For	m 5500-SF	Short Form Annual	Return/Report Benefit Plan	of Small Emplo	oyee		OMB Nos. 1210-0110 1210-0089		
	tment of the Treasury nal Revenue Service	This form is required to be filed under sections 104 and 4065 of the Employee Re				2014			
	Department of Labor Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Interr Revenue Code (the Code).					This Form is Open to Public Inspection			
Pension Be	Pension Benefit Guaranty Corporation Complete all entries in accordance with the instructions to the Form 5500-SF.								
Part I		lentification Information			0.1/0.0.1.1				
For calenda	ar plan year 2014 or fisca			9	31/2014				
	urn/report is for: 	a single-employer plan a one-participant plan the first return/report		lan (not multiemployer) ( yer information in accord		-			
an amended return/report a short plan year return/report (less than 12 months)									
C Check I	box if filing under:	Form 5558	automatic extension		D	FVC progra	m		
		special extension (enter description	on)						
Part II	Basic Plan Inform	- nation—enter all requested inform	otion						
1a Name	of plan	INGS & RETIREMENT PLAN			(PN)	number	001 <sup>-</sup> plan		
<b>2a</b> Plan sj JOHN J POG		ess; include room or suite number (e	employer, if for a single-	-employer plan)	-	-	ication Number		
JOHN J POG					(EIN) 2c Spor	N) 16-1555650 onsor's telephone number			
531 WASHINGTON STREET     315-788-7990       WATERTOWN, NY 13601-0000     2d Business code (see instruction						see instructions)			
<b>3a</b> Plan administrator's name and address Same as Plan Sponsor.					<b>3b</b> Adm	621111 Administrator's EIN			
4 If the r	name and/or EIN of the p	lan sponsor has changed since the	last return/report filed fo	or this plan, enter the	4b EIN				
name		per from the last return/report.	·		<b>4c</b> PN				
5a Total r	number of participants at	the beginning of the plan year			5a		20		
<b>b</b> Total r	number of participants at	the end of the plan year			5b		18		
		count balances as of the end of the			5c		18		
•	,	cipants at the beginning of the plan y			5d(1)		16		
<b>d(2)</b> Tota	al number of active partion	cipants at the end of the plan year			5d(2)		2		
		ninated employment during the plan			5e		0		
Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established. Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.									
SIGN HERE	Filed with authorized/Va	thorized/valid electronic signature.							
	Signature of plan adr	ninistrator	Date	Enter name of individe	ual signing	as plan adn	ninistrator		
SIGN HERE	Signature of employe	er/plan sponsor	Date	Enter name of individe	ual signing	as emplove	r or plan sponsor		
Preparer's	Preparer's name (including firm name, if applicable) and address (include room or suite number ) (optional) Preparer's telephone number (optional)								

b	Were all of the plan's assets during the plan year invested in eligib Are you claiming a waiver of the annual examination and report of under 29 CFR 2520.104-46? (See instructions on waiver eligibility	an indepe and condit	ndent qualified public accounta	nt (IC	(PA)			X Ye		
	If you answered "No" to either line 6a or line 6b, the plan cannot use Form 5500-SF and must instead use Form 5500.									
<u>с</u>	If the plan is a defined benefit plan, is it covered under the PBGC in	nsurance p	program (see ERISA section 40	)21)?		Yes	No	Not det	ermined	
Par	t III Financial Information		1							
7	Plan Assets and Liabilities		(a) Beginning of Yea				(b) End c			
а	Total plan assets	. 7a	25011					280	2265	
b	Total plan liabilities	. 7b		0						
C	Net plan assets (subtract line 7b from line 7a)	. 7c	25011	1158				280	2265	
8	Income, Expenses, and Transfers for this Plan Year		(a) Amount				(b) To	otal		
	Contributions received or receivable from:	90(1)	388	380						
	(1) Employers	. 8a(1)	911							
	(2) Participants	. 8a(2)		-						
-	(3) Others (including rollovers)	. 8a(3)	2105	547						
	Other income (loss)	. 8b	2100		-		340559			
	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b) Benefits paid (including direct rollovers and insurance premiums	. 8c						54	559	
	to provide benefits)	. 8d	177	78						
е	Certain deemed and/or corrective distributions (see instructions)	. 8e								
f	Administrative service providers (salaries, fees, commissions)	. 8f	216	674						
g	Other expenses	. 8g								
	Total expenses (add lines 8d, 8e, 8f, and 8g)	. 8h						3	9452	
	Net income (loss) (subtract line 8h from line 8c)							30	107	
	Transfers to (from) the plan (see instructions)									
Par	Part IV Plan Characteristics									
b	<ul> <li>9a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions:</li> <li>b If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:</li> </ul>									
Part	V Compliance Questions									
10	During the plan year:				Yes	No		Amoun	:	
	Was there a failure to transmit to the plan any participant contribu 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fide	uciary Cor	rection Program)	10a		х				
d	Were there any nonexempt transactions with any party-in-interest on line 10a.)			10b		Х				
С	Was the plan covered by a fidelity bond?			10c	Х				265000	
d	Did the plan have a loss, whether or not reimbursed by the plan's or dishonesty?			10d		X				
е	Were any fees or commissions paid to any brokers, agents, or oth insurance service, or other organization that provides some or all instructions.)	of the ben	efits under the plan? (See	10e		x				
f	Has the plan failed to provide any benefit when due under the pla	n?		10f		Х				
g	Did the plan have any participant loans? (If "Yes," enter amount a	as of vear e	end.)	10g	Х				6759	
	If this is an individual account plan, was there a blackout period?			iug	~				0700	
	2520.101-3.)	` ·····		10h		Х				
i	If 10h was answered "Yes," check the box if you either provided the exceptions to providing the notice applied under 29 CFR 2520.10			10i						
Part	VI Pension Funding Compliance									
11	Is this a defined benefit plan subject to minimum funding requirem 5500) and line 11a below)							Ye	es 🗙 No	
11a	a Enter the unpaid minimum required contribution for current year from Schedule SB (Form 5500) line 39					11a		_		
12	Is this a defined contribution plan subject to the minimum funding	requireme	ents of section 412 of the Code	e or se	ection	302 of	ERISA?	Ye	es X No	
	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below,	, as applic	able.)							

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If you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.						
<b>b</b> Enter the minimum required contribution for this plan year		12b				
<b>C</b> Enter the amount contributed by the employer to the plan for this plan year		12c				
<b>d</b> Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left onegative amount)	of a	12d				
e Will the minimum funding amount reported on line 12d be met by the funding deadline?			Yes	No N/A		
Part VII Plan Terminations and Transfers of Assets						
13a Has a resolution to terminate the plan been adopted in any plan year?		· 🗆 ۲	Yes X No			
If "Yes," enter the amount of any plan assets that reverted to the employer this year		. 13a				
<b>b</b> Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the of the PBGC?				Yes 🗙 No		
C If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)						
13c(1) Name of plan(s):	1	3c(2) El	IN(s)	<b>13c(3)</b> PN(s)		
Part VIII Trust Information (optional)						
14a Name of trust		<b>14b</b> ⊺⊧	rust's EIN			

Form 5500-SF	Short Form Annual Re	turn/Report c enefit Plan	of Small Employ	/ee		OMB Nos. 1210-0110 1210-0089		
Internal Revenue Service         This form is required to be filed under sections 104 and 4065 of the Employee           Department of Labor         Retirement Income Security Act of 1974 (ERISA), and section 6057(b) and 6058(a) of the Internal Revenue Code (the Code).					2014			
					a) of This Form is Open to Inspection			
Pension Benefit Guaranty Corporation Complete all entries in accordance with the instructions to the Form 5500-SF.								
	dentification Information	01/01/2014	and anding	10	/31/2014			
For calendar plan year 2014 or fisca			and ending		· · · · · · · · · · · · · · · · · · ·	must attach a list		
A This return/report is for:	a one-participant plan	of participating emplo a foreign plan	lan (not multiemployer) ( yer information in accord					
B This return/report is:	the first return/report I the final return/report as short plan year return/report (less than 12 months)							
C Check box if filing under:	] Form 5558	automatic extension			] DFVC progra	m		
[	special extension (enter description	)						
Part II Basic Plan Infor	mation enter all requested inform	nation	<u> </u>	r				
1a Name of plan					Three-digit plan number			
JOHN J POGGI MD PC 4	01(K) SAVINGS & RETIREMEN	T PLAN		•	PN) ►	001		
					C Effective date of plan 06/01/1999			
2a Plan sponsor's name and addi JOHN J POGGI MD PC	ress; include room or suite number (en	ployer, if for a single	-employer plan)			fication Number		
JOHN U FOGGI ME FC				(EIN) 16-1555650 <b>2c</b> Sponsor's telephone number (315) 788-7990				
531 WASHINGTON STREET				2d E	Business code (see instructions)			
US WATERTOWN NY 13601-0000	<u> </u>				621111			
3a       Plan administrator's name and address       X       Same as Plan Sponsor Name       3b       Administrator's EIN					EIN			
<ul> <li>4 If the name and/or EIN of the plan sponsor has changed since the last return/report filed for this plan, enter the name, EIN, and the plan number from the last return/report.</li> <li>3c Administrator's telephone number</li> <li>4b EIN</li> </ul>								
a Sponsor's name				4c F	PN			
	the beginning of the plan year			5a		20		
· · ·	t the end of the plan year			5b		18		
• •	count balances as of the end of the pla			5c		18		
d(1) Total number of active partic	ipants at the beginning of the plan yea	r		5d(1	I)	16		
<b>d(2)</b> Total number of active partic				5d(2	2)	2		
	minated employment during the plan y			5e		0		
Caution: A penalty for the late of	r incomplete filing of this return/rep	ort will be assessed	unless reasonable cau	ise is e	stablished.			
Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct and completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct and completed and signed by an enrolled actuary.								
SIGN	7 11	6-3-15	John Pogg	j K.	θ,			
HERE Signature of plan admin	histratory Mas	Date	Enter name of individua		· · · · · · · · · · · · · · · · · · ·	nistrator		
	Lefla V		John Pogy	<u>i h</u>	. D			
HERE Signature of employer/p	blan sponsor	Date 6-3-15	Enter name of individua	ıl signin	g as employer o	or plan sponsor		
Preparer's name (including firm na	me, if applicable) and address; include	room or suite numbe	er (optional)			number (optional)		

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X Yes No

XYes No

6a Were all of the plan's assets during the plan year invested in eligible assets? (See instructions.)

b Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA)

under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.) If you answered "No" to either line 6a or line 6b, the plan cannot use Form 5500-SF and must instead use Form 5500.

Part III **Financial Information** (a) Beginning of Year (b) End of Year 7 Plan Assets and Liabilities а Total plan assets ..... 7a 2,501,158 2,802,265 b 7b Total plan liabilities ..... 0 С Net plan assets (subtract line 7b from line 7a) ..... 7c 2,501,158 2,802,265 8 Income, Expenses, and Transfers for this Plan Year (a) Amount (b) Total Contributions received or receivable from: а 38,880 (1) Employers ..... 8a(1) 91,132 (2) Participants ..... 8a(2) (3) Others (including rollovers) ..... 8a(3) b Other income (loss) ..... 8b 210,547 8c С Total income (add lines 8a(1), 8a(2), 8a(3), and 8b) ..... 340,559 Benefits paid (including direct rollovers and insurance premiums d to provide benefits) ..... 8d 17,778 Certain deemed and/or corrective distributions (see instructions) 8e e 8f 21,674 f Administrative service providers (salaries, fees, commissions) g Other expenses ..... 8g 8h 39,452 h Total expenses (add lines 8d, 8e, 8f, and 8g) Net income (loss) (subtract line 8h from line 8c) 301,107 8i i Transfers to (from) the plan (see instructions) 8j

## Part IV Plan Characteristics

9a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions: 3D

2J 2K 2R 2A 2E 2G

b If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

## **Compliance Questions** Part V

10	During the plan year:		Yes	No	Amount		
а	Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)	10a		x			
b	Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)	10b		x			
С	Was the plan covered by a fidelity bond?	10c	x		265,000		
d	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?	10d		x			
e	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service, or other organization that provides some or all of the benefits under the plan? (See instructions.)	10e		x			
f	Has the plan failed to provide any benefit when due under the plan?	10f		х			
g	Did the plan have any participant loans? (If "Yes," enter amount as of year end.)	10g	x		6,759		
h	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)	10h		x			
i	If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3	10i					
Part	art VI Pension Funding Compliance						

11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500) and line 11a below)				
11a	Enter the unpaid minimum required contribution for current year from Schedule SB (Form 5500) line 39				
12	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section 302 of ERISA?				
	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.)				

If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling а granting the waiver ...... Month Dav Year