_	m 5500-SF	Short Form Annu	t of Small Employe	ee		OMB Nos. 1210-0110 1210-0089			
	Department of the Treasury Internal Revenue Service This form is required to be filed under sections 104 and 4065 of the Employee			4065 of the Employee Retire	ment	2015			
Employee Be	partment of Labor enefits Security Administration	Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of th Revenue Code (the Code).							
	nefit Guaranty Corporation	•		tructions to the Form 5500-	SF.				
Part I For calenda		scal plan year beginning 02/01/		and ending 01/31/	/2016				
	a plan your 2010 of h	x a single-employer plan	a multiple-employer plan (not multiemployer) (Filers checking this box list of participating employer information in accordance with the form in a foreign plan				x must attach a		
A This ret	urn/report is for:	a one-participant plan							
<b>B</b> This retu	rn/report is	the first return/report	the final return/report						
		an amended return/report		rn/report (less than 12 month	nonths)				
C Check b	oox if filing under:	X Form 5558		automatic extension DFVC program					
		special extension (enter desc	• •						
Part II		ormation—enter all requested ir	nformation						
<b>1a</b> Name MEDICAL O	•	ATES OF LONG ISLAND PC 401(	K) SAVINGS PLAN	11	Thread plan (PN)	number	002		
						<b>Ic</b> Effective date of plan			
	· · ·	over, if for a single-employer plan)		21	<b>)</b> Empl	02/01/1979 Employer Identification Num			
City or	town, state or provinc	m, apt., suite no. and street, or P.0 ce, country, and ZIP or foreign pos TES OF LONG ISLAND PC		tructions) 20	(EIN) Spor	477852 none number			
				20	516-921-5533 2d Business code (see instructio				
40 CROSSW WOODBURY	AYS PARK DRIVE , NY 11797				621111				
3a Plan ad	dministrator's name a	nd address XSame as Plan Spon	isor.	31	3b Administrator's EIN				
				30	C Admi	nistrator's t	elephone number		
		e plan sponsor has changed since mber from the last return/report.	the last return/report filed	for this plan, enter the	D EIN				
<b>a</b> Sponso	or's name			40	D PN				
5a Total r	number of participants	at the beginning of the plan year.			5a		30		
<b>b</b> Total r	number of participants	at the end of the plan year			5b		33		
		account balances as of the end of		-	5c		33		
<b>d(1)</b> Tota	al number of active pa	articipants at the beginning of the p	lan year		d(1)		21		
<b>d(2)</b> Tota	al number of active pa	articipants at the end of the plan ye	ear		d(2)		27		
		terminated employment during the			5e		0		
Caution: A Under pena SB or Sche	penalty for the late	or incomplete filing of this return ther penalties set forth in the instru- nd signed by an enrolled actuary,	<b>n/report will be assessed</b> actions, I declare that I hav	d unless reasonable cause in e examined this return/report,	, includi	ng, if applic			
		/valid electronic signature.	11/04/2016	BRUCE KAPPEL					
HERE	Signature of plan a		Date		individual signing as plan administrator				
SIGN		/valid electronic signature.	11/04/2016	BRUCE KAPPEL					
HERE						dual signing as employer or plan sponsor			
Preparer's	name (including firm i	name, if applicable) and address (i	nclude room or suite numb			telephone			
		ce and OMB Control Numbers, see th					Form 5500-SF (2015)		

			5							
6a b	<b>b</b> Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA)									
С	<b>C</b> If the plan is a defined benefit plan, is it covered under the PBGC insurance program (see ERISA section 4021)? Yes No Not determined									
	rt III Financial Information				021): .		100			
<b>- г</b> а		ĺ	<i>(</i> )							
	Plan Assets and Liabilities		(a) Beginning				(b) End of Year			
	Total plan assets	7a	9481239				9205323			
	Total plan liabilities	. 7b				_				
-	Net plan assets (subtract line 7b from line 7a)	. 7c	9481239				9205323			
8	Income, Expenses, and Transfers for this Plan Year		(a) Amount			_	(b) Total			
a	Contributions received or receivable from: (1) Employers	8a(1)		157751						
	(2) Participants	8a(2)		126	790					
	(3) Others (including rollovers)	8a(3)			0					
b	Other income (loss)	8b		-293	184					
С	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c						-8643		
d	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	8d		203133						
е	Certain deemed and/or corrective distributions (see instructions)	8e								
f	Administrative service providers (salaries, fees, commissions)	. 8f		64140						
g	Other expenses	8g								
h	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h						267273		
i	Net income (loss) (subtract line 8h from line 8c)	8i					-275916			
j	Transfers to (from) the plan (see instructions)	8i								
Pa	Part IV Plan Characteristics									
	9a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions:									
В	2E 2J   B If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:									
Par	t V Compliance Questions									
10	During the plan year:				Yes	No	N/A	Amount		
а		itions withi	n the time period							
	described in 29 CFR 2510.3-102? (See instructions and DOL's V	•				×				
h	Program)			10a		Х				
	<b>b</b> Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)			10b		Х				
С	Was the plan covered by a fidelity bond?			10c	X			1000000		
d	<b>d</b> Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?			10d		х				
e	<b>e</b> Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service, or other organization that provides some or all of the benefits under the plan? (See instructions.)			10e		x				
f	f Has the plan failed to provide any benefit when due under the plan?					Х				
g	g Did the plan have any participant loans? (If "Yes," enter amount as of year end.)			10g	Х			14768		
h	<b>h</b> If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)			10h		Х				
i				10i		[				
j	j Did the plan trust incur unrelated business taxable income?			10j						

Part	VI Pension Funding Compliance			
11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500) and line 11a below)			
11a	Enter the unpaid minimum required contribution for all years from Schedule SB (Form 5500) line 40 11a			
12	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section 302 of ER	RISA? Yes X No		

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	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.)							
a If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiver								
If you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.								
<b>b</b> Enter the minimum required contribution for this plan year								
<b>C</b> Enter the amount contributed by the employer to the plan for this plan year								
d Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)			12d					
е	Will	the minimum funding amount reported on line 12d be met by the funding deadline?			Yes	No	N/A	
Part	VII	Plan Terminations and Transfers of Assets						
13a	Has	a resolution to terminate the plan been adopted in any plan year?			Υe	es X No		
		es," enter the amount of any plan assets that reverted to the employer this year		13a				
h		e all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brou						
	of th	e PBGC?	-			Yes X	No	
С		ring this plan year, any assets or liabilities were transferred from this plan to another plan(s), identi th assets or liabilities were transferred. (See instructions.)	fy the plan(s) to					
1	13c(1)	Name of plan(s):	13c(2)	) EIN(s) 13c(3) P			PN(s)	
Part	VIII	Trust Information	-					
14a	Name	e of trust		14b Trust's EIN				
14c Name of trustee or custodian				<b>14d</b> Trustee's or custodian's telephone number				
Par	t IX	IRS Compliance Questions						
15a	Is th	e plan a 401(k) plan?		Yes		No	No	
<ul><li><b>15b</b> If "Yes," how does the 401(k) plan satisfy the nondiscrimination requirements for employee deferrals and employer matching contributions (as applicable) under sections 401(k)(3) and 401(m)(2)?</li></ul>					Design- based safe ADP// harbor test method			
15c If the ADP/ACP test is used, did the 401(k) plan perform ADP/ACP testing for the plan year using the "current year testing method" for nonhighly compensated employees (Treas. Reg sections 1.401(k)-2(a)(2)(ii) and 1.401(m)-2(a)(2)(ii))?					es 🗌 No			
<b>16a</b> Check the box to indicate the method used by the plan to satisfy the coverage requirements under section 410(b):					atio ercentage est		erage nefit test	
16b		the plan satisfy the coverage and nondiscrimination tests of sections 410(b) and 401(a)(4) by con plan with any other plans under the permissive aggregation rules?	0	Ye	es	No		
17a Has the plan been timely amended for all required tax law changes?			Ye	es	No	N/A		
	17b Date the last plan amendment/restatement for the required tax law changes was adopted/ Enter the applicable code (See instructions for tax law changes and codes).							
17c If the plan sponsor is an adopter of a pre-approved master and prototype (M&P) or volume submitter plan that is subject to a favorable IRS opinion or advisory letter, enter the date of that favorable letter/ and the letter's serial number								
17d If the plan is an individually-designed plan and received a favorable determination letter from the IRS, enter the date of the plan's last favorable determination letter/								
18	Is the Plan maintained in a U.S. territory (i.e., Puerto Rico (if no election under ERISA section 1022(i)(2) has been made), American Samoa, Guam, the Commonwealth of the Northern Mariana Islands or the U.S. Virgin Islands)?				Yes			
19 Were in-service distributions made during the plan year?					es	No		
If "Yes," enter amount								
20						No	N/A	