Form 5500

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Annual Return/Report of Employee Benefit Plan

This form is required to be filed for employee benefit plans under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and sections 6047(e), 6057(b), and 6058(a) of the Internal Revenue Code (the Code).

▶ Complete all entries in accordance with the instructions to the Form 5500.

OMB Nos. 1210-0110 1210-0089

2015

This Form is Open to Public Inspection

Part I	Annual Report Ide	entification Information		-				
For calendar plan year 2015 or fiscal plan year beginning 01/01/2015 and ending 12/31/2015								
A This return/report is for: a multiemployer plan; a multiple-employer plan (Filers checking this box must attach a list of participating employer information in accordance with the form instruction								
		x a single-employer plan;	a DFE (specify	y)				
B This	eturn/report is:	the first return/report;	the final return	n/report;				
		an amended return/report;	a short plan ye	ear return/report (less than 12 m	12 months).			
C If the	plan is a collectively-barga	ained plan, check here			▶ []			
D Chec	k box if filing under:	Form 5558;	automatic exter	nsion;	the DFVC program;			
	special extension (enter description)							
Part	I Basic Plan Info	rmation—enter all requested informa	ation					
	ie of plan R, INC. 401(K) PROFIT SI	HARING PLAN AND TRUST			1b Three-digit plan number (PN) ▶ 001			
					1c Effective date of plan 01/01/2011			
Mail	ing address (include room,	er, if for a single-employer plan) apt., suite no. and street, or P.O. Box) country, and ZIP or foreign postal code		ructions)	2b Employer Identification Number (EIN) 13-3181442			
HELMAR, INC.				2c Plan Sponsor's telephone number 845-356-1165				
100 RED SCHOOLHOUSE RD CHESTNUT RIDGE, NY 10977-7049 100 RED SCHOOLHOUSE RD CHESTNUT RIDGE, NY 10977-7049			2d Business code (see instructions) 423800					
Caution	: A penalty for the late or	incomplete filing of this return/repor	rt will be assessed	unless reasonable cause is e	stablished.			
		er penalties set forth in the instructions, lell as the electronic version of this return						
SIGN HERE	Filed with authorized/valid	electronic signature.	07/12/2016	LUDWIG BACH				
II_IXE	Signature of plan admir	nistrator	Date	Enter name of individual sign	findividual signing as plan administrator			
SIGN								
HERE Signature of employer/plan sponsor Date			Date	Enter name of individual sign	ing as employer or plan sponsor			
SIGN								
HERE Signature of DFE Date Enter name of individual signir				uing as DFE				
Preparer's name (including firm name, if applicable) and address (include room or suite number)				arer's telephone number				

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3a	Plan administrator's name and address Same as Plan Sponsor			3b Administrator's EIN		
					3c Administ number	rator's telephone
4	If the name and/or EIN of the plan sponsor has changed since the last return EIN and the plan number from the last return/report:	n/report filed for	or this	plan, enter the name,	4b EIN	
а	Sponsor's name				4c PN	
5	Total number of participants at the beginning of the plan year				5	39
6	Number of participants as of the end of the plan year unless otherwise states 6a(2), 6b, 6c, and 6d).	d (welfare pla	ns com	plete only lines 6a(1),		
a(1	1) Total number of active participants at the beginning of the plan year				6a(1)	36
a(2	2) Total number of active participants at the end of the plan year				6a(2)	36
b	Retired or separated participants receiving benefits				6b	0
С	Other retired or separated participants entitled to future benefits				6c	3
d	d Subtotal. Add lines 6a(2) , 6b , and 6c .				6d	39
е	Deceased participants whose beneficiaries are receiving or are entitled to rec	ceive benefits	S		6e	0
f	Total. Add lines 6d and 6e				6f	39
g	Number of participants with account balances as of the end of the plan year complete this item)				6g	29
h	Number of participants that terminated employment during the plan year with less than 100% vested				6h	0
7	Enter the total number of employers obligated to contribute to the plan (only	multiemploye	r plans	complete this item)	. 7	
	If the plan provides pension benefits, enter the applicable pension feature co 2J If the plan provides welfare benefits, enter the applicable welfare feature cod					
9a	Plan funding arrangement (check all that apply) (1) Insurance		enefit a	arrangement (check all th Insurance	at apply)	
	(1) Insurance (2) Code section 412(e)(3) insurance contracts	(1) (2)	Н	Code section 412(e)(3)	insurance con	racts
	(3) X Trust	(3)	X	Trust		
40	(4) General assets of the sponsor	(4)	Ц_	General assets of the s	•	
10	Check all applicable boxes in 10a and 10b to indicate which schedules are a	ittached, and,	where	indicated, enter the num	iber attached.	(See instructions)
а	Pension Schedules (1) R (Retirement Plan Information)		ral Sch	edules		
		(1)	<u> </u>	H (Financial Infor	mation)	
	(2) MB (Multiemployer Defined Benefit Plan and Certain Money Purchase Plan Actuarial Information) - signed by the plan actuary	(2) (3) (4)	X	I (Financial Inform A (Insurance Info C (Service Provid	rmation)	Plan)
	(3) SB (Single-Employer Defined Benefit Plan Actuarial Information) - signed by the plan actuary	(5) (6)		D (DFE/Participat G (Financial Tran	ting Plan Inform	

Form 550	900 (2015) Page 3						
Part III	Part III Form M-1 Compliance Information (to be completed by welfare benefit plans)						
2520.101-2	11a If the plan provides welfare benefits, was the plan subject to the Form M-1 filing requirements during the plan year? (See instructions and 29 CFR 2520.101-2.)						
11b Is the plan currently in compliance with the Form M-1 filing requirements? (See instructions and 29 CFR 2520.101-2.)							
11c Enter the Receipt Confirmation Code for the 2015 Form M-1 annual report. If the plan was not required to file the 2015 Form M-1 annual report, enter the Receipt Confirmation Code for the most recent Form M-1 that was required to be filed under the Form M-1 filing requirements. (Failure to enter a valid Receipt Confirmation Code will subject the Form 5500 filing to rejection as incomplete.)							

Receipt Confirmation Code__

SCHEDULE I (Form 5500)

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation Financial Information—Small Plan

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the Internal Revenue Code (the Code).

File as an attachment to Form 5500.

OMB No. 1210-0110

2015

This Form is Open to Public Inspection

		mopconon	
For calendar plan year 2015 or fiscal plan year beginning 01/01/2015	and ending 12/	2/31/2015	
A Name of plan HELAMR, INC. 401(K) PROFIT SHARING PLAN AND TRUST	B Three-digit plan number (PN)) 001	
C Plan sponsor's name as shown on line 2a of Form 5500 HELMAR, INC.	D Employer Identificati 13-3181442	tion Number (EIN)	

Complete Schedule I if the plan covered fewer than 100 participants as of the beginning of the plan year. You may also complete Schedule I if you are filing as a small plan under the 80-120 participant rule (see instructions). Complete Schedule H if reporting as a large plan or DFE.

Part I Small Plan Financial Information

Report below the current value of assets and liabilities, income, expenses, transfers and changes in net assets during the plan year. Combine the value of plan assets held in more than one trust. Do not enter the value of the portion of an insurance contract that guarantees during this plan year to pay a specific dollar benefit at a future date. Include all income and expenses of the plan including any trust(s) or separately maintained fund(s) and any payments/receipts to/from insurance carriers. Round off amounts to the nearest dollar.

1	Plan Assets and Liabilities:		(a) Beginning of Year	(b) End of Year
а	Total plan assets	. 1a	697654	732502
b	Total plan liabilities	. 1b		
С	Net plan assets (subtract line 1b from line 1a)	1c	697654	732502
2	Income, Expenses, and Transfers for this Plan Year:		(a) Amount	(b) Total
а	Contributions received or receivable:			
	(1) Employers	. 2a(1)	57466	
	(2) Participants	. 2a(2)	91221	
	(3) Others (including rollovers)	. 2a(3)		
b	Noncash contributions	. 2b		
С	Other income	. 2c	-1312	
d	Total income (add lines 2a(1), 2a(2), 2a(3), 2b, and 2c)	. 2d		147375
е	Benefits paid (including direct rollovers)	. 2e	112527	
f	Corrective distributions (see instructions)	. 2f		
g	Certain deemed distributions of participant loans (see instructions)	. 2g		
h	Administrative service providers (salaries, fees, and commissions)	. 2h		
i	Other expenses	. 2i		
j	Total expenses (add lines 2e, 2f, 2g, 2h, and 2i)	. 2j		112527
k	Net income (loss) (subtract line 2j from line 2d)	. 2k		34848
<u>I</u>	Transfers to (from) the plan (see instructions)	. 2 I		

3 Specific Assets: If the plan held assets at anytime during the plan year in any of the following categories, check "Yes" and enter the current value of any assets remaining in the plan as of the end of the plan year. Allocate the value of the plan's interest in a commingled trust containing the assets of more than one plan on a line-by-line basis unless the trust meets one of the specific exceptions described in the instructions.

			Yes	No	Amount
а	Partnership/joint venture interests	3a		X	
b	Employer real property	3b		X	
С	Real estate (other than employer real property)	3с		X	
d	Employer securities	3d		X	
	Participant loans			X	

Pac	ıe	2	-	1

Schedule I (For	m 5500) 201:	٥
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			Г	1			
		Г		Yes	No	Amount	
3f	Loans (other than to participants)		3f		X		
g	Tangible personal property		3g		X	<u> </u>	
Pa	art II Compliance Questions						
4	During the plan year:		Yes	No	N/A	Amount	
а	Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? Continue to answer "Yes" for any prior year failures until fully corrected. (See instructions and DOL's Voluntary Fiduciary Correction Program.)	4a		X			
b	Were any loans by the plan or fixed income obligations due the plan in default as of the close of plan year or classified during the year as uncollectible? Disregard participant loans secured by	4b		X			
С	Were any leases to which the plan was a party in default or classified during the year as uncollectible?	4c		X			
d	Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 4a.)	4d		X			
е	Was the plan covered by a fidelity bond?	4e		X			
f	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?	4f		X			
g	Did the plan hold any assets whose current value was neither readily determinable on an established market nor set by an independent third party appraiser?	1g		X			
h	Did the plan receive any noncash contributions whose value was neither readily determinable on an established market nor set by an independent third party appraiser?	4h		X			
i	Did the plan at any time hold 20% or more of its assets in any single security, debt, mortgage, parcel of real estate, or partnership/joint venture interest?	4i		X			
j	Were all the plan assets either distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?	4j		X			
k	Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA) under 29 CFR 2520.104-46? If "No," attach an IQPA's report or 2520.104-50 statement. (See instructions on waiver eligibility and conditions.)	4k	X				
ı	Has the plan failed to provide any benefit when due under the plan?	41		X			
m	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)	lm		X			
n	If 4m was answered "Yes," check the "Yes" box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3	4n					
0	Did the plan trust incur unrelated business taxable income?	4 0					
р	Were in-service distributions made during the plan year?	4p					
5a	Has a resolution to terminate the plan been adopted during the plan year or any prior plan year? If "Yes," enter the amount of any plan assets that reverted to the employer this year	[Ye	s XN	lo A	Amount:	
5b	If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), transferred. (See instructions.)	ide	ntify th	ne plan	ı(s) to v	hich assets or liabilities we	ere
	5b(1) Name of plan(s)				5b(2)	5b(3)) PN(s)
	If the plan is a defined benefit plan, is it covered under the PBGC insurance program (see ERISA s	sect	tion 40)21)? .	 П \	 ∕es ∏No ∏ Not determ	nined

Part III	Trust Information	
6a Name o	of trust	6b Trust's EIN
6c Name o	of trustee or custodian	6d Trustee's or custodian's telephone number

Form 5500

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Annual Return/Report of Employee Benefit Plan

This form is required to be filed for employee benefit plans under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and sections 6047(e), 6047(b), and 6058(a) of the Internal Revenue Code (the Code).

► Complete all entries in accordance with the instructions to the Form 5500.

OMB Nos. 1210 - 0110 1210 - 0089

2015

This Form is Open to Public Inspection

Part	Part Annual Report Identification Information						
For ca	lendar plan year 2015 or fisc	al plan year beginning		and ending			
A Th	A This return/report is for: a multiemployer plan; a multiple-employer plan (Filers checking this box must attach a list of participating employer information in accordance with the form instructions); or						
B This return/report is: a single-employer plan: the first return/report; an amended return/report; an amended return/report; an amended return/report; a short plan year return/report (less than 12 months).							
	the plan is a collectively-barg neck box if filing under:	ained plan, check here Form 5558; special extension (enter descr	automatic extensi	on;	the DFVC program;		
Part I	Basic Plan Inforn	nation—enter all requested inform	ation				
	ame of plan	PROFIT SHARING PLAN A		•	1b Three-digit plan number (PN) ▶ 001 1c Effective date of plan 01/01/2011		
Ma	ailing address (include room,	r, if for a single-employer plan) apt., suite no. and street, or P.O. Bo country, and ZIP or foreign postal co		ructions)	2b Employer Identification Number (EIN) 13-3181442		
HELMAR, INC.					2c Plan Sponsor's telephone number 845-356-1165		
100	RED SCHOOLHOUSE	ROAD BUILDING C			2d Business code (see instructions) 423800		
CHES	STNUT RIDGE	พร 10977					
		incomplete filing of this return/re					
Under p stateme	penalties of perjury and other pen ents and attachments as yiell as	alties set forth in the instructions, I declare the electronic version of this return/report,	that I have examined this and to the best of my know	retum/report, including acc wledge and belief, it is true,	companying schedules, correct, and complete.		
SIGN	AND		7/6/16	PAUL PACIELLO			
HERE	Signature of plan adminis	prator	Date ,	Enter name of individ	ual signing as plan administrator		
SIGN HERE			7/6/16	PAUL PACIELLO			
SIGN	Signature of employer/pla	an sponsor	Date	Enter name of individual	signing as employer or plan sponsor		
HERE	Signature of DFE		Date	Enter name of individ	ual signing as DFE		
Prepa		me, if applicable) and address (include			Preparer's telephone number		

•		
HELMAR	,	INC

13-3181442

Form 5500 (2015)	Page 2

3a Plan administrator's name and address X Same as Plan Sponsor		3b Administrator's EIN			
Jame as Fian Sponson	OD Administrators Liv				
		3c Administrator's telephone			
		number			
4 If the name and/or EIN of the plan sponsor has changed since the last retu	urn/report filed for this plan, enter the name,	4b EIN			
EIN and the plan number from the last return/report:		4c PN			
a Sponsor's name		14C PN			
5 Total number of participants at the beginning of the plan year		5 39			
6 Number of participants as of the end of the plan year unless otherwise sta	ted (welfare plans complete only lines 6a(1),				
6a(2), 6b, 6c, and 6d).					
a(1) Total number of active participants at the beginning of the plan year		6a(1) 36			
a(1) rotal number of active participants at the beginning of the plan year.					
a(2) Total number of active participants at the end of the plan year		6a(2) 36			
h Datinal an apparent of montain onto access time to another		6b 0			
b Retired or separated participants receiving benefits		60 0			
C Other retired or separated participants entitled to future benefits		6c 3			
d Subtotal. Add lines 6a(2), 6b, and 6c		6d 39			
e Deceased participants whose beneficiaries are receiving or are entitled to	receive benefits	6e 0			
2 20000000 participante infloce portendianes are receiving of are distinct to					
f Total. Add lines 6d and 6e		6f 39			
g Number of participants with account balances as of the end of the plan year complete this item)	•	6g 29			
h Number of participants that terminated employment during the plan year w	rith accrued benefits that were				
less than 100% vested	h, maniki narala na manana sa shi shama	6h 0			
7 Enter the total number of employers obligated to contribute to the plan (on		<u> </u>			
8a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions:					
2Ј					
b If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:					
9a Plan funding arrangement (check all that apply)	9b Plan benefit arrangement (check all th	at apply)			
(1) Insurance	(1) Insurance				
(2) Code section 412(e)(3) insurance contracts (3) X Trust	(2) Code section 412(e)(3) in (3) Trust	surance contracts			
(4) General assets of the sponsor	(4) General assets of the spo	nsor			
10 Check all applicable boxes in 10a and 10b to indicate which schedules are attached, and, where indicated, enter the number attached. (See instructions)					
a Pension Schedules	b General Schedules				
(1) R (Retirement Plan Information)	(1) H (Financial Info	· ·			
(2) MB (Multiemployer Defined Benefit Plan and Certain Mone Purchase Plan Actuarial Information) - signed by the plan	ey (2) X I (Financial Info (3) A (Insurance Inf	ormation - Small Plan)			
actuary		der Information)			
(3) SB (Single-Employer Defined Benefit Plan Actuarial		ating Plan Information)			
Information) - signed by the plan actuary	· · · · · · · · · · · · · · · · · · ·	nsaction Schedules)			