Form 5500	•	of Employee Benefit Plan		OMB Nos. 12 12	10-0110	
Department of the Treasury Internal Revenue Service	and 4065 of the Employee Retiremen	employee benefit plans under sections 104 nt Income Security Act of 1974 (ERISA) and a) of the Internal Revenue Code (the Code).		2014		
Department of Labor Employee Benefits Security Administration		tries in accordance with s to the Form 5500.		2014		
Pension Benefit Guaranty Corporation			This	Form is Open to Pu Inspection	blic	
Part I Annual Report Ide	ntification Information					
For calendar plan year 2014 or fiscal	plan year beginning 01/01/2014	and ending 12/31/2	014			
<b>A</b> This return/report is for:	a multiemployer plan;	a multiple-employer plan (Filers checking participating employer information in acco			ons); or	
	X a single-employer plan;	a DFE (specify)				
<b>B</b> This return/report is:	the first return/report;	the final return/report;				
	an amended return/report;	a short plan year return/report (less than 12 months).				
<b>C</b> If the plan is a collectively-bargain	– ned plan, check here	—		• 🗆		
<b>D</b> Check box if filing under:	Form 5558;	automatic extension;	X the DF	VC program;		
	special extension (enter description)					
Part II Basic Plan Infor	mation—enter all requested informatic	00				
1a Name of plan CONTINUITY PUBLISHING EMPLO		···	1b	Three-digit plan number (PN) ▶	001	
			1c	Effective date of pla 01/01/1999	งก	
2a Plan sponsor's name and addres	ss; include room or suite number (emplo	yer, if for a single-employer plan)	2b	Employer Identifica	tion	
CONTINUITY PUBLISHING, INC.				Number (EIN) 91-1392856		
119 N COMMERCIAL ST. STE 560	119 N COMMERCIAL ST. STE 560			2c Plan Sponsor's telepho number 360-676-0789		
BELLINGHAM, WA 98225	DELLINGHA	M, WA 98225	2d	Business code (see instructions) 511120	;	

## Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including accompanying schedules, statements and attachments, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN	Filed with authorized/valid electronic signature.	07/12/2016	MOLLY TRIMBLE	
HERE				
	Signature of plan administrator	Date	Enter name of individu	al signing as plan administrator
SIGN HERE	Filed with authorized/valid electronic signature.	07/12/2016	MOLLY TRIMBLE	
NEKE	Signature of employer/plan sponsor	Date	Enter name of individu	al signing as employer or plan sponsor
SIGN HERE				
HERE	Signature of DFE	Date	Enter name of individu	al signing as DFE
Prepare	's name (including firm name, if applicable) and address (include r	oom or suite number	r) (optional)	Preparer's telephone number (optional)
For Pop	erwork Reduction Act Notice and OMB Control Numbers, see	the instructions for	- Form 5500	Form 5500 (2014)

3a	Plan administrator's name and address XSame as Plan Sponsor	<b>3b</b> Admir	histrator's EIN
		3c Admir numb	iistrator's telephone er
4	If the name and/or EIN of the plan sponsor has changed since the last return/report filed for this plan, enter the name, EIN and the plan number from the last return/report:	4b EIN	
а	Sponsor's name	<b>4c</b> PN	
5	Total number of participants at the beginning of the plan year	5	9
6	Number of participants as of the end of the plan year unless otherwise stated (welfare plans complete only lines <b>6a(1)</b> , <b>6a(2)</b> , <b>6b</b> , <b>6c</b> , and <b>6d</b> ).		
a(1	) Total number of active participants at the beginning of the plan year	6a(1)	6
a(2	2) Total number of active participants at the end of the plan year	6a(2)	6
b	Retired or separated participants receiving benefits	6b	0
С	Other retired or separated participants entitled to future benefits	6c	3
d	Subtotal. Add lines 6a(2), 6b, and 6c.	<b>6d</b>	9
е	Deceased participants whose beneficiaries are receiving or are entitled to receive benefits	6e	0
f	Total. Add lines 6d and 6e.	6f	9
g	Number of participants with account balances as of the end of the plan year (only defined contribution plans complete this item)	. <b>6g</b>	9
	Number of participants that terminated employment during the plan year with accrued benefits that were less than 100% vested		0
7	Enter the total number of employers obligated to contribute to the plan (only multiemployer plans complete this item)		
8a	If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristics Coc 20	les in the ins	structions:

**b** If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristics Codes in the instructions:

9a	9a Plan funding arrangement (check all that apply)			9b	Plan ben	nefit	arrangement (check all that apply)
	(1)		Insurance		(1)		Insurance
	(2)		Code section 412(e)(3) insurance contracts		(2)		Code section 412(e)(3) insurance contracts
	(3)	X	Trust		(3)	Х	Trust
	(4)		General assets of the sponsor		(4)		General assets of the sponsor
10	10 Check all applicable boxes in 10a and 10b to indicate which schedules are attached, and, where indicated, enter the number attached. (See instructions)						
а	Pensio	n Sc	hedules	b	General	l Scl	hedules
	(1)	×	R (Retirement Plan Information)		(1)		H (Financial Information)
	(2)	Π	MB (Multiemployer Defined Benefit Plan and Certain Money		(2)	X	I (Financial Information – Small Plan)
			Purchase Plan Actuarial Information) - signed by the plan		(3)		A (Insurance Information)
			actuary		(4)		C (Service Provider Information)
	(3)	Π	SB (Single-Employer Defined Benefit Plan Actuarial		(5)		<b>D</b> (DFE/Participating Plan Information)
			Information) - signed by the plan actuary		(6)		G (Financial Transaction Schedules)

Part III	Form M-1 Compliance Information (to be completed by welfare benefit plans)						
	<b>11a</b> If the plan provides welfare benefits, was the plan subject to the Form M-1 filing requirements during the plan year? (See instructions and 29 CFR 2520.101-2.)						
If "Yes" is check	ed, complete lines 11b and 11c.						
11b Is the plan	11b Is the plan currently in compliance with the Form M-1 filing requirements? (See instructions and 29 CFR 2520.101-2.)						
enter the Receip	Receipt Confirmation Code for the 2014 Form M-1 annual report. If the plan was not required to file the 2014 Form M-1 annual report, of Confirmation Code for the most recent Form M-1 that was required to be filed under the Form M-1 filing requirements. (Failure to ceipt Confirmation Code will subject the Form 5500 filing to rejection as incomplete.)						

Receipt Confirmation Code\_\_

									OMB No. 1210-0110		
	SCHEDULE I	SCHEDULE I Financial Information—Small Plan								)	
	(Form 5500)	<b>_</b>							2014		
	Department of the Treasury Internal Revenue Service	This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the									
Department of Labor         Internal Revenue Code (the Code).           Employee Benefits Security Administration         File as an attachment to Form 5500.							This	Form is Open to Inspection	Public		
For	Pension Benefit Guaranty Corporation calendar plan year 2014 or fiscal pla	an year beginning 01/01/201	4		а	nd ending	12/	31/2014			
	Name of plan				B	Three-digit	t				
CO	NTINUITY PUBLISHING EMPLOYE	E STOCK OPTION PLAN			F	olan numb	er (PN)	•	001		
	Plan sponsor's name as shown on lin NTINUITY PUBLISHING, INC.	ne 2a of Form 5500				mployer lo 1-1392856		on Numbe	er (EIN)		
	nplete Schedule I if the plan covered Il plan under the 80-120 participant ru							lete Sche	dule I if you are filing	j as a	
Ра	rt I Small Plan Financial	Information									
ass ben	ort below the current value of assets ets held in more than one trust. Do r efit at a future date. Include all incon rrance carriers. <b>Round off amounts</b>	ot enter the value of the portion ne and expenses of the plan incl	of an in	surance contrac	t that g	uarantees	during th	nis plan ye	ear to pay a specific	dollar	
1	Plan Assets and Liabilities:			<b>(a)</b> Be	ginning	g of Year			(b) End of Year		
a	Total plan assets		- 1a				53295			53295	
b	Total plan liabilities		1b				0 53295			0 53295	
<u> </u>	Net plan assets (subtract line 1b fro	,	1c				55295			55295	
2	Income, Expenses, and Transfer			(	<b>a)</b> Amc	bunt			(b) Total		
а	Contributions received or receivabl		0-(4)				0	ļ			
			. ,				0				
			. ,				0				
h	(3) Others (including rollovers) Noncash contributions		2a(3) 2b				0				
b			2D 2C				0				
с С	Other income (add lines 2a(1), 2a(2		20 2d				•				
a	Benefits paid (including direct rollow						0				
f	Corrective distributions (see instruct		2e 2f				0				
g	Certain deemed distributions of par						Ŭ				
3	(see instructions)	•	2g				0				
h	Administrative service providers (sa	alaries, fees, and commissions).	2h				0				
i	Other expenses		<b>2</b> i				0				
j	Total expenses (add lines 2e, 2f, 2g									0	
k	Net income (loss) (subtract line 2j f	,								0	
<u> </u>	Transfers to (from) the plan (see in	,	21	- ( II			(!! :			0	
3	<b>Specific Assets:</b> If the plan held as remaining in the plan as of the end of by-line basis unless the trust meets or	the plan year. Allocate the value of	f the plai	n's interest in a co		led trust co	ntaining tl		of more than one pla		
_				Г		Yes	No X		Amount		
a	Partnership/joint venture interests .			-	3a		X				
b	Employer real property			F	3b						
С	Real estate (other than employer re	,		-	3c		X				
d	Employer securities			-	3d	Х				53295	
е	Participant loans				3e		Х				

For Paperwork Reduction Act Notice and OMB Control Numbers, see the instructions for Form 5500

			Yes	No	Amount
3f	Loans (other than to participants)	3f		Х	
g	Tangible personal property	3g		Х	

Pa	art II	Compliance Questions				
4	During	y the plan year:		Yes	No	Amount
а	describe	ere a failure to transmit to the plan any participant contributions within the time period ad in 29 CFR 2510.3-102? Continue to answer "Yes" for any prior year failures until fully d. (See instructions and DOL's Voluntary Fiduciary Correction Program.)	4a		x	
b	year or	by loans by the plan or fixed income obligations due the plan in default as of the close of plan classified during the year as uncollectible? Disregard participant loans secured by the ant's account balance.	4b		X	
С		ny leases to which the plan was a party in default or classified during the year as tible?	4c		х	
d		ere any nonexempt transactions with any party-in-interest? (Do not include transactions I on line 4a.)	4d		Х	
е	Was the	plan covered by a fidelity bond?	4e	Х		100000
f		plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by dishonesty?	4f		Х	
g		plan hold any assets whose current value was neither readily determinable on an established nor set by an independent third party appraiser?	4g		х	
h		plan receive any noncash contributions whose value was neither readily determinable on an hed market nor set by an independent third party appraiser?	4h		Х	
i		plan at any time hold 20% or more of its assets in any single security, debt, mortgage, parcel state, or partnership/joint venture interest?	4i	X		53295
j		the plan assets either distributed to participants or beneficiaries, transferred to another plan, ht under the control of the PBGC?	4j		X	
k	account	claiming a waiver of the annual examination and report of an independent qualified public ant (IQPA) under 29 CFR 2520.104-46? If "No," attach an IQPA's report or 2520.104-50 nt. (See instructions on waiver eligibility and conditions.)	4k	X		
I	Has the	plan failed to provide any benefit when due under the plan?	41		Х	
m		an individual account plan, was there a blackout period? (See instructions and 29 CFR 1-3.)	4m		x	
n		as answered "Yes," check the "Yes" box if you either provided the required notice or one of aptions to providing the notice applied under 29 CFR 2520.101-3	4n			
5a	Has a re	solution to terminate the plan been adopted during the plan year or any prior plan year?				

5b If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)

5b(1)	Name of plan(s)	<b>5b(2)</b> EIN(s)	5b(3) PN(s)
<b>.</b>			
	plan is a defined benefit plan, is it covered under the PBGC insurance program (see ERISA sec	ction 4021)? Yes No No	t determined
Part III	Trust Information (optional)		
6a Name o	f trust	6b Trust's EIN	

	SC	HEDULE R	Retirement Plan Informati	on		C	DMB No. 1210-01	10	—	
(Form 5500)						2014				
		rtment of the Treasury mal Revenue Service	ion —				_			
F		epartment of Labor enefits Security Administration		This F	orm is Open to Inspection.	o Public				
		enefit Guaranty Corporation	File as an attachment to Form 5500	).			•			
		plan year 2014 or fiscal p	an year beginning 01/01/2014	and ending	12/31/2	2014			_	
	lame of p	olan 7 PUBLISHING EMPLOYE	E STOCK OPTION PLAN	В	Three-digit plan numb (PN)	er ▶	001		_	
C P CON	lan spon	sor's name as shown on li / PUBLISHING, INC.	ne 2a of Form 5500		Employer lo 91-1392856		tion Number (E	IN)		
Pa	rt I	Distributions							—	
			only to payments of benefits during the plan year.							
1		•	property other than in cash or the forms of property specified		1				0	
2	payors	who paid the greatest doll	paid benefits on behalf of the plan to participants or beneficiar ar amounts of benefits):	ries during the	e year (if mo	re than	two, enter EINs	of the two		
	EIN(s)									
	Profit-s	sharing plans, ESOPs, ar	d stock bonus plans, skip line 3.		<b></b>					
3	year		eceased) whose benefits were distributed in a single sum, du		3					
Pa	art II	Funding Informati ERISA section 302, skip	On (If the plan is not subject to the minimum funding requirer this Part)	ments of sect	tion of 412 o	f the Inte	ernal Revenue	Code or		
4	Is the pl		election under Code section 412(d)(2) or ERISA section 302(d)(2	2)?		Yes	No	N/.	A	
		lan is a defined benefit p								
5			g standard for a prior year is being amortized in this ter the date of the ruling letter granting the waiver. <b>Date:</b>	Month	D	ay	Year_		-	
	-		te lines 3, 9, and 10 of Schedule MB and do not complete		ler of this s	chedule	).			
6			ontribution for this plan year (include any prior year accumulat	-	6a					
	<b>b</b> Ent	er the amount contributed	by the employer to the plan for this plan year		6b					
			from the amount in line 6a. Enter the result of a negative amount)		6c					
	lf you o	completed line 6c, skip li	nes 8 and 9.							
7	Will the	minimum funding amount	reported on line 6c be met by the funding deadline?		🛛	Yes	No	N//	A	
8	authorit	y providing automatic app	od was made for this plan year pursuant to a revenue procedu roval for the change or a class ruling letter, does the plan spor ge?	nsor or plan	Π	Yes	No	× N/	 A	
	art III	Amendments	~							
Pa			nion were any amondmente adopted during this plan						—	
-										
Pa 9	If this is year that	at increased or decreased	plan, were any amendments adopted during this plan the value of benefits? If yes, check the appropriate	Increase	Decr	ease	Both	X No		
9	If this is year that	at increased or decreased no, check the "No" box	the value of benefits? If yes, check the appropriate					X No		
9	If this is year tha box. If r <b>rt IV</b>	at increased or decreased no, check the "No" box ESOPs (see instru- skip this Part.	the value of benefits? If yes, check the appropriate	ur 4975(e)(7) c	of the Interna	al Rever	nue Code,		0	
9 Pai	If this is year that box. If r rt IV Were u <b>a</b> Do	at increased or decreased no, check the "No" box ESOPs (see instru- skip this Part. nallocated employer secur bes the ESOP hold any pre-	the value of benefits? If yes, check the appropriate uctions). If this is not a plan described under Section 409(a) or ities or proceeds from the sale of unallocated securities used aferred stock?	r 4975(e)(7) o to repay any	of the Interna	al Rever	nue Code,	s 🛛 N	lo lo	
9 Pai 10	If this is year tha box. If r rt IV Were u <b>a</b> Do <b>b</b> If f (S	et increased or decreased no, check the "No" box ESOPs (see instru- skip this Part. nallocated employer secur bes the ESOP hold any pre- the ESOP has an outstance ee instructions for definition	the value of benefits? If yes, check the appropriate uctions). If this is not a plan described under Section 409(a) or ities or proceeds from the sale of unallocated securities used	to repay any 	exempt loai	al Rever 1?		5 X N 5 X N	lo	

Page <b>2 -</b>	1
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Pa	rt V		Additional Information for Multiemployer Defined Benefit Pension Plans				
13			lowing information for each employer that contributed more than 5% of total contributions to the plan during the plan year (measured in				
	aoi a	,	e instructions. Complete as many entries as needed to report all applicable employers.				
	_						
	<u>b</u>	EIN	C Dollar amount contributed by employer				
	d		billective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box				
	е	Contri	ution rate information (If more than one rate applies, check this box and see instructions regarding required attachment. Otherwise,				
			ote lines 13e(1) and 13e(2).) Contribution rate (in dollars and cents)				
		• •	ase unit measure: Hourly Weekly Unit of production Other (specify):				
	а	Name	of contributing employer				
	b	EIN	C Dollar amount contributed by employer				
	d		bllective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box e instructions regarding required attachment. Otherwise, enter the applicable date.) Month Day Year				
	е		ution rate information (If more than one rate applies, check this box and see instructions regarding required attachment. Otherwise,				
	•	comp	te lines 13e(1) and 13e(2).)				
		• •	Contribution rate (in dollars and cents)				
		(2)	ase unit measure: Hourly Weekly Unit of production Other (specify):				
	а	Name	of contributing employer				
	b	EIN	C Dollar amount contributed by employer				
	d		billective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box e instructions regarding required attachment. Otherwise, enter the applicable date.) Month Day Year				
	е	Contri	ution rate information (If more than one rate applies, check this box and see instructions regarding required attachment. Otherwise,				
		comp	te lines 13e(1) and 13e(2).)				
			Contribution rate (in dollars and cents)				
		(2)	ase unit measure: Hourly Weekly Unit of production Other (specify):				
	а	Name	of contributing employer				
	b	EIN	C Dollar amount contributed by employer				
	d		bllective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box e instructions regarding required attachment. Otherwise, enter the applicable date.) Month Day Year				
	е	Contri	ution rate information (If more than one rate applies, check this box 🗌 and see instructions regarding required attachment. Otherwise,				
		comp	te lines 13e(1) and 13e(2).)				
		• •	Contribution rate (in dollars and cents)				
		(2)					
	а	Name	of contributing employer				
	b	EIN	C Dollar amount contributed by employer				
	d		bllective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box e instructions regarding required attachment. Otherwise, enter the applicable date.) Month Day Year				
	е	Contri	ution rate information (If more than one rate applies, check this box and see instructions regarding required attachment. Otherwise,				
			te lines 13e(1) and 13e(2).)				
		• •	Contribution rate (in dollars and cents) Base unit measure:				
		(2)					
	а	Name	of contributing employer				
	b	EIN	C Dollar amount contributed by employer				
	d		bllective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box e instructions regarding required attachment. Otherwise, enter the applicable date.) Month Day Year				
	е	Contri	ution rate information (If more than one rate applies, check this box and see instructions regarding required attachment. Otherwise,				
		comp	te lines 13e(1) and 13e(2).)				
		• •	Contribution rate (in dollars and cents)				
		(4)					

14	Enter the number of participants on whose	behalf no contributions were made	e by an employer a	s an employer of the
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	participant for:		F		
	a The current year	14a			
	<b>b</b> The plan year immediately preceding the current plan year				
	C The second preceding plan year				
15	Enter the ratio of the number of participants under the plan on whose behalf no employer had an obligation to ma employer contribution during the current plan year to:				
	a The corresponding number for the plan year immediately preceding the current plan year				
	<b>b</b> The corresponding number for the second preceding plan year				
16	Information with respect to any employers who withdrew from the plan during the preceding plan year:				
	a Enter the number of employers who withdrew during the preceding plan year				
	b If line 16a is greater than 0, enter the aggregate amount of withdrawal liability assessed or estimated to be assessed against such withdrawn employers				
17 If assets and liabilities from another plan have been transferred to or merged with this plan during the plan year, check box and see instructions regarding supplemental information to be included as an attachment.					
Ρ	art VI Additional Information for Single-Employer and Multiemployer Defined Benef	it Pens	ion Plans		
18 If any liabilities to participants or their beneficiaries under the plan as of the end of the plan year consist (in whole or in part) of liabilities to such participants and beneficiaries under two or more pension plans as of immediately before such plan year, check box and see instructions regarding supplemental information to be included as an attachment					
19	<ul> <li>19 If the total number of participants is 1,000 or more, complete lines (a) through (c)</li> <li>a Enter the percentage of plan assets held as: Stock:% Investment-Grade Debt:% High-Yield Debt:% Real Estate:% Other:%</li> <li>b Provide the average duration of the combined investment-grade and high-yield debt: 0-3 years 3-6 years 6-9 years 9-12 years 12-15 years 15-18 years 18-21 years 21 years or more</li> <li>c What duration measure was used to calculate line 19(b)? Effective duration Macaulay duration Modified duration Other (specify):</li> </ul>				