Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

▶ Complete all entries in accordance with the instructions to the Form 5500-SF.

1210-0089

OMB Nos. 1210-0110

2012

This Form is Open to Public Inspection

Part I	Annual Report Identification Information					
For calenda	ar plan year 2012 or fiscal plan year beginning 07/01/2012		and ending	06/30/	2013	
A This ret	turn/report is for:	multiple-employer pl	an (not multiemployer)		a one-particip	pant plan
B This ret	turn/report is: the first return/report th	e final return/report				
	x an amended return/report a s	short plan year returr	n/report (less than 12 m	nonths)	
C Check I	box if filing under: X Form 5558	utomatic extension			DFVC progra	am
	special extension (enter description)					
Part II	Basic Plan Information—enter all requested informatio	an .				
1a Name)II		1h	Three-digit	1
	M FOOT CLINIC, INC., PS DEFINED BENEFIT PLAN				plan number	
					(PN) ▶	003
				1c	Effective date of	•
					07/01/	
	ponsor's name and address; include room or suite number (emp	oloyer, if for a single-	employer plan)	2b	Employer Identif	fication Number
DEEE II TOT II				-	(=114)	
EOO DIDOLIN	NOOD AVE STEA			20	Sponsor's telep	
	WOOD AVE, STE A M, WA 98225-1700			2d	Business code (
					62111	` ,
3a Plan a	dministrator's name and address XSame as Plan Sponsor Nan	ne Same as Plan	Sponsor Address	3b	Administrator's I	EIN
		Ш	•			
				3с	Administrator's t	telephone number
4 If the r	name and/or EIN of the plan sponsor has changed since the last	t return/report filed fo	or this plan, enter the	4b	EIN	
	, EIN, and the plan number from the last return/report.		, , , , , , , , , , , , , , , , , , , ,			
a Spons	or's name			4c	PN	
5a Total i	number of participants at the beginning of the plan year			5a		4
b Total i	number of participants at the end of the plan year			5b		4
	er of participants with account balances as of the end of the plan	•	•	5c		
	lete this item)					X Yes No
	all of the plan's assets during the plan year invested in eligible abut claiming a waiver of the annual examination and report of an					N Tes No
	29 CFR 2520.104-46? (See instructions on waiver eligibility and					X Yes No
If you	answered "No" to either line 6a or line 6b, the plan cannot	use Form 5500-SF	and must instead use	Form	1 5500.	
Caution: A	penalty for the late or incomplete filing of this return/repor	t will be assessed	unless reasonable ca	use is	established.	
	alties of perjury and other penalties set forth in the instructions, I					
	edule MB completed and signed by an enrolled actuary, as well a true, correct, and complete.	as the electronic vers	sion of this return/repor	t, and	to the best of my	knowledge and
Dollor, it is	ituo, correct, and complete.	ı	T			
SIGN	Filed with authorized/valid electronic signature.	12/16/2014	RICHARD L SKUDLA	RICK		
HERE	Signature of plan administrator	Date	Enter name of individ	dual si	gning as plan adn	ninistrator
SIGN	Filed with authorized/valid electronic signature.	12/16/2014	RICHARD L SKUDLA	RICK		
HERE	Signature of employer/plan sponsor	Date	Enter name of individ	_		
Preparer's	name (including firm name, if applicable) and address; include r	oom or suite number	r (optional)	Prep	parer's telephone	number (optional)
Ī						

Form 5500-SF 2012 Page **2**

Dor	t III Financial Information		-				
Par	<u> </u>		(a) De atauta a a () (a		T		(h) Food of Worn
	Plan Assets and Liabilities	7-	(a) Beginning of Yea				(b) End of Year
	Total plan assets	7a 7b	49690	00			463876
	Net plan assets (subtract line 7b from line 7a)	76 7c	49896	:6			463876
	· · · · · · · · · · · · · · · · · · ·	76		00			
	Income, Expenses, and Transfers for this Plan Year Contributions received or receivable from:		(a) Amount				(b) Total
	(1) Employers	8a(1)	8500	0			
	(2) Participants	8a(2)					
	(3) Others (including rollovers)	8a(3)					
b	Other income (loss)	8b	-8444	15			
С	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c					555
	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	8d	3564	5			
е	Certain deemed and/or corrective distributions (see instructions)						
f	Administrative service providers (salaries, fees, commissions)	8f					
g	Other expenses		0				
<u>h</u>	Total expenses (add lines 8d, 8e, 8f, and 8g)					35645	
<u>i</u>	Net income (loss) (subtract line 8h from line 8c)					-35090	
j	Transfers to (from) the plan (see instructions)	8j					
Par	t IV Plan Characteristics						
9a	If the plan provides pension benefits, enter the applicable pension $1A 3D$	feature co	des from the List of Plan Char	acteris	stic Co	des in	the instructions:
b	If the plan provides welfare benefits, enter the applicable welfare fe	eature cod	les from the List of Plan Chara	cterist	ic Cod	les in tl	he instructions:
Part	V Compliance Questions						
10	During the plan year:				Yes	No	Amount
а	Was there a failure to transmit to the plan any participant contribution 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidure)			10a		X	
b	Were there any nonexempt transactions with any party-in-interest on line 10a.)	,	•	10b		X	
С	Was the plan covered by a fidelity bond?			10c	X		1800000
d	Did the plan have a loss, whether or not reimbursed by the plan's or dishonesty?	-		10d		X	1000000
е	Were any fees or commissions paid to any brokers, agents, or oth			100			
·	insurance service or other organization that provides some or all of instructions.)	of the bene	efits under the plan? (See	10e		X	
f	Has the plan failed to provide any benefit when due under the plan	n?		10f		X	
g	Did the plan have any participant loans? (If "Yes," enter amount a	s of year e	end.)	10g		Χ	
h	If this is an individual account plan, was there a blackout period? (2520.101-3.)	(See instru	uctions and 29 CFR	10h			
i	If 10h was answered "Yes," check the box if you either provided the exceptions to providing the notice applied under 29 CFR 2520.10	ne require	d notice or one of the	10i			
Part	1 1 5 11						
11	Is this a defined benefit plan subject to minimum funding requirem 5500) and line 11a below)						
11a	Enter the amount from Schedule SB line 39					11a	0
12	Is this a defined contribution plan subject to the minimum funding	requireme	ents of section 412 of the Code	or se	ction (302 of	ERISA? Yes X No
	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below,	, as applic	able.)				
	If a waiver of the minimum funding standard for a prior year is beir granting the waiver.		Mon	ith	and e	enter th Day	ne date of the letter ruling Year
If <u></u>	you completed line 12a, complete lines 3, 9, and 10 of Schedul	e MB (For	m 5500), and skip to line 13.				Т
b	Enter the minimum required contribution for this plan year					12b	

	Form 5500-SF 2012							
С	Enter the amount contributed by the employer to the plan for this plan year.			12c				
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result negative amount)	_ ·		12d				
е	Will the minimum funding amount reported on line 12d be met by the funding	ng deadline?				Yes	No	N/A
Part	VII Plan Terminations and Transfers of Assets							
13a	Has a resolution to terminate the plan been adopted in any plan year?			X	Yes	No)	
	If "Yes," enter the amount of any plan assets that reverted to the employer	this year		13a				
b	Were all the plan assets distributed to participants or beneficiaries, transfer of the PBGC?	red to another plan, or brought und	er the c	ontro	I		Yes	X No
С	If during this plan year, any assets or liabilities were transferred from this pl which assets or liabilities were transferred. (See instructions.)	lan to another plan(s), identify the p	olan(s) t	0				
1	3c(1) Name of plan(s):		1;	3c(2) l	EIN(s)	13c(3) PN(s)
Part	VIII Trust Information (optional)							
14a 1	Name of trust		14b	Trust	's EIN			

SCHEDULE SB (Form 5500)

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Single-Employer Defined Benefit Plan Actuarial Information

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6059 of the Internal Revenue Code (the Code).

File as an attachment to Form 5500 or 5500-SF.

OMB No. 1210-0110

2012

This Form is Open to Public Inspection

					V FIIE as	an attacinne	III IO FOIIII	3300 01	3300-3F.					
Fo	r calendar	plan year 201	2 or fiscal	plan y	ear beginning 0	7/01/2012			and en	ding 06	30/201	3		
•	Round o	ff amounts to	nearest o	lollar.										
•	Caution:	A penalty of \$	1,000 will	be ass	essed for late filing of	of this report u	ınless reaso	onable ca	use is establis	hed.				
	Name of p		IIC, INC., F	PS DEF	FINED BENEFIT PLA	AN			B Three-o	ligit mber (PN	I)	•	003	
		sor's name as M FOOT CLIN			a of Form 5500 or 55	00-SF			D Employe 91-1082447		ation Nu	umber (E	EIN)	
E ·	Type of pla	ın: X Single	Multip	ole-A	Multiple-B	F	Prior year pla	n size: 🔀	100 or fewer	101	-500	More th	nan 500	
Р	art I	Basic Infor	mation											
1		e valuation da			Month07	Day <u>01</u>	Year_2	2012						
2	Assets:	o valuation ac			Moriui				_					
_		et value								2a				497640
										2b	-			497640
3		target/partici						(1) N	umbor of parti			(2) [Funding Targ	
J	`	, , ,			ries receiving payme	ont	3a	(1) 14	umber of parti	•	0	(2) 1	unung rang	<u>je:</u> 0
	_				receiving payme		3b				0			0
		ctive participa		ants			35				U			0
	(1)						3c(1)							0
							3c(1)							
	(2)						3c(2)				4			419051 419051
	(3)						30(3) 3d				4			419051
4									Ħ		4			419001
4	•				box and complete I	` , , , ,	•							
		0 0	0 0.		ed at-risk assumptio					4a				
					imptions, but disregationsecutive years and									
5	Effectiv	e interest rate								5				6.90 %
6	Target	normal cost								6				126155
	To the best of accordance	with applicable law	ne information and regulation	ns. In my	in this schedule and accor opinion, each other assum erience under the plan.									
	SIGN IERE											04/15/20	014	
		ı		Signa	ture of actuary							Date		
CO	LIN E. SO	UTHCOTE-W	ANT	- 3	,							14-035	02	
				e or pri	nt name of actuary				_	Mos	recent		ent number	
AI F	RION ACT	UARIAL CON	,,	•	The Harrie of detading							206-542		
7 1	MONTAGE	07 II (I) (L 0 0 1 (00211110,		ïrm name					Telenhon			ding area co	de)
		I PLACE SW WA 98020		,	mmame					reiephon	CHamb	or (inolu	unig area co	uc)
				Addr	ress of the firm				_					
If the	actuary l	nas not fully re	flected any	y regul	ation or ruling promu	lgated under	the statute	in comple	eting this sche	dule, che	ck the bo	ox and s	see	

Page	2 -	
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Pa	rt II	Begir	ning of Year	Carryov	er Prefunding Baland	ces								
							(a)	Carryover balance		(b)	Prefundi	ng balance		
7		Ū	0 , ,		cable adjustments (line 13 f	•			0			0		
8			•	-	unding requirement (line 35				0			0		
9	Amoun	t remainii	ng (line 7 minus li	ne 8)					0			0		
10	Interest	t on line 9	using prior year's	s actual ret	urn of <u>2.44</u> %				0			0		
11	Prior ye	ear's exce	ess contributions t	o be adde	d to prefunding balance:									
	a Pres	ent value	of excess contrib	utions (line	38a from prior year)					23828				
					interest rate of3.48 %							829		
	C Total	available	at beginning of cur	rent plan y	ear to add to prefunding balar	ice						24657		
	d Porti	on of (c)	to be added to pre	efunding ba	alance						0			
12	Other r	eductions	s in balances due	to election	s or deemed elections				0			0		
13	Balance	e at begir	nning of current ye	ear (line 9 -	+ line 10 + line 11d – line 12)	•		0			0		
P	art III	Fun	ding Percenta	ages										
14 Funding target attainment percentage											14	118.75 %		
15 Adjusted funding target attainment percentage											15	118.75 %		
16	Prior year's funding percentage for purposes of determining whether carryover/prefunding balances may be used to reduce current year's funding requirement													
17	If the current value of the assets of the plan is less than 70 percent of the funding target, enter such percentage													
Pa	art IV	Con	tributions an	d Liquid	ity Shortfalls									
18	Contrib			-	ear by employer(s) and emp	oloyees:								
(M	(a) Dat IM-DD-Y		(b) Amount p employer		(c) Amount paid by employees		Date D-YYYY)	(b) Amount pai employer(s)		(nount paid by nployees		
04	/05/2013	3		15000	0	07/26/2	2013		11279			0		
04	1/08/201	3		5221	0	08/27/2	2013		6000			0		
04	1/30/201	3		2500	0	09/11/2	2013		25000			0		
05	5/21/201	3		10000	0									
06	6/11/201	3		7000	0									
07	7/08/2013	3		3000	0									
						Totals ▶	18(b))	85000	18(c)				
19	Discou	nted emp	loyer contributions	s – see ins	tructions for small plan with	a valuation	date after	the beginning of the	year:					
	a Cont	ributions	allocated toward	unpaid min	imum required contributions	from prior	years		19a			0		
	b Cont	ributions	made to avoid res	strictions a	djusted to valuation date				19b			0		
	C Cont	ributions a	allocated toward mi	inimum req	uired contribution for current y	ear adjuste	d to valuation	on date	19c			79568		
20	Quarterly contributions and liquidity shortfalls:													
	a Did t	he plan h	nave a "funding sh	ortfall" for	the prior year?							Yes X No		
	b If line	e 20a is "	Yes," were require	ed quarterly	y installments for the current	year made	e in a timel	y manner?				Yes No		
	C If line	e 20a is "	Yes," see instructi	ons and co	omplete the following table a	s applicabl	e:							
		(4)			Liquidity shortfall as of e	nd of quarte					(4)			
		(1) 19	st		(2) 2nd		(3)	3rd			(4) 4tl	1		

Do	-+ \/	Accumptio	no Uood to Dotormino	Funding Torget and Torge	at Normal Coat							
21			ns used to Determine	Funding Target and Targe	t Normai Cost							
21		ment rates:	1st segment: 5.54%	2nd segment: 6.85%	3rd segment: 7.52 %		N/A, full yield	d curve	used			
	b Appl	licable month (enter code)			21b			3			
22	Weight	ted average ret	irement age			. 22			71			
23		ty table(s) (see			scribed - separate	Substitut	e					
Pa	rt VI	Miscellane	ous Items									
24	Has a	change been m	nade in the non-prescribed act	uarial assumptions for the current	•			d Yes	No			
25	Has a	method change	e been made for the current pl	an year? If "Yes," see instructions	regarding required attac	chment		Yes	X No			
26	Is the p	olan required to	provide a Schedule of Active	Participants? If "Yes," see instruc	tions regarding required	attachment.		Yes	X No			
27		•	•	er applicable code and see instruc	tions regarding	27						
Pa	rt VII	Reconcilia	ation of Unpaid Minimu	ım Required Contribution	s For Prior Years							
28	Unpaid	d minimum requ	uired contributions for all prior	years		. 28			0			
29		inted employer 9a)	29			0						
30	Remai	ning amount of	. 30			0						
Pa	rt VIII Minimum Required Contribution For Current Year											
31	Target	normal cost a	nd excess assets (see instruct	ions):		,						
	a Targe	et normal cost	(line 6)			. 31a			126155			
			-	line 31a	 T	. 31b		78589 Installment				
32	Amorti	zation installme	ents:		Outstanding Bala	ance	Installn	nent				
						0			0			
						0			0			
33				ter the date of the ruling letter grar) and the waived amount		33						
34	Total fo	unding requirer	ment before reflecting carryove	er/prefunding balances (lines 31a -	31b + 32a + 32b - 33)	. 34			47566			
				Carryover balance	Prefunding bala	nce	Total ba	lance				
35			use to offset funding	0		0			0			
36	Additio	nal cash requir	rement (line 34 minus line 35)			. 36			47566			
37				ontribution for current year adjuste		37			79568			
38	Preser	nt value of exce	ess contributions for current ye	ar (see instructions)								
	a Total	l (excess, if any	y, of line 37 over line 36)			. 38a			32002			
	b Porti	on included in	line 38a attributable to use of	orefunding and funding standard c	arryover balances	. 38b			0			
39	Unpaid	d minimum requ	uired contribution for current ye	ear (excess, if any, of line 36 over	line 37)	. 39			0			
40						40						
Pa	rt IX	Pension I	Funding Relief Under F	Pension Relief Act of 2010	(See Instructions)						
41	If an ele	ection was mad	de to use PRA 2010 funding re	elief for this plan:								
	a Sche	edule elected				<u></u>	2 plus 7 years	15 y	ears			
	b Eligil	ble plan year(s)) for which the election in line	41a was made		2008	3 2009 201	0 2	2011			
42	Amoun	t of acceleratio	n adjustment			. 42						
43	Fycess	installment ac	celeration amount to be carrie	d over to future plan years		43						

BELLINGHAM FOOT CLINIC, INC., PS DEFINED BENEFIT PLAN

2012 Schedule SB, Line 24 Change in Actuarial Assumptions

The assumed retirement age for the owner was changed to age 73 to better reflect anticipated experience under the plan.

BELLINGHAM FOOT CLINIC, INC., PS DEFINED BENEFIT PLAN

2012 Schedule SB, Line 19 Discounted Employer Contributions

Date	Contribution Amount	Applied to Year	Interest Rate	Interest Adjusted Contribution
04/05/2013	\$ 15,000	2012	6.90%	\$ 14,268
04/08/2013	\$ 5,221	2012	6.90%	\$ 4,966
04/30/2013	\$ 2,500	2012	6.90%	\$ 2,365
05/21/2013	\$ 10,000	2012	6.90%	\$ 9,407
06/11/2013	\$ 7,000	2012	6.90%	\$ 6,585
07/08/2013	\$ 3,000	2012	6.90%	\$ 2,806
07/26/2013	\$ 11,279	2012	6.90%	\$ 10,492
08/27/2013	\$ 6,000	2012	6.90%	\$ 5,551
09/11/2013	\$ 25,000	2012	6.90%	\$ 23,128
Total	\$ 85,000			\$ 79,568

BELLINGHAM FOOT CLINIC, INC., PS DEFINED BENEFIT PLAN

2012 Schedule SB, Line 22 Description of Weighted Average Retirement Age

The average retirement age was weighted by Target Normal Cost.

SCHEDULE SB (Form 5500)

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Single-Employer Defined Benefit Plan **Actuarial Information**

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6059 of the Internal Revenue Code (the Code).

File as an attachment to Form 5500 or 5500-SF. For calendar plan year 2012 or fiscal plan year beginning

07/01/2012

OMB No. 1210-0110

2012

This Form is Open to Public Inspection

06/30/2013

and ending

	lame of plan BELLINGHAM FOOT CLINIC, INC., PS DEF	FINED	BENEFIT PLA	N B	Three-dig		•	003
С	lan sponsor's name as shown on line 2a of Form 5500 or 5	500-SF		D	Employer I	dentification	Number (EIN	J)
	ELLINGHAM FOOT CLINIC, INC., P.S.			91-	108244	7		
E	ype of plan: X Single Multiple-A Multiple-B		F Prior year plan	size: X 100	or fewer	101-500	More than	500
Pa	rt I Basic Information							
1	Enter the valuation date: Month07	Day	01 Year 2	2012				
2	Assets:							
	a Market value					. 2a		49764
	b Actuarial value					2b		49764
3	Funding target/participant count breakdown:			(1) Number	of particip	ants	(2) Fun	ding Target
	a For retired participants and beneficiaries receiving payments	ent	3a			0		
	b For terminated vested participants		3b			0		
	C For active participants:							
	(1) Non-vested benefits		3c(1)					
	(2) Vested benefits							41905
	(3) Total active		1 /			4		41905
1.50	d Total					4		41905
4	If the plan is in at-risk status, check the box and complete li		그림 10명보이라고 1일 모양하게 되었다. [1] [1]					
	a Funding target disregarding prescribed at-risk assumptio					4a		
	b Funding target reflecting at-risk assumptions, but disrega at-risk status for fewer than five consecutive years and	arding tr d disreg	ansition rule for plan arding loading factor	s that have b	een in	4b		
5	Effective interest rate					5		6.90%
6	Target normal cost					6		12615
S	the best of my knowledge, the information supplied in this schedule and accommodate with applicable law and regulations. In my opinion, each other assumptionation, offer my best estimate of anticipated experience under the plan.	npanying s ption is rea	schedules, statements and assonable (taking into accou	attachments, if ar	ny, is complete e of the plan a	nd reasonable ex	ach prescribed a pectations) and s	such other assumptions, in
	Signature of actuary						Date	
COL	N E. SOUTHCOTE-WANT					1	.403502	
LBI	Type or print name of actuary ON ACTUARIAL CONSULTING, INC.						enrollment r -542-742	
	Firm name				Tele	ephone numb	er (including	area code)
.061	6 237TH PLACE SW							
EDMC	NDS WA 98020							
	Address of the firm							
	ctuary has not fully reflected any regulation or ruling promul							

Page	2	-

Do	art II Be	ginning of Voor	Carryay	or Profunding Polone									
Г	III De	gilling of Tear	Carryov	er Prefunding Baland	Les	(a)	Carryover balance		(b) F	Prefundi	ng balance		
7				cable adjustments (line 13 f	•			0	` '			0	
8			•	unding requirement (line 35				0				0	
9	Amount rem	aining (line 7 minus li	ne 8)					0				0	
10	Interest on li	ne 9 using prior year's	s actual ret	urn of <u>2.44</u> %				0				0	
11	Prior year's	excess contributions t	o be added	d to prefunding balance:									
	a Present va	lue of excess contrib	utions (line	38a from prior year)							23	828	
				interest rate of 3.48%						829			
	C Total availa	ble at beginning of cu	rent plan ye	ear to add to prefunding balar	nce						24	657	
	d Portion of	(c) to be added to pre	efunding ba	alance								0	
12	Other reduct	ons in balances due	to election:	s or deemed elections				0				0	
13	Balance at b	eginning of current ye	ear (line 9 -	+ line 10 + line 11d – line 12	?)			0				0	
P	art III F	unding Percenta	ages										
14	Funding targ	et attainment percent	age							14	118.75	5 %	
15 Adjusted funding target attainment percentage										15	118.7	5 %	
Prior year's funding percentage for purposes of determining whether carryover/prefunding balances may be used to reduce current year's funding requirement										16	108.4	2%	
17	If the current		17		%								
Pa	art IV	ontributions an	d liquidi	ty shortfalls									
18	Contribution	made to the plan for	the plan y	ear by employer(s) and emp	ployees:								
/N /	(a) Date 1M-DD-YYYY	(b) Amount p		(c) Amount paid by	(a) [(MM-DD		(b) Amount pai		(0	•	nt paid by		
	1/05/2013	employer	15000	employees 0	(IVIIVI-DD	<i>7</i> -1111)	employer(s)		епрі	oyees		
	1/08/2013		5221	0									
	1/30/2013		2500	0									
	5/21/2013		10000	0									
	5/11/2013		7000	0									
	7/08/2013		3000	0									
	7/26/2013		11279	0									
0.8	3/27/2013		6000	0									
	9/11/2013		25000	0									
					Totals ►	18(b)		85000	18(c)			0	
19	Discounted 6	mployer contribution	s – see ins	tructions for small plan with	a valuation	date after t	he beginning of the	year:					
	a Contributi	ons allocated toward	unpaid min	imum required contributions	s from prior	years	-	19a				0	
				djusted to valuation date			-	19b				0	
	C Contribution	ns allocated toward m	inimum req	uired contribution for current y	year adjusted	to valuation	n date	19c			79	568	
20	,	ntributions and liquidi	•							·			
		_		the prior year?						<u></u>	Yes X	No	
	b If 20a is "	es," were required qu	uarterly ins	tallments for the current yea	ar made in a	timely mar	nner?			[Yes	No	
	C If 20a is "	es," see instructions	and compl	ete the following table as ap	•								
	/4\	1et		Liquidity shortfall as of e	nd of quarte		•	T		(A) A+I			
	(1) 1st (2) 2nd (3) 3rd (4) 4th												

Pa	rt V	Assumptio	ns Used to Determine	Funding Target and Targe	et Normal Cost							
21	Discou											
	a Seg	ment rates:	1st segment: 5.54%	2nd segment: 6.85%	3rd segment 7.52%		N/A, fu	l yield	curve	used		
	b Appl	icable month (enter code)			21b				3		
22	Weight	ed average ret	tirement age			22				71		
23	Mortali	ty table(s) (see	e instructions) X Pro	escribed - combined Pre	scribed - separate	Substitut	te					
Pa	rt VI	Miscellane	ous Items									
24		-		tuarial assumptions for the current						No		
25	Has a ı	method change	e been made for the current pl	an year? If "Yes," see instructions	regarding required attac	chment			Yes	X No		
26	Is the p	olan required to	provide a Schedule of Active	Participants? If "Yes," see instruc	tions regarding required	attachment			Yes	X No		
27		•	_	ter applicable code and see instruc	tions regarding	27						
Pa	rt VII	Reconcilia	ation of Unpaid Minimu	ım Required Contribution	s For Prior Years							
28	Unpaid	l minimum requ	uired contributions for all prior	years		28				0		
29			contributions allocated toward		29				0			
30	Remair	ning amount of	30				0					
Pa	Part VIII Minimum Required Contribution For Current Year											
31	Target	normal cost a	nd excess assets (see instruc	tions):								
	a Targe	et normal cost	(line 6)			31a				126155		
	b Exce	ess assets, if ap	oplicable, but not greater than	line 31a		31b		126155 78589				
32	Amortiz	zation installme	ents:		Outstanding Bala		Ir	nstallm	ent			
	a Net s	shortfall amortiz	zation installment			0				0		
						0				0		
33				ter the date of the ruling letter grar) and the waived amount		33						
34	Total fu	unding requirer	ment before reflecting carryove	er/prefunding balances (lines 31a -	31b + 32a + 32b - 33)	34				47566		
				Carryover balance	Prefunding bala	nce	То	tal bala	ance			
35		_	use to offset funding							0		
36	Additio	nal cash requir	rement (line 34 minus line 35).			36				47566		
37	Contrib (line 19	outions allocate	ed toward minimum required c	ontribution for current year adjuste	d to valuation date	37				79568		
38	Presen	t value of exce	ess contributions for current ye	ar (see instructions)								
	a Total	(excess, if any	y, of line 37 over line 36)			38a				32002		
	b Porti	on included in	line 38a attributable to use of	prefunding and funding standard c	arryover balances	38b				0		
39	Unpaid	l minimum requ	uired contribution for current y	ear (excess, if any, of line 36 over	line 37)	39				0		
40	Unpaid	minimum requ	uired contributions for all years	3		40				0		
Pa	rt IX	Pension I	Funding Relief Under F	Pension Relief Act of 2010	(See Instructions)						
41	If an ele	ection was mad	de to use PRA 2010 funding re	elief for this plan:								
	a Sche	dule elected					2 plus 7 yea	rs	15 y	/ears		
	b Eligib	ole plan year(s) for which the election in line	41a was made		2008	3 2009	2010	$\overline{\Box}$	2011		
42	Amoun	t of acceleratio	n adjustment			42	<u> </u>	-				
			-	d over to future plan years		43						

BELLINGHAM FOOT CLINIC, INC., PS DEFINED BENEFIT PLAN

2012 Schedule SB, Part V Summary of Plan Provisions

Effective Date:

July 1, 2008

Plan Year:	July 1 through June 30	
Eligibility:	All employees are eligible to enter on the July 1 or January 1 coincident with or next following the date the employee completes the following requirements: 1 year of service minimum age 21	
Normal Retirement Date:	Date of attainment of age 65, or the fifth anniversary of entering the plan, if later.	
Normal Retirement Benefits:	A benefit payable for the life of the participant.	
Benefit Formula:	7% of monthly compensation* for each year of participation,** plus .65% of compensation* in excess of covered compensation* for each year of participation.**	
	*compensation is the average of the highest three consecutive years of service.	
	**participation is limited to a maximum of 5 years	
	⁺ covered compensation is the current table	
Accrued Benefit:	Benefit based upon the above formula, using compensation and years of participation earned to date of computation.	
Vesting:	20% after 2 years of service, plus 20% each year of service thereafter until fully vested.	
Death Benefit:	Actuarial equivalent of the accrued benefit.	
Early Retirement Benefit:	None.	
Disability Benefit:	None.	

BELLINGHAM FOOT CLINIC, INC., PS DEFINED BENEFIT PLAN

2012 Schedule SB, Part V Statement of Actuarial Assumptions/Methods

Interest Rates:

Lump Sum at Retirement Plan Rate	5.50% 8.00%	
Funding Rate (April 2012)	For Maximum	For Minimum
Segment 1 Segment 2 Segment 3	1.90% 4.90% 6.01%	5.54% 6.85% 7.52%
Minimum Present Values Segment 1 Segment 2 Segment 3	1.57% 4.26% 5.12%	
Mortality Rates (static, combined):	Pre-retirement	Post-retirement
Funding Plan Rate 417(e) Rate	None None None	2012 Applicable 83 GAM U 2012 Applicable
Salary Increases:	None	
Withdrawal Rates:	None	
Retirement:	Participants are assumed to retire at normal retirement date. The owner is assumed to retire at age73.	
Expense Load:	None	
Probability of benefit being paid as a Lump Sum	100%	
Assets	Market Value	