Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

HERE

SIGN **HERE**

Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

▶ Complete all entries in accordance with the instructions to the Form 5500-SF

2014

OMB Nos. 1210-0110

1210-0089

This Form is Open to **Public Inspection**

Annual Report Identification Information For calendar plan year 2014 or fiscal plan year beginning and ending 11/30/2014 X a single-employer plan a multiple-employer plan (not multiemployer) (Filers checking this box must attach a list A This return/report is for: of participating employer information in accordance with the form instructions) a one-participant plan a foreign plan the first return/report X the final return/report **B** This return/report is an amended return/report a short plan year return/report (less than 12 months) Form 5558 DFVC program automatic extension C Check box if filing under: special extension (enter description) Basic Plan Information—enter all requested information Part II 1a Name of plan **1b** Three-digit ALL FREIGHT INTERNATIONAL, INC. 401K PROFIT SHARING PLAN plan number (PN) ▶ 001 1c Effective date of plan 04/01/1986 2a Plan sponsor's name and address; include room or suite number (employer, if for a single-employer plan) 2b Employer Identification Number ALL FREIGHT INTERNATIONAL, INC. 91-1333721 (EIN) Sponsor's telephone number 206-244-2646 131 S.W. 156TH ST., SUITE 200 SEATTLE, WA 98166 Business code (see instructions) 484120 **3a** Plan administrator's name and address XSame as Plan Sponsor. Administrator's EIN **3c** Administrator's telephone number 4b EIN If the name and/or EIN of the plan sponsor has changed since the last return/report filed for this plan, enter the name, EIN, and the plan number from the last return/report. a Sponsor's name 4c PN Total number of participants at the beginning of the plan year 5a 5 **b** Total number of participants at the end of the plan year..... 5b 0 Number of participants with account balances as of the end of the plan year (defined benefit plans do not 5c 0 complete this item) d(1) Total number of active participants at the beginning of the plan year..... 5d(1) 0 d(2) Total number of active participants at the end of the plan year..... 5d(2) 0 e Number of participants that terminated employment during the plan year with accrued benefits that were 0 5e less than 100% vested. Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established. Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete Filed with authorized/valid electronic signature 04/24/2015 LINDA LORENTZ **SIGN**

Date

For Paperwork Reduction Act Notice and OMB Control Numbers, see the instructions for Form 5500-SF.

Preparer's name (including firm name, if applicable) and address (include room or suite number) (optional)

Signature of plan administrator

Signature of employer/plan sponsor

Enter name of individual signing as plan administrator

Enter name of individual signing as employer or plan sponsor

Preparer's telephone number (optional)

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b	Were all of the plan's assets during the plan year invested in eligible. Are you claiming a waiver of the annual examination and report of a under 29 CFR 2520.104-46? (See instructions on waiver eligibility a lif you answered "No" to either line 6a or line 6b, the plan cannot be a considerable or the considera	an indeper and condit	ndent qualified public accountations.)	int (IQ	(PA)				X Y	_	No No
С	f the plan is a defined benefit plan, is it covered under the PBGC in	surance p	rogram (see ERISA section 40	21)?		Yes	No	_ N	lot det	ermir	ned
Par	t III Financial Information										
7	Plan Assets and Liabilities		(a) Beginning of Yea				(b) Er	nd of	Year		
<u>a</u>	Total plan assets	7a	512							0	
-	Total plan liabilities	7b		514						0	
	Net plan assets (subtract line 7b from line 7a)	7c	497	14						0	
	Income, Expenses, and Transfers for this Plan Year Contributions received or receivable from:		(a) Amount				(b) Tot	al		
	(1) Employers	8a(1)									
	(2) Participants	8a(2)									
	(3) Others (including rollovers)	8a(3)									
	Other income (loss)	8b	5	581							
	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c								581	
	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	8d	439	959							
е	Certain deemed and/or corrective distributions (see instructions)	8e									
f	Administrative service providers (salaries, fees, commissions)	8f	63	336							
g	Other expenses	8g									
h	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h							5	0295	
	Net income (loss) (subtract line 8h from line 8c)	8i							-4	9714	
Par	Transfers to (from) the plan (see instructions) t IV Plan Characteristics	8j									
b	If the plan provides welfare benefits, enter the applicable welfare for V Compliance Questions	eature cod	es from the List of Plan Chara	cterist	tic Cod	des in t	the instru	ıction	s:		
10	During the plan year:				Yes	No		Α	moun	t	
	Was there a failure to transmit to the plan any participant contributing 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidulations)	ıciary Corr	rection Program)	10a		X					
	Were there any nonexempt transactions with any party-in-interest on line 10a.)			10b		X					
<u>c</u>	Was the plan covered by a fidelity bond?			10c	Χ					5	0000
d 	Did the plan have a loss, whether or not reimbursed by the plan's or dishonesty?	<u></u>		10d		Χ					
e	Were any fees or commissions paid to any brokers, agents, or oth insurance service, or other organization that provides some or all instructions.)	of the ben	efits under the plan? (See	10e		X					
f	Has the plan failed to provide any benefit when due under the plan	n?		10f		X					
g	Did the plan have any participant loans? (If "Yes," enter amount as	s of year e	end.)	10g		X					
h	If this is an individual account plan, was there a blackout period? (2520.101-3.)	•		10h		X					
i	If 10h was answered "Yes," check the box if you either provided the exceptions to providing the notice applied under 29 CFR 2520.10			10i							
Part	VI Pension Funding Compliance										
11	Is this a defined benefit plan subject to minimum funding requirem 5500) and line 11a below)								Y	es	No
<u>11a</u>	Enter the unpaid minimum required contribution for current year fr	om Sched	ule SB (Form 5500) line 39			11a		,			
12	Is this a defined contribution plan subject to the minimum funding			or se	ection	302 of	ERISA?	[Y	es X	No
	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below,			o#! = :	a :- ·1	nnt== /1	00 451	£ 41-	lo-u-	w1! -	
а	If a waiver of the minimum funding standard for a prior year is beir granting the waiver.	-			, and (enter th Day			letter ear	ruling	J

	F	Form 5500-SF 2014	Page 3 - 1					
lf y	ou c	ompleted line 12a, complete lines 3, 9, and 10 of Schedule MB (Forn	n 5500), and skip to line 13.					
b	Ente	r the minimum required contribution for this plan year			12b			
С	Ente	r the amount contributed by the employer to the plan for this plan year			12c			
d		ract the amount in line 12c from the amount in line 12b. Enter the result (`		12d			
е	e Will the minimum funding amount reported on line 12d be met by the funding deadline?						No	N/A
Part	VII	Plan Terminations and Transfers of Assets						
13a	Has	a resolution to terminate the plan been adopted in any plan year?			. X	Yes N	lo	
	If "Ye	es," enter the amount of any plan assets that reverted to the employer th	is year		. 13a			
b		e all the plan assets distributed to participants or beneficiaries, transferre e PBGC?		under the o	control		X Yes	No
С	If du	ring this plan year, any assets or liabilities were transferred from this planth assets or liabilities were transferred. (See instructions.)		ne plan(s)	to			
1	3c(1)	Name of plan(s):		1:	3c(2) E	IN(s)	13c(3) PN(s)

14b Trust's EIN

Part VIII Trust Information (optional)

14a Name of trust

Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

This form is required to be filed under sections 104 and 4065 of the Employee Retirement income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

Short Form Annual Return/Report of Small Employee

Benefit Plan

▶ Complete all entries in accordance with the instructions to the Form 5500-SF.

OMB Nos. 1210-0110 1210-0089

2014

This Form is Open to Public Inspection

Part I		dentification information			7.1 /20 /007.4			
For calenda	r plan year 2014 or f	iscal plan year beginning	04/01/2014	and ending	11/30/2014			
A This retu	a single-employer plan a multiple-employer plan (not multiemployer) (Filers checking this box must attach a list of participating employer information in accordance with the form instructions) a one-participant plan a foreign plan							
B This retu	rn/report is	the first return/report	X the final return/report					
an amended return/report								
C Check b	ox if filing under:	Form 5558	DFVC program					
		special extension (enter desc	ription)					
Part II	Pacie Plan Infe	ormation—enter all requested in	formation					
		Jimaton enter all requested in	Tormadori		1b Three-digit			
1a Name of ALL FRE		TIONAL, INC. 401K PRO	OFIT SHARING PLAN		plan number 001			
					1c Effective date of plan 04/01/1986			
	onsor's name and action	ddress; include room or suite numb TIONAL, INC.	er (employer, if for a single-e	employer plan)	2b Employer Identification Number (EIN) 91-1333721			
131 S.W	. 156TH ST.,	SUITE 200			2c Sponsor's telephone number 206-244-2646			
SEATTLE	!	WA 98166			2d Business code (see instructions) 484120			
3a Plan ac	Iministrator's name a	ınd address XSame as Plan Spon	sor.		3b Administrator's EIN			
		_						
					3c Administrator's telephone number			
4 If the n	ome and/or FINI of th	ne plan sponsor has changed since	the last return/report filed for	this plan enter the	4b EIN			
		ie plan sponsor has changed since imber from the last return/report.	the last return/report filed for	tino pian, enter the	TO CIN			
a Sponso	•				4c PN			
5a Total n	umber of participants	s at the beginning of the plan year.			5a 5			
b Total n	number of participants	s at the end of the plan year			5b 0			
		account balances as of the end of			5c 0			
		articipants at the beginning of the p			5d(1) 0			
d(2) Tota	al number of active p	articipants at the end of the plan ye	ear		5d(2) 0			
		terminated employment during the		fits that were	5e 0			
Caution: A	penalty for the late	or incomplete filing of this retur	n/report will be assessed u	ınless reasonable cau	ise is established.			
Under pena SB or Sche	alties of perjury and or dule MB completed	other penalties set forth in the instru and signed by an enrolled actuary,	ictions, I declare that I have e	examined this return/rep	port, including, if applicable, a Schedule , and to the best of my knowledge and			
SIGN	rue, correct and con	X MOL SI	4/21/2013	Linda Lorentz				
HERE	Signature of plan	administrator	Date	Enter name of individ	ual signing as plan administrator			
SIGN		\						
HERE	Signature of empl	oyer/plan sponsor	Date	Enter name of individ	ual signing as employer or plan sponsor			
Preparer's			include room or suite numbe	r) (optional)	Preparer's telephone number (optional)			
1	` •	marine, ii applicable) and address (i						
	, ,	manie, ii applicable) and address (i						
	, ,	marile, ii applicable) and address (i						

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b	Were all of the plan's assets during the plan year invested in eligible assets? (See instructions.)					5500.			X Yes	No No
	If the plan is a defined benefit plan, is it covered under the PBGC in	surance p	rogram (see ERISA section 40)21)?		Yes	No	N	ot determi	ned
	rt III Financial Information									
7	Plan Assets and Liabilities	_	(a) Beginning of Yea				(b) Eı	nd of	Year	
	Total plan assets Total plan liabilities	7a		5122 151	_					
	Net plan assets (subtract line 7b from line 7a)	7b 7c	4	4971	_					
8	Income, Expenses, and Transfers for this Plan Year	70	(a) Amount	10,1	+		(h) Tota	al	
	Contributions received or receivable from: (1) Employers	8a(1)	(a) Amount				(<i>)</i> 10te	ai	
	(2) Participants	8a(2)								
	(3) Others (including rollovers)	8a(3)								
b	Other income (loss)	8b		58	31					
	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c								581
	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	. 8d		4395	9					
	Certain deemed and/or corrective distributions (see instructions)	8e		622						
f	Administrative service providers (salaries, fees, commissions)	8f		633	6					
<u>g</u>	Other expenses	8g								0005
	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h								0295
<u>i</u>	Net income (loss) (subtract line 8h from line 8c)	8i							-4	9714
) D-		8j								
9a	If the plan provides pension benefits, enter the applicable pension 2A 2E 2F 2H 2J 2K 3D									
b	If the plan provides welfare benefits, enter the applicable welfare for	eature cod	es from the List of Plan Charad	cterist	ic Cod	es in th	ne instru	uctions	s:	
Par					.,					
10	During the plan year: Was there a failure to transmit to the plan any participant contribution.	tions within	a the time period described in		Yes	No		Ar	mount	
	29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidulations) Were there any nonexempt transactions with any party-in-interest	ıciary Corı	ection Program)	10a		Х				
	on line 10a.)	·····		10b		Х			_	
C	· , ,			10c	X				5	0000
d	or dishonesty?	······································		10d		Х				
e	Were any fees or commissions paid to any brokers, agents, or oth insurance service, or other organization that provides some or all instructions.)	of the ben	efits under the plan? (See	10e		Х				
f	Has the plan failed to provide any benefit when due under the plan?			10f		Х				
g	Did the plan have any participant loans? (If "Yes," enter amount as of year end.)					Х				
h	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)			10h		Х				
i	If 10h was answered "Yes," check the box if you either provided the exceptions to providing the notice applied under 29 CFR 2520.10			10i						
Part	VI Pension Funding Compliance									
11	Is this a defined benefit plan subject to minimum funding requirem 5500) and line 11a below)								Yes	No

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lf '	you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form	5500), and	d skip to line 13.				
b	Enter the minimum required contribution for this plan year			12b			
С	Enter the amount contributed by the employer to the plan for this plan year			12c			
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enegative amount)		J	12d			
<u>e</u>	Will the minimum funding amount reported on line 12d be met by the funding of	deadline?			Yes	No	N/A
Part	t VII Plan Terminations and Transfers of Assets						
13a	Has a resolution to terminate the plan been adopted in any plan year?			X	res No		
	If "Yes," enter the amount of any plan assets that reverted to the employer this	s year		13a			0
b	Were all the plan assets distributed to participants or beneficiaries, transferred of the PBGC?		, ,	e control		X Yes	No
С	If during this plan year, any assets or liabilities were transferred from this plan which assets or liabilities were transferred. (See instructions.)	to another	plan(s), identify the plan(s) to			
1	13c(1) Name of plan(s):			13c(2) E	N(s)	13c(3) F	PN(s)
Part	t VIII Trust Information (optional)						
14a	Name of trust			14b ⊤	rust's E I N		