefits	<u>\$ 29,665,596</u>	<u>\$ 25,327,251</u>

American Nutrition, Inc. 401(k) Retirement Plan
Statement of Changes in Net Assets Available for Benefits
Year Ended December 31, 2013

Additions	
Investment income	
Interest and dividends	\$ 1,146,233
Net appreciation in fair value of investments	<u>3,081,882</u>
Total investment income	<u>4,228,115</u>
Interest income on notes receivable from participants	<u>81,280</u>
Contributions	
Employer	1,237,687
Participant	1,119,645
Rollover	<u>3,982</u>
Total contributions	<u>2,361,314</u>
Other income	<u>-</u>
Total additions	<u>6,670,709</u>
Deductions	
Benefits paid to participants	2,272,973
Corrective distributions	-
Deemed distributions	49,941
Administrative expenses	<u>9,450</u>
Total deductions	<u>2,332,364</u>
Net Increase	4,338,345
Net Assets Available for Benefits	
Beginning of year	<u>25,327,251</u>
End of year	<u><u>\$ 29,665,596</u></u>

Note 1 - Description of Plan

The following description of the American Nutrition, Inc. Profit Sharing 401(k) Plan (the “Plan”) is provided for general information purposes only. Participants should refer to the Plan agreement for a more complete description of the Plan's provisions.

General

The Plan was formed to provide retirement benefits to employees of American Nutrition, Inc. (Company). The Plan is administered by the Company. The Plan is subject to the provisions of the Employee Retirement Income Security Act of 1974 (“ERISA”). American Nutrition, Inc. (the “Company” or “Employer”) is the Plan Sponsor. The Plan covers substantially all employees of American Nutrition, Inc. and its subsidiaries, Northwest Pet Products, Inc., Southwest Pet Products, Inc., Rocky Mountain Millings, Inc., and Vita-Line Products, Inc. (the “Companies”).

Eligibility

Employees are eligible to participate in the employee deferral and employer matching portion of the Plan if they have completed three months of service and are 18 years of age. To participate in the profit sharing portion of the Plan, an employee must have completed six months of service.

As of February 1, 2013, eligible employees excludes employees with a collective bargaining agreement, leased employees, temporary employees, and employees of an affiliate that is not a participating employer.

Entry Date

Employees may enter the employee deferral and employer matching portion of the Plan on the first day of any calendar quarter following the date they satisfy the Plan’s eligibility requirements. Employees may enter the profit sharing portion of the Plan on the first day of the Plan year or seventh month of the Plan year following the date they satisfy the Plan’s eligibility requirements.

Contributions

Each year, participants may contribute up to the Internal Revenue Code (IRC) limit of their pretax annual compensation, as defined in the Plan. Participants who have attained age 50 before the end of the Plan year are eligible to make catch-up contributions. The Plan allows participants to designate contributions as Roth 401(k) contributions. The Company contributes 50% of the first 5% compensation that a participant contributes to the Plan. The Company made matching contributions to the Plan of \$365,222 for the year ended December 31, 2013.

The Company may also make a discretionary profit sharing contribution, which is allocated to participant accounts based on the ratio of a participant’s compensation to total compensation. The Company made discretionary profit sharing contributions to the Plan of \$872,465 for the year ended December 31, 2013.

Participant Accounts

Each participant’s account is credited with the participant’s contribution, and allocations of the Company’s discretionary contribution and plan earnings, and charged with an allocation of administrative expenses. Allocations are based on participant’s earnings or account balances, as defined by the Plan Document. The benefit to which a participant is entitled is the benefit that can be provided from the participant’s vested account.

Investment Options

Upon enrollment to the Plan, a participant may direct deferrals and employer contributions in any of the funds offered by the Plan. Participants may change their investment options daily, subject to restrictions by individual funds.

Vesting

Participants are vested immediately in their contributions, plus actual earnings thereon. Vesting in the Company's contribution portion of their accounts is based on years of continuous service. Vesting is based on years of credited services as set forth in the following table:

<u>Participant's Years of Service</u>	<u>Vested Percentage</u>
Less than two	0%
Two but less than three	20%
Three but less than four	40%
Four but less than five	60%
Five but less than six	80%
Six or more	100%

As of January 1, 2013 the Plan was amended such that participants became immediately vested at 100% in employer contributions.

Forfeitures

At December 31, 2013 and 2012, forfeited non-vested amounts totaled \$21,558 and \$192,940, respectively. These accounts will be used to reduce future employer contributions. During the year ended December 31, 2013, employer contributions were reduced by \$201,043 from forfeited non-vested accounts.

Notes Receivable from Participants

Participants may borrow from their fund accounts a minimum of \$500 up to a maximum equal to the lesser of \$50,000 or 50% of their vested account balance. The notes are secured by the balance in the participant's account and bear interest at rates ranging from 5.25% to 10.25%. Principal and interest is paid ratably through semimonthly payroll deductions not to exceed five years, unless the proceeds of the loan were used to acquire the participant's residence, in which case the loan may be 30 years. A participant may have no more than two loans outstanding at any one time.

Payment of Benefits

Participants will receive a lump-sum amount equal to the value of their vested interest as defined in the Plan Document upon retirement, termination, death or disability. A terminated employee with a balance of less than \$1,000 may be automatically paid out by the Plan upon termination. Any terminated participants with a balance

between \$1,000 and \$5,000 may still be automatically paid out through a distribution into a qualified Individual Retirement Account. Distributions may be made at the participant's election prior to termination upon attainment of age 59 1/2 or hardship as defined in the Plan Document.

Death Benefits

The designated beneficiary is entitled to a death benefit distribution equal to the participant's vested account balance.

Plan Termination

Although it has not expressed any intent to do so, the Company has the right under the Plan to discontinue its contributions at any time and to terminate the Plan subject to the provisions set forth in ERISA. In the event of Plan termination, participants would become 100% vested in their employer contributions.

Note 2 - Significant Accounting Policies

Basis of Accounting

The financial statements of the Plan are prepared on the accrual basis of accounting.

Use of Estimates

The preparation of the financial statements in conformity with generally accepted accounting principles in the United States of America requires management to make estimates and assumptions that affect certain reported amounts of assets and liabilities and changes therein, and disclosures of contingent assets and liabilities. Accordingly, actual results may differ from those estimates.

Investment Valuation and Income Recognition

The Plan's investments are reported at fair value. Fair value is the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants at the measurement date. See Note 4 for discussion of fair value measurements.

Investment contracts held by a defined contribution plan are required to be reported at fair value. However, contract value is the relevant measurement attribute for the portion of the net assets available for benefits of a defined contribution plan attributable to fully benefit-responsive investment contracts because contract value is the amount participants would receive if they were to initiate permitted transactions under the terms of the plan. The Statement of Net Assets Available for Benefits presents the fair value of the investment contracts as well as the adjustment of the fully benefit-responsive investment contracts from fair value to contract value. The Statement of Changes in Net Assets Available for Benefits is prepared on a contract value basis.

Purchases and sales of securities are recorded on a trade-date basis. Dividends are recorded on the ex-dividend date. Interest income is recorded on the accrual basis. Net appreciation includes the Plan's gains and losses on investments bought and sold as well as those held during the year.

Notes Receivable from Participants

Notes receivable from participants are measured at their unpaid principal balance plus any accrued but unpaid interest. Delinquent notes receivables are reclassified as distributions based upon the terms of the Plan document.

Payments of Benefits

Benefit payments to participants are recorded upon distribution. Amounts allocated to accounts of persons who have elected to withdraw from the Plan, but have not yet been paid, were \$104,101 and \$0 at December 31, 2013 and 2012, respectively.

Administrative Fees

The Plan's expenses are paid by either the Plan or the Company, as provided by the Plan document. Expenses that are paid directly by the Company are excluded from these financial statements. Certain expenses incurred in connection with the general administration of the Plan that are paid by the Plan are recorded as deductions in the accompanying statement of changes in net asset available for benefits. In addition, certain investment related expenses are included in net appreciation (depreciation) of fair value of investments presented in the accompanying statement of changes in net assets available for benefits.

Subsequent Events

The Plan sponsor has evaluated subsequent events through October 14, 2014, the date which the financial statements were available to be issued.

Note 3 - Investments

The Plan's investments that represented 5% or more of the Plan's net assets available for benefits as of December 31, 2013 and 2012 are as follows:

	2013	2012
Invesco Stable Value Ret CL 4	\$ 4,117,405	\$ 3,381,035
Pioneer Fundamental	2,606,254	*
Blackrock Basic Value A	1,556,986	1,289,443
Blackrock Global Alloc A	2,524,202	2,198,506
Aberdeen Emerging Mrk CL A	*	1,267,408
Pimco Total Return Fud CL A	2,211,543	3,379,155
Aston/Fairpointe MID CAP Fund	1,613,649	1,608,540
Sentinel Common Stock FD	2,407,207	1,520,921
Victory Small Company Opportunity Fund	1,760,345	1,419,148

* Investment balance less than 5% of the Plan's net assets for the applicable year

During the year ended December 31, 2013 the Plan's investments (including gains and losses on investments bought and sold, as well as held during the year) appreciated in value as follows:

Mutual funds	\$ 3,000,362
Common collective trust	<u>81,520</u>
Net appreciation in fair value of investments	<u><u>\$ 3,081,882</u></u>

The classification of investment earnings reported above and in the statement of changes in net assets may differ from the classification of earnings on Form 5500 due to different reporting requirements on Form 5500.

Note 4 - Fair Value Measurements

The framework for measuring fair value provides a fair value hierarchy that prioritizes the inputs to valuation techniques used to measure fair value. The hierarchy gives the highest priority to unadjusted quoted prices in active markets for identical assets or liabilities (Level 1) and the lowest priority to unobservable inputs (Level 3). The three levels of the fair value hierarchy under the FASB ASC 820 are described as follows:

Level 1 - Inputs to the valuation methodology are unadjusted quoted prices for identical assets or liabilities in active markets that the Plan has the ability to access.

Level 2 - Inputs to the valuation methodology include:

- Quoted prices for similar assets or liabilities in active markets;
- Quoted prices for identical or similar assets or liabilities in inactive markets;
- Inputs other than quoted prices that are observable for the asset or liability;
- Inputs that are derived principally from or corroborated by observable market data by correlation or other means.

If the asset or liability has a specified (contractual) term, the Level 2 input must be observable for substantially the full term of the asset or liability.

Level 3 - Inputs to the valuation methodology are unobservable and significant to the fair value measurement.

The asset's or liability's fair value measurement level within the fair value hierarchy is based on the lowest level of any input that is significant to the fair value measurement. Valuation techniques used need to maximize the use of observable inputs and minimize the use of unobservable inputs.

The following is a description of the valuation methodologies used for assets measured at fair value. There have been no changes in the methodologies used at December 31, 2013 and 2012.

Mutual funds: Valued at fair value based on the quoted net asset value (NAV) of shares held by the Plan at year end.

Common collective trust: Valued at net asset value (NAV) which is provided by the trustee and is used as a practical expedient to estimate fair value. The NAV is based on the fair value of the observable market prices of the underlying assets held by the fund less liabilities.

American Nutrition, Inc. Profit Sharing 401(k) Plan
Notes to Financial Statements
December 31, 2013 and 2012

The methods described above may produce a fair value calculation that may not be indicative of net realizable value or reflective of future fair values. Furthermore, while the Plan believes its valuation methods are appropriate and consistent with other market participants, the use of different methodologies or assumptions to determine the fair value of certain financial instruments could result in a different fair value measurement at the reporting date.

The following table sets forth by level, within the fair value hierarchy, the Plan's assets at fair value as of December 31, 2013 and 2012:

2013				
	(Level 1)	(Level 2)	(Level 3)	Total
Mutual Funds				
Equity funds	\$ 16,698,642	\$ -	\$ -	\$ 16,698,642
Fixed income funds	3,521,403	-	-	3,521,403
Allocation funds	2,524,202	-	-	2,524,202
Total mutual funds	22,744,247	-	-	22,744,247
Common Collective Trusts	-	4,234,606	-	4,234,606
Total assets at fair value	<u>\$ 22,744,247</u>	<u>\$ 4,234,606</u>	<u>\$ -</u>	<u>\$ 26,978,853</u>
2012				
	(Level 1)	(Level 2)	(Level 3)	Total
Mutual funds				
Equity funds	\$ 13,492,414	\$ -	\$ -	\$ 13,492,414
Fixed income funds	3,888,458	-	-	3,888,458
Allocation funds	2,198,506	-	-	2,198,506
Total mutual funds	19,579,378	-	-	19,579,378
Common Collective Trusts	-	3,521,268	-	3,521,268
Total assets at fair value	<u>\$ 19,579,378</u>	<u>\$ 3,521,268</u>	<u>\$ -</u>	<u>\$ 23,100,646</u>

Fair Value Measurement and Disclosure (Topic 820): Investment in Certain Entities that Calculate Net Asset Value Per Share (or its Equivalent) requires disclosures of certain attributes in entities that calculate a net asset value per share (or its equivalent) and do not have a readily determinable fair value. The following table sets forth the disclosure of the attributes at December 31, 2013 and 2012:

American Nutrition, Inc. Profit Sharing 401(k) Plan
Notes to Financial Statements
December 31, 2013 and 2012

2013				
	Fair Value	Unfunded Commitments	Redemption Frequency	Redemption Notice Period
Collective Funds:				
Stable Value Funds	\$ 4,234,606	\$ -	Daily	Daily
2012				
	Fair Value	Unfunded Commitments	Redemption Frequency	Redemption Notice Period
Collective Funds:				
Stable Value Funds	\$ 3,521,268	\$ -	Daily	Daily

The Stable Value Fund's objective is to protect principal while providing a higher rate of return than shorter maturity investments such as money market funds or certificates of deposits. To achieve this, the Fund invests in a fixed-income security portfolio of fixed-income securities and a value guarantee (wrapper) provided by a third party.

Transfers Between Levels

The availability of observable market data is monitored to assess the appropriate classifications of financial instruments within the fair value hierarchy. Changes in economic conditions or model-based valuation techniques may require transfer of financial instruments from one fair value level to another. In such instances, the transfer is reported at the beginning of the reporting period.

We evaluated the significance of transfers between levels based upon the nature of the financial instrument and size of the transfer relative to total net assets available for benefits. For the year ended December 31, 2013, there were no significant transfers in or out of levels 1, 2, or 3.

Note 5 - Information Certified by the Plan Custodian

The Plan Administrator has elected the method of compliance permitted by Section 2520.103-8 of the Department of Labor Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974. Accordingly, as permitted under such election, no independent auditing procedures were performed with respect to the information certified by Bank of America Merrill Lynch.

The Plan custodian has certified its statement of accounts as of December 31, 2013 and 2012 and for the year ended December 31, 2013. The statement of accounts includes beginning and ending balances of investments held, notes receivable from participants, and detail of all transactions during the period, including investment earnings, and interest income on notes receivable from participants other than the fair value of the common collective trust and the related adjustment from fair value to contract value or fully benefit-responsive common collective trust. The custodian has certified the contract value of the common collective trust.

Note 6 - Tax Status

The Plan uses a prototype plan document, which received an opinion letter from the Internal Revenue Service (IRS), dated March 31, 2008, stating that the prototype document satisfies the applicable provisions of the IRC. The Plan itself has not received a determination letter from the IRS. The document has been amended since receiving the opinion letter. However, the Plan's management believes that the Plan is currently designed and being operated in compliance with the applicable requirements of the IRC. Therefore, no provision for income tax has been included in the Plan's financial statements.

Accounting principles generally accepted in the United States of America require plan management to evaluate tax positions taken by the plan and recognize a tax liability (or asset) if the plan has taken an uncertain position that more likely than not would not be sustained upon examination by the Internal Revenue Service. The Plan is subject to routine audits by taxing jurisdictions; however, there are currently no audits for any tax periods in progress. The Plan administrator believes it is no longer subject to income tax examinations for years prior to 2010.

Note 7 - Party-in-Interest Transactions

Fees paid directly by the Plan for the distribution processing were \$9,450 for the year ended December 31, 2013.

Note 8 - Risks and Uncertainties

The Plan invests in various investment securities. Investment securities are exposed to various risks such as interest rate, market, and credit risks. Due to the level of risk associated with certain investment securities, it is at least reasonably possible that changes in the values of investment securities will occur in the near term and that such changes could materially affect participants' account balances and the amounts reported in the statement of net assets available for benefits.

Note 9 - Amendments

As of January 1, 2013 the Plan was amended such that participants immediately become vested at 100% in employer contributions. Additionally, on February 1, 2013 the Plan was amended to change the definition of an eligible employee to exclude employees with a collective bargaining agreement, leased employees, temporary employees, and employees of an affiliate that is not a participating employer.

Note 10 - Nonexempt Party-in-Interest Transactions

The Company remitted various participant contributions of \$244,723 to the trustee on various dates throughout 2013 which were later than the required by Department of Labor (DOL) Regulation 2510.3-102. The Company will file Form 5330 with the IRS and pay the required excise tax on the transactions. In addition, participant accounts will be credited with the amount of investment income that would have been earned had the participant contribution been remitted on a timely basis. The Company will reimburse the Plan for lost earnings from 2013 to 2014 for employee contributions.

The Company remitted various participant contributions of \$67,690 to the trustee on various dates throughout 2012 which were later than the required by Department of Labor (DOL) Regulation 2510.3-102. The Company filed Form 5330 with the IRS and paid the required excise tax on the transactions. In addition, participant accounts were credited with the amount of investment income that would have been earned had the participant contribution been remitted on a timely basis. The Company reimbursed the Plan for lost earnings from 2012 to 2013 for employee contributions.

Note 11 - Excess Contributions Payable

Contributions from participants are net of payments made to certain participants to return excess contributions as required to satisfy the relevant nondiscrimination provisions of the Plan. The amount of excess contributions was \$14,553 and \$21,733 for the years ended December 31, 2013 and 2012, respectively. These amounts are reflected as excess contributions payable in the statement of net assets available for benefits.

Note 12 - Reconciliation of Financial Statements to Form 5500

The following is a reconciliation of net assets available for benefits per the financial statements at December 31, 2013 and 2012 to Form 5500:

	<u>2013</u>	<u>2012</u>
Net Assets Available for Benefits per the Financial Statements	\$ 29,699,204	\$ 25,442,379
Adjustment from contract value to fair value for fully benefit-responsive stable value funds	<u>(33,608)</u>	<u>(115,128)</u>
Net assets per the Form 5500	<u><u>\$ 29,665,596</u></u>	<u><u>\$ 25,327,251</u></u>

The following is a reconciliation of appreciation in fair value of investments per the financial statements for the year ended December 31, 2013 to Form 5500:

Net Appreciation in Fair Value of Investments per Financial Statements	\$ 3,081,882
Adjustment from contract value to fair value as of December 31, 2013	33,608
Adjustment from contract value to fair value as of December 31, 2012	<u>(115,128)</u>
Net Investment Gain from Registered Investment Companies per Form 5500	<u><u>\$ 3,000,362</u></u>



Supplemental Schedules
December 31, 2013

American Nutrition, Inc. Profit Sharing 401(k) Plan

American Nutrition, Inc. Profit Sharing 401(k) Plan

Schedule H, Line 4i – Schedule of Assets Held at End of Year

December 31, 2013

Plan: 001

EIN: 87-0293258

(a)	(b)	(c)	(d)	(e)
	Identity of issuer, borrower, lessor or similar party.	Description of investment including maturity date, rate of interest, par or maturity value.	Cost	Current Value
	Invesco Stable Value Ret CL 4	Common collective trust	N/A	\$ 4,117,405
	Invesco Stable Value Ret GM CL 4	Common collective trust	N/A	117,201
	JP Morgan International Value	Mutual Fund	N/A	928,559
	JP Morgan International Value GM Fund	Mutual Fund	N/A	188,045
	Pioneer Fundamental	Mutual Fund	N/A	2,606,254
	Pioneer GM Fundamental	Mutual Fund	N/A	624,827
	Blackrock HL SC OPP A	Mutual Fund	N/A	392,403
	Blackrock Basic Value A	Mutual Fund	N/A	1,556,986
	Blackrock Basic Value A GM	Mutual Fund	N/A	536,068
	Blackrock Global Alloc A	Mutual Fund	N/A	2,524,202
	Aberdeen Emerging Mrk CL A	Mutual Fund	N/A	296,232
	Aberdeen Emerging Mrk CL A GM	Mutual Fund	N/A	65,081
	Neuberger Berman Real Est CL A	Mutual Fund	N/A	71,967
	Pimco Total Return Fud CL A	Mutual Fund	N/A	2,211,543
	Pimco Tot Ret FD CL A GM	Mutual Fund	N/A	430,681
	Blackrock s&P500 Index I	Mutual Fund	N/A	632,791
	MFS New Discovery FD CL A	Mutual Fund	N/A	1,133,235
	MFS New Discovery FD CL A GM	Mutual Fund	N/A	64,985
	Victory Small Company Oppor A	Mutual Fund	N/A	1,760,345
	Victory Small Company Oppor A GM	Mutual Fund	N/A	66,979
	Aston/Fairpointe MID CAP Fund	Mutual Fund	N/A	1,613,649
	Aston/Fairpointe MID CAP Fund GM	Mutual Fund	N/A	114,462
	Invesco International Grth A	Mutual Fund	N/A	1,014,957
	Invesco International GR GM A	Mutual Fund	N/A	204,273
	MFS Government Secs	Mutual Fund	N/A	674,290
	MFS Government Secs GM	Mutual Fund	N/A	100,649
	Columbia Seligman Comm FD A	Mutual Fund	N/A	419,337
	Sentinel Common Stock FD	Mutual Fund	N/A	2,407,207
	Cash	Mutual Fund	N/A	104,240
	* Notes receivable from participants	Maturing 2014- 2020 at interest rates of 5.25% to 10.25%	\$ -	1,774,778
				<u>\$ 28,753,631</u>

*A party-in-interest as defined by ERISA.

N/A - Not applicable for participant-directed plan.

American Nutrition, Inc. Profit Sharing 401(k) Plan
Schedule H, Line 4a – Schedule of Delinquent Participant Contributions
December 31, 2013
Plan: 001

EIN: 87-0293258

Total that Constitute Nonexempt Prohibited Transactions

	Participant Contributions Transferred Late to Plan	Late Participant Loan Repayments are Included (Yes/No)	Contributions Not Corrected	Contributions Corrected Outside VFCP	Contributions Pending Correction in VFCP	Total Fully Corrected Under VFCP and PTE 2002-51
2012	\$ 67,690	Yes	\$ -	\$ 67,690	\$ -	\$ -
2013	\$ 244,723	Yes	\$ - *	\$ 244,723 **	\$ -	\$ -

* Lost earnings of \$248 will be funded to the Plan in 2014.

** All contributions were funded to the Plan in 2014.

Attachment to 2013 Form 5500
Schedule H, line 4a - Schedule of Delinquent Participant Contributions

Plan Name American Nutrition, Inc. Profit Sharing 401(k) Plan **EIN:** 87-0293258
Plan Sponsor's Name American Nutrition, Inc. **PN:** 006

	Total that Constitute Nonexempt Prohibited Transactions			
Participant Contributions Transferred Late to Plan	Contributions Not Corrected	Contributions Corrected Outside VFCP	Contributions Pending Correction in VFCP	Total Fully Corrected Under VFCP and PTE 2002-51
Check here if Late Participant Loan Repayments are included: ☒	0	312,413	0	0