Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

less than 100% vested.

Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

Complete all entries in accordance with the instructions to the Form 5500-SF.

2014

2014

OMB Nos. 1210-0110

1210-0089

This Form is Open to Public Inspection

Annual Report Identification Information For calendar plan year 2014 or fiscal plan year beginning and ending 06/30/2015 X a single-employer plan a multiple-employer plan (not multiemployer) (Filers checking this box must attach a list A This return/report is for: of participating employer information in accordance with the form instructions) a one-participant plan a foreign plan the final return/report **B** This return/report is the first return/report an amended return/report a short plan year return/report (less than 12 months) Form 5558 DFVC program automatic extension C Check box if filing under: special extension (enter description) Part II Basic Plan Information—enter all requested information 1a Name of plan **1b** Three-digit ROCKLAND ORTHOPEDICS & SPORTS MEDICINE, P.C. RETIREMENT PLAN plan number (PN) ▶ 004 Effective date of plan 07/01/1997 2a Plan sponsor's name and address; include room or suite number (employer, if for a single-employer plan) **2b** Employer Identification Number ROCKLAND ORTHOPEDICS & SPORTS MEDICINE, P.C. (EIN) 13-2721370 Sponsor's telephone number 845-356-2900 327 ROUTE 59 SUITE #2 Business code (see instructions) AIRMONT, NY 10952 621111 **3a** Plan administrator's name and address XSame as Plan Sponsor. Administrator's EIN **3c** Administrator's telephone number 4b EIN If the name and/or EIN of the plan sponsor has changed since the last return/report filed for this plan, enter the name, EIN, and the plan number from the last return/report. 4c PN a Sponsor's name

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Total number of participants at the beginning of the plan year

Number of participants with account balances as of the end of the plan year (defined benefit plans do not

d(2) Total number of active participants at the end of the plan year.....

e Number of participants that terminated employment during the plan year with accrued benefits that were

Total number of participants at the end of the plan year.....

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

belief, it is t	true, correct, and complete.						
SIGN	Filed with authorized/valid electronic signature.						
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator				
SIGN							
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan spons				
Preparer's	name (including firm name, if applicable) and address (include r	Preparer's telephone number (optional)					

64

0

0

53

0

0

5a

5b

5c

5d(1)

5d(2)

5e

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b	Were all of the plan's assets during the plan year invested in eligible assets? (See instructions.) Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA) under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.) If you answered "No" to either line 6a or line 6b, the plan cannot use Form 5500-SF and must instead use Form 5500.						[X Ye	_	No No	
C	f the plan is a defined benefit plan, is it covered under the PBGC in	surance pi	rogram (see ERISA section 40	21)?		Yes	No	No	ot dete	ermir	ned
Par	t III Financial Information										
7	Plan Assets and Liabilities		(a) Beginning of Yea	ır			(b) En	d of	Year		
a	Total plan assets	7a	55610	080						0	
b	Total plan liabilities	7b		0						0	
С	Net plan assets (subtract line 7b from line 7a)	7c	55610	080						0	
	ncome, Expenses, and Transfers for this Plan Year		(a) Amount				(b)	Tota	ı		
	Contributions received or receivable from: (1) Employers	8a(1)		0							
	(2) Participants	8a(2)		0							
	(3) Others (including rollovers)	8a(3)		0							
	Other income (loss)	8b	-211	15							
С	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c							-21	1115	
	Benefits paid (including direct rollovers and insurance premiums		55203	240							
	o provide benefits)	8d		33							
	Certain deemed and/or corrective distributions (see instructions)	8e	105								
	Administrative service providers (salaries, fees, commissions) Other expenses	8f 8g		0							
	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h							5539	9965	
	Net income (loss) (subtract line 8h from line 8c)	8i							-5561		
	Transfers to (from) the plan (see instructions)	8j		0							
Par	IV Plan Characteristics	O)									
b Part	If the plan provides welfare benefits, enter the applicable welfare for V Compliance Questions	eature code	es from the List of Plan Chara	cterist	tic Cod	les in t	he instru	ctions	3:		
10	During the plan year:				Yes	No		An	nount	t	
	Was there a failure to transmit to the plan any participant contribution 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fidulation)	ciary Corr	ection Program)	10a		X					
	Were there any nonexempt transactions with any party-in-interest on line 10a.)			10b		X					
c	Was the plan covered by a fidelity bond?			10c	X					50	0000
d	Did the plan have a loss, whether or not reimbursed by the plan's or dishonesty?	······		10d		Χ					
e	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service, or other organization that provides some or all of the benefits under the plan? (See instructions.)			10e	X					1	6900
f	Has the plan failed to provide any benefit when due under the plan	n?		10f		X					
g	Did the plan have any participant loans? (If "Yes," enter amount as	s of year e	nd.)	10g		X					
h	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)			10h		X					
i	If 10h was answered "Yes," check the box if you either provided the exceptions to providing the notice applied under 29 CFR 2520.10			10i							
Part	VI Pension Funding Compliance										
11	Is this a defined benefit plan subject to minimum funding requirem 5500) and line 11a below)							. [Υe	es X	No
11a	Enter the unpaid minimum required contribution for current year fr	om Sched	ule SB (Form 5500) line 39			11a					
12	Is this a defined contribution plan subject to the minimum funding	requireme	ents of section 412 of the Code	or se	ection	302 of	ERISA?	. 📗	Υe	es X	No
	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below,		•								
а	If a waiver of the minimum funding standard for a prior year is beir granting the waiver.	-			, and 6	enter th Day			etter ar	rulino	3

	F	form 5500-SF 2014	Page 3 - 1					
lf y	ou c	ompleted line 12a, complete lines 3, 9, and 10 of Schedule MB (Forr	n 5500), and skip to line 1	3.				
b	Ente	r the minimum required contribution for this plan year			12b			
С	Ente	r the amount contributed by the employer to the plan for this plan year			12c			
d Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)								
е	Will t	he minimum funding amount reported on line 12d be met by the funding	deadline?			Yes	No [N/A
Part	VII	Plan Terminations and Transfers of Assets						
13a	Has	a resolution to terminate the plan been adopted in any plan year?			. X	Yes N	0	
	If "Y	es," enter the amount of any plan assets that reverted to the employer th	is year		. 13a			
b	b Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the of the PBGC?						X Yes	No
С	If du	ring this plan year, any assets or liabilities were transferred from this plant hassets or liabilities were transferred. (See instructions.)			to			
1	3c(1)	Name of plan(s):		1:	3c(2) E∣	IN(s)	13c(3) PN(s)

14b Trust's EIN

Part VIII Trust Information (optional)

14a Name of trust

Form 5500-SF

Department of the Treasury Internal Revenue Service

Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Department of Labor

Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

➤ Complete all entries in accordance with the instructions to the Form 5500-SF.

OMB Nos, 1210-0110 1210-0089

2014

This Form is Open to Public Inspection

For calendar plan year 2014 or fiscal plan year beginning 07/01/2014 and ending	06/30/201	<u> </u>				
A This return/report is for: x a single-employer plan a multiple-employer plan (not multiemployer) (f						
a one-participant plan a foreign plan		,				
B This return/report is:						
an amended return/report a short plan year return/report (less than 12 mg	onths)					
C Check box if filing under:	DFVC pr	ogram				
special extension (enter description)						
Part II Basic Plan Information enter all requested information	40					
1a Name of plan	1b Three-digit plan numbe					
Rockland Orthopedics & Sports Medicine, P.C. Retirement Plan	(PN) ►	004				
	1c Effective date of plan 07/01/1997					
Plan sponsor's name and address; include room or suite number (employer, if for a single-employer plan) Rockland Orthopedics & Sports Medicine, P.C.	2b Employer Identification Number (EIN) 13-2721370					
307 Paulo 50	2c Sponsor's telephone number (845) 356-2900					
327 Route 59 Suite #2		ode (see instructions)				
US Airmont NY 10952	621111					
3a Plan administrator's name and address X Same as Plan Sponsor Name	3b Administrat	ors EIN				
	3C Administrat	or's telephone number				
4 If the name and/or EIN of the plan sponsor has changed since the last return/report filed for this plan, enter the name, EIN, and the plan number from the last return/report.	4b EIN					
a Sponsor's name	4c PN					
5a Total number of participants at the beginning of the plan year	5a	64				
b Total number of participants at the end of the plan year	5b	0				
Number of participants with account balances as of the end of the plan year (defined benefit plans do not complete this item)	5c	0				
d(1) Total number of active participants at the beginning of the plan year	5d(1)	53				
d(2) Total number of active participants at the end of the plan year	5d(2)	0				
Number of participants that terminated employment during the plan year with accrued benefits that were less than 100% vested	5e	0				
Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable car	use is establishe	ed.				
Under penalties of perjury and other penalties set forth in the instructions, I declare the little ve examined this return/re						
SB or Schedule MB completed and signed by an enrolled actual version of this return/report						
belief, it is true, correct and complete.						
SIGN Kenneth Austin						
HERE Signature of plan administrator Enter name of individua	ual signing as plan administrato					
SIGN Kenneth Austin						
	ual signing as employer or plan sponsor					
Preparer's name (including firm name, if applicable) and address; include room or suite number (optional)	Preparer's telepi	none number (optional)				
	TWO ART UP TWO AREA	Objects of a polyter of the state of the same				

Were all of the plan's assets during the plan year invested in eligible assets? (See instructions.) Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA) under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.) If you answered "No" to either line 6a or line 6b, the plan cannot use Form 5500-SF and must instead use Form 5500. If the plan is a defined benefit plan, is it covered under the PBGC insurance program (see ERISA section 4021)? Yes No Not del Part III Financial Information 7 Plan Assets and Liabilities (a) Beginning of Year (b) End of Year a Total plan assets	No
b Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA) under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.) If you answered "No" to either line 6a or line 6b, the plan cannot use Form 5500-SF and must instead use Form 5500. c If the plan is a defined benefit plan, is it covered under the PBGC insurance program (see ERISA section 4021)?	No etermine
under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.) If you answered "No" to either line 6a or line 6b, the plan cannot use Form 5500-SF and must instead use Form 5500. If the plan is a defined benefit plan, is it covered under the PBGC insurance program (see ERISA section 4021)?	o 0
If you answered "No" to either line 6a or line 6b, the plan cannot use Form 5500-SF and must instead use Form 5500. c If the plan is a defined benefit plan, is it covered under the PBGC insurance program (see ERISA section 4021)?	00
Part III Financial Information 7 Plan Assets and Liabilities (a) Beginning of Year (b) End of Year a Total plan assets	00
7 Plan Assets and Liabilities 7 (a) Beginning of Year (b) End of Year a Total plan assets 7 5,561,080 b Total plan liabilities 7 0 0 C Net plan assets (subtract line 7b from line 7a) 7 5,561,080 8 Income, Expenses, and Transfers for this Plan Year (a) Amount (b) Total a Contributions received or receivable from: (1) Employers 8a(1) 0 (2) Participants 8a(2) 0 (3) Others (including rollovers) 8a(3) 0	0
7 Plan Assets and Liabilities 7 (a) Beginning of Year (b) End of Year a Total plan assets 7 5,561,080 b Total plan liabilities 7 0 0 C Net plan assets (subtract line 7b from line 7a) 7 5,561,080 8 Income, Expenses, and Transfers for this Plan Year (a) Amount (b) Total a Contributions received or receivable from: (1) Employers 8a(1) 0 (2) Participants 8a(2) 0 (3) Others (including rollovers) 8a(3) 0	0
b Total plan liabilities 7b 0 C Net plan assets (subtract line 7b from line 7a) 7c 5,561,080 8 Income, Expenses, and Transfers for this Plan Year (a) Amount (b) Total a Contributions received or receivable from: (1) Employers 8a(1) 0 (2) Participants 8a(2) 0 (3) Others (including rollovers) 8a(3) 0	0
C Net plan assets (subtract line 7b from line 7a)	
8 Income, Expenses, and Transfers for this Plan Year (a) Amount (b) Total a Contributions received or receivable from: (1) Employers 8a(1) 0 (2) Participants 8a(2) 0 (3) Others (including rollovers) 8a(3) 0	0
a Contributions received or receivable from: 8a(1) (1) Employers 8a(1) (2) Participants 8a(2) (3) Others (including rollovers) 8a(3)	700
(1) Employers 8a(1) 0 (2) Participants 8a(2) 0 (3) Others (including rollovers) 8a(3) 0	
(2) Participants	
(3) Others (including rollovers)	MAN STATE AND THE
THE STREET PROPERTY AND ADDRESS OF THE PROPERTY ADDRESS OF THE PROPERTY ADDRESS OF THE PROPERTY ADDRESS OF THE PROPERTY AND ADDRESS OF THE PROPERTY ADDRESS OF THE PROPERT	SALE (SALE)
b Other income (loss)	VALUE OF THE PARTY
C Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	15)
d Benefits paid (including direct rollovers and insurance premiums	
to provide benefits)	
e Certain deemed and/or corrective distributions (see instructions) 8e 9,033	ACTOR OF A
f Administrative service providers (salaries, fees, commissions) 8f 10,592	
9 Other expenses	OCE
h Total expenses (add lines 8d, 8e, 8f, and 8g)	
Name to be a part of the second of the secon	activize
Transfers to (from) the plan (see instructions)	
b If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:	
Part V Compliance Questions	
10 During the plan year: Yes No Amount	
Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)	
b Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)	
C Was the plan covered by a fidelity bond?	00,000
Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?	
Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance continues as other agents are all of the hopefits under the plan? (See	
insurance service, or other organization that provides some or all of the benefits under the plan? (See instructions.)	16,900
f Has the plan failed to provide any benefit when due under the plan?	
	nevious:
2520.101-3.)	
i If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3	
Part VI Pension Funding Compliance	
11 Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500) and line 11a below)	s 🕱 No
11a Enter the unpaid minimum required contribution for current year from Schedule SB (Form 5500) line 39	
12 Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section 302 of ERISA?	X No
(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.)	
a If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter rugranting the waiver	

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lf y	ou completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 550	0), and skip to line 13	J					
b	Enter the minimum required contribution for this plan year	***************************************	······································	12b				
								
С	Enter the amount contributed by the employer to the plan for this plan year			12c				
d Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)								
е	Will the minimum funding amount reported on line 12d be met by the funding dead	lline?	**************		Yes 🗌] No □ I	N/A	
Part	VII Plan Terminations and Transfers of Assets							
13a Has a resolution to terminate the plan been adopted in any plan year?					s 🗆 No			
If "Yes," enter the amount of any plan assets that reverted to the employer this year								
b	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the of the PBGC?							
С	C If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)							
13c(1) Name of plan(s): 13			13c	(2) EIN(s)	13c(3) PN(s)		
	·							
Part	VIII Trust Information (optional)			<u>.</u>				
14a Name of trust				14b Trust's EIN				