Form 5500-SF	Short Form Annu	Short Form Annual Return/Report of Small Empl Benefit Plan					
Department of the Treasury Internal Revenue Service	This form is required to be file	This form is required to be filed under sections 104 and 4065 of the Employee Retire Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Inte Revenue Code (the Code).			2015		
Department of Labor Employee Benefits Security Administr Pension Benefit Guaranty Corpora	Income Security Act of 1974				This Form is Open to Public Inspection		
	Complete all entries in a ort Identification Information		tructions to the Form 5500-S	F.	-		
	or fiscal plan year beginning 01/01/2		and ending 12/31/2	015			
A This return/report is for:	X a single-employer plan		plan (not multiemployer) (Filer employer information in accorda	-			
B This return/report is	the first return/report	the final return/repor	port return/report (less than 12 months)				
C Check box if filing under:	X Form 5558	automatic extension		DFVC prog	gram		
	special extension (enter descr						
· · · · · · · · · · · · · · · · · · ·	Information—enter all requested inf	ormation			Г		
1a Name of plan INTEGRATED LIVING SRV. 403(B) RETIREMENT PLAN			16	Three-digit plan number (PN) ▶	001		
			1c	Effective date o	of plan 01/2001		
Mailing address (include	mployer, if for a single-employer plan) e room, apt., suite no. and street, or P.O			Employer Ident	ification Number 0841447		
City or town, state or province, country, and ZIP or foreign postal code (if foreign, see instructions) INTEGRATED LIVING SERVICES			structions) 2c	Sponsor's tele	ohone number 313-8706		
			2d		(see instructions)		
655 W. SMITH ST., STE 207 KENT, WA 98032				623	000		
3a Plan administrator's nan	ne and address XSame as Plan Spons	sor.	3b	Administrator's	EIN		
					telephone number		
	of the plan sponsor has changed since number from the last return/report.	the last return/report filed		EIN PN			
·	ants at the beginning of the plan year			a	114		
	ants at the end of the plan year			b	116		
C Number of participants	with account balances as of the end of	the plan year (defined be	nefit plans do not 5	с	28		
d(1) Total number of active participants at the beginning of the plan year				(1)	105		
d(2) Total number of activ	e participants at the end of the plan year	ar	5d	(2)	112		
• •	that terminated employment during the	. ,		е	0		
Under penalties of perjury ar	late or incomplete filing of this return nd other penalties set forth in the instruc- ed and signed by an enrolled actuary, a complete	ctions, I declare that I hav	e examined this return/report, i	ncluding, if appli			
SIGN Filed with author	ized/valid electronic signature.	10/03/2016	GREG CASTELIN				
HERE Signature of pl	lan administrator	Date	Enter name of individual sig	lividual signing as plan administrator			
SIGN HERE							
Signature of er	mployer/plan sponsor irm name, if applicable) and address (in	Date Include room or suite num	Der) Prep	gning as employ parer's telephone			
For Paperwork Reduction Act	Notice and OMB Control Numbers, see the	e instructions for Form 550	0-SF		Form 5500-SF (2015)		

 6a Were all of the plan's assets during the plan year invested in b Are you claiming a waiver of the annual examination and report under 29 CFR 2520.104-46? (See instructions on waiver eligit) 	ort of an indeper	ident qualified public a	ccount	ant (IQ	PA)			
If you answered "No" to either line 6a or line 6b, the plan								
C If the plan is a defined benefit plan, is it covered under the PB	GC insurance p	rogram (see ERISA se	ection 4	021)?		Yes	No Not determined	
Part III Financial Information					-			
7 Plan Assets and Liabilities		(a) Beginning	g of Yea	ar			(b) End of Year	
a Total plan assets	7a		4335		_		467540	
b Total plan liabilities					_			
C Net plan assets (subtract line 7b from line 7a)	7c		433		_		467540	
8 Income, Expenses, and Transfers for this Plan Year		(a) Amou	(a) Amount				(b) Total	
a Contributions received or receivable from:	80(1)		47					
(1) Employers				588	-			
(2) Participants			00	0				
(3) Others (including rollovers)			2	-				
b Other income (loss)			-3684					
C Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)					_		37702	
d Benefits paid (including direct rollovers and insurance premiur to provide benefits)			3275					
e Certain deemed and/or corrective distributions (see instruction	ns) 8e							
f Administrative service providers (salaries, fees, commissions)	8f							
g Other expenses	8g		390					
h Total expenses (add lines 8d, 8e, 8f, and 8g)	8h					3665		
i Net income (loss) (subtract line 8h from line 8c)	8i						34037	
j Transfers to (from) the plan (see instructions)	······ 8i							
Part IV Plan Characteristics								
9a If the plan provides pension benefits, enter the applicable per 2L 2F 2G 2K	nsion feature co	des from the List of Pla	an Cha	racteri	stic Co	odes in	the instructions:	
B If the plan provides welfare benefits, enter the applicable welf	fare feature cod	es from the List of Pla	n Chara	acterist	ic Coo	les in th	ne instructions:	
Part V Compliance Questions								
10 During the plan year:				Yes	No	N/A	Amount	
described in 29 CFR 2510.3-102? (See instructions and DC	a Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)				X			
b Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)			10b		х			
C Was the plan covered by a fidelity bond?			10c	Х			50000	
d Did the plan have a loss, whether or not reimbursed by the p by fraud or dishonesty?	d Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?				х			
e Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service, or other organization that provides some or all of the benefits under the plan? (See instructions.).			10e	х			108	
f Has the plan failed to provide any benefit when due under the plan?			10f		Х			
g Did the plan have any participant loans? (If "Yes," enter amount as of year end.)			10g		Х			
 If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.) 			10g		Х			
 If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3 			10i					
j Did the plan trust incur unrelated business taxable income?								
Part VI Pension Funding Compliance]	1			

11	1 Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500) and line 11a below)				
11a	Enter the unpaid minimum required contribution for all years from Schedule SB (Form 5500) line 40 11a				
12	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section 302 of ERISA?	Yes X No			

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	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.)							
a	a If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiver							
lf	you c	ompleted line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line	13.		.			
b Enter the minimum required contribution for this plan year								
C Enter the amount contributed by the employer to the plan for this plan year			12c					
d Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)			12d					
е	Will	the minimum funding amount reported on line 12d be met by the funding deadline?			Yes	No	N/A	
Part	VII	Plan Terminations and Transfers of Assets						
13a	Has	a resolution to terminate the plan been adopted in any plan year?			Υe	es X No		
		es," enter the amount of any plan assets that reverted to the employer this year		13a				
h		e all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brou						
	of th	e PBGC?	-			Yes 🗙 No		
С		ring this plan year, any assets or liabilities were transferred from this plan to another plan(s), identi th assets or liabilities were transferred. (See instructions.)	fy the plan(s) to					
1	13c(1)	Name of plan(s):	13c(2)) EIN(s) 13c(3) PN(s			PN(s)	
Part	VIII	Trust Information	-					
14a	Name	e of trust		14b Trust's EIN				
14c Name of trustee or custodian			14d Trustee's or custodian's telephone number					
Par	t IX	IRS Compliance Questions						
15a	Is th	e plan a 401(k) plan?		Ye	es	No	No	
15b If "Yes," how does the 401(k) plan satisfy the nondiscrimination requirements for employee deferrals and employer matching contributions (as applicable) under sections 401(k)(3) and 401(m)(2)?			b h	Design- based safe ADP/ harbor test method				
15c If the ADP/ACP test is used, did the 401(k) plan perform ADP/ACP testing for the plan year using the "current year testing method" for nonhighly compensated employees (Treas. Reg sections 1.401(k)-2(a)(2)(ii) and 1.401(m)-2(a)(2)(ii))?			Y	es No				
16a Check the box to indicate the method used by the plan to satisfy the coverage requirements under section 410(b):			Цр	atio ercentage Avera st benefi		erage nefit test		
16b Does the plan satisfy the coverage and nondiscrimination tests of sections 410(b) and 401(a)(4) by combining this plan with any other plans under the permissive aggregation rules?			Ye	es	No			
17a Has the plan been timely amended for all required tax law changes?			Ye	es	No	N/A		
	17b Date the last plan amendment/restatement for the required tax law changes was adopted/ Enter the applicable code (See instructions for tax law changes and codes).							
17c		plan sponsor is an adopter of a pre-approved master and prototype (M&P) or volume submitter placer sory letter, enter the date of that favorable letter/ and the letter's serial r		t to a f	avorable	IRS opinion	or	
17d If the plan is an individually-designed plan and received a favorable determination letter from the IRS, enter the date of the plan's last favorable determination letter/								
18	8 Is the Plan maintained in a U.S. territory (i.e., Puerto Rico (if no election under ERISA section 1022(i)(2) has been made), American Samoa, Guam, the Commonwealth of the Northern Mariana Islands or the U.S. Virgin Islands)?			Ye	Yes No			
19 Were in-service distributions made during the plan year?				Ye	es	No		
If "Yes," enter amount				19				
20 Were required minimum distributions made to 5% owners who have attained age 70 ½ (regardless of whether or not retired), as required under section 401(a)(9)?			Ye	es	No	N/A		