Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

less than 100% vested.

Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

Complete all entries in accordance with the instructions to the Form 5500-SF.

2014

This Form is Open to Public Inspection

OMB Nos. 1210-0110

1210-0089

Annual Report Identification Information For calendar plan year 2014 or fiscal plan year beginning and ending 12/31/2014 X a single-employer plan a multiple-employer plan (not multiemployer) (Filers checking this box must attach a list A This return/report is for: of participating employer information in accordance with the form instructions) a one-participant plan a foreign plan the first return/report the final return/report **B** This return/report is an amended return/report a short plan year return/report (less than 12 months) Form 5558 DFVC program automatic extension C Check box if filing under: special extension (enter description) Basic Plan Information—enter all requested information Part II 1a Name of plan **1b** Three-digit EFFECTIVENESS INSTITUTE, INC. 401(K) PLAN plan number (PN) ▶ 001 1c Effective date of plan 12/01/1984 2a Plan sponsor's name and address; include room or suite number (employer, if for a single-employer plan) **2b** Employer Identification Number EFFECTIVENESS INSTITUTE, INC. (EIN) 91-1122609 Sponsor's telephone number 425-641-7620 320-120TH AVE. NE, SUITE B202 BELLEVUE, WA 98005 Business code (see instructions) 621330 **3a** Plan administrator's name and address XSame as Plan Sponsor. Administrator's EIN **3c** Administrator's telephone number 4b EIN If the name and/or EIN of the plan sponsor has changed since the last return/report filed for this plan, enter the name, EIN, and the plan number from the last return/report. 4c PN a Sponsor's name Total number of participants at the beginning of the plan year 5a **b** Total number of participants at the end of the plan year..... 5b Number of participants with account balances as of the end of the plan year (defined benefit plans do not 5c 9 complete this item) d(1) Total number of active participants at the beginning of the plan year..... 5d(1) d(2) Total number of active participants at the end of the plan year..... 5d(2) 6

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

e Number of participants that terminated employment during the plan year with accrued benefits that were

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief it is true, correct, and complete

belief, it is true, correct, and complete.									
SIGN HERE	Filed with authorized/valid electronic signature.	02/25/2015	CLIFFORD CHIRLS						
	Signature of plan administrator	Date	Enter name of individual signing as plan administrator						
SIGN									
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor						
Preparer's	name (including firm name, if applicable) and address (include r	r) (optional)	Preparer's telephone number (optional)						

0

5e

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b	Were all of the plan's assets during the plan year invested in eligible assets? (See instructions.) Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA) under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.) If you answered "No" to either line 6a or line 6b, the plan cannot use Form 5500-SF and must instead use Form 5500.						X Yes		
С	if the plan is a defined benefit plan, is it covered under the PBGC in	surance p	program (see ERISA section 40)21)?		Yes	No	Not deter	mined
Par	t III Financial Information	1	1						
7	Plan Assets and Liabilities		(a) Beginning of Yea				(b) End o		
	Total plan assets	7a	19578	320				15914	183
	Total plan liabilities	7b	19578	220	-			15914	100
	Net plan assets (subtract line 7b from line 7a)	7c		520					103
	Income, Expenses, and Transfers for this Plan Year Contributions received or receivable from:		(a) Amount				(b) To	tal	
	(1) Employers	8a(1)	95	582					
	(2) Participants	8a(2)	383	381					
	(3) Others (including rollovers)	8a(3)							
b	Other income (loss)	8b	1098	336					
	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c						1577	799
	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	8d	5227	721					
	Certain deemed and/or corrective distributions (see instructions)	8e	-						
	Administrative service providers (salaries, fees, commissions)	8f	14	115					
	Other expenses	8g							
	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h						5241	36
	Net income (loss) (subtract line 8h from line 8c)	8i						-3663	337
	Transfers to (from) the plan (see instructions)	8i							
Par	t IV Plan Characteristics								
b	If the plan provides welfare benefits, enter the applicable welfare for V Compliance Questions	eature cod	les from the List of Plan Chara	cterist	ic Cod	les in t	he instructio	ns:	
10	During the plan year:				Yes	No	,	Amount	
	Was there a failure to transmit to the plan any participant contribut 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidure)	ıciary Cor	rection Program)	10a		Χ			
	Were there any nonexempt transactions with any party-in-interest on line 10a.)			10b		X			
с	Was the plan covered by a fidelity bond?			10c	X				200000
d	Did the plan have a loss, whether or not reimbursed by the plan's or dishonesty?			10d		Χ			
e	Were any fees or commissions paid to any brokers, agents, or oth insurance service, or other organization that provides some or all instructions.)	of the ber	nefits under the plan? (See	10e		X			
f	Has the plan failed to provide any benefit when due under the plan	n?		10f		X			
g	Did the plan have any participant loans? (If "Yes," enter amount as	s of year	end.)	10g		X			
h	If this is an individual account plan, was there a blackout period? (2520.101-3.)	•		10h		X			
i	If 10h was answered "Yes," check the box if you either provided the exceptions to providing the notice applied under 29 CFR 2520.10			10i					
Part	VI Pension Funding Compliance								
11	Is this a defined benefit plan subject to minimum funding requirem 5500) and line 11a below)							Yes	No
11a	Enter the unpaid minimum required contribution for current year fr					11a			
12	12 Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section 302 of ERISA?								
	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below,								
а	If a waiver of the minimum funding standard for a prior year is beir granting the waiver.	-			, and e	enter th Day		e letter ru Year	ıling

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lf :	ou completed line 12a, complete lines 3, 9, and 10 of Schedule MB (For	m 5500), and skip to line 13.			
b	Enter the minimum required contribution for this plan year		12b		
С	Enter the amount contributed by the employer to the plan for this plan year		12c		
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result negative amount)	-	1 124		
е	Will the minimum funding amount reported on line 12d be met by the funding	g deadline?		Yes	No N/A
Part	VII Plan Terminations and Transfers of Assets				
13a	Has a resolution to terminate the plan been adopted in any plan year?		🔲 Y	′es X No	
	If "Yes," enter the amount of any plan assets that reverted to the employer the	his year	13a		
b	Were all the plan assets distributed to participants or beneficiaries, transferred the PBGC?		inder the control		Yes X No
С	If during this plan year, any assets or liabilities were transferred from this pla which assets or liabilities were transferred. (See instructions.)	an to another plan(s), identify th	e plan(s) to		
1	3c(1) Name of plan(s):		13c(2) EI	N(s)	13c(3) PN(s)

14b Trust's EIN

Part VIII Trust Information (optional)

14a Name of trust

Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefils Security Administration

Employee Benefits Security Administration
Pension Benefit Guaranty Corporation

Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

▶ Complete all entries in accordance with the instructions to the Form 5500-SF.

of the Internal

2014

OMB Nos. 1210-0110

1210-0089

This Form is Open to Public Inspection

Part I	Annual Repor	t Identification Information					
For calenda	ar plan year 2014 or	fiscal plan year beginning	01/01/2014	and ending	12/31/20	14	
A This ret	urn/report is for:	a single-employer plan	of participating employ	an (not multiemployer) er information in accor			
		a one-participant plan	a foreign plan				
B This retu	ırn/report is	the first return/report	the final return/report				
		n/report (less than 12 m	2 months)				
C Check t	box if filing under:	Form 5558	automatic extension		DFVC pro	gram	
		special extension (enter desc	cription)				
Part II	Basic Plan Inf	ormation—enter all requested in	formation				
1a Name EFFECTI		TTUTE, INC. 401(K) PL	AN		1b Three-digit plan number (PN) ▶	001	
					1c Effective date 12/01/19		
2a Plan sp Effect:	ponsor's name and a iveness Inst	address; include room or suite numl itute, Inc.	per (employer, if for a single-	employer plan)	2b Employer Ide (EIN) 91-1		
320-120	Oth Ave. NE,	Suite B202			2c Sponsor's tell 425-641-	•	
						le (see instructions)	
Bellevi		WA 98005 and address XSame as Plan Spor	20.05			621330 Administrator's EIN	
Ja Pian a	dministrator's name	and address Asame as Flan Spoi	isui.		OD Administrator	3 2114	
		the plan sponsor has changed since plan from the last return/report.	e the last return/report filed fo	or this plan, enter the	4b EIN		
	or's name	idiliber from the last return eport.			4c PN		
5a Total	number of participan	ts at the beginning of the plan year			5a	13	
b Total	number of participan	ts at the end of the plan year			5b		
		h account balances as of the end o			5c	9	
d(1) Tot	al number of active p	participants at the beginning of the	olan year		5d(1)	,	
d(2) ⊤ot	tal number of active	participants at the end of the plan y	ear	*************	5d(2)		
		terminated employment during the			5e	(
Caution: A	A penalty for the lat	e or incomplete filing of this retu	rn/report will be assessed	unless reasonable ca	use is established.		
Under pen SB or Scho	alties of perjury and	other penalties set forth in the instr and signed by an enrolled actuary,	uctions, I declare that I have	examined this return/r	eport, including, if ap	plicable, a Schedule	
SIGN / 9/Hal / 229 5 Clifford Chirls					rls		
HERE	Signature of plan	administrator	Date	Enter name of indiv	idual signing as plan	administrator	
SIGN							
HERE	Signature of emi	oloyer/plan sponsor	Date	Enter name of indiv	idual signing as empl	over or plan sponsor	
Preparer's		n name, if applicable) and address		er) (optional)	Preparer's telepho	one number (optional)	
						+	

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b /	Were all of the plan's assets during the plan year invested in eligible assets? (See instructions.) Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA) under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.) If you answered "No" to either line 6a or line 6b, the plan cannot use Form 5500-SF and must instead use Form 5500.									
C	f the plan is a defined benefit plan, is it covered under the PBGC in	surance p	rogram (see ERISA section 402	21)? .	📙	Yes	∐No [Not	determ	nined
Part	III Financial Information									
7 F	Plan Assets and Liabilities		(a) Beginning of Yea	r			(b) End	of Ye	ar	
a	otal plan assets	7a	195	782	0		-1.00		_ 15	91483
b	otal plan liabilities	7b								
C I	Net plan assets (subtract line 7b from line 7a)	7c	195	782	0				15	91483
8 1	ncome, Expenses, and Transfers for this Plan Year		(a) Amount				(b)	Total		
a	Contributions received or receivable from:			958	2					
	1) Employers	8a(1)			+	_			_	
	2) Participants	8a(2)	3	838	1	_	_	_	_	
	3) Others (including rollovers)	8a(3)	1.0	000			_		_	
	Other income (loss)	8b	10	983	6			_	- 1	F 7 7 0 C
	Fotal income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c	X		+					57799
	Benefits paid (including direct rollovers and insurance premiums o provide benefits)	8d	52	272	1					
e (Certain deemed and/or corrective distributions (see instructions)	8e			_					
f_/	Administrative service providers (salaries, fees, commissions)	8f		141	5					
g	Other expenses	8g			_					
_ h -	Fotal expenses (add lines 8d, 8e, 8f, and 8g)	8h			4	52413				
	Net income (loss) (subtract line 8h from line 8c)	8i			4				- 3	66337
_ j	Transfers to (from) the plan (see instructions)	8j								
Par										
9a	If the plan provides pension benefits, enter the applicable pension 2E 3D 2J 2K 2F 2A 2T 2G	feature co	des from the List of Plan Chara	acteris	tic Co	des in	the instru	uctions	:	
b	If the plan provides welfare benefits, enter the applicable welfare for	eature cod	es from the List of Plan Charac	teristi	ic Cod	es in tl	he instruc	ctions:		
Part	V Compliance Questions									
10	During the plan year:				Yes	No		Δm	ount	
(A)	Was there a failure to transmit to the plan any participant contribu	itions with	in the time period described in					Alli	June	
	29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fide	uciary Cor	rection Program)	10a		X				
b	Were there any nonexempt transactions with any party-in-interest on line 10a.)			10b		х				
C	Was the plan covered by a fidelity bond?			10c	х				2	00000
d				100	-					
	or dishonesty?			10d		Х				
е	Were any fees or commissions paid to any brokers, agents, or oth insurance service, or other organization that provides some or all	her persor Lof the ber	ns by an insurance carrier, nefits under the plan? (See			,,,				
	instructions.)			10e		X				
f	Has the plan failed to provide any benefit when due under the pla	an?		10f		Х				
g	Did the plan have any participant loans? (If "Yes," enter amount a			10g		Х				
h	If this is an individual account plan, was there a blackout period? 2520.101-3.)			10h		Х				
1	If 10h was answered "Yes," check the box if you either provided to exceptions to providing the notice applied under 29 CFR 2520.10	the require	d notice or one of the	10i						
Part	VI Pension Funding Compliance									
11	Is this a defined benefit plan subject to minimum funding requiren 5500) and line 11a below)						3 (Form		Yes	No
11a	Enter the unpaid minimum required contribution for current year t	from Sche	dule SB (Form 5500) line 39		. ave	11a				
12	Is this a defined contribution plan subject to the minimum funding					302 of	ERISA?		Yes	X No
	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below									

a If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiver.

Month Day Year

granting the waiver......Month_

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lf y	ou completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Fo	rm 5500), and skip to line 13.		
b	Enter the minimum required contribution for this plan year	.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	12b	
С	Enter the amount contributed by the employer to the plan for this plan year		12c	
d	Subtract the amount in line 12c from the amount in line 12b. Enter the resu negative amount)	` -	12d	
е	Will the minimum funding amount reported on line 12d be met by the funding	ng deadline?	Yes	No N/A
Part	VII Plan Terminations and Transfers of Assets			
13a	Has a resolution to terminate the plan been adopted in any plan year?		Yes X No	
	If "Yes," enter the amount of any plan assets that reverted to the employer	this year	13a	
b	Were all the plan assets distributed to participants or beneficiaries, transfer of the PBGC?			Yes X No
С	If during this plan year, any assets or liabilities were transferred from this p which assets or liabilities were transferred. (See instructions.)	lan to another plan(s), identify the plan(s)	to	
1	3c(1) Name of plan(s):	1	3c(2) EIN(s)	13c(3) PN(s)
	VIII Trust Information (optional)			
14a	Name of trust	.4	14b Trust's EIN	